

Welcome... To District 5!!

Welcome to District 5. You and your group are welcome, wanted and needed! If you are receiving this welcome letter it means you are official and now part of the District 5 committee!

The first page of this welcome letter is for quick references. The pages that follow are more detailed and we hope you will read through when you have time and ask any questions you may have at any time.

You should receive your GSR kit in the mail from GSO in 6-8 weeks. If you do not receive it by then please contact the Alt. DCM (altdcm@district5aa.org) and they will follow up with the registrar.

If you are unsure of what your group number is you can look it up [here](#). Your group is located in District 5 of Oregon Area 58.

Some pertinent information and resources:

- **D5 GSR Resource Library:** [GSR Resources File](#)
- **D5 Ask-It-Basket:** <https://forms.gle/pDVqk5QdsYkBtntm6>
- District 5 Business meetings are held on the second Sunday each month at 4:00pm. This meeting is 90 minutes long and goes until 5:30pm. [D5 Calendar](#)
- Area Assemblies are held 4 times a year. These are weekend long events and will always be held somewhere in Oregon. [Area Assembly](#)
- District 5 Website: <http://district5aa.org/>
- Oregon Area 58 Website: <https://www.aa-oregon.org/>
- A.A. World Services Website: <https://www.aa.org/>

If you do not yet have a service sponsor, you don't have to do this alone. Your DCM and AltDCM are here to fill that role until you do. There are also past DCMs always willing to offer service sponsorship as well. This is what we are here for. PLEASE don't hesitate to reach out to any one of us and ask for help at any time. We WANT to help you to succeed in your new role as you represent your home group.

Thank you for your willingness to serve.

In love and service, your District Officers,

DCM: dcm05@aa-oregon.org, AltDCM dcm05-alt@aa-oregon.org,

The makings of a good G.S.R. Two or three years' sobriety is generally the required minimum. **Active membership** in a home group — **yours** — is important, and your G.S.R. **should hold no other offices in any other group.** [G.S.R. General Service Representative](#)

When: The two-year terms of an area's G.S.R.s coincide with those of its D.C.M.s and Conference delegate. **(Rotation is on even years in Oregon, Elections on odd years)** So a group usually elects its G.S.R. before the assembly meeting at which the delegate is elected. September is a good month, since that gives the new G.S.R. time to study the responsibilities of the job before taking office — most often on January 1, along with the new D.C.M.s and the new delegate. An informed group enjoys a special election meeting, where a member with a solid background in service work explains the function of the G.S.R.

What: As it says in Concept I: *The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.* You are linking your home group with the whole of A.A. As general service representative, you have a big responsibility: You transmit ideas and opinions, as well as facts; through you, the group conscience becomes a part of “the collective conscience of our whole Fellowship,” as expressed in the General Service Conference. Like everything else in A.A., it works through a series of simple steps. [Q&A on AA Group Matters](#)

How: 1 At **district meetings**, you join with all the other G.S.R.s from your district once a month. These meetings are held on the second Sunday each month at 4:00pm for 90 minutes, and go until 5:30pm. [D5 Calendar](#). Please send in your [GSR report](#) to the Secretary d5aa.secretary@gmail.com by the day before the District meeting.

2 You attend **area assemblies** four times a year. Assemblies will always be held somewhere in [Oregon Area](#)

Each Assembly has a Different Focus:

MARCH ASSEMBLY is Oregon's Pre-Conference Assembly; where the upcoming General Service Conference agenda items are discussed and our Delegate hears our groups voices so that they are prepared to represent our voice at the annual general service conference in New York.

MAY ASSEMBLY is Oregon's Post-Conference Assembly; where our Delegate reports on what happened at the Annual General Service Conference. GSRs then take the information back to share with their group.

SEPTEMBER ASSEMBLY is Oregon's Election Assembly; where we elect our delegate, alternate delegate, area officers and their alternates.

NOVEMBER ASSEMBLY is Oregon's Service Committee Roundtable Assembly; where we learn about Oregon Area's various Service Committees. In General Service, when the term of our service position ends, we don't Rotate out, instead we rotate on! So during your term as GSR you are encouraged to get on a service committee and start considering if you would like to hold a district chair position when you rotate on from GSR at the end of your 2 year term. This assembly will be where you get to attend "roundtables" (*mini workshops*) on the committees you may be interested in serving on. Attendees choose up to THREE Roundtables featuring Service Committees such as: Access, Archives, Cooperation w/ Professional Community, Corrections, Treatment, Hospitals, Public Information, Grapevine/LaVina

And lastly, a note from Bill W: *"The strength of our whole A.A. service structure starts with the group and with the general service representative (G.S.R.) the group elects. We cannot emphasize too strongly the G.S.R.'s importance."*

Additional Resources:

[Sample GSR report for District report](#)

[Sample GSR Report to your Group](#)

[Group GSR Information Change Form](#)

[District 5 MotionSubmittalForm](#)

[District 5 Guidelines](#)

<http://district5aa.org/gsr>

"By choosing its most qualified member as G.S.R., a group helps secure its own future — and the future of A.A. as a whole." -Bill W.