

District 5, Oregon Area 58
Business Meeting
Sunday March 14, 2021
Open with the Serenity prayer at 4:00 p.m.

In attendance: Bonnie C., Kyle R., Pat F., Walt W., Carrie B., Geri H., Brenna L., Reed K., Jamie S., Pilar T., Kelly B., Renee H., Helen W., Phil M., Peter C., Jill B., & Rob L.

Welcome New (General Service Representative) GSR's:

Pat F. Online Early Risers

Phil M., alt GSR for Attitude Adjustment

Oregon Area 58 Access Committee Chair-Theron B. access@aa-oregon.org

He was asked by District 5 DCM, Bonnie C. to give a presentation to the District 5 GSR at this business meetings, to encourage AA members to consider being of service to our local Access Committee. Theron said that sometimes we put AA members on a committee or to chair a committee with no training. He said he is here to assist anyone in this position. There is an Accessibility workbook from GSO. Also, when looking at these workbooks a committee does not have to do everything. They can just start with one thing and do that well. And add on as they go if they are able. The following is an outline of his presentation. He is also able to help your home group if they want to make accessibilities a service position.

The purpose of the Area 58 Access Committee is to remove barriers to A.A. members and still suffering alcoholics participating in meetings and service.

Suggested target areas with projects and activities for Districts, home groups and members:

Deaf and Hard of Hearing

- Support and/or join the Portland Deaf Access Committee
 - Financial contributions help provide ASL interpreters for meetings events.
 - Pass along their list of online ASL supported meetings on website pdcaa.org.
 - Link to PDAC on your local A.A. website
 - Online intergroup has listing of meetings for deaf members aaintergroup.org > Online Meetings > Browse the Directory, then use filter buttons to select "Deaf/Hard of Hearing" tab.
- Area 58 Access Committee can provide microphones and individual receivers for your event.

Blind & Visually Impaired

- Big Book in Braille and audio CD available from GSO
- Stock large print versions of Big Book, 12&12, and pamphlets • Wide selection of audiobooks at aa.org and aagrapevine.org • In-person meetings - arrange the room so a blind person can move easily through it, keep it consistent from meeting to meeting.

Mobility Impaired

- If your meeting facility is wheelchair accessible, make sure this is identified on the meeting list, with location of ramp or elevator - home group members should know how the elevator or access works.
- Pick people up for rides - elders, homebound, residential care, suspended license.
- Grapevine YouTube channel: [youtube.com/AAgrapevine](https://www.youtube.com/AAgrapevine)
- Contact local assisted living facilities to send literature and Grapevines/La Viñas
- Bring AA meetings into facilities or their home - virtual or in person • If childcare is available, note it on the meeting schedule.
- **Technologically Challenged**
- Help non-techie members with Zoom and online meeting schedules • Ensure your meeting information is listed and current.

- Online meetings - review current Zoom security features.
- Contact local assisted living facilities to offer online meeting support • District & Intergroup websites - run online accessibility checks.

Safety

- Issues related to safety and inclusiveness also affect access to our meetings:
 - Violent, inappropriate, disruptive, bullying, predatory and illegal behaviors - Sexual harassment or stalking
 - Financial coercion.
 - Racial, sexual orientation or gender identification intolerance - Pressuring AA members into a particular point of view or belief relating to medical treatments and/or medications, politics, religion or other outside issues.
 - Behaviors that go on outside of meeting times that affect whether someone feels safe to return to the group.
- Review the GSO Safety Guideline and Safety card.
- Read from the safety card in your group's meetings.
- Three key questions about safety to discuss in your group:
 - How would we address conduct that disrupts the meeting or inappropriate behavior toward a member of our group, especially vulnerable new members?
 - How will we address illegal behavior or activities?
 - How do we emphasize the critical importance of sponsorship in keeping members safe?
- Sponsor a "Safety in AA" workshop in your District or together with other Districts.
- More information and resources are available on the Oregon Area 58 website at aa-oregon.org > Committees > Access.
- Contact: access@aa-oregon.org
- Join our Access Committee email group: area58-access@aa-oregon.org

Tradition Three Discussion: "The only requirement for A.A. membership is a desire to stop drinking."

https://www.aa.org/assets/en_US/en_tradition3.pdf

District Secretary: Renee H.

Please email me your report at d5aa.secretary@gmail.com by Wednesday following the District 5 business meeting so I can get the minutes posted on the website by the end of the week.

Motion to accept secretary's report as written: Peter C. seconded by Rob L. All in favor, none opposed.

Treasurer: Walt W.

Contributions: \$55.45

Expenses: \$100.00

Reconciled Ending Balance: \$6964.30

Any questions please contact treasurer@district5aa.org

There was discussion about how groups are making contributions during this time. Also, since district is above their prudent reserve of \$2000.00. Carrie B. said her group of New Horizons is doing a 50/50 split to General Service Office (GSO) and Central Oregon Intergroup (COIG). Walt W. said his group Attitude Adjustment is also doing a 50/50 split to GSO and COIG. They are supporting the service entities that have costs such as rent, employees and these types of fixed costs.

Motion to accept treasurer report as written: Pat F, seconded by Reed K. All in favor, none opposed.

DCM (District Committee Member): Bonnie C.

Hello, District 5

I would like to extend my thanks to your home groups for their continued support of the District. I want to thank all of those who were able to attend the February Assembly last month. I was very proud of District 5 during the break-out rooms discussion on the Literature Agenda Items Part A. I was honored to witness the discussion that took place on the agenda items that we were all able to cohesively share individual perspectives on. Having been a part of that process, I am very excited for you to take these agenda items to your homegroups to share. This is a time where as a GSR you get

to inform your fellow members so that AA as a whole can collect a collective conscience and thus represents substantial unanimity on an issue before definitive action is taken. The A.A. Group Pamphlet states: "This is achieved by the group members through the sharing of information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with an open mind." This is an exciting time! Every single person's voice matters and can be impactful. Please let the District know how we can support you getting this information out to your homegroups or answer any questions you may have. March 28th from 3-5:30, the District is hosting a Pre-Conference discussion time with our Delegate Amber N. ANYONE is welcome to attend this discussion.

Kyle and I are excited to announce that Rob L. is the new Cooperation with Treatment Facilities Chair for District 5! Rob brings a wealth of experience applicable to this position and he is looking forward to working with you all in the future. Thank you for being available and willing to be of service Rob! The District still has three positions open to be filled: Accessibility's Chair, Archives Chair, and the Grapevine Chair. Once again these are appointed positions so if anyone has a desire to be of service please contact Kyle or I for we would love to chat and answer any questions you may have. Please spread the word about the open positions to your home groups. Job descriptions are available in our District Guidelines located here: [e2e6ecb0-4487-4870-b71b-7332ad94550a.pdf \(district5aa.org\)](#)

Since we last met, I have also attended the Pacific Region Alcoholics Anonymous Service Assembly with hundreds of other Alcoholics to discuss Service in a time of change. It was special to be a part of such a large group of members diving into service topics. Thank you for letting me be of service.

Alternate DCM: Kyle R.

Hello, District 5!

My name is Kyle R., and I am an Alcoholic. It is my humble pleasure to serve as the Alternate DCM for District 5. Thank you as always for your groups' support of the district.

I've had a busy month personally, so I've fallen a little behind on my Alt DCM Duties, but I am continuing to look for topics for upcoming district workshops. I have a recommendation for a literature workshop, but I am happy add more topics to that list. If you have any ideas for what you or your group would like to learn more about or have the chance to be involved with, please email me at dcm05-alt@aa-oregon.org.

We have scheduled our Pre-Conference discussion with our Delegate Amber for the end of this month. It will be Sunday March 28th from 3:00pm-5:00pm. This is an extremely important way for your group to be involved in the General Service Conference and I hope you will all bring you and your group to share your input.

Thank you all for your support of the district and our fellowship as a whole. I am looking forward to another wonderful year in service with all of you!

Yours in loving service, Kyle R.

Assembly Host Committee Chair: Christine B.

At tomorrow's 2021 May Host Assembly Committee meeting we will be discussing and voting on whether May's Assembly will be in person, or if we will postpone. It should be a lively discussion.

Please contact me at cdbergland42@gmail.com.

OLD BUSINESS:

- None

NEW BUSINESS:

- None

Committee Reports: (time allowing)

Access: Position Available

Archives: Position Available

Cooperation with the Professional Community (CPC): Carrie B.

My name is Carrie and I'm an alcoholic. My Home Group is the New Horizons Group. I am currently serving as District 5 CPC Chair.

The Last CPC Committee meeting was held March 9th at 1:15 pm. We discussed getting info out to the Educational Field, as that is the last on the list. We will be focused on Educators this month and begin planning for our next workshop next month.

If groups would be interested in offering a service position as their group's CPC/PI representative, I have included a service position description that I can recommend. **Please take this back to your group** so that they can consider electing a representative from your group to be on the district committees. I am also willing to make myself available to your group as your D5 CPC chair, if you would like to invite me to your Business meeting to give a 5-minute presentation to explain what being part of the CPC Committee entails, and to introduce the proposed service position to your group.

On another note, I was asked to present on the GSO CPC Guidelines representing our District, and that went well. If you would like to listen to that workshop let me know and I will get you a copy of the recording.

Thank you for allowing me to serve District 5.

Carrie B. (CPC Chair)

541-788-7276

PI/CPC Group Rep/Liaison

To represent Your Home Group on the District Public Information and Corporations with the Professional Community committees.

Service Position Requirements:

- 2-year sobriety /1 year term
- A strong understanding of the 12 Traditions, or have a Service Sponsor who is willing to help you to learn about them

Duties:

- Reach out to the District PI and CPC Chairs to let them know you have been elected by your Group to be part of the committee
- Attend any and all District PI and CPC Committee meetings
- Volunteer to do service on these committees
- Attend your groups monthly Business meetings and give a PI/CPC report
- When your term is up and the next person is elected, attend their first committee meeting with them and introduce them to the committee. Explain their duties to them by going over this list with them and help them to learn the ropes.

Group PI/CPC Representatives: work with the district PI and CPC committees to carry the A.A. message locally. They periodically inform their home groups of local activity and may arrange for group volunteers to participate in programs requested by schools, businesses, law enforcement agencies and other organizations interested in the A.A. approach to recovery from alcoholism. Using many suggested methods ranging from personal contact to public service announcements on radio and TV, groups and their members reach out, working within the framework of Tradition Eleven. Both the PI Workbook and CPC Workbook offers suggested guidelines in furthering this vital group-service activity. District- committees, focus on cooperation but not affiliation with professionals in the community — educators, physicians, the clergy, court officials and others who often are in contact with active alcoholics. Read More in AA Group Pamphlet page 26.

Cooperation with Treatment Facilities (CTF): Rob L.

Welcome to the new CTF Chair.

He meant with the out-going chair and got all the materials for supporting this service position. If groups want to create a CTF representative, he is available to help with that. He will be reaching out to individuals and will be putting together a CTF meeting in the near future.

Corrections: Matt F.

No report submitted.

Grapevine: Position Available

Public Information (PI): Ryan F

No report submitted.

Website: Ben R.

Please let him know if you see anything to be corrected or need added to the website. Please contact me webmaster@district5aa.org

Intergroup: Helen W.

At the end of December, the budget balance was \$201.57, close to breaking even, as we had hoped.

Central Office: Calls and walk-up requests from the Intergroup Office include requests for meeting information, help with zoom meetings, Spanish speaking meeting information, hours of operation, 12th step help, help for hospitals and institutions, requests for information about books, literature, coins, and calls for basic AA information. Calls are managed and directed to the appropriate channels. Please call the office at 541 923 8199 if you have questions about what we carry, if you wish for Joan to prepare an order in advance, or if you would like her to order something in the realm of what we sell. Joan lives in Bend and she is available to bring an order in for customer convenience. When you make your contributions on the website, please designate which group it is from.

Intergroup Hours of Operation:

Monday – Friday 9 a.m. to 1 p.m.

1st and 3rd Saturday 9 a.m. to 1 p.m.

Additional Wednesday Hrs. 2 p.m. to 6 p.m.

Please call the office at 541 923 8199 if you need help or to arrange pick-up time.

Hot Line: We are starting another initiative to ‘scrub’ the 12 step list to ensure that the current 12 step list is valid.

If making changes to your groups meeting times, location or type of meeting (physical, hybrid, online or description) please send changes to both to schedule chair and the webmaster chair. Their email addresses can be found on the coigaa.org website. Click the contact tab and the email address is listed.

GSR Reports:

Attitude Adjustment: Kelly B.

Attitude Adjustment meets Monday through Friday at 7am in zoom. We have a good attendance, and a healthy 7th tradition. In fact, we have well over our prudent reserve, and I talked to the group about other ways to distribute that money to help carry the message. I also talked to them about the excess of money at the district level and encouraged them to come up with ideas for our district as well. I talked a healthy amount about my experience at the assembly, sharing with them all of the agenda topics that our district was in charge of discussing, which was literature. I really pushed the importance of their opinions on these issues and encouraged them to send me their feedback and attend the sharing session on March 28th. I really drove this home. At our last business meeting we filled almost all of our service positions, including Alt GSR!!!! Yeah! We also scheduled a separate zoom meeting to discuss reopening, and if that is possible at this time. I was not at the meeting due to work, but we did vote to reopen one day a week on Wednesday starting in April. We scheduled another meeting to talk about service positions for reopening, and if we want it to be hybrid etc. I continue to talk about positions available at the district level and keep pushing to support the Assembly in May. I think that is all I have, unless Phil has some info about our day to day.

Thanks, Kelly B

WFS: Brenna L.

Greetings,

WFS continues to meet on Wednesday’s, Friday’s and Sunday’s at 7pm via Zoom and holds a monthly business meeting on the first Sunday of the Month. We are holding a special meeting on the 3/21 at 5pm via Zoom to discuss the Pre-Conference agenda items. I enjoyed the February assembly and look forward to more conversations about the possible literature changes with our delegate Amber. I.L.A.S., Brenna

Sisters in Sobriety: Jill B.

Sisters in Sobriety meets every Saturday at 5PM on Zoom. We consistently have 12-15 people attending. We are also having increased attendance from out of the Bend area and a number of people who are new to the program.

The group has a Venmo account and contributions are consistent. Distributions are done quarterly. The group has a business meeting every month. Topics that are to be discussed are in person meetings and the feasibility and conducting a group inventory probably at a later date.

I am temporarily serving past the two-year GSR limit since there is no one available in the group to serve. Most service positions are filled and those not having a service commitment do not have two years of sobriety...we will keep looking for a replacement.

Thanks, Jill B.

New Horizons: Carrie B.

My Name is Carrie, I'm an Alcoholic. My home group is New Horizons.

Seven of us from New Horizons were able to attend PRAASA this year because it was online. Because registration was only \$15 and our budget for sending our GSR is \$300, the group will be able to reimburse not only our GSR but also our other members who attended and submitted a report.

We had our general service conference agenda meeting last week. All members of the group were invited to weigh in on the agenda items they researched the background info for. Our group actually voted on these items and found that we were like-minded for the most part.

Last Month our group put on an all-weekend workshop where we had 2 speakers take us through all 12 Steps and 12 Traditions. We will be having both speakers back next month for a 2-hour follow-up Q&A Ask-it-basket session. If anyone would like to attend or participate in that, please let me know. As a result of accidentally collecting more contributions than intended for this workshop, we have decided in keeping with the clearly stated purpose of the collected funds, to use the extra money sending workshop packets out with the AA Group pamphlet, and a "Chief Responsibility" Big Book sticker to whomever wants one. If you would like one of these mailed to you on us, request your packet through our Website NewHorizonsGroupAA.com and the committee will get one out to you as soon as possible. Same goes for recordings of the workshop.

For more information regarding our meeting changes, updates, and upcoming events, visit our Website at NewHorizonsGroupAA.com.

In Gratitude, Carrie Blake

Sunday Morning Serenity: Lauren S.

Hello, my name is Lauren, and I am an Alcoholic. I am a GSR for the Sunday Serenity at 10 AM on Zoom.

Are attendance is increasing. We still need an Alternate GSR, IGR, Alternate IGR and Alternate Secretary.

The Zoom meeting Id is 897 255 69078 password Serenity.

In Fellowship and Service Lauren S.

Home Away from Home Group: Pilar T.

Happy March my AA Family! I am overjoyed to report that as of late, the Home Away from Home Group is getting closer to restarting its AA meetings via virtual platform once again! Our inside sponsor has informed us that we are looking to start as early as next week!

As always, any AA approved literature contributions to the HAFHG are still welcomed and greatly appreciated. Literature is of true value to them at this time. It continues to be a main source of connection to our program of recovery. Your contributions continue to be the AA light to our inside members! I love to keep in mind, that "literature can go where we can't!".

If any groups and/or individual members are interested in sponsoring a La Viña or Grapevine subscription to our inside AA members or would like to contribute other AA approved literature, you can contact myself or Tim C.

Another way to be of service to our inside members is to register with GSO for the Corrections Correspondence Service that matches inside member with outside members. If you would like more information, please visit:

https://www.aa.org/pages/en_us/corrections-correspondence-service.

Currently, the badging process has been placed on hold until further notice. There are still ways, however, that we can be of service! If you have any questions, please speak to Tim C or Pilar TC.; call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

Primary Purpose: Peter C.

Hi all, my name is Peter C, I'm an alcoholic, and I have the distinct honor and pleasure of serving my home group, Primary Purpose, as it's GSR. Our group meets 5 days a week, Mon-Fri, at 5:30, in the St Helen's Hall, which is located in the back half of the building which houses the Red Door Kitchen. The entrance is up the long ramp off Broadway Street. There is not a lot to report today. Our meetings continue to have strong attendance, with some meetings even exceeding our maximum capacity, due to COVID, of 25 with social distancing. The church has also asked that we wear masks while inside. We have strong home group membership and currently, all of our service positions, with the exception of an alternate GSR, are filled. We are financially self-supporting, and we intend on making large contributions to the service bodies we support at our next home group business meeting, April 6th, immediately following our regular 5:30 meeting.

One announcement of note. We were contacted and asked not to park on Broadway, the residential street where our entrance is located, by Diamond Parking, an entity contracted to enforce parking in Bend. Neighbors complained of congested streets and we are currently seeking an explanation and the possible ramifications of violating this request. In the meantime, the church has given our members the okay to park in their lot, located next the TEC church and across the street from St. Helen's Hall. More will be revealed. Thank you for allowing me to be of service.

In gratitude, Peter C.

The Firing Line: Jamie S.

My name is Jamie, I am an alcoholic. I am GSR for The Firing Line. We meet every Monday night at 7:30pm. The speaker meeting for March is 3/29. There will be a presentation on Tradition three and Carrie B from New Horizons is the main speaker. At February's business meeting we had discussed a possible in person location to look at for when returning to in person meetings. It is something that my group will need to take into careful consideration. We decided to bring this back up into discussion in 3 months. We had elected Felisha C as Secretary starting in April. Which is a 6-month position. And Kristin F as Newcomer Representative. I attended the last Area Assembly in February and was interesting to discuss agenda items with the rest of District 5. I also attended my very first PRASSA this past weekend.

In love and service, Jamie S

Men's Book Study: Reed K.

Our group meets every Thursday night 7:00 pm for one hour, (including holiday's currently on zoom. ID. And Pass Code can be found on the intergroup website, coigaa.org. Our attendance hovers around 20 our last meeting was 33. Our 7th tradition is fair, (we now have Venmo) and do our best to contribute to GSO, Area 58, Dist. 5, and Central Oregon Intergroup. The Men's Book Study has made our group available for greeters at the upcoming May 2021 Service Assembly

Yours in Service, Reed Kay

Announcements to take back to your group:

- Pre-Conference Discussion Sunday March 28th 3:00pm Come Discuss the Agenda for the 2021 General Service Conference! Featuring Oregon Area Delegate Amber N. EMAIL DCM@DISTRICT5AA.ORG OR ALTDCM@DISTRICT5AA.ORG **Meeting ID: 452 445 6433 Password: D5!**
- Theron B. from the Oregon Area 58 has a small number of microphones and receivers that he can loan out email him at access@aa-oregon.org Also email him if you would like to be part of a group of AA members that exchanges ideas on accessibilities.
- Carrie B. (CPC Chair) 541-788-7276. Is able to give a "5-3 minute" presentation on Cooperation with Professional Community (CPC). If your group is interested in making this a service position

Motion to Adjourn: Reed K., seconded by Kelly B. All in favor, none opposed.

Close with responsibility statement 5:30 pm.