

District 5 Oregon Area 58

Meeting Minutes

July 9th, 2023

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Christine B (Secretary), Will D (Treasurer), Nancy B (Access), Walt W (Corrections), Trisha M (Literature), Davey G (Outreach), Jena C (Public Information), John S (Website), Chris M (GSR - Attitude Adjustment), Tony (GSR - Fleeting Thoughts), Matt B (AGSR - Fleeting Thoughts), Carmack M (GSR - Thursday Men's Book Study), Mario H (GSR - New Horizons), Beth M (AGSR - New Horizons), Joy H (GSR - Page 21), John K (GSR - Redmond Rebels), Lynn H (GSR - Rising In Recovery), Chandra S (GSR - Sisters In Sobriety), Anne Z (GSR - Sober Sisters), Todd H (GSR - Steps to Sobriety), Nick M (GSR - Young At Heart), Christina (Al-Anon Liaison), Chris P (GSR - Weathering The Storm), Tim C (Act Proxy GSR - Home Away From Home), Katie H (Guest), Mark L (Guest).

Welcome to new GSRs/Visitors: Chris P (GSR - Weathering The Storm), Tim C (Acting Proxy GSR - Home Away From Home).

Tradition 7 Presentation:

Short presentation on Tradition 7.

https://drive.google.com/file/d/1zWctmnVgqvV_sy9BwfOpwFG0h6-b33eT/view?usp=sharing

Concept VII: The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.

District Secretary – Christine B.

Some of you may have noticed that the June Meeting Minutes were not distributed. My fault. I have been unwell. I am on the mend and expect to get them out shortly. We will vote to make changes or approve at the August meeting.

Treasurer Report – Will D.

Good afternoon District 5, my name is Will, and I am an alcoholic. My sobriety date is November 21, 2018, and my home group is New Horizons.

Today we will be reviewing the June 2023 Financials. I emailed this to the Secretary, and they will be posted to the District 5 website.

We are reviewing June 2023 which runs June 1, 2023, to June 30, 2023.

We will start with the first line on the upper left-hand side of the Treasury Summary, but first let's

go over some definitions of the titles used in this table.

- “Beginning” is the cash position we finished the previous month with.
- “Prudent Reserve” is the cash set aside equal to 1/2 (6 Months) of the 2023 budget approved in November 2022.
- “Working Cash” is money in the “Total Cash Position” minus “Prudent Reserve.”
- “Total Cash Position” is all available cash including the Prudent Reserve.

Looking at June, our beginning cash position was \$11,310.67. Less “Prudent Reserve” gave us a net working cash position of \$1,373.17.

Contributions from groups in June were \$1,334.86 and we had no other contributions or sales.

Expenses in June were \$758.75.

DCM had expenses of \$349.87 – Leaving a remaining budget of: \$3,367.84

Treasurer had expenses of \$0 – Leaving a remaining budget of: \$254.00

Access had expenses of \$0 – Leaving a remaining budget of: \$118.01

Archives had expenses of \$102 - Leaving a remaining budget of: \$1,996.00

Literature Chair had expenses of \$0 – Leaving a remaining budget of: \$90.21

Cooperation with Correctional Facilities had expenses of \$0 - Leaving a remaining budget of: \$1,769.00 – 100% of their allocated budget.

Cooperation with Professional Community had expenses of \$0 - Leaving a remaining budget of \$649.51 – 62% of their allocated budget.

Cooperation with Treatment Facilities had expenses of \$0 – Leaving a remaining budget of \$937.72

– 78% of their allocated budget.

Grapevine/La Vina had expenses of \$0 - Leaving a remaining budget of \$242.00

Public Information had expenses of \$216.79 – Leaving a remaining budget of \$2,774.26 – 89% of their allocated budget.

Website had expenses of \$0 – Leaving a remaining budget of \$660

Workshops had expenses of \$90.09 -- remaining budget of \$2,593.41

This leaves us with an ending Total Cash Position of \$11,310.67. After Prudent Reserve is set aside, we have \$1,373.17 Working Cash available for July.

We continue to come up short on monthly group contributions compared to the 2023 budget leaving us behind YTD by \$2,337.00

If any committee chairs need help accessing their allocated funds please contact me, my information is provided below.

Are there any questions regarding the June 2023 treasurer report?

If you have any questions, please email or call me.

Thank you for letting me be of service,

Will D.

Treasurer, District 5 committee

treasurer@district5aa.org

A motion was made to accept the May Treasurer’s report by Nancy B and was seconded by Chandra S. **Motion Passed.**

DCM Report – Carrie B.

Good Afternoon District 5: GSRs Please announce this at your groups and at the other meetings you attend for the next month. The “Home Group” Workshop Event and Day Of Unity will be held at Brooks Hall for Saturday August 5th from 11-2. I hope you are all sending signup sheets around at your meetings on a clipboard for your members to have an opportunity to participate. If you haven't already printed out the signup sheets

for this, I have some printed out for you to pick up today. Your groups have requested this event, so I hope to see the GSRs and the Alt GSRs in service and helping out with this day of Unity! Please announce at your Home Group

Committee chairs, please take advantage of our website calendar. When you have a committee meeting scheduled, please remember to send all the info to John, our website chair, so that he can get it put on the calendar. Also, make sure to check the calendar before scheduling your committee meeting to make sure you are not scheduling on the same day as another local event. Intergroup events are on the calendar too. PLEASE be mindful of cooperating and not planning anything on the same day as other local events. GSRs, please utilize this online calendar to make your announcements at your home group. The online calendar also includes any Intergroup special events, activities, or meetings. Find the Calendar here:
<http://district5aa.org/calendar>

I've been asked to speak at the Monthly Lapine Potluck Speaker meeting this month. That is this Wednesday night, I would like to offer any of the Committee chairs a ride out there that night to set up a table and make an announcement for your committee. It is a great opportunity. If you don't want to ride with me in the minivan great, you are funded to travel for just this type of thing. I hope that all committee chairs are getting out there to the surrounding areas, setting up tables and making announcements. If you are unable to attend this Wednesday night, there will be another opportunity to carry the message in LaPine this month as the intergroup potluck speaker meeting is in Lapine this month as well. Please reach out and let me know how I can help you and your committees get to some of these events.

For anyone who does not know, District 5 has a Facebook group. Don't try to look us up on Facebook because you won't be able to find it. It's an unsearchable private group. It is set up this way not to exclude anyone, but for anonymity purposes. If you are a committee chair, GSR, or AGSR, and would like to be part of the District 5 Facebook group, please friend request one of the District 5 officers, and ask to be added to the group. Committee chairs, please feel free to utilize this group to make announcements and post fliers.

We all need to be starting to think about rotation. I realize it's only July, and although we don't rotate from our current positions until January 1st, District elections will be coming up before we know it in September. Have you considered making yourself available for DCM? Alt DCM? Secretary, or Treasurer? These are very important positions that will need to be filled for the district to function. Your home group will most likely have GSR elections right after that. This means also, have you started considering who would be a good replacement when you rotate out of your GSR or committee position? (Hopefully you will be rotating into a district officer position or committee chair at that time) Does your alternate GSR come with you to the district meetings and area assemblies? Do you feel like they are ready to rotate in when your term is up in January? As a reminder I would like to read something out of the "GSR Pamphlet" from page 4 under the section titled "When and How".

The two-year terms of an area's G.S.R.s coincide with those of its D.C.M.s and Conference delegate. So a group usually elects its G.S.R. before the assembly meeting at which the delegate is elected. September is a good month, since that gives the new G.S.R. time to study the responsibilities of the job before taking office — most often on January 1, along with the new D.C.M.s and the new delegate. GSR – General Service Representative

Oregon Area 58: Nothing To Report
GSB/AAWS: Nothing To Report
Yours in Fellowship & Service,
District 5 DCM
dcm05@aa-oregon.org
Carrie B.
541-788-7276

Alternate DCM Report - Vacant

Unfinished Business

- Handling contributions for the Home Away From Home Group. - Request is withdrawn per Tim C.

Committee Reports

Access Committee: Nancy B.

Hello,
My name is Nancy and I have been your District 5 Access Committee Chair.

I will be stepping down from my position effective immediately as I am moving from the area. I appreciate the opportunity to be of service for the District and the opportunity to learn more about the AA service structure. I want to thank all of you for your service to AA and specifically to District 5. It has been an honor working with all of you. Thank you Carrie for encouraging me to be a part of the service structure.

I have trained John S., our Web Chair, in how to set up the hybrid meeting as an interim solution as our DCM identifies a replacement for me. However, I have after discussion with John and separately Carrie, I have a recommendation for all of you to consider:

Given that the historical role of the Access chair has really changed with the availability of hybrid or online only meetings, and my role has been more of a technical role relating to computers, video and zoom technology, I think that the role fits better within a technical committee such as the Web Committee, or you could create a new IT Committee which would absorb the roles of both the Access and Web committees. This would be my

recommendation, to create a new IT Committee that would provide the hybrid and web support for District 5.

thank you all for the opportunity to be of service.

Nancy B

Archives: Joe H.

Cooperation with the Professional Community (CPC): Ron B.

My name is Ron and I am your alcoholic District 5 Cooperation with the Professional Community Chair. We've moved our focus to the Treatment Professional as of last month. I have some envelopes for GSR's to use if there happens to be a treatment professional at your meeting to help them understand Traditions 6 and 8... How to wear only one of your two hats at a time. Also, our new Public Information chair, Jena, and I will combine our monthly committee meetings to help utilize our resources more efficiently. We hope to get more members on our committee to help spread the A.A. message. I have the PI/CPC service position descriptions for GSR's to take back to the groups. I hope you will consider this valuable service position for your group. Thank you for letting me be a service.

Your brother in A.A.,
Ron B

Treatment Facilities (CTF):

Corrections: Walt W.

Virtual meetings continue awaiting approval for in person meetings. No movement towards finishing the final approval of applications by Sheriff's Department.. Despite this inmates are offered the opportunity to attend weekly meetings and AA volunteers faithfully attend.

Yours in service
Walt W

Grapevine / La Vina: Jessie C.

Hi, my name is Jessie and I am the District 5 Grapevine and La Viña Chair. My homegroup is the New Horizons Group.

GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is Grapevine@District5aa.org. Please make sure that your Grapevine and La Viña rep is a home group member of the group they are representing.

If any group is wanting to add issues of the Grapevine or La Viña to Newcomer Packets, back issues are an excellent resource. You can buy them from me or order them from the Grapevine/La Viña website.

I sent off a check to the District 5 P.O. Box for a total of \$51 for purchased books and Grapevines.

I will be attending the 2023 Day Of Unity Home Group Workshop on August 5th with my display and materials.

Literature: Trisha M.

Hi all,

Each month I have committed to going to two new book studies to introduce literature. They may not be familiar with and to meet the Literature rep for that group. This last month I attended Redmond early risers for two book studies. They were very welcoming. I introduced our newcomer packets, as well as our abridged large print big book. They weren't in need of any literature at that time and their literature rep wasn't available but I will be back. It was a good book study.

I'm looking forward to setting up displays at a speaker meeting this month and workshop next month and hitting some new book studies that I haven't been to.

If you would like me to come to your book, study and announce some literature, or even do a five minute presentation on some lesser-known literature, please let me know.

Thank you for allowing me to be of service

Trisha D5 literature chair

503-505-0565

Outreach: David G.

Hello my name is Davy and I'm an alcoholic. My home group is New Horizons. I am grateful to have the opportunity to be your district 5 outreach chair. There is going to be an outreach committee meeting Tuesday July 11th at the downtown library in the Hutchinson room at 5:00 PM. The outreach committee is looking for members that can help carry the district 5 message in areas outside of Bend such as Madras, Redmond, Prineville and Sunriver.

The committee has been announcing the home group workshop as well as taking sign ups for its talent show and service opportunities which is taking place August 5th from 11-2 pm at TEC. The available service opportunities for other district 5 committees, as well as the outreach committee is being announced at meetings, as well as where the district business meetings are held for those interested in being of service or seeing how the district functions and what services their seventh tradition pays for.

In Service

Davy G

Outreach committee chair

New Horizons

541-728-8886

Public Information (PI): Jena C.

Hello I'm Jena and I'm a recovered alcoholic as well as your Public information chair

Our first PI committee went well! There was a turn out of six members. They came from all over a few were from Prineville one from Redmond and one from Tumelo which was terrific. Now we need members from Bend! So can you please announce at your home-group and I have flyers on the back counter. At my home group we have a cpc/pi service position and if you want to start that at your home-group come I have a service position description. We are also combining cpc and pi committee together. So our two committees will combine and our next meeting is July 19th at 5pm up in the Hutchinson room at the downtown library. There is a lot of work to be done out there we really need your help to reach the still suffering alcoholic.

Thank you for allowing me to serve District 5

Jena C

NHG

jenadawn1234@gmail.com

541-306-0055

Website: John S.

Hi Folks:

My name is John S, and I am your alcoholic D5 Web Chair.

Here is my update for July 2023:

Website traffic for the past 30 days:

Website traffic has dropped. Probably due to summer vacations, etc. This is pretty typical

Our top five visited pages for the past 30 days are:

1. Contact Page
2. Forms & Downloads
3. Calendar Page
4. GSR Page
5. About D5 Page

Our busiest website traffic days for the past 30 days are Monday, Wednesday, and Thursday.

My activities this past month:

- Calendar updates.
- Added and/or removed flyers from Home page and Calendar/Announcements page.

Reminder:

[Please contact me first](#) if a link is broken, a file is missing, or anything else that has to do with the District5aa.org website. The same for any D5 committee email issues. Thank you.

A couple additional items (recurring):

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.
- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great March everyone and remember to keep smiling.

Regards,
John S
D5 Web Chair

GSR Reports

We Are Not A Glum Lot (Charles K - GSR)

My name is Charles, and I'm an alcoholic. My home group is We Are Not a Glum Lot, meeting MWF, 12 noon, Church of Christ, 554 Newport, Bend

Our usual Business Meeting is the first Monday, but this month that collided with 4th of July weekend, SO I have nothing new to report here on July 9, as our July business meeting is tomorrow !!

However, we have a slew of Service positions to fill, both for the second half of 2023, and some new positions, like "Birthday and Potluck Chair," which we created, after agreeing to hold quarterly fellowship Potlucks, at which we re-celebrate birthdays.

All of our Secretary positions, and Coffee positions will be open for the next six months, and we do not require someone to be a group member, in order to hold these service positions.

That's All, Folks,
In loving service,
Charles K.
WANAGL
ctk787@gmail.com

Page 21 (Joy - GSR)

Greetings District 5

My name is Joy, I am an alcoholic. Page 21 is my home group in Prineville. We meet every Monday at 11:30 for social time and a Big Book study from 12 to 1. Come have a glass of ice tea and snack with us in the lovely gathering area in the basement of the Prineville Christian Church located at 1685 Lynn Blvd. We have AA plackards placed about so that you can easily find us.

On the last Monday of the month is our speaker meeting. This month on the 31st. we have invited Dave G. from the Early Risers Gr. to come share his experience, strength and hope with us. Our District 5 literature Rep. Trisha from the Steps To Sobriety Gr. will be joining us to give a short presentation on Tradition 7. My group would like to invite everyone to come join us on this eventful day and stay for a satisfying lunch and yummy dessert.

In Loving Service GSR Joy

Rising In Recovery (Lynn H - GSR)

My name is Lynn and I'm an Alcoholic. My home group is Rising In Recovery Group
Our RIRG treasurer made our group's YTD contribution on June 26 th .

RIRG Business meeting July 7: New: discuss Our home group members will ultimately determine (through informed group conscience) if they are content being a Bend based group in Dist 5 or see a greater benefit in joining virtual district in Area 58. During July, I am sharing virtual district information, advantages/barriers, in an attachment to weekly announcements. My hope is to vote at our August business meeting.

New Virtual District #33: First organizational meeting is Saturday July 8 from 2-4 p.m. hosted by Area 58 registrar Kristin L. Meeting every week on Saturday until Sept. 30, 2023. Meeting I.D. 861 3853 3242 passcode: district33

I plan to attend the July meetings for the two other virtual districts registered with GSO to learn. N.Y. Area 48, D-20 (3 rd Sunday of. Month); Wash. State, Area 72, D-25 (3 rd Saturday of month)

Request & thanks: Thank you Dist. 5 for presenting "The Home Group" workshop some time ago. I really enjoyed the playful spirit of this meaningful workshop and plan to attend your next presentation August 5 th . A couple of my online group members asked if the workshop was online. Unfortunately it isn't at this time, so... I am requesting, if possible, that Dist. 5 offer "The Home Group" workshop in an online format in the near future?

Yours in service, love and gratitude,
Lynn H. GSR, Rising In Recovery Group,
lphilliard2@msn.com

Redmond Early Risers (Jared J - GSR)

My name is Jared and I'm an alcoholic. My home group is Redmond early risers. Our group needs Monday through Friday 7 AM to 8 AM.

New secretary positions have been filled along with a new Grapevine Representative. We are still in search of an IGR, and hopefully will be filled on Tuesday the 11th when we hold our next meeting.

Good turnout to the meetings! We have seen newcomers and Travelers to our morning meeting.

Jared J.
GSR
Redmond Early Risers

Steps To Sobriety (Todd H - GSR)

Hello District 5

I wanted to remind everyone that Steps now has a new men's meeting at 730 am on Saturday mornings. We also have a new comers meeting on Saturday nights at 8pm.

And on the first Thursday of the month our noon meeting is a potluck.

And on the last Friday of the month we eat cake and celebrate 365 days of continuous sobriety birthdays at the 5 30 pm time slot.

Thanks for my sobriety,

Todd H

Gsr

Steps to Sobriety

New Horizons (Mario H - GSR)

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon at TEC (Trinity Episcopal Church) 469 NW Wall St, Bend, Oregon.

Monday Beginners meeting, Tuesday Speaker Meeting, Wednesday Big Book study, Thursday 11 step study and first Thursday of the month is a tradition presentation. It has been a great month! We have seen an increase in attendance in some of our meetings, it has been very nice to see new members covering the coffee and greater positions.

On June 27th we have our June Fellowship event, "Hiking at Riley Ranch"

For more information regarding our meetings, updates, and upcoming events, visit our website: NewHorizonsGroupAA.com.

Yours in Service,

Mario H

New Horizons Group GSR

541 948 2220

billsfriendmario@gmail.com

Young At Heart (Nick M - GSR)

Nothing to report, other than our new format seems to be going well!!

Thank you!

In service

Nick

GSR

Young At Heart Group

Nicholasmarcos84@gmail.com

541-731-6289

Liaison Reports

Intergroup: No Report

AI-Anon: Christina L.

In the spirit of cooperation and not affiliation, District 5 AI-Anon has the following updates:

- District 5 AI-Anon didn't have a July business meeting so I don't have much to report
- AI-Anon Family Groups have a brand new daily reader, called "A Little Time for Myself." AI-Anon's most recent daily reader, Hope for Today, was published in 2002, so it's been awhile! AI-Anon's can be very indecisive. We have received a shipment of these daily readers in Central Oregon for purchase.
- I'd like to thank D5 AA for inviting AI-Anon to its '2023 Day of Unity Home Group Workshop' in August. We so appreciate D5's kindness in including us in AA events; it sounds like our Public Outreach Chair is going to attend to experience, as the invitation stated, a "crapload of fun." :)

Thank you for being an essential part of my recovery in AI-Anon,

Christina

YPAA: No Report

New Business

- Workshop Report -

We had an Event planning committee meeting last Sunday, July 2nd downtown at the bend public library. There were 6 in attendance. Thank you to those of you who showed up and participated. The meeting lasted over an hour and there was lots of input by everyone in attendance. The next Event planning meeting will be **Sunday August 6th at 2pm** at the Library downtown.

The workshops that we decided on and the ones in the works are as follows:

- Sat Aug 5th from 11-2 "**Home Group Unity Event**"
- Sat Sep 9th from 2-5 "**GSR Taco Bar**"
- Upcoming thoughts and suggestions without a date yet, "**Tri Tip and Traditions**" BB in the park, then moving into winter an Online event.

Committee Chairs, Please plan to be at the next committee meeting as well as at the Workshops.

Yes, the GSRs make up the District Committee, but so do you. Please plan to attend if your schedule allows it so that you are able to represent your committee. If you are unable to attend, hopefully someone from your committee is able to be there in your place. Same with GSRs, if you can't attend one of the district events, please be sure to have your alternate fill in for you. These events take all of us helping to plan and make the decisions, and host.

GSRs Please announce the upcoming event at your groups and at the other meetings you attend for the next month. The "Home Group" Workshop Event and Day Of Unity will be held at Brooks Hall for **Saturday August 5th from 11-2**. This event will be a potluck, and will be very interactive with breakout sharing sessions, discussion, Q&A, games, literature give away, and a talent SHOW! I hope you are all sending signup sheets around at your meetings on a clipboard for your members to have an opportunity to participate. If you haven't already printed out the signup sheets for this, I have some printed out for you to pick up today. Your groups have requested this event, so I hope to see the GSRs and the Alt GSRs in service and helping out with this day of Unity!

So far what we have for talent signed up is **Poetry, Singing, Acting, Juggling, & Stand up**

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Ask-it-Basket

https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?usp=sf_link

THERE IS NO SUCH THING AS A STUPID QUESTION

Q. Can my home group have our event flier posted on the District 5 website?

A. Yes. The Groups in District 5 are what make up District 5. There for you ARE district 5. Calendar page and flier posting guidelines can be found by clicking on the following link: <http://district5aa.org/calendar>

FLIER POSTING REQUESTS

We post flyers in accordance with District 5 A.A. Guidelines. If you would like to submit your event or announcement for District 5 A.A. review, please contact District 5 A.A. DCM at DCM@District5aa.org.

Examples of fliers not in accordance with District 5 A.A. Guidelines:

- Any flier using the word "fundraiser" or asking for a "donation."
- Non-AA event flyers.
- Flyers that could imply endorsement or affiliation with an outside entity.
- Flyers that have an AA member's full name or photograph.

Closing Announcements / Questions

- Open Service Positions: **Alt DCM**.
- Hello Central Oregon A.A!
District 5 needs your help! We finally have a District 5 Outreach Committee Chair! His name is Davy G.

The committee meeting will be held **TUESDAY JULY 11TH at 5pm in the Downtown Bend Public Library, upstairs in the Huchinson room!** Anyone who is willing to be part of the outreach committee please be there. This is where we will do a meet and greet, pick up fliers, PI Cards, a poster board, and get your marching orders! The Sobriety Requirement is 1 Month sober to serve on this fun committee. Come Get involved!

Davy's phone number is 541-728-8886.

(Or, come attend the district meeting today at 4pm at TEC and get on a different service committee)

Your willingness to serve is much appreciated!

- Will and Trisha have both made themselves available to come to your group for a short presentation. It is suggested that this opportunity be taken.

Motion to adjourn: Will D

Motion Seconded: Tony

Motion passed.

Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at 5:12 pm.

Tools for GSRs

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)