

District 5 Oregon Area 58

Meeting Minutes

December 11th, 2022

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Jamie S (ADCM), Christine B (Secretary), Will D (Treasurer), Nancy B (Access), Walt W (Corrections), Brian R (PI), Chris M (GSR - Attitude Adjustment), Carmack M (GSR - Men's Book Study), Mario H (GSR - New Horizons), Helen W (AGSR - Not A Glum Lot), Joy H (GSR - Page 21), Nick M (GSR - Recover At Your Own Risk), Pete L (GSR - Redmond Early Risers), Anne Z (GSR - Sober Sisters), Tim C (GSR - Sunrise Group), Jake M (GSR - Tuesday Night AA), Marie K (GSR - Tumalo Group), Brandon C (GSR - Weathering The Storm), Anders W (WFS), Christina L (Al-Anon Liaison), Trisha M (Guest), Mark L (Guest).

Welcome to new GSRs: Chris M (GSR - Attitude Adjustment), Helen W (AGSR - Not A Glum Lot), Nick M (GSR - Recover At Your Own Risk), Anne Z (GSR - Sober Sisters).

Tradition 12 Presentation:

https://docs.google.com/document/d/1O0oPNlve5nW3JdsagMyB1jBhV3n68t_dxd1-sLsrqQ/

Concept 12:

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

Treasurer Report – Will D.

Greetings District 5-

Thank you for allowing me to be of service.

We started November with \$9,882.74

We received group contributions of \$1,261.42

We had expenses of \$965.50

Leaving us with an ending balance of \$10,178.66

Contributions YTD are \$3,237.94 behind budget. However, we are ahead of budget expenses by

over \$7,000 YTD. I would like to urge all the committees to assess their needs and use their allocated budget(s) before year end.

In November we received a check in the mail. The check was sent in an envelope with a return address. When opened, all that was included is a check with "Donation" written in the memo line. The sender did not disclose if they are a member of A.A.

In keeping with the 7th tradition stating "Every A.A. group ought to be fully self-supporting, declining outside contributions." I did not want to deposit the check without first gathering a group conscience. My first thought is to return the check to the sender with a letter confirming that they are indeed a member of A.A., and that the check is a contribution on their behalf. (Add discussion to New Business).

The amount of the check is below the yearly \$5,000 limit to G.S.O. as well as below the lifetime maximum bequest.

Thank you for allowing me to be of service.

Yours in unity-

Will D.

A motion was made to accept the November Treasurer Report as delivered by Anders W and was seconded by Marie K. **Motion Passed.**

District Secretary - Christine B

Many questions came in with the reports this month. I love that! and am excited about today's meeting. We will attempt to answer/have discussion on as many topics as possible.

When you don't have a report I do appreciate it when you let me know. Just a reminder, however, that your report is the time to represent, highlight, share information, and build awareness of your group. It is a time to share ideas about things your group is doing that might be interesting or helpful suggestions for other groups.

I would suggest that even just reporting the group information helps build support and awareness for your group. The name of the group, when it meets and location, what kind of format it has (literature study (what), speakers (who), open share...), open or closed meetings... Have you recently changed or adjusted your contribution pie chart? Have you recently implemented a new service position? Has your group changed anything or made any major decisions at your recent business meeting? Do you have any special events coming up? Have you recently experienced any questions that your group got through using the Steps, Traditions and/or Concepts? These are all just examples...

Your report is a great place to talk about questions and concerns that your group has so that perhaps other GSR's who have experienced similar things can share their experience and thoughts with you. Instead of just saying there are some concerns you might tell us what they are. An anonymous way to ask questions is through the Ask-It-Basket. There is a link at the end of every copy of the Agenda and the Minutes. There is lots of information, support, and help out here:)

There is a link to a sample report and more information at the end of every copy of the Minutes. There are all kinds of things that can be reported. When you don't turn in a report it is an opportunity lost for your group. I would suggest making your written report as long and detailed as possible. You are then given two minutes to give an oral summary during the meeting. Your full report however goes into the minutes. If we know what questions there are in advance then we can plan time around them for discussion.

Thank you for the opportunity to be of service,

A motion was made to accept the November Meeting Minutes as delivered by Anders W and was seconded by Jake M. **Motion Passed.**

DCM Report – Carrie B.

District 5: First off, I am heading to Mexico for the next few weeks! In fact, I can say, for the rest of the YEAR! Lol Please reach out to your Alt DCM in my absence should you need any assistance with anything at all while I'm gone.

We have a new GSR from the Sober Sisters Women's Group. Anne Z. will be representing her group. Anne is all set up and scheduled for Orientation on Thursday the 5th in Sisters at 1pm. We also have a newly elected Alt GSR from the Not a Glum Lot Group! Helen. I'm hoping Helen will join Anne and I for Orientation on the 5th. Please help me welcome Anne and Helen to the District 5 Committee!! Welcome to the team Ladies!

We are still in need of an Outreach Committee Chair! I have enclosed the Outreach committee guidelines for you to look over, and hopefully one of you or a member from your group will take this on. Thank you for continuing to announce this position!

<https://docs.google.com/document/d/17NVZFZgrEJTPBNCTsJJCheOCSU0ZexVWAyy0E4kJ3M/edit?usp=sharing>

Our next Event will be January 21st and 22nd. The 12&12 Weekend Workshop. This one is online so you are able to stay cozy! We have 2 Amazing Speakers who will be taking us through these 24 spiritual principles! Our last planning committee meeting was held last Sunday and was attended by 16 members. We are all working very hard to make this an event you will never forget. So far, our registration Chair Trisha has reported that we have over 350 already registered. Committee chairs, here is your opportunity to make your announcements and let the fellowship know what their committees are doing! Committee Chairs please let me know ASAP what time you would like to make your announcement or give a presentation. The Workshop Planning Committee will make it happen! This is important! GSRs please let your members know that they are able to register for this event directly from the home page of District5aa.org

GSRs, please utilize the D5 online calendar to make your announcements at your home group. The online calendar also includes any Intergroup special events, activities, or meetings. Find the Calendar here: <http://district5aa.org/calendar> It is your job to keep your group informed with what is going on in the District and in Oregon Area 58.

GSO/AAWS: PRAASA stands for the Pacific Region Alcoholics Anonymous Service Assembly.

And it is just a few months away! Please get those fliers out to your Group and invite as many people as you can! It is in Southern Calif this time and is always a GREAT Conference!

https://drive.google.com/file/d/1IYodI_RIA_s5KoziancguAeFHfEM0qO/view?usp=sharing

Yours in Fellowship & Service,

District 5 DCM <http://district5aa.org/>

Carrie B. 541-788-7276

Please announce at your Home Group

Alternate DCM Report- Jamie S.

Greetings District 5 and Happy Holidays!

Thank you to all who attended and participated in the November Area Assembly. Our next Assembly will be held in **Portland at The Holiday Inn by the Portland Airport. March 31st-April 2nd**. The address is 8349 Columbia Blvd. We will put on an Assembly **Orientation on Sunday March 12th at 3pm**. The intent for Assembly Orientations is to ask questions and find out what to expect at that upcoming Assembly.

I attended the Alchathon from 8am-1pm on Thanksgiving Day. It was good to see all who were attending. I also had the opportunity to meet individuals that I had not had the chance to meet yet, pass out some workshop flyers and inform of upcoming events in our District.

For the Alcathon on Christmas Day we are looking for some volunteers from our Committee Chairs to attend and represent District 5. This is the perfect opportunity to bring a signup sheet for individuals to be apart of your Committee and to set up a poster board giving information on what your Committee entails. Please contact myself or Carrie if you plan to be of service!

Next Month! **January 21st and 22nd**. We will be going through all 12 Steps and 12 Traditions in ONE WEEKEND! Each day will be from 9am to 5pm. We have teamed up with Portland District 9 on this. Chris R from Texas will be taking us through The 12 Steps and a Past Trustee is taking us through The 12 Traditions. We look forward to having you and your groups attend. Please start announcing this event at Your Meetings. Visit District5AA.org to register online and get a free registration packet mailed to you.

Thank you for allowing me to serve

Jamie S

971 297 5419

dcm05-alt@aa-oregon.org

Unfinished Business

- Taken back to the groups. Vote on D5 Proposed Budget. Motion to accept by Carmack M and was seconded by Jake M. **Motion Passed.**

Discussion item: DCM Budget

- ...curious about precedent, given that the DCM is so active and involved in the community (which is appreciated), we acknowledge the financial need. That said, is it reasonable to assume the future DCM will be able to maintain that trajectory?
- The reason the previous three years are shown is to illustrate the preCOVID expenses, the sharp decline in expenses as a direct result of COVID, and reestablishing the preCOVID expenses as the world reopens and returns to 'normal'. There is nothing included in the DCM budget that isn't part of the District Guidelines for the DCM and/or covering the normal business of the DCM. It is true that Carrie does more work than would be asked of a DCM in the normal course of a DCM term. This however is not reflected in the proposed Budget. There is no dollar amount attached to her efforts. She is rebuilding much of what existed previously but was torn down. Any subsequent DCM will have only to maintain processes. It is a gift to have her in this position at this time. -CDB

- Taken back to the groups. Vote on D5 Hybrid Assembly equipment expenditure. Motion to accept by Nancy B and seconded by Joy H. **Motion Passed.**

Committee Reports

Assembly Host Committee: Christine B.

Greetings District 5. My name is Christine and I am an alcoholic.

The committee will soon be doing a walk-through at the Redmond EXPO Center to get a better idea of what we have to work with. Plans are taking shape and needs for additional service positions assessed.

The two Sub-Committee Chair positions yet to be filled are Accessibility and Dance/Entertainment. A new flyer will be sent out soon. Please announce the need to fill these positions to your home groups and all meetings you attend. Interested parties can contact me at christine.db42@gmail.com

Alcoholics are a truly dynamic group of people. The May 2023 Assembly Host Committee is going to put on a great event! We will also soon have a flyer out for signing up as volunteers for the event. This will be organized through our Volunteer Chair Lisa H. There will be many opportunities to be of service to, and for participation in, this event - for the individuals and groups of District 5. Come be a part of the fun!

The Committee is planning in earnest as May will be upon us in a flash. The theme remains **Recovery, Unity, and Service in a Time of Change**. We will be helping to set precedence on some big changes brought about by your votes at prior assemblies. For example: There is to be no fundraising. We will also not be providing coffee or arranging for meals. There will be a coffee and food trucks where these things can be purchased by members. The larger group conscience in action and your votes taking solid form. I encourage all of you to step up and be a part of helping to build unity, and enthusiasm for service, in our district. Thank you!

Access Committee: Nancy B.

Hello, I am Nancy Boever, your District 5 Access Chair:

I am awaiting the outcome of the motion for the purchase of the hybrid meeting equipment. If the motion passes, then I will procure the necessary equipment in December, and work out the logistics for the in-person location for our meetings. It will most likely be in the downtown library (Media Room) assuming that we can reserve the room. My expectation is that we will have our first district 5 hybrid meeting in January!!

Separately, I attended the November Assembly in Ashland and participated in the Access Committee workshop. Much of the discussion focused on accessibility for deaf and blind AA members and the availability of ASL services from the Portland Deaf Access committee. If you are interested in additional information, please let me know.

In grateful service,
Nancy B

Archives: Joe H. Absent/No report

Cooperation with the Professional Community (CPC): Ron B.

My name is Ron and I am your alcoholic District 5 CPC Chair. Not much to report this month as I make the change over to reaching out to our treatment facility professionals in Central Oregon. I'll keep you posted. Thank you for letting me be a service.

Your brother in A.A.,
Ron B
D5 CPC Chair

Cooperation With Treatment Facilities (CTF): Brian W. Absent / No Report

Corrections: Walt W.

Virtual meetings continue while awaiting approval for in person meetings. Tablets set up in the Work Release Facility connect to tablets in the Main Jail facility. Two sets of two one hour meetings (4 people ideal) are scheduled from 6:30-8:30 PM every Tuesday.

Thanks for Letting me be of Service
Walt

Grapevine / La Vina: Jessie C. Absent / No Report

Literature: **Vacant - Learn More**

Outreach: **Todd L. Vacant - Learn More**

Public Information (PI): Brian R.

Hi District 5,

PI is going well, getting literature out into the public. We are getting PI cards posted up on bulletin boards. PI cards are getting in the hands of fellow members. I have a call out to Cascade East Transit to try to get some ads at bus stops. We have a tentative PI meeting set for this Wednesday at the library from 6:40 to 7:30pm, I have the room but still waiting for feedback from committee members to make sure that time works. I will know sometime this weekend. When I know I will get with Carrie to get it on the website.

Thank you for letting me be of service.

Brian R

****PI Meeting to be held this coming Saturday****

Website: John S. Absent / No Report

GSR Reports

Tuesday Night AA (Jake M - GSR)

My name is Jake and I am an Alcoholic.

My home group is Tuesday Night AA. Our group meets Tuesday nights at 7pm at Bend Church of the Nazarene. The church is located on 27 th just south of Neff. We are an open, one hour discussion meeting most weeks. On the first Tuesday of every month we have a speaker meeting.

We have had about 20 people at our meetings and are always happy to have more. We serve coffee and we have dums dums :P. We have been seeing a few new comers lately, which we are always grateful for.

One of our members has been hosting a pre meeting gathering at Cibellis Pizza on highway 20 (near the east bend library) at 6 pm on Tuesdays, and I would like to invite anyone who would like some fellowship to join us. They do some good pizza by the slice.

In grateful service,

Jake Marshall

GSR

Tuesday Night AA

jmarshall51@yhaoo.com

Rising In Recovery (Lynn H - GSR)

My name is Lynn H. and I'm an Alcoholic. My home groups is Rising In Recovery Group. We meet online Monday –Friday at 7:00 a.m.

At our business meeting, Dec. 2nd , we got a financial report from our new treasurer. She proposed resuming distribution of our 7 th tradition per our last group conscious prior to COVID: 50% GSO, 30% Intergroup, 10% Area, 10% District 5. Discussion was tabled until next month as time ran out.

Briefly discussed prudent reserve: How much do we need and shouldn't we have \$ for GSR Assembly? Discussion to continue at next meeting.

We have put into announcements the flier for January 21-22 online Workshop for Steps & Traditions hosted by Dist. 5 & Dist. 9 as well as the Alkathon for Dec. 25th.

Update on online service position available with D-5 Hotline and local volunteers needed for May Assembly hosted by D-5.

Shared that motion passed at Nov. Assembly to create an online district in Area 58. This posed several questions: What are the next steps? Would we benefit by joining this online district? Will they have their own DCM? I emailed the author of the motion that passed (our registrar) and have not heard back. I also e-mailed the online group that is submitting an application for an Additional Delegate Area for online groups at General Service Conference in 2023. I must trust my higher power while in this state of "not knowing" and wonder if there is another way to approach this matter. With answers and feel I need to do more to keep my group informed, but struggle with the how. At present 20% of our online members are from central Oregon while the rest are spread across the U.S. and Canada. It's an amazingly diverse group. My challenge as GSR is reporting and representing all, while inviting the 20% to participate in Dist. 5 service. Today I feel like an ugly duckling swimming in circles. Thank you for listening.

It's a privilege to be of service,
Lynn H. GSR Rising in Recovery Group
541-389-6944, lphilliard2@msn.com

Page 21 (Joy H - GSR)

Greetings District 5,

The Page 21 Group meets every Monday at 11:30 for social time followed by a literature based AA meeting from 12 to 1. We meet in the cozy basement of the Prineville Christian Church located at 1685 Lynn Blvd. As the GSR for my group I attended my first virtual Area Assembly held in Ashland. This experience was both informative & exciting. I am looking forward to attending in person our Pacific Northwest Conference in June 2023.

As the GSR for my group I continue in usefulness in my community to carry the AA message. I have contacted our local sheriff's department, filled out all the volunteer forms in order to be allowed to carry the AA message into the jail. To be within our D-5 guidelines for this activity I have reached out numerous times to our D-5 Corrections Chair. I have received no response to my numerous texts and emails. All of my phone calls have gone unanswered. At this point I have to ask: do we have a

Corrections rep or has he quit without notice?

Thank-you District 5 for your hard work and the continuous support I have received.

In Kind Regards,

Joy

WFS (Anders W - GSR)

WFS Meets Monday, Wednesday and Fridays at 7:00 at the Trinity Episcopal Church (TEC) downtown. Our business meetings are the first Sunday of the month at 5:30 pm. Fridays' meeting is a book study.

I'm working to bring a bit of the structure that I see at the District level back to our group as I facilitate the monthly business meetings. It is my intention to ask Carrie and some of our committee chairs to invest 5-10 mins at upcoming business meetings so our group may gain a stronger awareness of the various goings on at the district level. I'm hopeful this awareness will help drive engagement and involvement outside the group level should our members have interest.

There were a variety of items discussed at our previous business meeting which may be questions for this group or simply informational...

Question for District 5

- How might we go about handling gender neutral phone lists without assuming their gender?

Access Chair Motion

- WFS agrees with this motion

Archive Motion

- WFS has a few questions about this motion... Should we just put these in better storage boxes? What about digitizing, would it be better to pay to digitize our old files and then maintain digital records going forward? If we do approve this motion, should we consider adding this into the 2023 budget at \$200/yr.

DCM Budget

- The group is curious about precedent, given that the DCM is so active and involved in the community (which is appreciated), we acknowledge the financial need. That said, is it reasonable to assume the future DCM will be able to maintain that trajectory?

Area Discussions - \$30k Website Motion

- The group was curious if the \$\$ be better served supporting GSO? We determined that if people wanted to support GSO, they should do so in their group contributions and agree that spending down area money for area needs makes the most sense.

November/February Assembly

- This one is simply my questioning... Are we able to obtain the copies of the motions at the Nov assembly? Can we obtain early copies of the Feb assembly motions so the group may review in advance?

Thanks!

Attitude Adjustment (Chris M - AGSR)

Attitude Adjustment meets @ 7AM Monday-Friday at TEC. All meetings are also HYBRID.

We currently do not have a GSR, so as the Alt GSR I will be sending in reports and attend D5 meetings. We have around 20 members whom are very active in service work and carrying the message, however we do seem to have a lot of service position openings. I understand attendance is down from what it used to be, but seems steady from when I joined 16 months ago. I believe there are many more 7AM meetings around town than there used to be.

Our last business meeting brought up some cleaning concerns in which we are looking into.

Chris M.
Alt GSR

Weathering the Storm (Brandon C - GSR)

My name is Brandon and I'm an Alcoholic. Thank you for allowing me to be of service. My Home Group is "Weathering The Storm"

Our Group meets at Miller's Landing Park, Monday – Friday at 7:00am:

- o Monday = 12 & 12
- o Tuesday = Big Book
- o Wednesday = AA Approved Literature
- o Thursday = "As Bill Sees It"
- o Friday = Speaker

With winter here, our daily attendance averages (15)

We had our monthly business meeting on Friday, December 2nd, as is scheduled on the first Friday of every month. Pertinent topics discussed included:

1. Service Positions:

- a. We established sobriety requirements
- b. As is standard practice for many Groups, our sobriety requirements range from 3 months – 1 year depending on position

2. Contributions Breakdown:

- a. Intergroup = 50%
- b. District = 50%

3. Expenses:

- a. Since we meet outdoors year-round, we have "equipment" to maintain with related expenses
- b. Often our business meetings are dominated with discussion around nurturing our Group's physical environment, general livelihood and personality

****Looking for speakers. Contact for more information.

In Service,
Brandon C.
GSR "Weathering The Storm"
(971) 267-7017
Bsidethelegend@hotmail.com

Men's Thursday Night Book Study (Carmack M - GSR)

My name is Carmack and I'm an alcoholic. My home group is the mens thursday nite book study we just voted at our last business meeting to continue our virtual/hybrid meetings we meet on thursday nites at 7:00 at first presbyterian church on 9th st.
thanks for letting me be of service
Carmack

Steps to Sobriety (Todd H - GSR)

Hello District 5

Steps to Sobriety will be co-hosting the Alcathon at the Rebels Roost in Prineville on December 25th from 8 am to 8pm.

Steps to Sobriety has well attended noon meetings on Saturday and Sunday stop on by and see how spiritual you are after a weekend nooner.

And finally Steps to Sobriety celebrates 365 days of continuous sobriety in the form of a birthday night on last Friday of the month at 5:30 pm. Those celebrating annual birthdays in the month of December include...Robin B 6 years, Hans 22 years and Michelle B 23 years.

Thanks for my sobriety!

Todd H
GSR
Steps to Sobriety

Redmond Early Risers (Pete L - GSR)

- Voted in our new meeting secretaries for the next 6 months
- Created & filled a group-level CTF position. We're excited to see how we can help with that committee.
- Collectively voluntold one of our group members to attend a Public Information Committee meeting at the district level, so he can decide whether he would be a good fit for that position within our group.
- Discussed our group phone list and the fact that some included names are no longer active members of AA. After some back and forth, it was agreed that—rather than deciding who to cut from the list—the entire list will simply be archived and a fresh list will be created after Jan 1st. This will be repeated annually to keep the list fresh, and the list will be passed around regularly

throughout each year so anyone can add or amend their information.

- Voted to add "On Awakening" (pg. 86-88) to our options for opening readings at the beginning of each meeting. The reader now has the option to choose from "How It Works," "More About Alcoholism," or "On Awakening."

Redmond Early Risers
GSR Report
Pete L.

Sunrise (Tim C - GSR)

The Sunrise group meets at the First presbyterian Church Monday through Friday at 7am. Each day is guided by AA approved literature. Our attendance continues to grow. We are seeing some days with 20 or more. We continue to contribute to GSO, Area 58, D5 and COIG. We are presently working on our bylaws and in has been a great experience for us.

****Group is showing interest in the Area motions. Great to see!

Thank you for letting me be of service,

Tim C

We Are Not A Glum Lot (Helen W - AGSR)

My name is Helen W., and I am an alcoholic. My Home Group meets Monday, Wednesday, and Friday, 12 noon, at 554 Newport Ave, Bend OR. We have 15 to 35 people in attendance at our live meetings.

We are contributing to Intergroup, District 5, area 58, on a quarterly basis.

We have had our share of problems filling service positions within our group. The positions of Alternate GSR, and Treasure have been open for quite some time. At the last business meeting, I raised My hand to be the Alt. GSR. I am happy to be representing my group before you today.

At our business meeting we addressed several issues of internal concern. We also discussed the District motion pertaining to updating the Area 58 website and supported that motion.

We discussed the second motion, to create a standing committee entitled Safety and Exclusivity. Our Group consensus was not to support the motion.

We are looking forward to participating in the December 25th Alcathon and other events planned either through District 5 or Central Oregon Intergroup.

ILS,
Helen W.

Tumalo Friday Night (Marie K - GSR)

My Name is Marie and I am an Alcoholic. My home group is Tumalo Friday night. Our Group meets at the Tumalo Church at 7:00. Friday is a Speaker/Participation Meeting and Monday is a Book Study at 6:00.

We have a business meeting every two months. All our positions are filled. Our meeting was held December 8th. The new business we discussed is for a committee to rewrite the Safety Statement to apply to our group. We assigned a group to discuss whether we celebrate birthdays with a cake each week or have a birthday meeting at the end of the month. These will be reviewed in sub groups and brought to the next group meeting in February.

In Service,
Marie, GSR
Tumalo Group
310 941-5084
Marie1087@earthlink.net

Liaison Reports

Intergroup: Vacant

Al-Anon: Christina L.

In the spirit of cooperation and not affiliation, District 5 Al-Anon has the following updates:

- We just had three people step up for service at the district level: Treasurer, Public Outreach, Spaghetti Feed Lead
- The Al-Anon Annual Spaghetti Feed will take place February 11th from 6-8pm at the Unitarian Universalist Church on Skyliners Rd - If you are an AA and Al-Anon member please see me to sign up for service at the Spaghetti Feed
- There continues to be growing interest in re-establishing an Alateen group in Central Oregon; we may have two people interested in becoming certified to lead this group

With thankfulness and in service...

Christina L.
District 5 Al-Anon Liaison

YPAA: Vacant

New Business

- Motion to create a page on the District 5 website for Home Groups to post announcements. Joy, GSR - Page 21 Group Seconded by Marie K. **Motion Passed.**

Discussion item: Who will do this and how does that person feel about it? The Website Chair, John S, would do it and yes, he would be happy to do it.

- Discussion: explanation of District Service and Rotation.

Less than a year until we elect a new DCM, ADCM, Secretary, Treasurer.. Anyone interested in learning about this please reach out so we can start to get you information and experience.

- GSR's serving on committees. Please do.
- Christmas Alkathon - We need District 5 Representatives to volunteer.
- How might we go about handling gender neutral phone lists without assuming their gender? (Take back to groups to discuss. We'll pick this up at the next meeting and share ideas).
- Motion to extend the meeting by ten minutes. 1st Carmack M and seconded by Marie K. **Motion Passed.**
- Question from Treasurer about what to do with check - Discussion: The group decided that the check be held and the sender be contacted for further information.

Closing Announcements / Questions

- Open Service Positions: *2024 rotation:* Literature, Outreach.

Discussion: Shouldn't GSR's be making announcements. Why Outreach?

Announcements are not getting to all groups and meetings do not have GSR's.

- How do I get a service sponsor? Look for someone who has done the job you want to do. Carrie, Jamie, Christine are available as backup.
- What is a Zoom Room? This is. - If one has a paid account with Zoom, one of the things you get is a "Room" of your own with its own login information that does not change and is available to you and your guests at any time during the length of your membership. The District 5 Zoom Room is where we are holding meetings and workshops in order to keep the login information the same every time. In theory, this makes it easier for people to find us. -CDB
- (Walt and Joy are connected).
- Joy H (GSR - Page 21) Next speaker to be Brian R.
- Christine B (District Secretary) Intergroup received only \$700 last month in contributions. This is not enough to cover expenses. The Intergroup office will not be able to continue operation if expenses are not covered by contributions.

Speak to your IGR about the dollar amount of monthly expenses. Contributions can be made by individuals as well as groups.

Motion to adjourn: Nick M
Motion Seconded: Carmack M
Motion passed.

Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at 5:40 pm.

Tools for GSRs

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)