

# District 5 Oregon Area 58

## Meeting Minutes

### June 11th, 2023

**Meeting was opened with the Serenity Prayer at 4pm.**

**Attending:** Carrie B (DCM), Christine B (Secretary), Will D (Treasurer), Nancy B (Access), Brian W (Treatment), Trisha M (Literature), Davey G (Outreach), Jena C (Public Information), Dawna (GSR - 24 & Alive), Chris M (GSR - Attitude Adjustment), Tony H (GSR - Fleeting Thoughts), Matt B (AGSR - Fleeting Thoughts), Carmack M (GSR - Thursday Men's Book Study), Mario H (GSR - New Horizons), Beth M (AGSR - New Horizons), Helen W (AGSR - We Are Not A Glum Lot), Jared J (GSR - Redmond Early Risers), John K (GSR - Redmond Rebels), Lynn H (GSR - Rising In Recovery), Chandra S (GSR - Sisters In Sobriety), Todd H (GSR - Steps To Sobriety), Tim C (GSR - Sunrise Group), Anders W (GSR - WFS), Nick M (GSR - Young At Heart), Christina (Al-Anon Liaison), Rachel R (Guest - Access????), Daryl (Timer), Keston W (AGSR - Young At Heart), Daryl L (IGR - Steps To Sobriety), Jen S (DCM/D9), Mark L (Guest)

**Welcome to new GSRs/Visitors:** Tony H (GSR - Fleeting Thoughts), Matt B (AGSR - Fleeting Thoughts)

#### **Tradition 6 Presentation:**

Short presentation on Tradition 6.

[https://docs.google.com/document/d/1ye3QwE2F2RHqVXwK2OkH57VCNOn1hMJs6Qo\\_B8wxgOI/edit?usp=sharing](https://docs.google.com/document/d/1ye3QwE2F2RHqVXwK2OkH57VCNOn1hMJs6Qo_B8wxgOI/edit?usp=sharing)

#### **Concept VI:**

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

#### **District Secretary – Christine B.**

My name is Christine B and I am an alcoholic. Thank you to everyone who got their reports in by yesterday. A few reminders: Reports that are not in by Saturday will be included in the minutes and not heard at the meeting. A note also that I am not able to accept handwritten or texted reports. Please send your reports by email. I would be

happy to help anyone who has questions about how to do this, given prior notice. You also need to be here for your report to be heard at the meeting. Your report should be sent to both myself and the DCM. There are reasons for all of this. None of it is to make things more difficult than they need to be. Our once a month meeting is on the second Sunday. We each have a month to prepare.

A motion was made to accept the May Meeting Minutes by Brian W and was seconded by Carmack M **Motion Passed.**

### **Treasurer Report – Will D.**

Good afternoon District 5, my name is Will, and I am an alcoholic. My sobriety date is November 21, 2018, and my home group is New Horizons.

Today we will be reviewing the May 2023 Financials. I emailed this out to the Secretary and they will be posted to the District 5 website.

We are reviewing May 2023 which runs May 1, 2023, to May 31, 2023.

We will start with the first line on the upper left-hand side of the Treasury Summary, but first let's go over some definitions of the titles used in this table.

- “Beginning” is the cash position we finished the previous month with.
- “Prudent Reserve” is the cash set aside equal to 1/2 (6 Months) of the 2023 budget approved in November 2022.
- “Working Cash” is money in the “Total Cash Position” minus “Prudent Reserve.”
- “Total Cash Position” is all available cash including the Prudent Reserve.

Looking at May, our beginning cash position was \$10,987.37. Less “Prudent Reserve” gave us a net working cash position of \$1,049.37.

Contributions from groups in May were \$1,466.77 and we had no other contributions or sales. Expenses in May were \$1,143.47.

DCM had expenses of \$111.70 – Leaving a remaining budget of: \$3,717.71

Treasurer had expenses of \$0 – Leaving a remaining budget of: \$254.00

Access had expenses of \$0 – Leaving a remaining budget of: \$118.01

Archives had expenses of \$102 - Leaving a remaining budget of: \$2,098.00

Literature Chair had expenses of \$0 – Leaving a remaining budget of: \$90.21

Cooperation with Correctional Facilities had expenses of \$0 - Leaving a remaining budget of: \$1,769.00 – 100% of their allocated budget.

Cooperation with Professional Community had expenses of \$400.49 - Leaving a remaining budget of \$649.51 – 62% of their allocated budget.

Cooperation with Treatment Facilities had expenses of \$262.28 – Leaving a remaining budget of \$937.72 – 78% of their allocated budget.

Grapevine/La Vina had expenses of \$254 - Leaving a remaining budget of \$242.00

Public Information had expenses of \$13 – Leaving a remaining budget of \$29,991.05 – 97% of their allocated budget.

Website had expenses of \$0 – Leaving a remaining budget of \$660

Workshops have a remaining budget of \$2,683.50

This leaves us with an ending Total Cash Position of \$11,310.67. After Prudent Reserve is set aside, we have \$1,373.17 Working Cash available for June.

We continue to come up short on monthly group contributions compared to the 2023 budget leaving us behind YTD by \$2,015.61

If any committee chairs need help accessing their allocated funds please contact me, my information is provided below.

Are there any questions regarding the May 2023 treasurer report?

If you have any questions, please email or call me.

Thank you for letting me be of service,  
Will D.  
Treasurer, District 5 committee  
treasurer@district5aa.org

A motion was made to accept the May Treasurer's report by Carmack M and was seconded by Todd H **Motion Passed.**

#### **DCM Report – Carrie B.**

Good Afternoon District 5: First off, please thank all the members of your group who served on the Assembly host committee. They did a spectacular job! Please don't be shy in inviting them to come with us to Portland to attend the next assembly in September!

Please help me to welcome our new Public Information Committee Chair! Jena C. Please take this information back to your group ASAP: District 5 Public Information Committee has openings! The PI committee meeting will be held THIS Wednesday June 14th at 5pm at the Bend Downtown Library. The new Committee chair is asking every group if they would elect one member from each group to be on her committee. Places the PI committee are planning to distribute Big Books and fliers are Bulletin Boards, Laundrymats, Hotels, Grocery Stores, Libraries, Little Neighborhood Libraries, State Offices, and anywhere else an alcoholic may be. This will take a lot of members participating. Thank you for helping us to get the word out about Alcoholics Anonymous here in Central Oregon! Poster 8.5x11 in (9).pdf

What have I done this last Month as your DCM? I attended the Treatment mixer that our Treatment Chair Brian hosted in Redmond at Pappys pizza and gave a presentation. Thank you Brian Treatment Chair, Ron CPC Chair, and Jena, PI Chair for your wonderful presentations at that event! I have been doing a Tradition presentation from our literature for the Page 21 Group in Prineville once a month. We now have a D5 literature committee chair and she happens to live in Prineville, so I have asked Trisha if she is willing to take that commitment over for me, and she has agreed.

BACK by POPULAR REQUEST, we will be doing the "Home Group" Event again this year. This is a fun one! It was our best attended workshop last year and also our most requested to do again. This event will be a potluck, and will be very interactive with

breakout sharing sessions, discussion, Q&A, games, literature give away, and a talent SHOW! I have reserved the space up at Brooks Hall for Saturday August 5th from 11-2. If anyone would like to sign up for the talent show, contact David G. Outreach chair to sign you and your talent up for stage time! If anyone would like to sign up to be of service at this event, we will be having an event planning committee meeting on Sunday July 2nd at 2pm in the downtown library in the Hutchinson Room. Please let the members of your group know they are welcome to be part of the planning committee! Plenty of service opportunities. Your groups have requested this event, so I hope to see the GSRs and the Alt GSRs in service and helping out with this day of Unity! Poster 8.5x11 in (11).pdf

**Oregon Area 58:** As we know our Area Chair has stepped down from his position, so the Alt Chair Joe, automatically becomes Chair, and because it is so close to rotation has decided he does not need to have an alt chair elected for the remainder of the

rotation term. I have decided that it is probably best to do the same as far as alt DCM goes, because my plate is so full I dont have the time or bandwidth to train anyone in for the remainder of the year. But If you are a current GSR or Committee Chair, as we get closer to rotation, please consider making yourself available to stand for a District officer position. We will be electing a DCM, Alt DCM, Treasurer and Secretary in September. This will give you the remaining 3 months of the year to shadow your predecessor and train in for your upcoming position. All of our service terms are coming to an end this year and a new 2 year rotation starts Jan 1st for us all! Please don't hesitate to reach out to Christine or myself to answer any questions you may have.

**GSB/AAWS:** Report

[https://www.aa.org/sites/default/files/newsletters/F-14\\_Qtrly\\_January\\_2023\\_0.pdf](https://www.aa.org/sites/default/files/newsletters/F-14_Qtrly_January_2023_0.pdf)

Yours in Fellowship & Service,

District 5 DCM

dcm05@aa-oregon.org

Carrie B.

541-788-7276

**Alternate DCM Report - Nick M.**

My name is Nick and I'm an alcoholic. My home group is the Young At Heart group, and we meet at turning points recovery on Monday nights at 7:00 PM.

I need to apologize for stepping down as Alt DCM. I was elected by my homegroup to be GSR and it is not true to our principles to use the loop hole that I have an Alt-GSR. It is not showing a good example. Again I apologize for stepping down, and I appreciate your guy's support!

Thank you!

In Service,

Nick M.

GSR

Young At Heart Group

[Nicholasmarcos84@gmail.com](mailto:Nicholasmarcos84@gmail.com)

541-731-6289

## **Unfinished Business**

- Discussion: Request from Home Away From Group to send contributions to be held by the district for distribution.

## **Committee Reports**

### **Assembly Host Committee: Christine B.**

The May 2023 Assembly was a success! That is a direct result of the effort and contributions of time and things from our district. I want to say a huge thank you to everyone! It could not have been done without you!

### **Access Committee: Nancy B.**

Hello everyone,

Our DCM introduced me to someone who is interested in learning more about our hybrid meeting set-up and about the Access Committee. Hopefully she will be able to join us at an upcoming meeting to learn more and join the committee!

I have been announcing at meetings that the Access Committee would love to have some people join me and decide on a project to expand AA's message to those with access challenges throughout the district. If you or others that you know may be interested in working with me, I would love to meet them!

I was hoping to join a meeting in Hawaii virtually, to learn more about their work with the Elder Community but unfortunately, we have not been able to get their meeting details yet. Also, the meeting with the Cooperation with the Elder Community was canceled and will hopefully be rescheduled for later this month.

Thank you!  
Nancy

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Chair - Access Committee  
District 5 A.A. - Area 58  
[www.District5aa.org](http://www.District5aa.org)

**Archives: Joe H.**

**Cooperation with the Professional Community (CPC): Ron B.**

**Treatment Facilities (CTF): Brian W**

Greetings District 5,

On Friday, May 26th, I hosted our first ever Treatment Social Mixer. Our DCM, CPC chair, and PI chair were in attendance. Even though the committee hand delivered flyers to ten different treatment facilities in Central Oregon, no treatment workers made it... UNTIL after the event had finished, Tom from Bestcare in Prineville showed up and we're working out a process of getting them connected with an AA panel.

Our committee has shrank some. Two people have rotated out and one moved out of state. So far, none have notified me of replacements. GSRs, please announce at your meetings that it's time to represent your meetings! Help me bring some treatment panels into facilities in Central Oregon.

The following meetings elected treatment representatives, but have not rotated in new representatives:

- Oasis Group - Madras
- As Men See It - Bend
- Attitude Adjustment - Bend
- Redmond Early Risers - Redmond

Nothing more to report this month, thank you for letting me be of service.

Brian D. W  
818-317-1248  
ctf@district5aa.org  
Chair - Treatment Committee  
District 5 AA - Area 58  
www.District5AA.org

**Corrections: Walt W.**

**Grapevine / La Vina: Jessie C.**

Hi, my name is Jessie and I am the District 5 Grapevine and La Viña Chair. My homegroup is the New Horizons Group.

GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is [Grapevine@District5aa.org](mailto:Grapevine@District5aa.org). Please make sure that your Grapevine and La Viña rep is a home group member of the group they are representing.

I attended the Area 58 May Service Assembly on Friday, May 19th, and Saturday, May 20th with my display, books, and information about the Grapevine and La Viña. I sold four books for a total of \$37.00.

I inventoried the current collection of Grapevine books and received an order of Grapevine back issues. If any group is wanting to add issues of the Grapevine or La Viña to Newcomer Packets, back issues are an excellent resource. You can buy them from me or order them from the Grapevine/La Viña website.

**Literature: Trisha M.**

I got to set up a table of literature at our service assembly in Redmond. I could have come with a case of service manuals, they were that popular. Also of interest were some of the lesser known books such as As Bill Sees It and Comes Of Age. I loved the rest of the service displays, everyone did such a great job.

I will be gone for the last two weeks of June on a bucket list trip to the Grand Canyon, but please email me if you'd like me to set up a literature display at your speaker meeting. Thank you for letting me be of service.

Trisha, D5 Literature chair

**Outreach: David G.**

Hello my name is Davy and I'm an alcoholic. My home group is New Horizons. I am grateful to report that your outreach committee was at the Oregon area assembly with information with what is happening in district 5 and information on our various committee guidelines. The first outreach committee meeting was held and new members have joined the outreach committee. The outreach committee is actively looking forward to finding committee members based in the Redmond, prineville, madras, and Sunriver areas to further carry the district 5 message in areas in our district that are outside of bend. The committee has been announcing the home group workshop as well as taking sign ups for its talent show which is taking place August 5th from 11-2 pm at TEC. The available service opportunities for other district 5 committees, as well as the outreach committee is being announced at meetings, as well as where the district business meetings are held for those interested in being of service or seeing how the district functions and what services their seventh tradition pays for.

In Service

Davy G  
Outreach committee chair  
New Horizons  
541-728-8886

**Public Information (PI): Jena C.**

My name is Jena and I am a recovered alcoholic. I just accepted the responsibility to serve as public information chair for the remaining 6 months of this panel as interim and then the two-year term starting on the 1st of 2024, if the district will have me.

My home group is the New Horizons group here in District 5. My sobriety date is 8/7/2017 and I have a sponsor who took me through the Twelve Steps and Twelve Traditions. I also sponsor women. I have a service sponsor who has done PI/CPC work for years, and I am able to attend the monthly district meetings.

Service positions I've held in the past are as listed: Newcomer Representative, Intergroup Representative, As Bill Sees It meeting chair, 11th step meeting chair, Pamphlet Study meeting chair, Speaker meeting chair, PI/CPC Rep, which I am currently serving as now for my home group. I have also been a greeter and coffee maker. I fulfilled the entire terms of all my service positions.

Service is and always has been part of my sobriety. Service has helped me find a voice. This program saved my life. I want to do my part to ensure it is still around for my children and grandchildren. Therefore, I'm responsible to uphold these Traditions, and to serve the fellowship.

But now, I need help! I am holding a PI committee meeting THIS Wednesday June 14th at 5pm at the Bend Downtown Library. I am asking every group if they would elect one member from each group to be on my committee. I have attached a suggested service position description CPC/PI Group Rep so that you may take it back to your group and elect someone from your group ASAP. Places I plan to distribute Big Books and Fliers are Bulletin Boards, Laundrymats, Hotels, Grocery Stores, Libraries, Little neighborhood libraries, State Offices, and anywhere else an alcoholic may be. This vital work will take a lot of participation. There is a lot to do in Bend, but we will also need all the help we can get from members in Madras, Lapine, Sisters, Sunriver, Redmond and Prineville! Please announce this at your home group heavenly for the next few days and possibly send this attached flier to your members through email. Thank you for allowing me to serve District 5

Jena C.  
NHG,  
Jenadawn1234@gmail.com  
541-306-0055

**Website: John S.**

Hi Folks:

My name is John Stark, and I am your alcoholic D5 Web Chair.  
Here is my update for June 2023:

Website traffic for the past 30 days:

As of this past Wednesday, we have had 3,468 unique visitors to the website. That is a small drop from over the past few months.

NOTE: Unique visitors are only counted once even though someone may return to the site multiple times over the past 30 days.

Our top five visited pages for the past 30 days are:

1. GSR Page



2. Calendar Page
3. D5 Committee Job Descriptions Page
4. Contact Page
5. About D5

Our busiest website traffic days for the past 30 days are Monday, Wednesday, and Thursday.

My activities this past month:

- Calendar updates.
- Added and/or removed flyers from Home page and Calendar/Announcements page.
- Finished up remaining email accounts for active committee chairs.

Reminder:

Please contact me first if a link is broken, a file is missing, or anything else that has to do with the District5aa.org website. The same for any D5 committee email issues. Thank you.

A couple additional items (recurring):

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.
- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great March everyone and remember to keep smiling.

Regards,  
John Stark  
D5 Web Chair

## **GSR Reports**

### **Page 21 (Joy - GSR)**

Greetings District 5,

My name is Joy and I am an alcoholic. My home group is the Page 21 Gr. in Prineville. Our group continues to meet every Monday at the Prineville Christian Church located at 1685 Lynn Blvd. at 11:30 for fellowship followed by a Big Book study from 12 to 1. The last Monday of the month is our speaker meeting. This month on the 26th Nick M. from the Young At Heart Gr. will be sharing his experience; strength & hope with us. Our District 5 Literature Rep. Trisha will also be present to share with us a short presentation on Tradition 6. Please join us for this eventful day and stay for a hot lunch and yummy dessert.

On May 19, 20 & 21 I attended my first in person Area 58 Assembly. Our Alt. Delegate Penny H. gave a slide show that covered information on how our Area uses our voting process. She also gave a report of our budgeting plan which also included the 2022 GSO financial highlights. A slideshow of AA Regions Worldwide along with interesting information was given. Reports were read by the DCMs in Area 58. There were a few agenda items that were voted on. Being present and participating at this Assembly honestly gave me a proud feeling to be a member of Alcoholics Anonymous.

In Loving Service, GSR Joy

**Young At Heart (Nick M - GSR)**

My name is Nick and I'm an alcoholic. My home group is the Young At Heart group, and we meet at turning points recovery on Monday nights at 7:00 PM.

Not very much to report.

Since we last met, we started our new format! Last week was step of the month. Someone reads the step and shared experience on that step. The floor opens to share on the step of the month or whatever step one is on. Made for a great meeting!!

Thank you!

In Service,

Nick M.

GSR

Young At Heart Group

[Nicholasmarcos84@gmail.com](mailto:Nicholasmarcos84@gmail.com)

541-731-6289

**We Are Not A Glum Lot (Charles K - GSR)**

My name is Charles, a grateful alcoholic. My home group is We Are Not a Glum Lot, meeting MWF Noon, Church of Christ, 554 Newport in Bend.

Our business meeting was the first Monday of June, and it lasted 90 minutes. We discussed at length having quarterly pot luck celebrations of AA birthdays, and creating a new service position, Birthday/Potluck coordinator—which we did.

Much of the meeting was routine, until we got to a new Motion, to remove the Lord's Prayer from our script ending each meeting. In other words, to stop recommending that prayer as our conclusion. The final vote was 8-4, in favor of the Motion to vacate the Lord's Prayer from our meeting routine and scripts; but, as you can imagine, there were many, many points of view expressed.

Our next meeting was moved from the first Monday of July, to avoid the 4th, and will take place July 10.

In service,

Charles K, GSR

We Are Not a Glum Lot

[ctk787@gmail.com](mailto:ctk787@gmail.com)

**Thursday night Men's Group (Carmack M - GSR)**

My name is Carmack I'm an alcoholic. My home group is Thursday night men's book study. Our group meets at First Presbyterian Church on 9th st. Across from Bend High School. We are a Hybrid meeting . Attendance is steadily growing in person,on-line presence is waning.

Carmack GSR  
thursday nite men's book study  
415 516-7988

**Redmond Early Risers ( Jared J - GSR)**

My name is Jared and I'm an alcoholic. My home group is Redmond early risers. Our group needs Monday through Friday 7 AM to 8 AM.

I was able to discuss with the group members at the business meeting last Tuesday about the information gone over at the last assembly.

Our group voted for new secretary's for the next 6 months, voted in a new Grapevine Rep, and are still looking to fill the position for a Treatment Rep.

Attendance is generally 15 to 20 plus every morning depending on the day. We have seen newcomers regularly and people from out of town.

What a great way to start a morning!!

Jared J.  
GSR  
Redmond Early Risers  
D5

**Sunrise Group (Tim C - GSR)**

My name is Tim and I am an alcoholic. My Group is The Sunrise Group. Our Group meets Monday through Friday, 7am at The First Presbyterian Church. All is well with the Sunrise group.

In Service,

Tim C  
GSR  
Sunrise

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Tim C  
[Goducks1968@gmail.com](mailto:Goducks1968@gmail.com)  
541-420-7185

### **Rising In Recovery (Lynn H - GSR)**

My name is Lynn and I'm an Alcoholic. My home group is Rising In Recovery Group. At our June business meeting last Friday, we filled meeting leader positions for Mon.-Fri. Literature Rep. and Business Meeting Recording Secretary positions' are vacant.

I attended a Virtual District Sharing Session organized by our Area 58 registrar in May. History was shared about the N.Y. virtual district; more info is needed. Our registrar will host an organizational meeting this month (date TBD) for anyone interested in joining Virtual District #33.

May Assembly: Well done, thank you Christine for all your hard work. Delegate Amber N. gave Post Conference report. Info regarding particular items of interest to my group was shared in my group GSR report. Online virtual groups are encouraged to attend Round Table workshops to learn from other virtual groups. Attended Round Table: Get Into Action Committee, May 13 th . Topics covered: Online Sponsorship, Online AA groups and the Service Structure, Protecting online safety.

Yours in service and gratitude,  
Lynn H. GSR, Rising In Recovery Group  
Lphilliard2@msn.com

### **New Horizons (Mario H - GSR)**

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon at TEC (Trinity Episcopal Church) 469 NW Wall St, Bend, Oregon.

Monday Beginners meeting, Tuesday Speaker Meeting, Wednesday Big Book study, Thursday 11 step study and first Thursday of the month is a tradition presentation. It has been a great month! On June 6 we had our business meeting and 21 members were present. New Horizons Group has 3 new members!. We had 17 open position and we filled 14 of them and I am confident that we will be able to fill all position next month. It is an honor and a great responsibility to be part of a group that is in constant movement. For more information regarding our meetings, updates, and upcoming events, visit our website: [NewHorizonsGroupAA.com](http://NewHorizonsGroupAA.com).

Yours in Service,

Mario H  
New Horizons Group GSR  
541 948 2220  
[billfriendmario@gmail.com](mailto:billfriendmario@gmail.com)

### **Attitude Adjustment (Chris M) - GSR**

Attitude Adjustment meets @ 7AM Monday-Friday at TEC. All meetings are also HYBRID.

We continue to see about equal attendance on zoom as in person. We also have some regular attendees from California, Pennsylvania, and Utah.

Tuesday is an As Bill Sees It meeting, Thursday is a Big Book Study with the last Thursday of each month being a Traditions meeting. M/W/F are open topic with the exception of the last Wednesday being a Grapevine meeting.

At last weeks business meeting we were happy to fill 3 open positions. Including two secretaries and a Grapevine rep, which is a position that's been open for quite some time.

TV mounting update: At the last IGR meeting, IGR's that met in this room were asked to bring this idea back to their groups. We have 2 groups on board so far. Again, the plan is not to remove any of the steps/concepts/traditions. The prayers may be shifted around.

In service,

Chris M.

GSR

Att Adj

541-913-7493

### **WFS (Anders W - GSR)**

**IGR TV Consolidation:** It was mentioned at our June business meeting that IGR would like to consider consolidating to one TV in the basement room at TEC. We were told the church has approved this change. Our group conscience supports the decision to do this - suggesting that IGR could tastefully move around the posters throughout the room to accommodate. We decided to include this in our report to share for awareness in case other groups are impacted and would like a chance to weigh in with their IGR reps.

**Service Sponsorship:** On the personal side, it was suggested that I consider providing service sponsorship. I wasn't familiar with what this meant, but was able to gain some clarity from Carrie (thanks!). It sounds very similar in responsibility to the work I do for my career, which was intriguing and encouraged me to include this offer in my report - if there are folks who would be interested in having a service sponsor, I am happy to make myself available. Primarily I believe I can support in the areas of communication, servant-leadership, meeting facilitation, program management, etc. One thing I want to be transparent about - there is a slight change I may be moving in the next 6-9 months. This does not mean I can't be useful while I'm around, and there is still an opportunity we will stay in Bend, but I want to ensure folks have all the details.

**Assembly Details:** I have shared many documents with the group from the Q2 assembly, providing as much context and highlighting many of Amber's thoughts and sentiments about the conference. There were questions around the board resignations earlier this year, which I am working to provide the details in an easy-to-digest format while also trying to temper the emotion - I didn't want to create a perception of drama on the topic and am trying hard to stick

to the facts so each member can come to their own conclusion - I did share Amber's sentiment that the conference seemed to be full of healing, hope and some hard conversations.

Thanks for allowing me to be of service, it is an honor and it has had a significant impact on my recovery.

Anders

### **Fleeting Thoughts (GSR - Tony H)**

My name is Tony and I am an alcoholic. My group name is Fleeting Thoughts. Our group meets at Turning Points Recovery Center at 5:30pm every day.

Fleeting Thoughts in April paid 60% to Intergroup, 15% to GSO, 15% to District 5 Committee, 10% to Oregon Area 58.

Spirit of rotation will happen for all Secretaries, Coffee Makers, and Greeters July 1st at our next business meeting.

## **Liaison Reports**

### **Intergroup:**

**Next month, we will be preparing for the printing of the July – August schedule. The deadline for submitting any changes, etc. is June 22, 2023.**

*If you need schedules for your group, contact the COIG at [coigoffice@coigaa.org](mailto:coigoffice@coigaa.org).*

*If you need to change the information for your meeting, add a meeting, or delete a meeting, call or email the office manager Joan. The Intergroup number is 541-923-8199*

### **AI-Anon: Christina L.**

- I'm happy to report that in the past couple of months, many AI-Anon groups in Central Oregon have seen an increase in attendance and especially in newcomers attending. My home group, for example, held steady at 8-10 people for a long time, but we now regularly have 15 or more.
- We created AI-Anon speaker guidelines for Intergroup potlucks or other AA events. Our goal in creating these was to encourage AI-Anon speakers to be mindful of the 15-minute timeframe and to share their experience, strength and hope. The speaker potluck chair reviewed these guidelines and I shared them with Intergroup. Moving forward I'll be connecting with all AI-Anon speakers directly to make sure they have these guidelines. AI-Anon continues to thank AA for inviting us to participate in AA events.
- Attached is the most recent District 5 AI-Anon meeting schedule

Thank you for being an integral part of my recovery in AI-Anon,

Christina

COYPAA: No Report

## New Business

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## Ask-it-Basket

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## Closing Announcements / Questions

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Motion to adjourn: Brian W  
Motion Seconded: Chandra S  
**Motion passed.**

**Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at \_5:30\_pm\_\_.**

### **Tools for GSRs**

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyPxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

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