

District 5 Oregon Area 58

Meeting Minutes

September 13, 2020

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Kyle R, Bonnie C., Christian B, Larry K, Geri H, Carrie B, Helen W, Jamie S, Walt W, Kelly B, Pilar T, Craigs, Peter C, Brenna L, Heidi E, Ben R, Greg S, Bill H, Matt F. & Renee H.

Welcome to new Group Service Representatives:

Bill H- Safe Harbor

Brenna L-WFS

Concept 9 Discussion: Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

District Secretary – Renee H.

Please submit your report d5aa.secretary@gmail.com by Thursday following the 2nd Sunday of the month following the District 5 meeting. This helps with accuracy and time constraints. A motion was made to accept the minutes of the May meeting minutes as written by Larry K. and was seconded by Geri H. Motion passed. Thank you to Lauren S sending in reports ahead of time for the meeting and I am sorry I did not get a chance to read it at the meeting there were a lot of GSRs. Great job everyone.

Treasurer Report – Walt W.

Reported contributions, Expenses and Balance are attached in PDF format.

A motion was made to accept Treasurer Report as reported and. seconded. Motion Passed.

See Treasurer full report on pages following minutes.

DCM Report – Bonnie C.

Hey District 5!

Welcome new GSR's and welcome back Renee! I want to start by thanking your homegroups for their continued contributions that help support our district. I also want to thank the continued service of our Committee chairs and their ongoing dedication to the work they continue. We have some exciting workshops coming up that Kyle will be expanding on and I am looking forward to having your homegroup members attend and all of us continue to learn together through these ever-changing times.

District 5 has open committee positions!

Grapevine Chair

Cooperation with Treatment Facilities

Access Committee Chair

Archives Committee Chair

Please spread the word to your homegroups and have any and all send their service resume to me if interested. Job descriptions are available! These are appointed positions so Kyle and I will sit down and review and talk with all submissions to appoint the best fit for service to District 5.

Our September Assembly is this coming weekend! I will be sending out a google chat for our district to be able to communicate as a district during the voting procedures as well as the business meeting. This Assembly is always an election assembly. This is an exciting time to see the power of rotation within service positions at the area level. Please let your homegroup members know they are welcome to attend the Assembly and witness service at a whole new level.

Please do not hesitate to contact me with any questions!

Yours in fellowship and service, Bonnie C.

Alternate DCM Report- Kyle R.

Hello District 5!

My name is Kyle R and I am an Alcoholic. It is my humble pleasure to serve as the Alternate DCM for District 5. I hope you are all healthy and safe, and able to stay connected to our wonderful fellowship during this unusual time. It has been a scary and unpredictable week, with the fires in our area but I know that my time spent with AA has helped keep me feeling a little more grounded. Thank you as always for your groups' support of the district. I know that groups are continuing to carry the message and we will continue to support you as best we can. Workshop news! I hope some of you were able to attend the Cooperation with the Professional Community workshop hosted by our CPC committee this past month. It sounded like it was an amazing resource for that valuable topic. If anyone of you missed it and would like to see what great information was shared, I would be happy to make sure you get access to the recording. Coming up fast is our Primary Purpose workshop with Lisa C., our area corrections chair. That workshop will be on October 3rd, from 10pm-12pm.. And then in November we will be hosting a Grapevine workshop with our own Past Delegate Vera F., currently serving as our area Grapevine chair. And then shortly after that we will be doing a Homegroup workshop with some out of the area speakers, the first weekend in December. We should have flyer's emailed out this coming soon with the exact dates and times. Hopefully many of you were able to attend our Assembly Orientation directly before this meeting. Hopefully it went great! (I'm writing this ahead of time) but know that if you missed it you can certainly still attend the upcoming area Assembly next weekend, and that we will be doing another Assembly Orientation just next month, for the November Assembly. Thank you all for your support of the district and our fellowship as a whole. Its been a crazy six months but we are getting through it together!

Yours in loving service, Kyle R Alt DCM

Assembly Host Committee Chair: Christine B.

Old Business

New Business

Committee Reports

Archives Committee- open

Access- open

Cooperation with the Professional Community (CPC) – Carrie B.

Members of C.P.C. committees inform professionals and future professionals about A.A. — what we are, what we are not, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating.

Qualifications:

*Must have a working knowledge of the Twelve Traditions.

*Must have a computer and be able to google and email.

Next Committee meeting will be held on Wednesday,

September 23rd at 5:00pm via Zoom Meeting ID: 914 633 670 Password: 16416

Help get our community better acquainted with Alcoholics Anonymous, during this time of social distancing.

Correctional Facilities – Matt-no report

Grapevine – Mike C.-no report

Public Information (PI) –no report Ryan

Website – Ben R.-

Ben alcoholic. I am currently serving as your district web chair. I would like to begin with offering my apologies to all of you here at the district for not showing up these past few months to our meetings. I have been in the meantime updating the website as I have received information. I have not received a lot of information to put on the website recently, so if you have material you'd like posted or a service you would like to see on our

webpage please send them to Kyle or Bonnie to forward on. If for any reason you have been trying to get some info on the page and it has not shown up please get ahold of me as I have most likely missed that info. I am most grateful to be here with you all today and I will be making my best effort to be more present forthwith. Thank you for letting me be of service.

Cooperation with Treatment Facilities (CTF)- Tim C.

The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service, Tim C. <d5aa.ctf@gmail.com>541-610-4431

Intergroup Report-Helen W. Vice Chair

GSR Reports

Sunday Morning Serenity-Lauren S

Hello, my name is Lauren and I am an Alcoholic. My home group and the GSR for Sunday Serenity. We are meeting on Zoom. Our attendance has drop. We have seven to twenty people participating, before the virus we usually had around 40 to 50 going to Sunday Serenity. I have been calling our home group members, a lot of member are out of town, or they are going to live meetings. When the weather gets cooler, they may participate on Zoom. We had a business meeting last Sunday, Sept. 6. We discussed contributing to the GSO and to Inter-group. Jeff is our Alt. treasurer and Becky is our new treasurer. GSR: Lauren S. Alternate GSR is Doug, Treasurer: Becky and Secretary Howard D. Have a Healthy, Happy, Sober, and Safe September. In Fellowship and Service, Lauren S.

Safe Harbor-Bill H

1. New GSR Bill H
 2. Attendance is very low, we are in need of support from AA members on zoom.
 3. I have no information on treasury report. We will be bringing up donation to Assembly. But we do have a very low 7th tradition.
 4. Saturday meeting has been canceled due to low attendance and lack of Secretary position being filled.
- GSR of Safe Harbor Bill H

Are we done yet? -Ben R

Hey y'all, GSR for the Are We Done Yet, young peoples' meeting. Our meeting attendance has been down this summer, we are seeing about 10 people attending, a far cry from the 50 we were used to before COVID, however we have a core group of 5 faithful alcoholics keeping the lights on. It sure makes elections simple at least! We have not brought in any contributions but fortunately costs have been almost nonexistent as well. We could use the support in attendance, and we would love to see you all at our meeting, so please drop by Saturday 7:30pm. We are looking for a few service positions to be filled, so grab your sponsees and come on by the first Saturday of the month at 6:30!

WFS-Brenna

Greetings,

I recently took over as the new GSR for WFS, WFS meets Wednesday, Friday & Sunday at 7pm via Zoom, we have a new Alt GSR as well, Paul S. We did just change our meeting times from 7:30 on Wednesday and Friday to 7pm, this change is reflected on the schedules. Our Zoom link is 541-548-0440 passcode serenity. We have about 20-30 people on Wednesday and Friday and Friday tends to be smaller. We continue to hold our monthly businesses meetings on the first Sunday of the month at 5:30pm via Zoom. We are filling open positions and have put some on hold until we re-open. Participation for homegroup members remains good and we have some new people who have joined. I plan on attending the September assembly and I'm excited to get back to doing work on the district level.

In love and service, Brenna

Girls gone Sober- Heidi E.

Girls Gone Sober meets at the Alano Club in Redmond on Thursday's at 7:00 pm and Sunday's at 4:00. The Sunday meeting is a Big Book Study. Attendance is good for the Thursday meeting averaging 15-20. The Sunday Big Book study meeting has started up again and attendance is great! The business meeting attendance has been amazing. We have been able to fill all positions including the positions that have been difficult in the past to fill due to sobriety requirements. The members have really stepped it up because of the love for this meeting. We have had great support of the 7th tradition allowing us to start the Sunday meeting again and to make contributions to the district and GSO. I'll very grateful and blessed to be of service!
Heidi E.

Home Away from Home Group-Pilar T.

Due to COVID-19, the Deer Ridge Correctional Facility has suspended any volunteers from entering the institution until further notice. The Home Away From Home Group currently meets via virtual platform every other Wednesday from 12:30-1:30pm. We currently have 6 service positions; Wednesday secretary, Wednesday alternate secretary, treasurer, birthdays and literature, recording secretary, and inside GSR. 5 or the 6 positions have been filled. Meeting attendance for the HAFHG English Speaking meeting has been between 20-30 members. The Spanish Speaking meeting attendance has been between 8-15 members. Both groups continue to share their enthusiasm and appreciation for outside speakers sharing their experience, strength and hope. We are continuing to look for outside members who are fluent in Spanish, who can come share their story of recovery to our Spanish members. The HAFHG English Speaking meeting voted to hold their business meetings, every other month or as new business comes in. Our previous practice was to hold a business meeting the first week of every month. This decision came about as a result of a change in meeting schedule; when previously, meetings were held twice a week for 90 minutes, they are now held every other week for about 50 minutes. Members would like more meeting time to listen to and carry the AA message of recovery. New AA literature was received with gratitude from inside members. If any groups are interested in sponsoring a La Viña or Grapevine subscription to our inside AA members, you can contact me or Tim C. It continues to be a joy to witness how A.A has been growing in love, earnestness, and accessibility within our Prison walls! This journey continues to blow my mind. Thank you for allowing me to be of service in Alcoholics Anonymous. If there are any questions regarding volunteer or badge processing, please speak to Tim C, Daryl L, Pilar T, or Roberto F; call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

KISS-Christian B.

We meet on Saturday mornings at 8:00 on Zoom and are sometimes joined by a group in Pioneer park. There is a small core group that participates regularly and a stream of others who come and go. The meeting is not collecting seventh tradition contributions but encouraging direct contributions to Central Oregon Intergroup,

District 5, and AA World Services. Our format has changed to concentrate primarily on the daily reflection for a topic and we welcome all alcoholics who wake up early on Saturday mornings. -Christine B

Primary Purpose- Peter C.

Hey guys, Peter C here representing Primary Purpose. After declining attendance upon being forced to return to zoom meetings, last month we made the decision to hold our meetings outdoors at Stover Park in Bend, located at 2342 NE Shepard Road. We meet Mon-Fri at 5:30pm at the east end of the park. Our attendance numbers have increased, and we currently average between 6-10 alcoholics a night, with our numbers beginning to increase as the word gets out about holding live meetings. Obviously, this is a short-term solution and we are currently searching for a more permanent home for when the weather turns cold on us. Last month, we contributed a \$100 each to both the GSO and Intergroup. In loving service and gratitude, Peter C

New Horizons-Carrie B.

My Name is Carrie and I'm an Alcoholic. My home group is New Horizons. We are still holding our meetings on Zoom, as well as our business meetings and committee meetings. Even a lot of our One on One 12 step work right now is being done in our Zoom Room. We currently meet 6 days a week. Monday through Friday at noon, and Saturdays at 10:30. However, starting next month we will be adding a Sunday meeting. This meeting will be permanently virtual. Even after our other meetings return to the church. This meeting will be a closed Tradition study meeting. Because this meeting will be held at Noon, we have decided to move our Saturday meeting to noon as well for the consistency of being a 7 day a week Noon meeting. We welcome any of you to come visit us any Sunday at noon and study the 12 points to assure our future. We also offer a once a month Beginners Orientation. We would like to invite you to bring or send the beginners coming into your groups, to this informative orientation held on Saturday the 26th. (2 weeks from now) This meeting is geared mainly toward first time AA members, and professionals who may be interested in learning about Alcoholics Anonymous. Joel, the facilitator gives a 20 minute presentation explaining what the Big Book is, a Sponsor, a Home group... Then a speaker shares their story for 20 minutes focusing on early sobriety. The last 20 minutes is anonymity protected Q&A. There's no such thing as a dumb question! Again, Please announce this at your meetings when you have new members or beginners to AA. Make sure they are given this information and offered the opportunity to put this once a month Orientation on their calendars. Upcoming speakers are Dutch W. past Delegate from FL. Mitchell F. from Firing Line Young Peoples Alabama, Jennifer D. past ND Delegate and member of the Midtown Group, on Wilmington ND., Brian S, current Australian Trustee, Gabriel K. from the Wood village men's group, currently serving as Oregon area 58 alt Chair, and Thomas S. from the Pacific Group currently serving as a California Delegate. We hope you have an opportunity to come visit and hear some great talks! For more information regarding our meeting changes, updates, and upcoming events, or to listen to past speakers visit our Website NewHorizonsGroupAA.com In Gratitude, Carrie Blake

Firing Line-Jamie S.

My name is Jamie and I am an alcoholic. I am currently serving as general service representative for The Firing Line. We meet Monday evening at 7:30 pm currently on zoom. We have recently created a position for a greeter for our newest homegroup member. We decided at the last business meeting to go through the book from The doctors Opinion to page 103. The monthly speaker meeting is Monday 9/28 we have a 5 minute speaker on Tradition 9 and the main speaker is Hilda F from The Pacific Group in LA, California. We have had a lot of fun going through the big book, traditions and connecting with other alcoholics all over the world.

We are not a glum lot – Larry K.

We are still meeting on Zoom three times a week: Mon, Wed, Fri at noon for an hour. Attendance is still running 15-25. Seventh Tradition is off a lot, but we are not paying the church-so we are still self supporting. Our next Group Conscience is the first Monday next month (Oct 5) immediately following our

regular meeting. We will be electing all group positions except GSR. We have no special events currently planned.

In service, Larry K

Attitude Adj.-Kelly B

Hello District 5,

Kelly Alcoholic, GSR for Attitude Adjustment. We meet Monday through Friday via Zoom at 7am. You can easily access our meeting through the COIG website under meetings. We have anywhere from 30 to 50 alcoholics attend our meetings daily. We just had a business meeting last week and I thought it was awesome! I have not quite put my finger on why, other than the attendance was 41 people, that's unheard of, we filled almost all our service positions, got through not 1 but 2 motions, and all in under an hour. We had a couple people rotating out of two, two year positions and a few more willing alcoholics rotate in. Maybe my excitement was in watching homegroup members get into the action of service towards these big commitments that made me happy. It's contagious. After all, not all service is easy, but it keeps me connected, sober and gets me out of self, all of which I need right now. Maybe others do too, who knew?

We are once again distributing our seventh tradition differently! True Alcoholics, i love it! We are no longer paying the church full rent. They told us they did not need any financial help from us, but since we are using their basement as storage, for our supplies, we are giving them \$25 a month, for the recent future. That allows us to give more money to COIG (40%), GSO (40%), District 5 (10%), and Area 58 (10%), after other expenses are paid.

A motion was brought to the group about redirecting the Assembly GSR Fund. This fund is in place to provide money to the GSR so that they can be funded to attend the quarterly assemblies. I have not been attending the assemblies in person, only via zoom, due to COVID and we have quite a bit of money saved. I put in a motion with another homegroup member to redirect this money and give it to the May 2021 assembly host committee. This will be to support the assembly that will be hosted here, in Bend, in May 2021. The group seemed open to the idea, they just need me to bring them more information from the host planning committee. What are their financial needs? Where will this money end up if we go virtual? As with anything else involving money, more information is needed. It was tabled. In the meantime I have been letting them know about all the service that is, and will be available in helping to plan this, and handing out the flyers as they come. I just got the ball rolling with some financial stuff, maybe too soon? But hey, if they don't want to throw money towards it, maybe we can get some people to get in there to be of physical service. Either way, I got their attention, and I am trying to encourage people towards getting into action and to rally for District 5!

I also put in for a motion to purchase two La Vina Subscriptions for the Home Away From Home group. We ran out of time, so it is on our agenda for next month. Last year we purchased a case of big books for correction, and I asked a few people where the biggest needs were in corrections. I was so touched and inspired by the new Spanish speaking group and the information reported by the proxy GSR, I really wanted to help. I was interested to see if my group was willing to change things up a bit. Fingers Crossed.

I also will be attending the September Assembly, and am looking forward to the elections and bringing more information back to my group. I have never been part of an election assembly, so this should be interesting. Actually, I have never been part of a lot of things regarding service in Alcoholic Anonymous, so i am grateful for the experience and all the patients from you guys.

To recovery and beyond, Kelly B.

Tuesday Night AA GSR-Kyle R.

Hi my name is Kyle and I am an alcoholic and I serve Tuesday Night AA as their GSR. We are still meeting at our typical time at 7:00 every Tuesday. We have still been maintaining our usual format, with speakers the first Tuesday of the month and a discuss meeting the following weeks. We have been welcoming back some members from across the country and it is fun to continue to get to know them as we share together. We have also begun taking 7th Tradition contributions via Venmo. We have made sure to get our meeting updated on the Intergroup website, as our attendance was flagging and it turned out we had an old zoom link on the schedule. We have also been reaching out to homegroup members who haven't been attending regularly to check in and make sure they are getting the support they need. Feel free to joining us!

Yours in loving service, Kyle R.

Closing:

A motion was made to adjourn the meeting by Greg S. and seconded by Peter C.