

District 5 Oregon Area 58 Meeting Minutes September 8, 2019

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Brad L, Bonnie C, Christine B, Lauren S, Geri H, Ron E, Renee H, Tim C, Pilar T, Kelly B, Helen W, Ben R, Kyle R, Walt W, Carrie B, Glenn B, Brenna L, Donn C, Darcy T, Diane R, Heidi E, Jill B, Kail R, Lauren M, Bill W, Willie M, Geri H, Mark L, Alyssa T, Mike C, and Louise L.

Welcome to new GSR: Ron E: Make My Day, Redmond
Scott N: Gathering of Men, Bend

Tradition 9 Presentation – “A.A., as such, ought never be organized; but may we may create service boards or committees directly responsible to those they serve.”

District Secretary – Lisa H. (Bonnie C. filling in)

A motion was made to accept the minutes of the August meeting as written by Lauren S and was seconded by Mark L. Motion passed.

Treasurer Report – Lauren S.

Reported Group contributions: \$524.31, Expenses: \$57.17, ending Balance \$4,974.44. Kyle R made a motion to accept Treasurer Report as reported. Ben R seconded. Motion Passed.

DCM Report – Brad L.

Please extend my gratitude to your groups for their contributions to the District so that we can continue to do the 12 step work of carrying the message outside the meeting rooms to the alcoholic who still suffers.

Thank you to everyone who was able to attend and participated in the GSR School yesterday! There were 17 members in attendance and one member traveled from Medford. Jim and Reilly put together a great presentation and covered all aspects of the GSR role in Alcoholics Anonymous. It was a very enjoyable time for me yesterday to be able to bring this to you and see so many of you interested and engaged in learning more about Alcoholics Anonymous.

Online registration for the Alcoholics Anonymous International Convention opens tomorrow at 7 am Pacific Time. Once registered, your confirmation will be emailed to you, along with a link to the Housing Reservation website.

The September Assembly (21-23) is less than two weeks away. You will be voting for a Delegate, Alt Delegate, Chair, and Alt Chair. It is extremely important that you are there to represent your group's voice as the Area elects new leadership. If you are interested in standing for any of these positions or simply want to know more about what you are electing members to do for your group please refer to the Area Guidelines and the A.A. Service manual for the responsibilities for these positions. I look forward to seeing you all there.

There are many District Committee Chair positions that are coming available. Public Information, Cooperation with the Professional Community, Website, Access, and Corrections.

You can find more information about the responsibilities for these positions in the D5 guidelines which can be found on the website district5aa.org. These positions will be appointed by the DCM. If you are available and would like to be considered for one of these positions please submit your service resume to dcm@district5aa.org.

A GSR recently asked me why I close my emails and reports the way I do. At a time when I'm wondering if my continued service in the fellowship is worth the sacrifice or if I want to continue down the triangle from here these are the things that God puts in my path for me to consider. The Valediction "Yours in love and service," is a very common one in the A.A. fellowship. I think it probably means different things to different people. For me it's a reminder of why I try to be of service however I can no matter the job that needs to be done. I do it for love of the fellowship, love of others, and for love of this new life, I have been given. I serve the fellowship and I have to often remember I only serve. I do what is asked of me, lead where I need to, and I try to do my best. The sacrifices that general service has asked me to make have been a powerful lesson in what it really means to be "relieved of the bondage of self". It gets me out of self and thinking of others rather than me and what I want. As with all the work in A.A. the gifts from that are enormous. My life is rich and full and beyond my wildest dreams. That is why I will always be a servant to A.A. wherever I am needed in Love and Service.

As I sit here today with you for one last District meeting as your DCM and I look around the room at the faces who have been here all along and the new faces here today I cannot express in words the gratitude and love that fills my heart for the opportunity I have been given to serve as the DCM for District 5. It has been an honor and a privilege that I will forever carry with me. Thank you for your trust. Thank you for your participation. Thank you for sharing your love of Alcoholics Anonymous with me. Thank you for allowing me the opportunity to serve.

I wish you all the best as you go on from here fulfilling our primary purpose of carrying the message to the alcoholic that still suffers.

Yours in Love and Service,

Brad L

Alternate DCM Report-Bonnie C.

Hello District 5!

Thank you to everyone who attended the GSR School. So much valuable information was passed on from our Alternate Delegate Jim F. and past Delegate Reilly K. who were able to show us what it's all about! For those of you who were unable to attend the District is available to pass on information to anyone interested.

We have an upcoming assembly this month taking place in La Grande, OR. Online registration is available through September 13th and there are GRS scholarship funds available to those in need. Please contact the DCM if there is a need. The 2020 Alcoholics Anonymous International Convention online registration is opening September 8th! Get registered in order to make a hotel reservation.

Service, Service, Service!!! There are multiple ways to be of service here in District 5. We have committee chair positions and lots of committee service work to be done. Please spread the message to your home group of all our opportunities. Flyers will be emailed out.

I look forward to seeing everyone at the September assembly!

Thank you for letting me be of service!

Bon.

Assembly Host Committee Chair: Helen W.

No report

Old Business

None

New Business

District 5 Elections

DCM

Bonnie C available: 21

Kyle R available: 2

Carrie B available: 2

Elected: Bonnie C.

Alternate DCM

Kyle R available: 21

Carrie B available: 5

Elected: Kyle R.

District Secretary

Renee H available: 23

Carrie B available: 3

Elected: Renee H

District Treasurer

Walt W available: 19

Lauren S available: 6

Carrie B available: 1

Elected: Walt W

District 5 utilized the Third Legacy procedure for this election. The job descriptions were read for each position. The secretary polled the room to see who was available. Voting was done by written ballot. Service Resumes were read. Thank you Past DCM Glen B. for overseeing this election.

Committee Reports

Archives- Valorie R.

No Report Submitted

Access- Vacant

Cooperation with the Professional Community (CPC) - Brenna L.

It's been an honor and privilege to serve as the District 5 CPC chairperson for the last two years, I have learned so much more about the program of Alcoholics Anonymous. This last year we have contacted clergy, physicians, and lawyers and finished with schools. We are planning on doing a CPC presentation at DHS (Department of Human Services) on September 27th at 9am. This was a goal we had set at the beginning of my term and I'm excited to see it come into fruition.

I'm looking for anyone interested in picking up this service position and continuing the work, it is a two-year term and two years of sobriety. What CPC does: Cooperation with the professional community "CPC" provides the professional community (who comes into contact with alcoholics), with information about what AA is, what AA can & can't do, and how to contact local AA. This type of service work does not require much time. Due to its nature, very often it can be done at your convenience. Yet it is still a very rewarding type of service work. You could learn a lot more about A.A. and how it works.

Brenna L.

Cooperation with Treatment Facilities (CTF) – Tim C.

The next CTF Committee meeting has been rescheduled for Monday, 10/7, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library. There will be no meeting Monday, 9/30.

The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach, or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

At present, CTF facilitates panels at treatment facilities in Bend, Redmond, and LaPine on recurring bases of once every 2- to 10-weeks. CTF also facilitates (3) weekly Speaker Panels.

Two (2) are held Tuesdays evenings at separate detox and residential treatment facilities in Redmond. The third is held Saturday afternoons at St Charles Hospital in Bend. The hospital panel is open to all and appears on the C.O.I.G.A.A. schedule as “CTF Saturday Speakers.” Current patients, their families, and/ or hospital staff are not always present. We have found, however, an increasing number of newcomers to AA, many former patients at the hospital, as well as visitors to Central Oregon are attending the CTF Saturday Speakers. The CTF Committee is cooperating with the host facility, as well as sponsoring groups to try to ensure the AA message of Recovery is available in Central Oregon’s largest hospital, while maintaining AA Tradition.

Last month, all sixteen (16) of CTF’s scheduled panels were held. One (1) facilitator joined the CTF Committee, none rotated out. Four (4) Home Groups have made firm, ongoing commitments to sponsor the Saturday hospital panel. Thanks to The How & the Why Of It, Attitude Adjustment, Eastside Early Risers, and Sunday Morning Serenity groups! Two other groups, Are We Done Yet? and Sisters for Serenity, have expressed interest in this commitment.

At present, CTF seeks AA members and/ or Home Groups (Hospital panel/ meeting only) for the following ~12-14 commitments that are currently or soon to be open:

- St Charles, Bend (every Saturday, 1:30-2:45): ~1-3 facilitators/ groups
 - Monthly, every other month, or periodic commitment
 - POTENTIALLY OPEN: 2nd Sat, even months
 - POTENTIALLY OPEN: 4th Sat, even months
 - OPEN (1): 5th Sat (Nov ‘19; Feb, May, Aug, & Oct ‘20)

- BestCare Residential, Redmond (every Tues, 7-8pm): ~3 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 2nd Tues, even months
 - OPEN (1): 4th Tues, odd months
 - OPEN (1): 5th Tues (Oct, Dec ‘19; Mar, June, Sept & Dec ‘20)

- Brooks Detox, Redmond (every Tues, 7-8pm): ~4 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 1st Tues, odd months
 - OPEN (1): 1st Tues, even months
 - OPEN (1): 2nd Tues, odd months
 - OPEN (1): 5th Tues (Oct, Dec ‘19; Mar, June, Sept & Dec ‘20)

- Pfeiffer IOP, Bend (2nd Wed AM, every 3rd month beginning 9/11/2019): 1 facilitator
 - Periodic commitment
 - OPEN (1): Sept & Dec 2019; March, June, Sept, & Dec 2020

- Pfeiffer In-Patient, LaPine (1st Mon, every other month): 1 facilitator
 - Nov 2019; Jan, March, May, July, Sept, & Nov 2020

- Serenity Lane, Bend (Wed evening & Fri Morning every 10-weeks): 1-2 facilitators
 - Every 10-weeks beginning 1/8 & 1/10/2020

CTF Commitments are typically 2-years. AA experience and literature suggest that “solid sobriety [i.e., experience practicing AA’s 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve.”

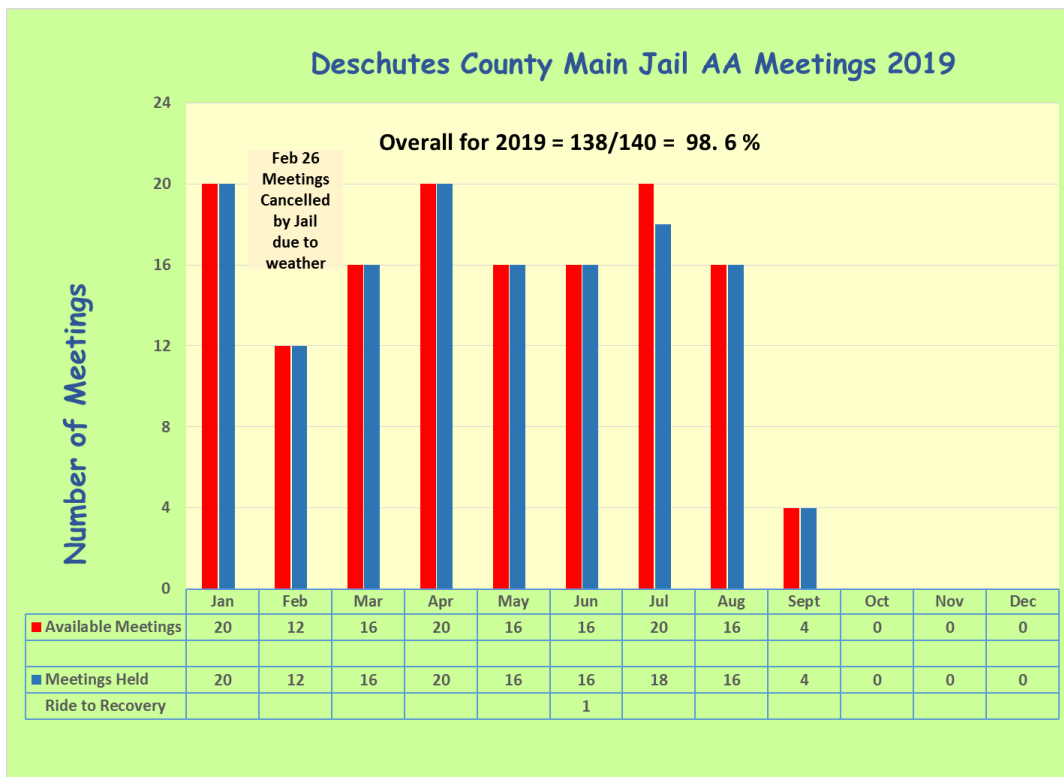
The next CTF Committee meeting has been rescheduled for Monday, 10/7, from 5:30-6:45pm in the Hutchinson Room of the Downtown Bend Library. There will be no meeting Monday, 9/30. Members of the CTF Committee will continue visiting Home Group business meetings over the coming quarter. Please let us know if you’d like us to attend your business meeting to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism.

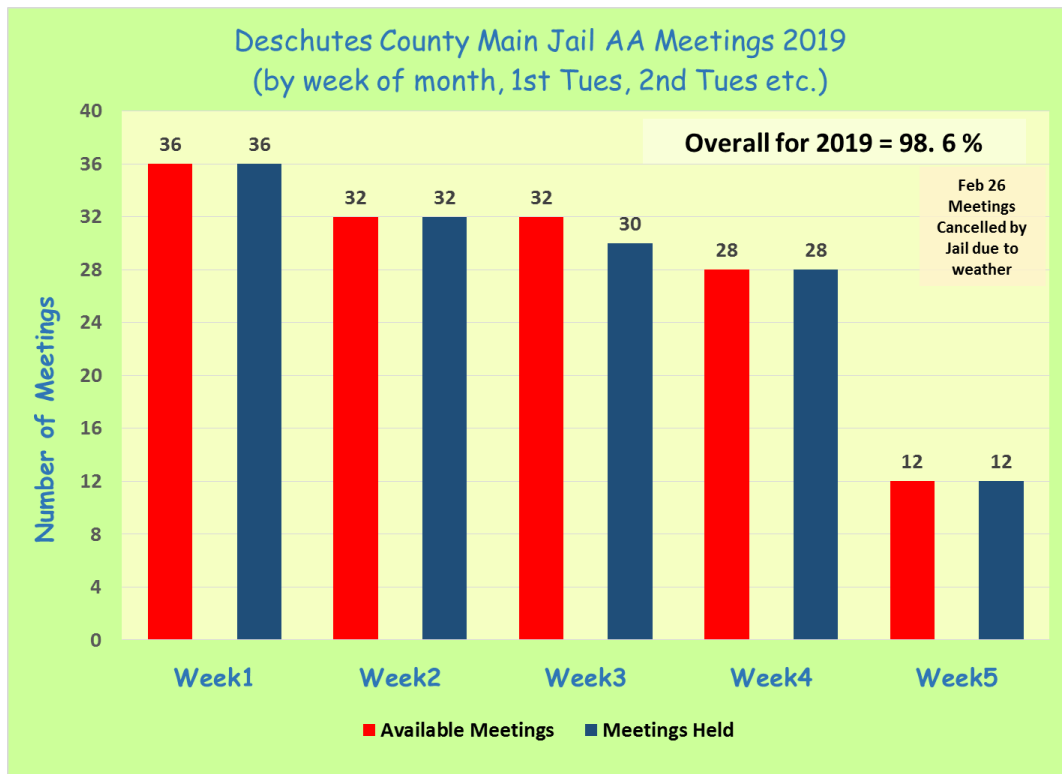
Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach, or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service,
 Tim C. <d5aa.ctf@gmail.com>
 541-610-4431

Correctional Facilities – Walt W.

Facilitated all available meetings since last report for a 98.6% participation for the year
 No takers on our ride to Recovery program, so still just one for the year.
 Received one case of Big Books.
 Thank you for letting me be of service
 Walt W.





Grapevine – Mike C.

No Report Submitted

Public Information (PI) – Donn C.

Greetings D-5 service people,

I write this report with tons of gratitude for our district as our positions are all coming to an end over the next month. (#sobbing-sounds) It's been quite a journey and a lot of fun serving alongside all of you, who have been such great examples of AA servitude. Our summer delivery routes have all been completed at this time. And we've managed to continue to find new locations right up into this most recent quarter of deliveries, which is nice...

As my rotation out comes closer, I've been working on "passing it on" properly - getting things in order for the next chairperson. I've been in regular contact with my Alternate, Ryan B. in preparation for his taking the helm, should he be appointed. In any case, we want the next version of PI to be able to hit the ground running, so tying up loose ends has is the name of the game for now until appointments occur. Again, I'd like to thank all district members who've stepped up to put the word out when both PI & CPC needed committee members. We found them with your help, so well done!

Thank you & "All the Best!"

Donn C.

Website – Vacant

GSR Reports

Primary Purpose – Alyssa T

Monday through Friday, TEC Bend at 6:30pm
Seven to ten people attend the business meetings.

Are we Done Yet- Ben R.

Saturday night 7:30 Presbyterian Church, Bend.
Our attendance is down during meeting and at our business meeting. We would like more info and a visit from the district committee and more info on how to get involved.

Sisters 4 Sobriety – Darcy T, Redmond

Tuesday and Thursday. 9:30 to 10:30am, Redmond
We average 20 to 30 people every meeting. We just voted in a GSR service position.

Huntington Hut – Diane R, LaPine

We have rearranged our room. I will be attending the assembly

Girls Gone Sober – Heidi E, Redmond

Girls Gone Sober meets at the Alano Club in Redmond on Thursday's at 7:00 pm and on the 2nd, 3rd and 4th Sunday of the month for a Big Book study at 4:00, also at the Alano Club.

Attendance is good for the Thursday meeting averaging 25-35. The attendance on Sunday has been steady at about 8 ladies.

The business meeting attendance is still minimal, but we're getting positions filled on the rotation schedule. We still need an alternate GSR, treasurer (in November) and IGR. These positions are difficult to fill due to the length of sobriety requirements.

We've had feedback from members that the Thursday meeting's message is getting deluded due to the amount of newcomers that do not identify as alcoholics. These newcomers are being bused to the meetings by their treatment center. We are in the process of voting in changes to the format to correct this issue.

There are no problems with the 7th tradition allowing us to be fully self-supporting.

I'll very grateful and blessed to be of service!

Sisters in Sobriety – Jill B,

We meet at 5:00pm every Saturday at TEC. Our group conscious about the Area Assembly Inventory has been sent to the DCM. We have pot luck meetings at a member's ranch and any women is invited to attend. I am unable to attend the Assembly nor our Alternate.

New Horizons – Kail R, Bend

We meet Monday through Friday at noon.

Men's Straight Talk – Greg S.

We finally had a business meeting and decided on a prudent reserve as well as the portioning of our 7th tradition as follows:

40% to GSO
40% to Intergroup
10% to Area
10% to District

Unfortunately I'm out of town again this week and missing the meeting. I am registered for the area assembly and looking forward to it.

Yours in grateful service,

Greg S.

Sunday Morning Serenity – Renee H.

Our group had a great business meeting. We looked at our group doing a group inventory. We are looking at picking up a commitment time for the hospital meeting. Update- We had an impromptu business meeting; Tim C. came to this to clarify some questions for our group. We passed a motion to take a time commitment. And we have a person from our group to coordinate this. We had great conversation and participation. Thank you the opportunity for service Renee H.

Living Sober - Christine B.

Monday nights at the Grace Gate Community Church, Redmond; 7:00pm
Home group has gone from ten to four people. Our meeting is looking for additional members.

We are Not a Glum Lot – Larry K

Location: We have moved!! New location is: Church of Christ, 554 NW Newport Ave., Bend
Time: Meeting days and times are the same-at noon on Monday, Wednesday and Friday
Membership & attendance-No significant changes
7th Tradition-Still averaging \$40-50/week
No problems to report. We will be holding elections for group positions at our next group conscience Oct. 7.

WFS- Brenna L

We are going through a location transition for our Wednesday & Friday 7:30pm meeting, after 20 years of meeting at the River Bend Church we have been asked to re-locate. We have been working hard to find a new spot and have a couple places in the works and hope to get on the schedule with our new spot for October. Our business meetings will be on the first Sunday night at 5:30pm at the Environmental Center starting in October and we have decided to stop fellowship night on Fridays. Lauren M. will be at the September assembly. Thanks WFS

Tumalo Group – Louise L.

Greetings from Tumalo Group!

We meet twice a week.

Our Monday book study is at 6 PM, currently in the Big Book. Attendance averages 20. The first Monday of the month is a potluck at 5:00 pm, all are welcome!

Friday is a speaker discussion format at 7 PM. Average attendance is 35!

Our quarterly business meeting will be Sept 13 at 6 PM. It is time for service position changes. I will not be attending September assembly as I choose to take time off for Crescent Lake campout this year. We do not have an alternate GSR.

Thank you,
Louise L

Closing Announcements

Motion to adjourn: Tim C
Motion Seconded: Lauren S
Motion passed.

Meeting was closed with Responsibility Statement at 5:30pm

GSR's: Things to take back to your groups

1. **WFS Meeting Location Change! Coming in October. Stay tuned!**
2. The **next** CTF Committee meeting has been **rescheduled for Monday, 10/7**, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library. There will be no meeting Monday, 9/30.
3. Online registration for the Alcoholics Anonymous International Convention is now open. Once registered, your confirmation will be emailed to you, along with a link to the Housing Reservation website. **It's going to be amazing!!!!**
4. **REQUEST THAT YOUR HOMEGROUP CONSIDER "SPONSORING" A SATURDAY SPEAKER PANEL/ DISCUSSION MEETING AT ST CHARLES BEND ON A RECURRING BASIS**

Basic Facts:

St Charles Bend has no official detox unit

Currently ~50% of beds on the Hospital's 4th floor are occupied by alcohol & drug patients

AA had no presence in St Charles facilities for over 25-years

An AA committee (CTF) has facilitated a weekly panel at St Charles since Oct 2018

This panel runs from 1:30-2:45pm every Saturday

It presently appears on the COIGAA meeting schedule as "CTF Saturday Speakers"

It is open to all and affords a scheduled "meeting" at a time when there are no others

WE ARE ASKING YOUR GROUP TO HELP TO MAINTAIN THIS AA COMMITMENT

How You Can Help:

Have your home group "sponsor" 1x Saturday every other month

This translates to only 6x Saturdays per year for a 1-year commitment

No solid commitment is needed up front! We can simply try it out! What Is Involved?

Have 1x home group member, sober in AA, act as a Coordinator/ Facilitator

The Coordinator/ Facilitator would coordinate 2-3x speakers to share their experience with the AA Program of Recovery for ~15-minutes at the speaker panel/ discussion meeting

The Coordinator/ Facilitator would also announce the upcoming speaker panel/ discussion meeting at your home group, as well as other meetings they attend

The Coordinator/ Facilitator would run the speaker panel/ discussion meeting, much like a meeting secretary

How the CTF Committee Will Support Your Group:

Maintain the cooperative relationship with St Charles Hospital, the host facility

Provide AA literature packets and Big Books for distribution at the speaker panel/ discussion meeting

Provide, and/ or cooperate with your group to develop a Format for the speaker panel/ discussion meeting

Help connect your group to other AAs in District and Area also committed to carrying the AA message into treatment/ medical facilities

Ensure the scheduled speaker panel/ discussion meeting happens

Thank you for considering this service request! Please let me know how I can help connect you and your group to still suffering alcoholics

Tim C, for District 5 CTF, 541-610-4431, d5aa.ctf@gmail.com

5. **Inventory, Inventory, Inventory.** Let's clean out the closet! How effective is your group at fulfilling its primary purpose. An inventory can shed some light on that and help you be more effective. I have a bunch of information collected from A.A. literature and other group's experiences that I can share with you. If you are looking for a facilitator for your group's inventory I am available to do that as well.
6. **District Committees need your help!!!** The District Committees are in need of help. Help is needed to do all the current work that has been established and there are so many other ways that the committees can carry the message if they only had the hands to help do it. Please continue to announce the need for committee help within the district at the meetings you attend. I have found it helpful to also to share that the commitment can be tailored to fit your availability. The commitment can be **as little as 1-2 hours every 3 months** or as much as you are able to do. Every little bit of help counts.
7. The Home Away From Home Group **needs volunteers!** We meet Thursdays, 7-8: 30 pm, and Sundays, 2-3: 30 pm, in Deer Ridge Correctional Institute (DRCI), near Madras OR. DRCI is a men's minimum security prison. We urgently need AAs -- women or men -- to make firm, sustained commitments to help maintain this corrections meeting. Thursday meetings are literature based. The 3rd Sunday is a speaker/ discussion meeting. Other Sundays are open discussion meetings. Attendance ranges between ~12-40 inmates of varying lengths of sobriety. AAs interested in supporting the Home Away From Home Group must first attend as a "visitor" before beginning the process of becoming a "credentialed volunteer." Visitor clearance usually takes 1 week; completing all requirements for volunteer credentials can usually be done in 3-6 months of 1st visit. Please contact Tim C (541-610- 6404) for more information or to obtain a background check form.
8. Ride to Recovery: **Volunteers are needed** to take inmates to meetings as they are released from jail. Please contact Walt W. for more information on this new and exciting program in District 5. correctionalfacilities@district5aa.org 713-586- 9150
9. District 5 Archives: Preservation and history of our experience is vital to those yet to come. **Would you like the District 5 Archives display or an Archives presentation to come to your home group or activity?** Do you have something from the past that you would like to add to our Archives? **Would your home group consider developing written record of its history?** Is there an "old- timer" in your home group whose story should be preserved? For details, contact your District 5 Archive Chair at: archives@district5aa.org