

# District 5 Oregon Area 58

## Meeting Minutes

### October 9<sup>th</sup>, 2022

**Meeting was opened with the Serenity Prayer at 4pm.**

**Attending:** Carrie B (DCM), Jamie S (ADCM), Christine B (Secretary), Will D (Treasurer), Nancy B (Access), Brian W (Treatment Facilities), Walt W (Corrections), Jessie C (Grapevine/ La Vina), Frank W (GSR - Attitude Adjustment), Carmack M (GSR - Men's Book Study), Mario H (GSR - New Horizons), Sarah S (AGSR - New Horizons), Charles K (GSR - Not A Glum Lot), Joy H (GSR - Page 21), Alan S (GSR - Primary Purpose), Pete L (GSR - Redmond Early Risers), Lynn H (GSR - Rising In Recovery), Todd H (GSR - Steps To Sobriety), Tim C. (GSR - Sunrise Group), Marie K (GSR - Tumalo Group), Brandon C (GSR - Weathering The Storm), Anders W (AGSR - WFS Group), Christina Lee (Al-Anon Liaison), Vanessa C (Access Guest).

**Welcome to new GSRs:** Alan S (GSR - Primary Purpose), Marie K (GSR - Tumalo Group)

**Why Do We Need A Conference?**, from page 40 of the Service Manual.

**Tradition 10 Presentation:**

<https://docs.google.com/document/d/15mx1Monr6p6kp5zdpqW-ptqbu6rTKG7X8x43Qo5YGmA/edit?usp=sharing>

**Concept 10 (short form):** *Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.*

**District Secretary – Christine B.**

The September Meeting Minutes did not get out. They will be distributed shortly prior to the October Meeting Minutes, within the week. A motion to accept them will be asked for next month.

**Treasurer Report – Will D.**

Greetings Dist 5 Committee.

My name is Will D. and I am your District 5 treasurer.

We started September with \$8,100.09 in our operating account.

Contributions in September totaled: \$1,402.97

Expenses for the month were: \$1,366.99

Leaving us with \$8,136.87 to begin October.

Income wise, we are \$2,737.43 behind in contributions YTD. We will need contributions to average ~\$2,241 month to complete the year on budget.

Besides DCM, expenses are still under budget for the year; however, I do not know if committee chairs

are still planning on expending the remainder of their budgeted funds.

We still have an unclaimed deposit in May from Group 721992 for \$131.75. If anyone can figure

out  
who group 721992 is it would be greatly appreciated!

Thank you for allowing me to be of service.

Will D.

A motion was made to accept the September Treasurer's report as delivered by Lynn H and was seconded by Carmack M. **Motion Passed.**

### **DCM Report – Carrie B.**

District 5: Hello D5! SAT THE 22nd at 11:00am! Please use the link posted in the chat to sign members up to be of service at the Unity event coming up this month. This workshop is District 5s last one of the year. It is an in person event downtown at the Bend Library, and it's less than 2 weeks away! We need people to be of service! This is a potluck event. Please bring food. We need someone to be in charge of Coffee, entertainment, and lots more positions open as well. Reach out to me if you are willing to help with this AA day of fun! There is LOTS to do! Again, write this date down and save it in your schedule. Saturday the 22nd from 11:00am-2pm. See flier here:

[https://docs.google.com/document/d/17NVZFZgrEJTPBNCtsJJCheOCSU0ZexVWYyy0E4kJ3\\_M/edit?usp=sharing](https://docs.google.com/document/d/17NVZFZgrEJTPBNCtsJJCheOCSU0ZexVWYyy0E4kJ3_M/edit?usp=sharing)

On the 24th I attended the District Event Planning committee meeting. This month was held online because last month when we held it in person only 3 of us showed up. This time online 7 of us were able to attend. This tells me that online still seems to work better for GSRs and Committee Chairs. This is surprising to me. It is getting more and more difficult to continue trying to put on in person events when people aren't showing up in person. We shall see how well attended the upcoming in person Home Group Workshop is and take it from there. Next Committee Meeting will be held on Sunday Oct 30th at 4pm since this time seems to work for most of you. See details here:

[https://drive.google.com/file/d/1HoOpZjxBLzG4MaYav\\_aG1z8oV0\\_VBY\\_C/view?usp=sharing](https://drive.google.com/file/d/1HoOpZjxBLzG4MaYav_aG1z8oV0_VBY_C/view?usp=sharing)

We had a GSR Orientation last month. I drove to Prineville to welcome Joy from the Page 21 Group as a new D5 GSR. I also plan to meet with Alan S. who is the New GSR for his home group (The Primary Purpose Group). If you haven't been through District 5 orientation yet, and would like to join Alan and I at 6:00pm Tuesday at South Shari's Diner, please join us!

Area 58: The November Oregon area assembly is NEXT MONTH! If you haven't blocked out the time in your schedule yet, now would be a good time to do so. When: Nov 18th-20th, 2022 Where: Zoom –

<http://tiny.cc/area58assembly> OR IN PERSON Please register

here: <https://www.aa-oregon.org/upcoming-assemblies/> This is the ONE Assembly all year long that Committee Chairs are asked to attend. Please All GSRs, Alt GSRs and Committee Chairs register for this and plan to

attend. Remember also to invite members of your Home group along with you. I will be available after this meeting to answer questions about the Assembly, and/or your involvement.

GSO/AAWS: I attended the Pacific Regional Forum in Saltlake City Utah. It was my First Forum and I learned a lot! The New GSO Safety Guidelines that were published with many outside issues and potential for massive controversy were pulled, cleaned up, and cut down from 7 pages to 4 pages, and I brought one for each of your groups home with me. I would like to thank all the Groups that took the time to write into the board with concerns about this safety piece. It was only because of YOUR effort this was corrected. I was able to talk to the Chair of the AAWS Board and ask some tough questions about finances. I was also able to ask the Chair of the Grapevine Lavina Board some tough questions as well. Including why members of the fellowship are unable to order online only subscriptions any longer or get the archives without subscribing to hard copy paper subscriptions. What are the reasons behind that? If there are plans to change the system so that the Grapevine will be more affordable to online subscribers in the future... Please contact me and ask me about these things or invite me to come to your group's business mtg and give a Forum report.

Yours in Fellowship & Service,

District 5 DCM

<http://district5aa.org/>

Carrie B.

541-788-7276

### **Alternate DCM Report- Jamie S.**

Hello District 5,

Up until 2021 the District meeting has always included a Tradition and Concept study. Because these sometimes would get rather lengthy, committee reports or GSR reports were frequently left out all together. When your new DCM and I rotated in, one of the first things we wanted to try was to move these studies to a different Sunday, and keep the District meeting to a 5 minute presentation. Due to lack of attendance at the first and third Sunday Traditions/Concepts study that we were trying, we will no longer be offering that. Instead we will be going back to learning more about these principles at the District meetings. We will do our best to get creative and attempt to keep the presentations and studies brief and within a time limit.

On September 24th I attended the District 5 Outreach and event planning committee meeting. There were 7 total in attendance including only one GSR and one committee chair. District 5 workshops are put on by the District 5 committee. As a reminder, the District 5 committee is made up of District 5 officers, committee chairs and GSR's. As a trusted servant it is difficult to decide the topics and locations of these events without the help of GSR's and committee chairs representing the groups and committees. As we all know the wider the group conscience the better. In the past District 5 has put on 6 workshops a year. This is becoming increasingly difficult with the lack of participation.

I am looking forward to seeing you all at the next workshop. Just under 2 weeks away! This will be a fun one. Potluck, games, prizes and the opportunity to learn more about each other's homegroups. As a reminder this will be from 11am-2pm on Saturday the 22nd located at the Downtown Library in the Brooks Room. Again, this is a potluck event so please let the members of your group know to bring their favorite dish!

The November Area Assembly is right around the corner which will be November 18th-the 20th! A week before the assembly we will be having The November Orientation in this room at 3pm on Sunday November 13th before the District meeting. I will get you all a flyer and send it to you by email. Anyone attending the assembly is encouraged to attend this.

Thank you for allowing me to serve you  
Jamie S ADCM  
971 297 5419  
dcm05-alt@aa-oregon.org

## **Unfinished Business**

- Motion to Eliminate GSR Scholarship Program, Jamie S. **Motion Passed.**

## **Committee Reports**

### **Assembly Host Committee: Christine B.**

Greetings District 5. The hunt for a venue continues. Some committee positions have been filled. Others are waiting for the venue to be selected and the dates locked in. The one position I would like to see filled sooner rather than later is the Alt Chair position. This position would essentially be an assistant to me and give a wealth of experience and information to the person who fills it. Any suggestions regarding who might be a good fit for this position would be appreciated. Please announce to your home groups and other meetings you attend. With the passing of the motion for Area 58 to fund the necessary expenses associated with hosting an Assembly, some job descriptions have changed or been eliminated. We are meeting once per month at this time on the first Monday of the month. Please let me know if you are interested in attending and I will add you to the list.

### **Access Committee: Nancy B.**

I was able to accomplish most of the tasks that I laid out in the last report. Below is a summary of what I was able to complete.

- Recommendation on location for hybrid meeting
  - Bend Downtown Library - Below are the reasons for this decision
    - Reason: The wifi at the library will be more consistent and stronger than what is available at Trinity Episcopal

- There is a large video monitor available at the library - will make it much easier to see the individuals on the screen vs a small computer screen or having to purchase a television.
    - Centrally located and plenty of room for those who would like to meet in person.
- Budget recommendation for establishing the hybrid meeting
  - Total = \$720
    - \$500 - Computer (should be able to do better than this though)
    - \$100 - Webcam (wide-angle lens for better visibility)
    - \$60 - Speaker
    - \$40 - Cables (not sure if needed, placeholder in case)
    - Storage box for hybrid electronics
- On the following page are the Hybrid Meeting Survey responses from this group
  - Summary - I received three responses with two of the three having participated in hybrid meetings. They both emphasized that visibility is key to a successful hybrid meeting, for both online and in-person. Also important is to ensure that those online who are not speaking are muted.
- Recommendation for how the hybrid meeting will be set-up based upon both surveying this group and attending other hybrid meetings.
  - I recommend that the meeting be held in the downtown Bend library with the in-person participants seated in a semi-circle with the camera facing the attendees and the speaker placed near the center of the participants. We will use the projector and screen to see those participating online.
- Tentative “go live” date for hybrid meetings
  - Assuming that the proposed hybrid budget is approved, the hybrid meeting can begin the following month after approval.

I have not received anything from the General Service Office regarding my registration as the D5 Accessibility Chair. I will follow up this upcoming month to confirm that my registration was received.

Other related items:

- Attending the 10AM District 5 Step Study weekly online meeting
  - I am no longer attending this meeting. It was determined that this meeting will continue but not specifically as a District 5 meeting.
- Reviewing the Access Committee page on the district 5 website and submitting materials for publication
  - I did not accomplish this task. I will work on this in October.
- Identifying Accessibility Committee members
  - I have spoken with one individual who is interested in working on this committee! Another prospect can be available to assist with the setting up and running the equipment for the monthly District 5 meeting if needed.
- I will be participating in the upcoming Home Group Workshop
  - 10 minutes of floor time for my announcement / presentation
- In October, I will be attending local meetings to announce the availability of support for any meeting interested in exploring hybrid options.

I look forward to being of service!

Nancy B

WFS Group - Bend, OR

## Responses from Survey

### Response 1:

1. Have you attended any hybrid AA meetings? **YES**
  - A. If you have, what has worked well? **When everyone remains on mute unless talking**
  - B. If you have, what did not work well? **When people in the meetings are not able to see those on the computer and vice versa**
2. Are you interested in attending the District 5 meetings in person or on-line? **In Person**
3. Are you interested in assisting with the new hybrid meeting for District 5? **Sure**

### Response 2:

1. Have you attended any hybrid AA meetings? **I have not**  
If you have, what has worked well? **N/A**  
If you have, what did not work well? **N/A**
2. Are you interested in attending the District 5 meetings in person or on-line? **Largely online**
3. Are you interested in assisting with the new hybrid meeting for District 5? **No thank you**

### Response 3:

1. Have you attended any hybrid AA meetings?  
Yes, I have been attending the Area 58 hybrid meetings, and also a local Men's group.  
If you have, what has worked well / not well? Visibility is the key.  
What worked well was at Assembly, NOT at men's group. Visibility is the key.
2. Are you interested in attending the District 5 meetings in person or on-line?  
My hope is to attend D 5 meetings in person.
3. Are you interested in assisting with the new hybrid meeting for District 5?  
I am interesting in going hybrid

### **Archives: Joe H.**

I apologize for not being present today.

My cousin is getting married today and moving to the East coast on Tuesday. this will be my last opportunity to see him for a long time.

I have investigated other storage units if we decide that we want something that will be more fireproof, and or climate controlled for the archives.

Our current unit at Wall Street storage is wood floor with wood walls, non conditioned space. it is a 3'x5' unit. it costs \$50 per month

Northwest self storage 8x10 is \$195 per month. climate controlled. concrete walls concrete floor.

Jennifer at Jamison self storage will call me back with price for 5' by 10'; climate controlled unit that may be available shortly. 10 by 10 is 205 per month. She is hoping the 5 by 10 would be about half that price. She was not a 100% sure but will call me back.

Bear Creek self storage has concrete floors with metal walls, non conditioned space. 7.5' by 10' is a \$135 per month.

I have attached 2 pictures of the current storage area for your review.

Feel free to contact Joe H with any questions comments or concerns directly by cell phone at 541-948-4475.

Or email me at:

Archives@district5aa.org





**Cooperation With the Professional Community (CPC): Ron B.**

Not much to report for September. All but five of the packets have been distributed and hopefully they're doing good for our local healthcare professionals and the alcoholics who still suffer. I won't be available from October 13 through the 24th as I'm going on my first cruise ever (Alaska). We have some great collaborative ideas for the coming few months. I'll let Jesse, our Grapevine Chair, fill you in. Thank you for letting me be of service.

Your Brother in AA,  
Ron



## **Cooperation With Treatment Facilities (CTF): Brian W**

Greetings District 5,

This is my first report as interim CTF for District 5. I will be covering the position through the end of the year, where I will assume the position in full for the following two year term. Rob L. has carried the position well until a personal health issue precluded his ability to continue serving.

My notes in short form:

- Meetings will be held every other month
- Organization of facilitators is still in flight
- We have a couple panels ending and a new one starting
- CTF really needs more facilitators, and would love help from the District getting the word out

We held our meeting on Friday 9/23 and decided to hold our routine meetings every other month. We are in the process of arranging our next meeting to be held before the next CTF meeting on 11/13 so I can provide a better report.

I'm currently re-gathering the roster. We have five CTF panel facilitators, in addition to the fact that I and the alternate CTF chair are also holding panels through the end of the year as we complete our terms for our home groups. I hope to find more facilitators in the coming months so we can carry the message to more facilities.

I intend to make a significant focus on consistency. Carrie has been immensely helpful in making sure that I am familiar with the procedures laid out in the Treatment Workshop booklet, plus the District 5 guidelines for CTF panels. I intend to make sure everyone goes through an orientation on the Treatment Workshop Guidelines so that they can carry the message consistently. Similarly, I will make sure we, as a district, keep reviewing the guidelines for content and format to make sure we're best representing AA as it is today. So far, no interest in changing anything has been expressed. I will keep the District posted if we wish to make any changes, and ask for guidance if we feel anything could be updated.

In the past couple of weeks, two of our facilitators have received responses back from BestCare in Redmond, advising them that they no longer require panels. This was a confusing response which came very suddenly, plus there was a message in a Facebook group from a BestCare representative asking for people to host panels and meetings. On Friday I spoke with Bob Ray, who is in charge of the Redmond facility, who explained that they were having significant trouble with keeping their patients who complete their program plugged into AA and NA after they leave. COVID restrictions make it hard for them to host a traditional AA/NA meeting and he wishes to keep the message coming into his facility.

Bob told me directly that he wishes to have an AA panel, an NA panel, and a meeting that is more of an open discussion for any sort of addiction. I mentioned that we could find someone to bring in an AA panel, advised that he worked with the NA equivalent for an NA panel, and that I could not assist in any other capacity. Their main condition for any panelists coming in-person to BestCare is that they must be vaccinated, which is something I'm confident a panel facilitator can validate prior to coming in person. Once we conduct our meeting in November, I hope to be able to provide BestCare with a routine panel.

I also received word from another treatment facility representative who wishes to have us bring panels into their facility. I had failed to capture the name of the facility. They told me that the facility has a hard time keeping their patients connected, especially during the winter months. I put them in touch with one of our other facilitators whose BestCare panel had been canceled. I will continue to follow up afterwards.

Last and certainly not least, **there is still a great need for more CTF panelists!** For those of you with commitments that put you in touch with other meetings, please let them know that Central Oregon has a lot of people trying to get sober through treatment facilities. I would love for us to bring the message of AA to them, but cannot without your help. If the District can do anything to help get the word out, please have interested parties wishing to represent their home group for CTF to contact me at [ctf@district5aa.org](mailto:ctf@district5aa.org).

Thank you for letting me be of service!

Best,

Brian W.

District 5 Interim CTF Chair

818-317-1248

[ctf@district5aa.org](mailto:ctf@district5aa.org)

**Corrections: Walt W.**

Virtual meetings continue while awaiting approval for in person meetings. Two sets of two one hour meetings (4 people ideal) are scheduled from 6:30-8:30 PM every Tuesday. Seems more people are showing up.

Would like to send our appreciation to LouAnn M. who has left the program for another commitment in the prison system. She has always been there for the AA and NA jail programs and her story has impacted many members in the jail programs in her years of service.

Thanks for Letting me be of Service

Walt

**Grapevine / La Vina: Jessie C.**

Hi, my name is Jessie and I am the District 5 Grapevine/La Viña Chair. Parking Lot Ladies is my home group and we meet Sundays at 8:30am.

My main priority is to gather the information of all the Grapevine/La Viña reps across the district. GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is [Grapevine@District5aa.org](mailto:Grapevine@District5aa.org).

I met with Carrie, District 5 DCM, to share information, updates, ask questions, and make plans regarding my work as the District 5 GV/LV chair.

I updated the Grapevine/LV board and added the District 5 email address. I inventoried the current Grapevine/LV materials, ordered books and back issues of the Grapevine, and made copies of the guidelines for submitting to the Grapevine for people to take home. I added a new book to the collection, Fun in Sobriety.

I will be attending the Homegroup workshop on Oct 22 at the Downtown Bend Library, the Area 58, District 5 & 9, Event Planning meeting on Oct 30, and the Oregon Area Assembly in Ashland on Nov 18-20.

I would love to attend any meetings, workshops or events that other District 5 Committee Chairs are attending with their displays. Please let me know if I can join!

Beginning in January 2023, there will be a monthly Grapevine/LV meeting in the zoom room on the last Wednesday of each month. Thank you John, our District 5 webmaster, for your help setting this up.

**Literature: Vacant - Learn More****Outreach: Todd L.**

Nothing new to report from the outreach committee.

We continue to do outreach.

Thank for the opportunity to serve,

Todd L.

**Public Information (PI): Brian R.**

Hi District 5, This is Brian R the PI Committee chair. Things are going well in PI. Myself and Committee members are getting pamphlets out and restocking at places that are low. I got a stack of new meeting schedules from Joan on Friday and will be getting those in the hands of committee next week! Joan and Artha helped us out by getting pamphlets and meeting schedules to United way. Artha is still getting correspondence that I need to get we are trying to get that sorted out.

Yours in love and service,  
Brian R

**Website: John S.**

Hi Folks:

My name is John Stark, and I am your alcoholic D5 Web Chair.

Here is my update for September 2022:

**Website traffic for the past 30 days:**

As of this past Wednesday, we have had 2,020 *unique visitors* to the website. That is down ~ 29% from our September numbers.

NOTE: *Unique visitors* are only counted once even though someone may return to the site multiple times over the past 30 days.

**Our top five visited pages are:**

1. Calendar page
2. Contact page (#3 last month)
3. About GSR page (#2 last month)
4. Contributions page (New page and in top 5)
5. About District 5 page

Our busiest website traffic days for the past 30 days continue to be Monday's, Tuesday's, and Thursday's.

**My activities this past month:**

- - Online PayPal contributions are now LIVE and handed off to the D5 Treasurer. Link in navigation bar at the top of the website and also an image on the home page.
- - I am about half way through finalizing and securing all the D5 Committee email accounts. I have a few more to go. Life has been busy so a bit behind but will finish up in the next couple of weeks. Thanks for your patience.
- - Calendar updates.
- - Added and/or removed flyers from Home page and Calendar/Announcements page.

**A couple additional items (recurring):**

- - I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.
- - Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great October everyone and remember to keep smiling.

Regards,

John Stark  
D5 Web Chair

## GSR Reports

### **Men's Book Study - (Carmack - GSR)**

My name is Carmack and I'm an Alcoholic, My home group is the thursday night big book study,we meet thursday nights at the first Presbyterian church 230 NE 9th st. Still doing hybrid meetings. We are having good attendance now that summer is over approx.30 guys young and old showing UP

In service Carmack GSR mens Big book study

### **Redmond Early Risers (Pete L - GSR)**

GSR Report Summary

- Discussed the possibility of creating group service positions to assist D5 committees (such as Public Information or Cooperation with Treatment Facilities).
- Voted to print up an outline describing what is expected of a meeting secretary, so that potential candidates can review it before our upcoming elections. The outline will be quoted from General Service literature.
- I asked about using group funds to attend Area Assemblies in-person as GSR, and was happy to learn that those expenses—within reason—are already built into our group's prudent reserve amount.

### **Page 21 (Joy H - GSR)**

The Page 21 Group of Alcoholics Anonymous meets every Monday in the basement of the Prineville Christian Church at 11:30 till noon for camaraderie followed by a literature based open meeting from 12 to 1. The last Monday of the month our district committee member will be giving a presentation on the tradition of the month followed by an AA member sharing their experience, strength & hope with us. Last month I went through GSR orientation with the district committee member Carrie B. The Page 21 Group is now registered with GSO. On Sept. 27th I contacted our District Webmaster inquiring if the D-5 website has a link that would take me to all Area 58 assemblies. I was kindly directed to go to [www.aa.org](http://www.aa.org) because our district doesn't have such a link. I believe such a link would be a valuable resource for all Area 58 AA members. At this time our Central Oregon Intergroup doesn't have a webmaster. I greatly appreciate all who hold service positions at COIGAA but without a webmaster the Page 21 Group speaker of the month flier hasn't been posted for Oct. Our office manager Joan is doing the best she can to help in getting announcements posted. I am making an official request that District 5 create a page on their website so that home groups can have their announcements posted.

Thank-you, Joy GSR

**We Are Not A Glum Lot (Charles K - GSR)**

My name is Charles, and I'm an alcoholic. Home group is "We Are Not.....a Glum Lot." We meet MWF, 12 noon, 554 Newport, Bend, Oregon

At our (delayed) September business meeting, we voted to return to the classic 25-25-25-25%, four way split of our contributions to Intergroup, District 5, Area 58, and GSO.

Due to international travel, I was not able to attend our October business meeting earlier this week, so I have nothing further to report.

In service,

Charles K, GSR

We are Not a Glum Lot

ctk787@gmail.co m

**Sunrise Group (Tim C - GSR)**

The Sunrise group meets at the First presbyterian Church Monday through Friday at 7am. Each day is guided by AA approved literature. Our attendance continues to grow. We are seeing some days with 20 or more. We continue to contribute to GSO, Area 58, D5 and COIG. In addition I will be attending my first assembly in November. Group is attempting to get off powdered creamer and on to fresh.

Thank you for letting me of service,

Tim C

**New Horizons (Mario H - GSR)**

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon at TEC (Trinity Episcopal Church) 469 NW Wall St, Bend, Oregon.

Tuesday Big Book study, Wednesday Speaker meeting, and Thursday Beginners meeting. It has been a great month! We have seen an increase of attendance in some of our meetings, we have a new podium and it is working very well the days we use it. On September 4th, 5th, 6th, the quarterly assembly was held in McMinnville Oregon and after this group's 10 years effort to stop fundraising among groups, Motion #4 MOTION: All four assemblies are to be funded (by Oregon Area 58 or registration fees when needed) covering only facilities' fees and other expenses to support the functioning of assemblies, finally passed. Great learning experience for me.

On September business meeting our group passed a motion to open a new position "Fellowship Chair" and I am happy to announce that we just filled the position.

For more information regarding our meetings, updates, and upcoming events, visit our website: [NewHorizonsGroupAA.com](http://NewHorizonsGroupAA.com).

Yours in Service,

Mario H

New Horizons Group GSR

[541 948 2220](tel:5419482220)

[billsfriendmario@gmail.com](mailto:billsfriendmario@gmail.com)

There was a motion to extend the meeting by 15 minutes by Christine B. Second by Brian W. **Motion passed.**

### **Rising In Recovery (Lynn H - GSR)**

My name is Lynn H. and I am an alcoholic. My home group is the online RIRG which meeting M-F @ 7:00 a.m.

As of 10/7/22...still sending 7 th tradition to GSO via our registered number.

New treasurer should be able to give group a report by next month. Sadly, there has been a lag in getting exact info from our past treasurer to new treasurer this month. Being online has its own complications at present. I am communicating with treasurer weekly and she is definitely in support of getting our 7 th tradition pie allocated appropriately.

Attending Sept. Assembly in person was an awesome education in how motions are introduced, discussed, debated and voted into life. I especially enjoyed getting to know Shannon M. and Carrie B. during our ride shares. The only downside to assembly was that room acoustics at the fairgrounds made hearing speakers challenging.

I'm registered for Nov. Assembly as an online attendee and look forward to participating in discussion of the two tabled motions: Virtual district and Funding for IT hardware for hybrid assemblies.

Finally, I am reaching out to other online groups to learn their experience, strength and hope going forward online within current service structure. My group is repairing an airplane while we are flying it. Its challenging, complicated and UP TO THE GROUP CONSCIENCE how and where we will land.

In Service,  
Lynn H. GSR  
Rising In Recovery Group

### **Steps to Sobriety (Todd H - GSR)**

Hello District 5,

The Steps to Sobriety group this month had an special inventory follow up action meeting in response to our group inventory from two months ago. The purpose of the meeting is to put into action the of the needs of the group from the inventory into play.

The steps to sobriety celebrates 365 days of continuous sobriety come celebrate our October birthday's in the last Friday on the month at 5:30pm.

Also our Thursday noon meeting has now started a potluck on the first Thursday of the month.

Our Wednesday night 5:30 As Bill Sees it could use support hope to see you all there.

Finally starting on Tuesday October 25th the Awol meeting will be returning from 5:30-7pm.

Replacing the Tuesday Big Book Study,

Thanks for my sobriety

Todd H

Gsr

Steps to Sobriety

## Liaison Reports

**Intergroup:** No report.

**AI-Anon: Christina L.**

In the spirit of cooperation and not affiliation I'd like to update you on the following:

- District 5 AI-Anon has a new District Representative, Milton A. There are also several new AI-Anon Group Reps.
- The monthly Intergroup Speaker Meetings have resumed; there were AI-Anon and AA speakers for September's meeting, and there will be both for October's meeting, too. The next meeting is October 22nd at 7pm, Trinity Episcopal Church, Brooks Hall. Coffee and snacks served. Flyer attached.
- The District is considering starting a new meeting in Tumalo
- District 5 AI-Anon is beginning to plan for the annual Spaghetti Feed in early 2023. It hasn't occurred in person since 2020, so a planning committee is being formed. If you are both an AA and an AI-Anon member, you can volunteer for this planning committee.

Thank you so much for your service, and for inviting me to your monthly business meeting!

Christina L.

District 5 AI-Anon Liaison

**YPAA: Vacant**

## New Business

- Please address any questions about a hybrid meeting to Nancy B

## Closing Announcements / Questions

- Open Service Positions: *2024 rotation:* Literature, Outreach,

Motion to adjourn: Brian W

Motion Seconded: Charles K

**Motion passed.**

**Meeting was closed with the Declaration of Unity at 5:42pm.**



## **Tools for GSRs**

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

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R.I.P. Tom I

<https://drive.google.com/file/d/0B7XzNYWNVZLrQkFEdXhhUF9VdVU/view?usp=sharing&resourcekey=0-gkQhWDILb1RXapY0ZH0daw>

[https://drive.google.com/file/d/16JXxjPJ1uHGo4fSZmePQ7B\\_2bEYqGHc-/view?usp=sharing](https://drive.google.com/file/d/16JXxjPJ1uHGo4fSZmePQ7B_2bEYqGHc-/view?usp=sharing)

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[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)