

District 5 Oregon Area 58

Meeting Minutes

March 8th, 2020

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Kyle R, Walt W, Pilar T, Larry K, Heidi E, Mike S, Helen W, Kelly B, Mike S, Renee H, Reed K, Geri H, Christine B, Ben R, Jamie S, Lauren M, Ron E, & Charyce

Welcome to new Group Service Representatives:

Charyce-Girls gone sober-Alt. GSR

Concept 3 Discussion: “As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

District Secretary – Renee H.

Please submit your report districtsecretary@district5aa.org by Wednesday following the 2nd Sunday of the month District 5 meeting. This helps with accuracy and time constraints. A motion was made to accept the minutes of the February meeting minutes as written by Mike S. and was seconded by Greg S. Motion passed.

Treasurer Report – Walt W.

Reported Group contributions: \$667.28 Expenses \$969.38 ending Balance \$5257.24 Walt noted that the unaccounted \$350.00 from last month, he has spent much time trying to reconcile this and has not been successful. He believes it is because some checks have been written for multiple expenses. He has something in place to prevent this from happening again. This has been updated in the treasure report. A motion was made to accept Treasurer Report as reported Kristen B. and Reed R. seconded. Motion Passed.

See Treasurer full report on pages following minutes.

DCM Report – Bonnie C.

Thank you everyone attending our business meeting today and your time being of service to the A.A. fellowship. I would like you to extend my gratitude to your home groups for their contributions to the district to help spread the word to the still stuffing alcoholic. I want to also thank everyone who attended the February Pre-Conference Assembly in Portland last month. It was a lively business meeting packed full of our third Legacy at work. District 5 showed up in numbers for the Grapevine agenda item discussion session and I am thrilled you will be sharing your experience with the fellowship. Our Delegate Jim F. is assigned to the Public Information panel at this year's General Service conference in New York so that is another hot topic to share and encourage feedback from our members. This Assembly was our upside down triangle in action! Please share this structure with your homegroups and there are printouts available from the district to help explain. The District will be scheduling a Pre-Conference Agenda Item sharing session soon for all to attend where we will go through topics, answer questions and collect feedback.

I am looking forward to our first workshop: Sponsorship and Service Sponsorship scheduled March 28th at 12:30 at Brookshall here in Bend. Past Trustee Madeline P. and Panel 60 Past Delegate Anne M. will be our guest speakers from out of town. Spread the word!

We are looking for a new Assesablites Chair. This is a new position that our district voted to create so please help in the responsibility of spreading the news for this service opportunity. There are so many people this committee has the potential to reach. I am available to have a conversation with anyone interested. Thank you all so much for your service. Yours in fellowship and service,
Bonnie C.

Alternate DCM Report- Kyle R.

Hello-District 5, my name is Kyle R. and I am an Alcoholic. Thank you all for your groups' contributions, and for all your continued support of our wonderful fellowship with your time and experience. It is hard to believe that it has already been another month in District 5! It was a pleasure as always to join many of you in Portland for the February Pre-Conference Assembly. Even if I did come home with some sort of terrible "Assembly Cold". I had a wonderful time discussing the many Grapevine agenda items with you all, and I am looking forward to continuing that conversation with the rest of our district at our own Pre-Conference Discussion. Please invite any and all members of our fellowship who have an interest shaping the future of AA to attend and give their feedback. This is how the upside-down triangle works! I mentioned last month that we had scheduled our first workshop of 2020, those of you at the assembly got a sneak peak of the flyer, but we have many more for you to take back to any meeting you attend. This should be a wonderful opportunity to discuss Sponsorship with some amazing trusted servants and hear experience from around our local fellowship. The workshop will be on March 28th at 12:30 at Brooks Hall, there will be food, raffle prizes, and will feature our guest speakers Anne M., our Panel 60 Past Delegate, and Madeleine P., a past Pacific Regional Trustee. I am also looking for volunteers to help set up the room starting at 12:00, as well as stay late to clean up. I will be passing around a signup sheet. Feel free to put yourself or your group down for either, as well as to bring sides or desserts for lunch. I usually try and take a moment to reflect on the Concept or Tradition of the month in this report, but instead I want to relate a moment from our Area business meeting that relates to our 3rd Legacy as a whole. Those of you who attended will remember that as we approached our 12:00 motion to adjourn we still had a number of motions to consider. Penny our Chair suggested we stay late to finish our business and there was the usual resistance to extending a business meeting. So much so that originally the motion failed. But in the minority opinion a member spoke about how excited his small group was to be funding their GSR to our assembly, to be having a voice in the decisions that are made for Area 58. We re-voted to stay late, but more important to me was how well that discussion refocused our legacy of service in AA. As GSRs and DCMs and Delegates, we all serve the groups. We are there to do their business, not the Areas, or the Districts, but rather to help those groups carry the message to the still suffering alcoholic. And as we look at discussing the conference items for the upcoming General Service Conference, I want to encourage you to bring you whole groups into this discussion, it is an upside-down triangle after all.

Yours in Love and Service, Kyle R. Alt DCM

Assembly Host Committee Chair: Helen W.

It was announced at the February Assembly that District 5 will host the May 2021 Assembly in Bend at the River House Hotel. There will be a lot of opportunity to volunteer for this event. Christian B. will be the Co-Chair. They are talking to other hotels to see if they can offer the matching rate of \$99.00. Stay tune for more upcoming info on this event. Please feel free to contact Helen or Christine with any questions.

Old Business

The DCM reported that per District 5 guidelines a prudent reserve is not kept per say. The groups have given this money to be spent in District 5. We do have a surplus right now.

Larry K. said he believes that Districts should not accumulate funds that do not have a specific purpose and he also believes it is Districts responsibilities to be conscious of the money it spends. Though I do not have the right to say where the money is spent.

It was asked if about if our District would spend some of our funds on the upcoming assembly that will be hosted in Bend. The DCM noted that Area Assembly is a separate entity not funded by District 5.

New Business

Kyle R, Alt DCM wanted to Schedule a date for AA members to discuss the **General Service Conference Agenda Items**. The GSRs decided to have a separate date than the business meeting, which will be **Sunday April 5th 2:00 pm.-5:00 pm** meet and discuss items. Kyle said we will discuss items similar to how we did at the February assembly, which means starting with the assigned items. Our Delegate has asked us to begin

with the assigned agenda items first as there is large amount of items to cover and this is a way to get input on as many items as possible across Area 58. A flyer will be provided.

Kelly B. asked is for everyone welcome to attend and can the AA members get copies of the agenda items and the background? Klye said, yes everyone is welcome. He also said that he would check with Bonnie on how to provide the background information to an AA member if they want this. It is cumbersome to print as there are over 300 pages of material. It is on a thumb drive, which was given to Bonnie.

Reed K. asked is it open to every AA member? Kyle said yes. Greg S is the full agenda open for discussion? Klye said, we will start with the assign agenda items and can move to any of the other agenda items.

Christian B said that a couple groups from Redmond will be meeting at her house to discuss agenda items before the April 5th meeting. Walt ask what area of the agenda items was District 5 assigned? Kyle said the Grapevine was assigned.

Next important question Kyle asked do you want food? Yes, a number of GSRs wanted food. District 5 will than provide pizza and Christian B. said she would bring something. Mike S. asked do we have the money? Walt said, yes we have the money.

District will provide Pizza for this event. Ben R will help with the recording of the input from the GSO agenda items during the April 5th meeting.

Access Chair committee chair is open, Bonnie is looking to fill this position.

Committee Reports

Archives Committee- Valorie R.

Access- Alyssa T.

Cooperation with the Professional Community (CPC) – Carrie B.

Cooperation with Treatment Facilities (CTF) – Tim C.

Urgent Facilities are limited due to corniavirus.

Cornavirus Concerns: Your CTF Committee has been communicating with the various facilities we cooperate with re: safety & facility access. One (1) facility currently has limited access. Two (2) facilities have temporarily suspended panels.

- **The weekly Saturday afternoon panel at St Charles hospital is open; facility access is limited to main entrances only and all entering will be asked basic health questions at screening desks.**
- **The weekly Tuesday evening panel at Best Care Residential has been temporarily suspended; this facility has opted to limit contact with outside individuals in the interest of their patient's safety.**
- **The weekly Tuesday evening panel at Brooks Detox has been temporarily suspended; this facility has opted to limit contact with outside individuals in the interest of their patient's safety.**
- **All other panels are currently running and report no changes in facility access.**

The next CTF Committee meeting/ information session will be Monday, 4/27, in the Meyer Classroom of the downtown Bend Library. Email reminders will start 2-weeks prior to the meeting!

The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF

panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that “solid sobriety [i.e., experience practicing AA’s 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve.”

At present, CTF facilitates panels at treatment facilities in Bend, Redmond, LaPine, and Prineville on recurring bases of once every 2- to 10-weeks. CTF also facilitates (3) weekly Speaker Panels. Two (2) are held Tuesdays evenings at separate detox and residential treatment facilities in Redmond. The third is held Saturday afternoons at St Charles Hospital in Bend. The hospital panel is facilitated by various D5 Homegroups on a rotating basis. It is open to all and appears on the C.O.I.G.A.A. schedule as “CTF Saturday Speakers.” Current patients, their families, and/ or hospital staff are not always present. We have found, however, an increasing number of newcomers to AA, many former patients at the hospital, as well as visitors to Central Oregon are attending the CTF Saturday Speakers.

Last month CTF held 16 panels. One (1) new facilitators joined the CTF Committee, one (1) stepped back for personal reasons, and one (1) group, New Horizons, made a new commitment to help facilitate a panel in LaPine.

At present, CTF seeks individual AA members and/ or Groups for the following ~6 commitments that are currently or soon to be open:

- St Charles Hospital, Bend (every Sat, 1:30-2:45pm): ~1 group
 - Periodic commitment
 - OPEN: 5th Sat (Feb, May, Aug, Oct)
- BestCare Residential, Redmond (every Tues, 7-8pm): ~1 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 5th Tues (Mar, June, Sept & Dec ‘20)
- Brooks Detox, Redmond (every Tues, 7-8pm): ~2 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 3rd Tues, even months
 - OPEN (1): 5th Tues (Mar, June, Sept & Dec ‘20)
- Pfiefer IOP, Bend (2nd Wed AM, every 3rd month): 1 facilitator
 - Periodic commitment
 - OPEN (1): day/ time tbd (June, Sept, & Dec 2020)
- Pfiefer Women’s In-Patient, LaPine (2nd Mon 10-11:30am): 1 facilitator (female)
 - Every other month commitment, women only
 - OPEN (1): 2nd Mon (April, June, Aug, Oct, & Dec 2020)

CTF Commitments are typically 2-years. AA experience and literature suggest that “solid sobriety [i.e., experience practicing AA’s 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve.” The Cooperation with Treatment Facilities Committee would like to thank individual AAs and AA Groups for carrying AA’s message of Hope -- that freedom from alcohol is possible -- to those receiving treatment for alcoholism. Members of your CTF Committee are available to visit Home Group business meetings. Please let us know if you’d like us to attend your business meeting to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism. And, finally, **the next CTF Committee meeting/ information session will be Monday, 4/27, in the Meyer Classroom of the downtown Bend Library. Email reminders will start 2-weeks prior to the meeting!**

Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach, or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service, Tim C. <d5aa.ctf@gmail.com> 541-610-4431

Correctional Facilities – Matt-no report

Grapevine – Mike C.-no report

Public Information (PI) –no report Ryan

Website – Larry K

I'd like to thank the District for the opportunity to serve! I have the website almost up to date. I am missing some of the treasurer's reports and am not sure of the status of one Committee Chair. I have to thank our former DCM, Brad, for his assistance in understanding how to update the website. Our Secretary, Renee, for the information she's provided, and our current DCM, Bonnie, as well as the entire District, for patience and assistance as I continue to catch up.

In service, Larry K.

Intergroup Report-Helen W. Vice Chair

Greetings from Central Oregon Intergroup! We have had a busy month. With all our officers rotating in at the same time, we have been walking on shifting sand, so to speak. Realizing that this was a bad idea, we began to look to our bylaws. They were last updated in 2016. We decided to form an Ad Hoc committee to review our bylaws and job descriptions. This week they will meet for the second time and will report to the IGRs soon. BIG NEWS! THE INTERGROUP NEWSLETTER IS BACK!!!! We have a new Newsletter chair. Her name is Molly C. and her email address is newsletter@coigaa.org. The newsletter has been renamed. The new name is CASCADE CONTACT. Please check out the new newsletter at <http://coigaa.org/the-new-cascade-connection-is-here/> It is full of information about events, announcements, and a lot of good AA stuff. I am sending around a black and white copy of the newsletter for you to get a sense of it. I encourage you to check it out online, print it out and share it with your groups. I snatched this activity schedule from the newsletter:

[St. PATTYS DAY Speaker Meeting](#)

March 14 @ 5:00 pm - 9:00 pm Prineville

[Redmond Potluck/Speaker Meeting](#)

March 14 @ 6:00 pm - 8:30 pm Redmond

GSR Reports

We are not a glum lot-Larry K.

Where: 556 NW Newport Ave, Bend When: Mon, Wed, Fri All meetings are noon-1pm Wed is a closed meeting Attendance: Still running 45-60 fairly regularly 7th Tradition: Avg about \$55-60/mtg No particular problems at this time. No special events currently planned.

In service, Larry K

Attitude Adjustment -Kelly B.

Our group is aligning its voting with district and Area voting procedure. No safety issues at our meeting. Many members are excited to share at the GSO Agenda items that is being held locally. We have a strong and active participation at our meeting.

Are we done yet -Ben R.

Our meeting meets Saturday at 7:30 pm. All the Filling all chairs are being filled and we are getting lots of newcomers. We have 10-15 members of our home group. We just recently voted to change the lay out of the room. We are open to invite AA members to speak about service at our business meeting.

24 & Alive-Ron E

This is a new group for me. I am glad to be a GSR. I did ask the group if we could purchase the concept shade for the room, maybe get the other groups interested in this but there was no interest at this time. I hope to attend the next assembly as I was not able to attend this assembly.

Tuesday Night AA-Kyle

Hi District5, it is my pleasure to serve as the GSR for Tuesday Night AA here in Bend. We meet every Tuesday at the **Church of the Nazarene on 27th St. We are a discussion group, with the first Tuesday of the month being a speaker meeting.** If you haven't joined us yet I encourage you to attend. We recently featured D-5's own CTF chair Tim C, which unfortunately I missed due to being sick. We have also recently added a CTF position and taken on a commitment at the Saturday panel at the hospital. We have also

recently decided to begin a new Group Inventory, our first in some time. We continue to be self-supporting and fund our GSR as well as make disbursements to Intergroup, D-5, Area 58, and GSO.

Yours in Loving Service, Kyle R.

Girls Gone Sober-Heidi E.

Girls Gone Sober meets at the Alano Club in Redmond on Thursday's at 7:00 pm and on the 2nd, 3rd and 4th Sunday of the month for a Big Book study at 4:00, also at the Alano Club. Attendance is good for the Thursday meeting averaging 25-35. The attendance on Sunday has been steady at about 12 ladies. The business meeting attendance is still minimal, but we're getting positions filled on the rotation schedule. We still need an alternate GSR, treasurer and IGR. These positions are difficult to fill due to the length of sobriety requirements. There are no problems with the 7th tradition allowing us to be fully self-supporting. I'll very grateful and blessed to be of service!

Heidi E.

Monday Night Living Sober-Christine B.

We meet on Monday Nights at the Grace Gate Community Church, in Redmond, at 7pm. This is located at the intersection of Hwy 97 and Veterans Way, behind Verizon and Cindy's Chinese Restaurant. We have many new-comers join us from Best Care which offers as many service opportunities. We would welcome any support.

New Horizon-Carrie B.

I am at PRAASA this weekend so Geri (my alternate) is reading my report. Our Homegroup is New Horizons. We meet 6 days a week. Monday through Friday at noon, and Saturdays at 10:30 is our speaker meeting. Our Speaker this coming Saturday is Josh R. from Safe Harbor. We both attended the assembly last weekend. It felt good taking part in the preconference discussions. Because I have a home group, I have a voice. And because my home group has a GSR, our group has a vote. Im glad our group has a voice, and Im honored they trust me to carry that voice. GSR is a big responsibility. I was reminded yet again, that district and area serves my group. Not the other way around. And thank goodness for that! It is up to my Home group to embrace the 12 Traditions. In AA, we here all sorts of opinions, and sometimes get to whitens instincts gone awry. Even at an area assembly. Our leaders are not always perfect. They are human. My saving grace has been when I hear something off the wall, I simply look to the literature for my answers. Like the big book states, "Our literature preserves the integrity of the AA message." Im so grateful for those who have come before me in service and those who stand up for these principles. Some of our meetings have been getting more than 60 people in attendance and since the room only holds 50, our group had an adhoc committee to see what is out there in the way of a bigger meeting room. We had no luck. We have had a couple safety concerns recently (other than the crowded room) lol and have utilized our safety plan.

In Gratitude, Carrie Blake 5417887276

Men's straight talk – Greg S.

At our business meeting we approved \$50 for the GSR to attend the February assembly.

We continue to have 8-12 attending. At our next meeting we will be discussing budget and distributions to AA as a whole.

YILAS, Greg S

Firing Line-Jamie S.

The Firing lines speaker meeting is March 30th the last Monday of the month. Our speakers are Harvey from New Horizons and Henry F from Safe Harbor. Located at Bethlehem Inn right by Midas. And doors open at 7pm. The meeting is at 7:30pm. We have been having issues with Bethlehem residents walking through the meeting and causing some distractions while the meeting has been in progress. We have been putting up signs on the door that an AA meeting is in progress and that has seemed to help alot.

The Home Away from Home Group (HAFHG)

Hello Crew! Here is the February report for the HAFHG! Thank you all for everything that you do! It was SOOO awesome to experience cool AA stuff with you guys at the February Assembly! The Home Away from Home Group (HAFHG) of Alcoholics Anonymous meets every Thursday, from 7-8:30pm, and Sunday, from

2-3:30pm, in Deer Ridge Correctional Institute (DRCI) -- a men's minimum/ medium security prison near Madras OR. Meeting attendance ranges between ~8-40 inmates of varying lengths of sobriety. Thursday meetings are AA literature based. The third Sunday is an outside-speaker/open discussion meeting. The fourth Sunday is an inside-speaker/ open discussion meeting. Other Sundays are open discussion meetings. The first Sunday of the month we hold our business meeting and also celebrate milestones in sobriety. We have 6 current inside service positions; Thursday Secretary, Sunday Secretary, Literature and Coin Person, Recording Secretary, Treasurer, and inside GSR. 6 of the 6 service positions are currently filled. A motion was made to create a position for an inside GSR. The motion was passed. Before electing an inside GSR, current volunteers shared their experience with AA's general service structure, as well as the function of the upside-down triangle. It was so exciting to see the interest and enthusiasm that the HAFHG inside members expressed in learning more about how AA service works and how they can be a part of it! I am thrilled to report that the HAFHG has elected its first inside GSR! The agenda items for 2020 General Service Conference were passed out, and inside member were able to take those items with them to discuss after the meeting. The HAFHG is still working on getting an inside Spanish speaking meeting going. Deer Ridge Correctional has approved the meeting, due to the need expressed by inside members. We are currently waiting to get enough volunteers who are available to fulfill the time commitments. Closer to home, an additional outside-AA is now navigating the OR DOC Volunteer Certification process. If completed, they could help facilitate the 104 meetings we hold every year -- a responsibility currently shared primarily by 2-3 volunteers. It's our hope to have at least six outside-AAs with firm, scheduled commitments within the next few months. To support the HAFHG with your physical presence, please speak to Tim C, Daryl L, Pilar T, or Roberto F; call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

Sunday Morning Serenity-Renee H.

I was able to attend the February Assembly. I attended it with a GSR who it was there first time to attend an assembly. It was truly fun to get to see their participation. Also, to see so many of District 5 GSRs and some of the committee chairs attending. For me I think it so reassuring GSR can each have a vote representing our group. I really enjoyed this assembly, so many parts. I really enjoyed the ask it basket. The GSO Agenda items discussion was very interesting. I am excited to attend this discussion here locally. Our group decided to cancel our group inventory for now. We will get back to it at a later date.

In Service Renee H.

Announcements:

Sponsorship-Service Sponsorship Workshop March 28th 12:30-3:30 at Brooks Hall, 469 NW Wall Street, Bend.

Pre-Conference Discussion Sunday April 5th 2-5pm

Register for the May Assembly

Saturday 1:30 CTF Panel at St. Charles Hospital is closed until further notice

The March Intergroup Potluck is Canceled.

Online meetings available at www.aa-intergroup.org

Closing

5:30 Close w/the Responsibility Statement

Motion to Adjourn: Ben R. motioned, Christian B. Seconded. Motion passed: