

District 5 Oregon Area 58

Meeting Minutes

June 14, 2020

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Kyle R, Bonnie C., Christian B, Larry K, Geri H, Tim C, Helen W, Jamie S, Walt W, Kelly B, Pilar T, Lauren S, Tim C, Heidi E, & Renee H.

Welcome to new Group Service Representatives: None

Concept 6 Discussion: "On behalf of AA as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General service Board of Alcoholics Anonymous."

District Secretary – Renee H.

Please submit your report d5aa.secretary@gmail.com by Thursday following the 2nd Sunday of the month following the District 5 meeting. This helps with accuracy and time constraints. A motion was made to accept the minutes of the May meeting minutes as written by Larry K. and was seconded by Tim C. Motion passed. The District Secretary will not be able to be at the July & August meeting as I will be at 2 college events for my daughter. So, during this time please cc the DCM & the Alt DCM.

Treasurer Report – Walt W.

Reported contributions \$111.28, expenses \$141.00 Balance \$5932.50

A motion was made to accept Treasurer Report as reported Tim C. and Christine B. seconded. Motion Passed.

See Treasurer full report on pages following minutes.

DCM Report – Bonnie C.

Thank you to all who attended our very first virtual Oregon Area 58 Assembly! It was an interesting but encouraging time to see the service of AA taking place no matter what. My big take back from the Assembly was that despite restrictions, service is alive and well in Alcoholics Anonymous. Oregon Area 58 committees are still moving forward with service work, connections are still being made within communities, and the message of AA remains strong despite distancing. It was great to hear our Delegate Jim F., give his report back from the General Service Conference. He will be coming or zooming to district 5 to present his report in full in the future, Kyle and I will keep you posted on a date. During his report he updated all on the finances of GSO and are some interesting figures to take back to your group:

- In 2019, 28,180 groups made 6.9 million dollars in contributions. This represents 40.6 percent of all total groups registered with the General Service Office with an average of \$245.70 worth of contributions per group.
- General Service 2019 average monthly costs are 1.4 million dollars and the average monthly contributions are \$670K.

- Today's \$1.00 now equals \$18.84

I briefly share these figures with you all to bring the awareness that AA General Service Office needs our help. We can individually or as a group be of service in a completed COVID safe way by contributing directly to our service entities that need our support.

I want to also thank those who attended the Sponsorship and Service/Sponsorship workshop yesterday hosted by District 5. Past Delegate/Regional Trustee Madeline P. and Past Delegate Ann M. schooled everyone with their experience, strength and hope. They walked us through the *Questions and Answers on Sponsorship* pamphlet (https://www.aa.org/assets/en_US/p-15_Q&AonSpon.pdf) and answered many inquiries. Big gratitude to those two ladies for being of service to our district.

With the economy set for numerous phase re-openings, some aspects of past daily living changes are taking place and platforms of Alcoholics Anonymous will once again start to shift again. However, please remain cautious from becoming over-confidence in the current status of our battle against the coronavirus. In fact, this increase in community activity will most-likely result in a rise in community infection rates...meaning

we will have to be more diligent than ever in our own protocols to reduce the likelihood of bringing the virus into our fellowship. Here are some resources for you to present to your homegroup so you all may make a more informed group conscious regarding in person meetings, hybrid meetings, and recommendations. One fun fact I learned at the Delegates report back at the Assembly is that newcomers in meetings are up by 4 percent! Yay AA for keeping the Hand of AA always available even if electronic or gloved!

*The following is the response from the Oregon's Governor's office I received on June 3, 2020 from our Area regarding questions about reopening from an AA member in Portland that has a group of 90 people that meet together:

No requirement to gather names.

Should not be serving food/beverage.

Should be maintaining 6' & wearing face coverings.

Should be thoroughly cleaning after each meeting, all chairs, restrooms, shared surfaces, doorknobs."

Best,

Business Oregon's COVID Response Team

*Below are three links to Covid19 reopening resources:

General Service Office Resources: https://www.aa.org/pages/en_US/update-on-covid-19-coronavirus

Oregon Area 58 Resources: <https://www.aa-oregon.org/covid-19-resources/>

Central Oregon Intergroup Resources: <http://coigaa.org/wp-content/uploads/2020/06/Suggested-Guidelines-for-Groups-reopening5.pdf>

Once again despite restrictions, service is as vital now as ever in our fellowship. Please reach out if you are looking for the privilege to serve. Oregon Area Delegate Jim F. shared a quote at the Assembly: "To be of service in AA is to live." I have felt this more than ever in the last couple of weeks and have been grateful for my connections in our fellowship to lean on. How alive are you today?

Yours in Fellowship and Service, Bonnie C District 5 DCM dcm05@aa-oregon.org 435-612-2449

Alternate DCM Report- Kyle R.

Hello District5!

My name is Kyle R and I am an Alcoholic. It is my humble pleasure to serve as the Alternate DCM for District 5. I hope you are all healthy and safe, and able to stay connected to our wonderful fellowship during this unusual time. Thank you as always for your groups' support of the district. I know that groups are continuing to carry the message and we will continue to support you as best we can. It was wonderful to see many of you at Area 58's first remote conference! While I missed sitting around our enormous group of tables and catching up with all the different members of our fellowship I usually see at our conferences, it was still good to see our Area gathered together to see that we continue to carry the message. The switch to a digital format has certainly seen some changes in AA lately, but it does seem that we are adapting well. I certainly had my own technical difficulties over the weekend, but I know that like most things in AA, as soon as a master everything it will be time to move on. I enjoyed listening to our Delegate Jim, discuss his experience with the remote General Service Conference, also a first for AA. While it seemed like they had to narrow their focus somewhat from last year, it was good to hear that our trusted servants are continuing to help the groups carry the message. While our monthly Concept, Concept VI certainly seems to have been put to good use with all the upheaval of the past couple of months, and our trustees have had to some uncertain financial and administrative times for AA, it seems to me at least, that our upside-down triangle continues to be the driving force of AA. It was wonderful to see so many of you at our D5's first zoom workshop. Not only was this our first online workshop, it was also my first time running a district workshop at all. It was certainly a nerve-racking experience, but I learned a lot and I hope I will continue to learn over the many workshops to come. A big thanks to Anne and Madeliene for both sharing their experience with Sponsorship and Service Sponsorship. I know I learned, both about sponsorship, but also the difference between what our literature says and our customs in AA. It is funny to realize how easily that line gets blurred in our program. This is not to suggest that our customs are bad, the different customs of our groups are what gives AA its wonderful diversity. But it did make me realize how important it is that I refer to our literature, before giving advice that I might think is the voice of AA rather than the custom of my group or particular segment of the fellowship. I'm looking forward to hosting many more workshops in the future, hopefully in person again soon. I know that I am going to learn a lot doing it, and I hope you will continue to join me on that adventure!

Yours in loving service, Kyle R. Alt DCM

Assembly Host Committee Chair: Helen W.

These positions are open: Secretary (Urgent need), Fundraising, Publicity, Accessibility, Dance/Entertainment, Hospitality, Volunteers, Speakers, Recap, Theme and Decorations, Archivist, Prayer Chair, Greeters.

Please go to: aa-oregon.org/assembly planning and then download the "Host Committee Planning Guide" and "Assembly Planning Guide" for information and job descriptions. Use assemblymay2021@gmail.com if you have questions or wish to submit a service resume (please indicate which position you are applying for.)

New Business

- Please take the time to gather information so your group can make a safe and informed group conscious about re opening AA meetings. See DCM report also.
- Accessibility Chair is open come be part of the committee.
- Website is down this is something the DCM has let the webmaster know about and she says it will be fixed. Larry said that there was something marked 2022 and they did not know that the domain fee needs to be paid as it has expired.
- There has been a financial impact on many of our AA entities. There are so many ways to still be of services to be of service.
- District5 is looking into the next workshop; date, how it will be held and the topic. So, stay tune.
- As of now, it is not known if there will be a physical or virtual Assembly. It is amazing how everyone continues to be flexible and adapts.

Committee Reports

Archives Committee- Valorie R.-no report

Access- open

Cooperation with the Professional Community (CPC) – Carrie B.

Correctional Facilities – Matt-no report

Grapevine – Mike C.-no report

Public Information (PI) –no report Ryan

Website – Ben R.- no report

Cooperation with Treatment Facilities (CTF)- Tim C.

COVID-19 UPDATE:

- **All in-person panels/ sponsored meetings remain suspended.**
- **Facilities CTF have been offered/ provided additional AA literature, COIGAA Hotline Information, as well as the COIGAA online AA meeting schedule.**
- **Several facilities CTF cooperates with are currently assessing ways to resume in-person panels as per the State's newly announced phased Social Distancing Guidelines.**
- **Some facilities have scheduled online/ zoom panels in place of in-person panels. These are slated to begin late-May through July 1, based on the needs/ curriculums of each facility.**
- **The CTF Chair will continue meeting w/ members of the Committee this coming week to prepare for the resumption of panels.**

The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question &

answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

At present, all in person panels have been suspended due to COVID-19. CTF is currently working to increase the number and frequency of online panels. More information regarding facilitating and/ or joining online panels will be passed along as it becomes available. The CTF Committee would like to thank individual AAs and AA Groups for carrying AA's message of Hope -- that freedom from alcohol is possible -- to those receiving treatment for alcoholism. Members of your CTF Committee are available to visit your Home Group's online business meetings to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism.

Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service, Tim C. <d5aa.ctf@gmail.com>541-610-4431

Intergroup Report-Helen W. Vice Chair

Please contact the webmaster if your group has returned to physical meetings so he may make a note of it on the website webmaster@coigaa.org I attended the Virtual Assembly for area 58. Ochaco and Crescent Lake campouts have been canceled due to campground closures. Still pending if the July campout will be held. Be sure to see the coigaa.org website for information on upcoming events. Also the website has some helpful information on re-opening meetings so your group can make a safe and informed group conscious.

GSR Reports

We are not a glum lot – Larry K.

Time: Mon, Wed, Fri at noon till 1:00pm

Place: Zoom: Meeting ID = 865-1903-7526 Password= 148768

Dial in 669 900 9128 US

Attendance: 20-30 per meeting. 7th Tradition: Down significantly but expenses are almost nil-so donations down-pyramid and to Intergroup are still ok. Our regular meeting place does not appear to be ready to re-open anytime soon-so we are hoping to find a temporary westside location as an alternate.

In service, Larry

Tuesday Night AA-Kyle R.

Hi, my name is Kyle and I am an alcoholic and I serve Tuesday Night AA as their GSR. We are still meeting at our typical time at 7:00 every Tuesday. We have still been maintaining our usual format, with speakers the first Tuesday of the month and a discuss meeting the following weeks.

We have been welcoming back some members from across the country and it is fun to continue to get to know them as we share together. We have also begun taking 7th Tradition contributions via Venmo which hasn't resulted in too many contributions, but hopefully which catch on. At our last Business meeting we discussed how urgently we wanted to reopen. The church where we meet hasn't given us any sign of reopening, and we decided for now, that we would wait for more information from them before making too many decisions. There was certainly people on both sides of that discussion, but we all seemed to agree that the important part was how best we could continue to carry the message to the still suffering alcoholic.

Yours in loving service, Kyle R.

Home Away from Home Group-Pilar T.

The Home Away From Home Group (HAFHG) of Alcoholics Anonymous, prior to COVID-19 lockdown, met every Thursday, from 7-8:30pm, and Sunday, from 2-3:30pm, in Deer Ridge Correctional Institute (DRCI) -- a men's minimum/ medium security prison near Madras OR. Meeting attendance ranged between ~8-40

inmates of varying lengths of sobriety. Thursday meetings are AA literature based. The third Sunday is an outside-speaker/ open discussion meeting. The fourth Sunday is an inside-speaker/ open discussion meeting. Other Sundays are open discussion meetings. The first Sunday of the month we hold our business meeting and also celebrate milestones in sobriety.

We have 6 current inside service positions; Thursday Secretary, Sunday Secretary, Literature and Coin Person, Recording Secretary, Treasurer, and inside GSR. 3 of the 6 service positions are currently filled. I anticipate that the inside GSR position will be filled within the next couple of weeks. Since the new virtual meetings have begun, outside members have stood in as secretary. I am happy to report that as of last week, the meeting was and will continue to be secretaried by our inside members.

Due to COVID19, the Deer Ridge Correctional Facility has suspended any volunteers from entering the institution until further notice. The HAFHG's new meeting schedule is as such-The HAFHG meets regularly via virtual platform, every Wednesday from 12:30- 1:30pm. Attendance started off low, ranging from 6 to 10 members. As of late, we have seen a big increase in attendance, ranging anywhere from 20 to 30 members. We have been able to bring in a variety of outside speakers to share their experience, strength and hope with inside members. There has been much enthusiasm, deep appreciation and gratitude from inside members to hear these stories. The program of recovery, through the fellowship and the 12 steps of Alcoholics Anonymous continues to grow within the HAFHG community. Every week it is a joy to hear how inside members continue to carry the message of Alcoholics Anonymous to their fellows. Next week, one of our inside members will share his experience, strength and hope with us, before his release at the end of this month. If there are any questions regarding volunteer or badge processing, please speak to Tim C, Daryl L, Pilar T, or Roberto F; call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA, Pilar T.

New Horizons Group of Alcoholics Anonymous-Carrie B

My Name is Carrie and I'm an Alcoholic. My home group is New Horizons. We meet 6 days a week. Monday through Friday at noon, and Saturdays at 10:30

We are still holding our meetings on Zoom, as well as Taco Tuesday, which is our fellowship hour, as well as our business meetings and committee meetings. Even a lot of our 12 step work has been done over Zoom this last month.

Our meetings are about the same size as they were when they were being held at Tec. We get anywhere from 40 to 60 attendees. We have about 25 home group members, and about half of those members service positions are on hold right now because some positions don't translate over to the zoom meetings. Therefore, we have created two additional service positions that we will be holding elections for this next business meeting.

Morgan, our technology chair has been keeping busy, helping our old timers to learn how to use zoom, and helping us to learn best Zoom practices. Kyle, our literature representative has been keeping busy delivering books, pamphlets and coins to those who need them.

We've been taking advantage of the fact that it's easy for speakers to travel via Zoom, so we have been asking people to speak who we don't normally get to hear from. It's been exciting. We have had authors of the stories in the big book speak, conference speakers, current trustees and past trustees, and current delegates.

So all in all, for now, although we can't wait to get back to regular meetings, we are making the best out of the situation.

In Gratitude, Carrie Blake

Sunday Morning Serenity-Renee H.

We have contacted the hall where our meetings are held and they are doing some updating on the hall. They wish for us to contact them the end of July to talk about how to move forward they are gathering so information and figuring out the guidelines they will be putting together. Our meeting will continue to meet via online. We are also looking into how we would safely return to physical meetings so we can make an informed group conscious on re-opening. The June business meeting we will be holding election for some of our positions. I

attended the area 58 assembly. I really enjoyed it. I really liked the discussion on re-opening meetings that Vera F. presented. Jim F. gave a great delegates report on the first virtual meeting for GSO. So many first it pretty amazing to get to be part of all this. Penny H chaired the assembly like a pro with humor and grace. Can I say the tech guys are pretty darn good. Also I recommend checking out the Area 58 aa website www.aa-oregon.org is chalked full of helpful information. Yours in service, Renee H.

Attitude Adjustment, Bend

June 2020

We are still meeting via zoom Monday through Friday at 7am and are going strong. Our average attendance is between 40 to 60 people. Our seventh tradition is still healthy, and the distribution of funds has been up for much debate. We are still paying rent in full to the church, and after our bills are paid (which includes our zoom expenses) we distribute the excess evenly between District 5, Intergroup, Area, and GSO. At our last business meeting we discussed giving more money to Intergroup and GSO, since they are in need of more funds. In our July business meeting we are going to readdress this issue, and distribute our June contributions accordingly, since we ran out of time at the end of the meeting.

We had someone stand for the CTF Liaison!! That was exciting, the position has been empty for a few months now so it was awesome to see someone step up to be of service. We discussed returning to a physical meeting space and decided to form an ad hoc committee to help with this. I brought the group information from the area regarding this matter and information I collected from a workshop put on by Area 48. I sent out all the information with my report and really encouraged other members to educate themselves on it along with Deschutes County regulation for reopening spaces and the CDC guidelines.

I also mentioned purchasing a case of big books for corrections and am going to put it in new business at our next business meeting so we can have a vote on that.

I encouraged people to attend the Sponsor and Service Sponsorship workshop on Saturday and included the flyer in my report.

Oh ya, I can't forget, I attended the Assembly!! It was really cool, and shared with the group a little information, but promised more to come! I tried to share my enthusiasm for the event. It was really special. So much gratitude for everyone's efforts in making it happen.

Seems like that may be it. Really grateful to be a part of District 5, and to be of service for Attitude Adjustment.

Thanks guys,
Kelly b

Announcements:

The Grapevine has a new book for sale. The Grapevine is offering 2020 grapevine issues through July for free during the COVID19 and anyone can go on their website. (email is on the district5 website) Also, anyone can call Mike at 541-410-8056 for more information.

Closing:

A motion was made to adjourn the meeting by Larry K. and seconded by Kyle R.