

District 5 Oregon Area 58

Meeting Minutes

January 8th, 2023

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Jamie S (Alt DCM), Christine B (D5 Secretary), Will D (D5 Treasurer), Nancy B (Access), Joe H (Archives), Ron B (CPC), Brian W (TF), Walt W (Corrections), Jessie C (Grapevine/La Vina), David R (GSR - As Men See It), Chris M (GSR - Attitude Adjustment), Carmack M (GSR - Men's Book Study), Mario H (GSR - New Horizons), Beth (AGSR - New Horizons), Charles K (GSR - Not A Glum Lot), Helen W (AGSR - Not A Glum Lot), Joy H (GSR - Page 21), Nick M (GSR - Recover At Your Own Risk), Pete L (GSR - Redmond Early Risers), Jared J (AGSR - Redmond Early Risers), John K (GSR - Redmond Rebels), Lynn H (GSR - Rising In Recovery), Anne Z (GSR - Sober Sisters), Todd H (GSR - Steps To Sobriety), Tim C (GSR - Sunrise Group), Marie K (GSR - Tumalo Group), Brandon C (GSR - Weathering The Storm), Christina L (AI-Anon Liaison), Dawna A (GSR - 24 & Alive)

Welcome to new GSRs: Beth (AGSR - New Horizons), Jared J (AGSR - Redmond Early Risers), Dawna A (GSR - 24 & Alive).

Tradition 1 Presentation:

Short presentation on Tradition 1 using The Twelve Traditions Illustrated. *We are a society of equals. The group comes first.*

See:

<https://docs.google.com/document/d/1OSLwgrYdqhe84UEsJlrgwJ1efYWKJiYED3TfddJ8cD0/edit?usp=drivesdk>

Concept 1:

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

District Secretary – Christine B.

Good afternoon. My name is Christine. I am an alcoholic and your District Secretary.

When you don't have a report I do appreciate it when you let me know in advance. Just a reminder, however, that your report is the time to represent, highlight, share information, and build awareness of your group. It is a time to share ideas about things your group is doing that might be interesting or helpful suggestions for other groups. I would suggest that even just reporting the group information helps build support and awareness for your group.

Your report is a great place to talk about questions and concerns that your group has so that perhaps other GSRs who have experienced similar things can share their experience and thoughts with you. Instead of just saying there are some concerns you might tell us what those concerns are. An anonymous way to ask questions is through the Ask-It-Basket. There is a link at the end of every copy of the Agenda and the Minutes. There is lots of information, support, and

help out here:)

There is a link to a sample report and more information at the end of every copy of the Minutes and on the District 5 website. There are all kinds of things that can be reported. When you don't turn in a report it is an opportunity lost for your group. I would suggest making your written report as long and detailed as possible. You are then given two minutes to give an oral summary during the meeting. Your full report however goes into the minutes. If we know what questions there are in advance then we can plan time around them for discussion.

The Minutes are a tool. I would like to encourage using the Minutes to report other Group, District, Area, and GSO highlights to your group during your business meeting. If anyone would like help with this please let me know.

I would also like to encourage all of you to consider making yourselves available for the District Officer and Committee Chair positions coming available, at the next election in October. I would be happy to spend some time with any of you thinking about stepping up to be of service.

Thank you for the opportunity to be of service,

A motion was made to accept the December Meeting Minutes by Brian W and was seconded by Jessie C. **Motion Passed.**

Treasurer Report – Will D.

Greetings District 5

My name is Will, and I am your District 5 treasurer. Thank you for allowing me to be of service.

We started December with \$10,178.66
Group Contributions in December were \$710.65
Expenses in December were \$2,438.49

Leaving us with a balance at year-end of \$8,450.82

The 2022 Budget was: \$15,946
We fell short of our budgeted contributions by \$2,527
We were short on budgeted expenses by \$4,588.64
Leaving us with a net gain in funds of \$2,072.35 in 2022.

The following committees were short spending their budgets last year:
Treasurer: \$580 (The 2023 budget for treasurer has been significantly reduced)
Access: \$717
Archives: \$600
CCF: \$224
CPC: \$286
PI: \$1,980

These funds are allocated to carry the message in our community. There is much work that needs to be done in the district. Please use your budget!! The rooms are filling up, there are many newcomers. But

there are many more who still suffer. If any committee chairs are in need of help gaining access to funds please do not hesitate to reach out, I am happy to help. You are welcome to call/text: 541-419-0262 email: treasurer@district5aa.org

Group conscious decision to maintain 6 months of budget to be reserved, which for 2023 would be \$9,200. We are currently \$750 short of this reserve.

To achieve the requisite contributions for the 2023 budget and finish the year with prudent reserves for 2024, we need group contributions to be: \$1,600/per month.

Thank you for allowing me to be of service.

In unity-

Will D.
District 5 Treasurer

A motion was made to accept the December Treasurer's report as delivered by Nick M and was seconded by Charles K. **Motion Passed.**

DCM Report – Carrie B.

Happy New Year District 5!

Well, I am happy to report that I really didn't do much last month at all! I went on a two and a half week Mexico Vacation with my family! So my report will be fairly short this month. I did print out the 2023 District 5 Guidelines for all GSRs and Committee Chairs to take, read, and to keep in your binders. We have a new GSR joining our committee! Dawna from the 24 and Alive Group. An Alt GSR Jared from Redmond Early Risers. We also have an interim Alt GSR Beth from the NHG who will be serving with us for the rest of this panel. Welcome to you both!

The Online 12 Steps 12 Tradition weekend is coming up FAST on the 21st and 22nd of this month! If you would like to be of service at this workshop come to the committee meeting next Sunday at 4pm in the District Zoom room and sign up to be of service! We are all working very hard to make this an event you will never forget. Our registration Chair Trisha has reported that we have over 400 already registered. Committee chairs, Here is your opportunity to make your announcements and let the fellowship know what their committees are doing! Committee Chairs please schedule a time to meet with me and discuss when you would like to make your announcement or give a presentation during this weekend long event. The workshop planning committee will make it happen! This is important! GSRs please let your members know that they are able to register for this event directly from the home page of District5aa.org.

First Weekend in March is coming up FAST! If you have never been to a PRAASA I highly encourage you to attend this! PRAASA stands for the Pacific Region Alcoholics Anonymous Service Assembly. This is like an Assembly but for the entire region. Instead of just Oregon, it consists of 14 areas! Please get those fliers out to your Group and invite as many people as you can! It is in Southern Calif this time and is always a GREAT event!

Super Cheap flights! Your voices are important at this event, wanted, and needed! I will be attending as your DCM, have already booked my flight (Only \$250 round trip, so book now!) and I will commit to attending and participating in at least 6 events and/or sessions during this weekend. I look forward to spending time with those of you attending!

<https://praasa.org/>

Next up is the Oregon Area Quarterly Assembly, March 31-April 2 being held at the Holiday Inn Portland Airport. If you haven't already done so, please, be sure to register!!

Last but not least, is the Pacific Northwest Conference, June 23-25 which is also being held at the Holiday Inn Portland Airport!

GSO/AAWS: Alcoholics Anonymous First Printing of the First Edition, A.A. Comes of Age, Pass It On, and Dr. Bob and the Good Oldtimers all for a special price of \$30! Order [HERE](#)

Yours in Fellowship and Service,
District 5 DCM <http://district5aa.org/>
Carrie B. 541-788-7276

"The strength of our whole A.A. service structure starts with the group and with the general service representative (G.S.R.) the group elects. We cannot emphasize too strongly the G.S.R.'s importance." -Cofounder Bill W.

Alternate DCM Report- Jamie S.
Greetings District 5!

Last month on December 14th, some Committee Members and myself took a roadtrip to Lapine for an in person AA event! I want to thank Jessie Grapevine, Walt Corrections and Brian Cooperation With Treatment Facilities for making yourselves available to have attended this and for the announcements you made.

The Alcathon that took place on December 25th had some AMAZING representation from District 5. Thank you so much Nancy- Access, Brian- Cooperation With Treatment Facilities, Jessie-Grapevine and Ron- Cooperation With Professional Communities. Thank you for your service and dedication to the District!

13 days away!!! This is coming up quick! **January 21st and 22nd**. We will be going through all 12 Steps and 12 Traditions in ONE WEEKEND! Each day will be from 9am to 5pm. We have teamed up with Portland District 9 on this. Chris R from Texas will be taking us through The 12 Steps and a Past Trustee is taking us through The 12 Traditions. We look forward to having you and your groups attend.

We are still in need of an Outreach Committee Chair! I have enclosed the Outreach committee guidelines for you to look over, and hopefully one of you or a member from your group will take this on. Thank you for continuing to announce this position!
https://docs.google.com/document/d/17NVZFZgrEJTPBNctsJJCheOCSU0ZexVWAyy0E4kJ3_M/edit?usp=sharing

GSRs, please **utilize the D5 online calendar** to make your announcements at your home group. The online calendar also includes any Intergroup special events, activities, or meetings. [Find the Calendar here: http://district5aa.org/calendar](#) It is your job to keep your group informed with what

is going on in the District and in Oregon Area 58.

Currently I am working on a sheet that we got from The General Service Office which is gathering contact information for other 12 step fellowships. We don't affiliate. However we do **cooperate** with these other fellowships. This is good information to have at your groups if you get a non-alcoholic looking for help with a problem other than alcohol. What I am asking of GSR's is to help me gather contact information for those other 12 step fellowships here locally so we can add them to the list!

Thank you for allowing me to serve, Jamie S

dcm05-alt@aa-oregon.org

971 297 5419

Unfinished Business

- How might we go about handling gender neutral phone lists without assuming a person's gender? (10 minutes) A couple suggestions: Try to identify before the meeting during the greeting process what might be preferred. -Have lists for each and ask. -

Link to Safety and AA: Our Common Welfare:

https://www.aa.org/sites/default/files/literature/smf-209_en_0422_0.pdf

Committee Reports

Assembly Host Committee: Christine B.

Greetings! My name is Christine and I am an alcoholic. May is swiftly approaching. Our next meeting is tomorrow, January 9th at 6:45pm. Please let me know if you are interested in attending at christine.db42@gmail.com .

A number of our committee members did a walk-through at the Redmond EXPO Center this past week to get a feel for what our jobs look like. It's a good space and with a little creative planning we expect it to be a great event.

We have filled the Accessibility position leaving only the Dance/Entertainment position open. This may be taken on as a group effort. There is a band, of AA origin, that has offered to make themselves available if a dance is the direction we choose to go in for Saturday night, after the speaker meeting.

We are signing up volunteers at this time and a flyer will be going out with the minutes. Please announce at your home groups and any meetings you attend. There are lots of opportunities to be of service to, and to participate in, this event for both individuals and the groups of District 5. I encourage all of you to step up and be a part of helping to build unity, and enthusiasm for service, in our district!

Thank you for the opportunity to be of service.

Access Committee: Nancy B.

First, I owe all of you an amends for my delay in updating everyone on the status of going hybrid this month. I should have sent out an earlier communication regarding the details for this today's hybrid meeting. (Over communication is better than under communication).

Given that the hybrid meeting is new for District 5, I would love feedback from all of you participating virtually as well as in-person. Below are a few questions:

- 1) Visually - How was the set-up?
- 2) Audio
 - Zoom participants: Were you able to hear the participants in the library?
 - In-person participants: Were you able to hear the on-line people?
- 3) Location: Do you prefer the library? Trinity Episcopal? Other location ideas?
- 4) Additional thoughts / feedback?

I have purchased the following equipment:

- * Dell Computer - \$389.99
- * Speaker - \$29.99
- * Microphone (I expect to return this since the webcam has a built-in microphone)

To be purchased:

- * Webcam (\$54.99) - the original webcam that I purchased did not have an adequate field-of-view so I returned it. Today's meeting is with a webcam borrowed from my home group.
- * Television - I am watching for a used tv on Craigslist. Also, still unsure of the appropriate size of the display. I will need to make a purchase for the February meeting.

Identified Spending: \$474.97 of \$800.00

I spent a bit of time testing our new computer this week and have been over to the library a couple of times to familiarize myself with the set-up.

Below are the future locations for our Feb & Mar meetings. I am awaiting the decision whether or not we will be meeting on the Easter holiday in April to confirm the location. Also, a huge shout-out to John, our webchair, who has already updated our calendar with the details below.

Future locations are booked as follow:

FEBRUARY:

IN PERSON LOCATION:

Trinity Episcopal - Basement Meeting Room
469 NW Wall Street
Downtown Bend, OR

ZOOM Details:

<https://us02web.zoom.us/j/86903101724?pwd=YUdJV1VGSDBFdTjYOEJGT1VaalV4UT09///>

Meeting ID: 869 0310 1724 Passcode: 164

MARCH:

IN PERSON LOCATION:

Downtown Library - Brooks Room
601 NW Wall Street
Downtown Bend, OR

ZOOM Details:

<https://us02web.zoom.us/j/86903101724?pwd=YUdJV1VGSDBFdTjYOEJGT1VaalV4UT09///>

Meeting ID: 869 0310 1724 Passcode: 164

Again, I apologize for any confusion and under-communication. Please reach out by email or phone / text if you have any concerns or questions that I may have missed in this communication.

In grateful service,
Nancy Boever
408-482-8099

(We already have issues to work out. Need a webcam, mic...)

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Chair - Access Committee

Archives: Joe H.

Hello D5,

Larry S. from Tumalo Friday Night contributed a really cool brochure for the 1995 International Convention to our Archives.

FYI the last line in the brochure says...

"AA activity in 141 countries; worldwide membership, over 2,000,000 members in 89,000 groups - Big Book now in 29 languages - International Convention (60 AA Anniversary), San Diego, Ca. (there is a picture that goes with the brochure).

I am meeting today with Karen Z to discuss her becoming an Archives Committee member. (Here today).

(Spent \$50 on a table, chair, gloves for anyone who comes to look).

Yours in Service
Joe H.

Cooperation with the Professional Community (CPC): Ron B.

My name is Ron and I am your alcoholic District 5 CPC chair. I hope everybody had a happy and fulfilling holiday season. I'm excited to work with the two new PI/CPC group liaisons as we transition to treatment and judicial professional outreach. Over the last month I had the pleasure of attending the Area 58 quarterly business meeting via Zoom and the District 5 PI meeting at the downtown Deschutes public library. I am also interested in working with Brian, our CTF chair, to get targeted CPC packets to the staff at the treatment facilities as the CTF panels go in to share their experience, strength and hope with alcoholics who are still suffering. Thank you for letting me be of service.

Your brother in A.A.,
Ron B

New Horizons Group
541-668-5975

Treatment Facilities (CTF): Brian W

Greetings District 5,

Here are the minutes from the business meeting last week

[☰ Treatment Committee Meeting Agenda & Minutes 2023-01-07](#)

Apologies to the District for not attending the December meeting.

Since November, here is what we have accomplished:

- We have adopted the Area 58 nomenclature of this group "Treatment Committee" rather than "Cooperation with Treatment Facilities" or "CTF". The guidelines have been updated accordingly.
- We have added two new group representatives and reconnected with one out-of-the-loop representative, bringing our committee up to eight treatment reps in D5. We have representation in Bend, Redmond, Madras, and Prineville. I hope to expand to La Pine and Warm Springs next.
- Last month I visited the Oasis Group in Madras and we got to speak about the Treatment committee at their potluck. I also visited the La Pine speaker meeting, but it turned out to be their holiday party so no announcements were made.
- At our last business meeting, we appointed an Alternate Treatment Chair - Heidi T
- Attempts to reach out to treatment facilities have been less responsive. As a committee we will make greater efforts to reach out.

- In a greater effort to reach out and connect with treatment facilities in the area, we will be hosting a mixer event sometime in March or April. The event will be used as an opportunity to invite treatment facilities workers to get to know the AA community and try to open up more panels.
- We discussed opening up a Bridging the Gap chair, but decided to hold off until we had better relationships with treatment facilities in the area.
- Since our last talk with Bestcare Redmond, no more panels have been hosted. Attempts from our treatment rep to talk with Bestcare have gone unanswered. Furthermore, Bestcare invited one of our reps to speak on a panel, so they seem to be acting on their own again.
- We started one new panel since the last meeting! Laurie is bringing a panel into Serenity Lane!

Yours in Service,
Brian W. - District 5 CTF
818-317-1248
ctf@district5aa.org

Corrections: Walt W.

Virtual meetings continue while awaiting approval for in person meetings. Tablets set up in the Work Release Facility connect to tablets in the Main Jail facility. Two sets of two one hour meetings (4 people ideal) are scheduled from 6:30-8:30 PM every Tuesday. Used the remaining Grapevine Reprints and Literature 2022 budget to send literature to Deschutes and Jefferson county jails.

(Spoke to the program director. No timeline - Question about Crook County. Person in charge is hesitant. Talk to Mark L and Daryl).

Thanks for Letting me be of Service
Walt

Grapevine / La Vina: Jessie C.

Hi, my name is Jessie and I am the District 5 Grapevine/La Viña Chair. Parking Lot Ladies is my home group.

My main priority continues to be gathering the information of all the Grapevine/La Viña reps across the district. GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is Grapevine@District5aa.org.

I attended the Oregon Area Assembly in Ashland from November 18th-November 20th. I met new members and connected with members of Spanish speaking groups across Oregon.

On December 14th, I attended the La Pine Speaker Meeting and made an announcement that I was hoping to collect the information of all the Grapevine/La Viña reps in District 5. There were no GV/LV reps in attendance, but I did respond to a question about what "La Viña" is which made me realize I need to address that when making my announcements.

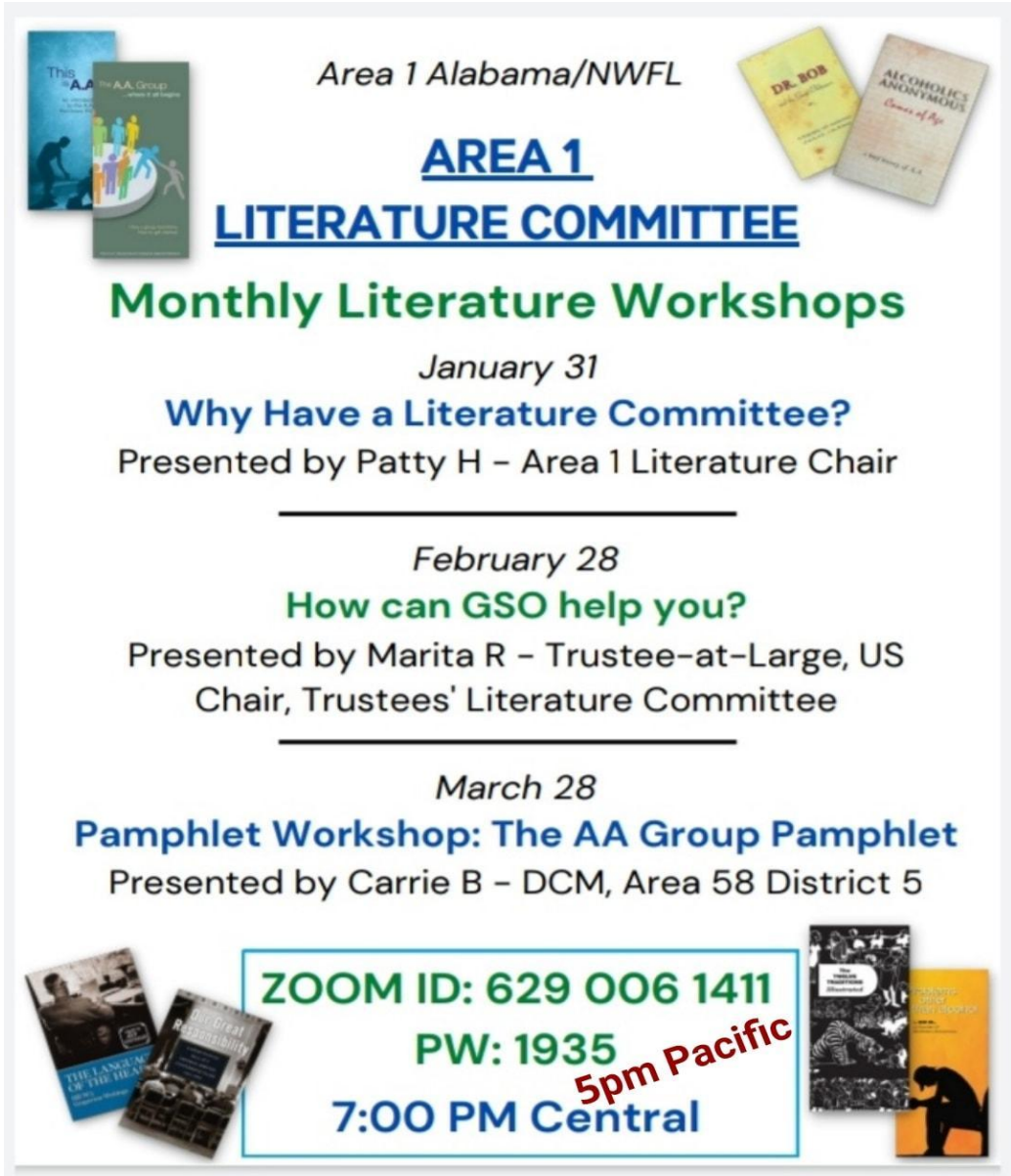
On December 25, I spent two hours with my display at the Alcañon. In December, I also returned an email from a member asking about future grapevine events and how to find the recordings. I shared back issues of the Grapevine with a member to make welcome packets.

Beginning on January 25th, I will be hosting a monthly committee meeting for GV/LV reps. As of now, there are only two members on my committee so I may be asking John to adjust the frequency of those meetings.

Literature: Vacant - Learn More

District 5 has been invited to attend an online workshop at the end of this month (**5pm Pacific Tuesday Jan 31st**) about literature committees! What perfect timing! Our district literature chair position is open! If you or someone you know is interested in possibly serving in this position for district 5, please attend this Workshop or give me a call directly and we can meet up and discuss what the position entails. You can also find the position details in your D5 Guidelines that everyone should have in your District Binders. Please continue to announce this open position at your home group, and also at the meetings you attend that are not part of a group and do not have a GSR. Please also announce this upcoming 1 hour workshop Area 1 has invited us to attend.

Thank you everyone for your service! [GS Fliers](#) **5pm Pacific Tuesday Jan 31st**



Area 1 Alabama/NWFL

AREA 1
LITERATURE COMMITTEE

Monthly Literature Workshops

January 31
Why Have a Literature Committee?
Presented by Patty H – Area 1 Literature Chair

February 28
How can GSO help you?
Presented by Marita R – Trustee-at-Large, US
Chair, Trustees' Literature Committee

March 28
Pamphlet Workshop: The AA Group Pamphlet
Presented by Carrie B – DCM, Area 58 District 5

ZOOM ID: 629 006 1411

PW: 1935

7:00 PM Central

5pm Pacific

Outreach: Vacant - Learn More

As you know this position is still available. Please continue announcing this open D5 Committee Chair position in your Home Group as well as at the meetings you attend that are not a part of a group and do not have a GSR. Please see Outreach committee guidelines here: [D5 Outreach Committee Guidelines](#) or look them up on District5AA.Org under the Outreach Committee Thank you everyone for your service!

Carrie D5 DCM 541-788-7276



OUTREACH CHAIR POSITION

**DO YOU ATTEND A
LOT OF MEETINGS?
ARE YOU WILLING TO
MAKE ANOUNCMENTS?
DO YOU HAVE MORE
THAN A YEAR SOBER?
WOULD YOU LIKE TO
GET INTO GENERAL
SERVICE?**

**A.A.
NEEDS
YOU!**



For more information or
to apply for this service
position send an email
to the DCM at:
dcm05@aa-oregon.org

**SUPER
EASY
AND FUN
POSITION!**

Public Information (PI): Brian R.

(Brian is out of town and can not attend the meeting. His report will be in the minutes).

Website: John S.

Hi Folks: My name is John S, and I am your alcoholic D5 Web Chair.

Website Update For Last 30 Day

As of this past Wednesday, we have had 3,647 unique visitors to the website. That is a big jump from our November numbers.

NOTE: Unique visitors are only counted once even though someone may return to the site multiple times over the past 30 days.

Our top five visited pages for the past 30 days are:

1. Calendar page
2. Contact page
3. About A.A. District 5
4. CPC Page
5. GSR Page

Our busiest website traffic days for the past 30 days are Tuesday, Friday, and Sunday.
My activities this past month:

- Calendar updates.
- Added and/or removed flyers from Home page and Calendar/Announcements page.
- ADDING GROUP FLYERS TO WEBSITE STARTING THIS MONTH!

Reminder:

Please contact me first if a link is broken, a file is missing, or anything else that has to do with the District5aa.org website. The same for any D5 committee email issues. Thank you.

A couple additional items (recurring):

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.
- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great November everyone and remember to keep smiling.

Regards,

John S

D5 Web Chair

GSR Reports

Redmond Early Risers (Pete L - GSR)

My name is Pete L, I'm the GSR for the Redmond Early Risers group. We meet in-person, Monday through Friday at 7:00 AM, at Zion Lutheran Church in Redmond. We host open meetings, where nonalcoholics may attend as observers, and our meeting format includes a range of literature studies and a weekly step study. Our business meeting is held on the first Tuesday of each month at 8:00 AM.

Voting:

This month, our group discussed the tabled New Business Motions from the November Area 58 Assembly.

On New Business 1, the Motion to Rebuild the Area 58 Website, everyone voted in favor. On New Business 2, the Motion to Create an Area 58 Standing Committee on Safety and Inclusivity, the group expressed a desire for further information. Discussion was tabled until next month, to allow time for reviewing and summarizing the details of the motion and its relevant report.

Contributions:

In December, members of Redmond Early Risers called for an emergency motion to contribute additional funds to Central Oregon Intergroup. The motion was passed and the funds were contributed the same day. The motion will not affect ongoing contributions at this time.

Service Positions:

Since we decided to archive our old phone list and start a fresh one this year, we voted in a member of the group, Bobby, to be in charge of organizing, typing, and distributing the new phone list as it evolves.

We officially have a Public Information rep, Dave A. He attended his first PI Committee meeting in December and plans to attend the next meeting to learn more about what the position entails.

We finally have an Alternate GSR!!! Please welcome Jared to the District meeting! I'm excited to have him join us.

Pete L

GSR

Redmond Early Risers

Recover At Your Own Risk (Nick M - GSR)

My name is Nick and I'm an alcoholic. My home group is Recover At Your Own Risk and we meet at turning points recovery on Monday nights at 7:00 PM.

We are moving in the right direction. We have a lot of young people in treatment attending, so our focus has been on our primary purpose. We get a lot of shares on drug use. At our business meeting we have discussed and decided to change our script to be more specific about our primary purpose, what we do and don't do. Also, going to work on length of time speaker shares and format going forward. We have some amazing speakers lined up!! Love any feed back from other groups who have experience outside issues being brought into their meetings.

Thank you!

In Service,

Nick M.

GSR

Recover At Your Own Risk

We Are Not A Glum Lot (Charles K - GSR)

My name is Charles, and I'm an alcoholic. My home group is We Are Not a Glum Lot. We meet MWF, 12 noon, 554 Newport, Bend, Oregon

On Monday, January 2, we held our business meeting, with ten (10) open service positions. I'm happy to report that we filled nine (9) of them !!!

We elected new Secretaries for Monday, Wednesday, and Friday meetings, and also new Coffee chairs for those 3 meetings.

And, very important, we have a new Treasurer with a 2 years commitment at that position.

We also have a new Supplies chairperson, and have filled a newly created position, Phone List chair.

In fact, the only position we do not have filled is Alternate Treasurer, so we start the New Year with a full head of steam.

We have no outstanding Motions at this moment, and we appear to be in a calm sea of unity.

Stay tuned; it can't last long.

In service,
Charles K, GSR
We Are Not a Glum Lot
ctk787@gmail.com

Rising In Recovery (Lynn H - GSR)

My name is Lynn H. and I'm an Alcoholic. My home group is RISG, an online only group and we Mon.-Fri. @ 7:00 a.m. on Zoom.

As of January we should be back to our original group conscious 7 th tradition split. Funds have been going directly to GSO since September 2022 as we grappled with leadership and service position changes. I did suggest that local members consider giving a portion of their 7 th tradition funds directly to intergroup, since locally we benefit from the many services they provide.

Our business meeting was rescheduled for next Friday due to technical issues first Friday. Thus my GSR report for Dec. has not been read yet.

Under new leadership we are working through issues of transparency and cooperation with our tech dept. and now have members who can train tech hosts and co-hosts, a treasurer and are relying on our higher power as we are reminded to adhere to the 1 st tradition: "Our common welfare should come first, personal recovery depends upon AA Unity. Change is frustrating and as we surrender to humility, we are patient with each other. We are growing again with gratitude and attendance.

Since we are an online group I have reached out to Area 58 committee folks for an update on the new online district that was approved at the last assembly. They are learning as they go (just like me) and will report out after their Jan. 14 th meeting. I have many questions and am practicing patience.

Locally, I have asked our intergroup rep. to ask at her next business meeting if it's possible to have at least one of the Alcathon events be online for next year. Meanwhile I signed up to help at the May assembly on Hospitality. I am promoting our Jan. 21-22nd online workshop for 12 steps and 12 traditions.

I would like to learn how to forward certain announcements from my P.C.. (I am technology challenged).

Yours in gratitude and service,

Lynn H. GSR lphilliard2@msn.com

Page 21 (Joy - GSR)

Greetings District 5

The Page 21 Group continues to meet every Monday at 11:30 for social time followed by a Big Book study from 12 to 1. We meet in the cozy, warm basement of the Prineville Christian Church located at 1685 Lynn Blvd.

The last Monday of the month is a speaker meeting. This Month the last Monday falls on the 30th where we have Walt W. coming to share his experience, strength and hope with us. Following Walts share we have our D-5 Chair Carrie giving a presentation on the Tradition of the month, then answering any questions that were put into the Ask it Basket. Please come and help us welcome Carrie and Walt and stay after to enjoy the camaraderie, a hot meal and a yummy dessert.

Thank you District 5 for your continuous support I have been given
In Kind Regards, Joy.

Steps To Sobriety (Todd H - GSR)

Hello District 5,

Steps to Sobriety is currently hosting a potluck during the first Thursday noon meeting of the month. We also participated in a successful Alcathon over the December 25th holiday that was held at our meeting hall the Rebels Roost in Prineville Oregon. I also want to announce the new meeting to our group at 8pm on Saturday nights. This is a newcomer meeting, so please come out and support.

Thanks for my sobriety...." (Literature based meeting).

Todd H
Steps to Sobriety
Grs

Attitude Adjustment (Chris M - GSR)

Attitude Adjustment meets @ 7AM Monday-Friday at TEC. All meetings are also HYBRID.

We have around 20 members who are very active in service work and carrying the message, however we do seem to have a lot of service position openings. We were able to fill a few positions at our business meeting yesterday. This includes an Alt IGR, Chips & Lit, and Monday Secretary.

We are seeing about equal attendance of those in-person vs on zoom (8-12 for each).

Our group also decided to increase our monthly contribution to Intergroup. We were paying the Church a \$30 cleaning fee which was supposed to be included in the rent. So we have some extra money to share around.

(Know they are in need), (Celebrated two birthdays last week).

Chris M.
Alt GSR

WFS (Anders W - GSR)

WFS GSR Report for the month of December 2022

Biz Meeting - We are tweaking our business meeting agenda to be more closely formatted with the District meeting just to drive a bit of consistency and ensure better alignment with the District. As such, we are adjusting them to 1 hr and 15 mins instead of an hour, so we are now starting our meetings earlier at 5:15 on the first Sunday of the month.

Chair Presentations - The group liked the idea of having committee chairs spend 5 mins at our business meetings providing a status update and sharing any service opportunities. I'll be reaching out for support from Carrie and a few others soon - if you have a desire to be prioritized let me know! (Raise awareness - to inform groups).

March Assembly - The group agreed to send me to the Portland assembly in person - there was much value in being there for the Nov assembly.

District Budget - We appreciated the DCMs explanation on the budget increase for next year, the transparency is helpful and we greatly appreciate all she does for our District.

Service Positions - We will be adjusting our service position end dates to align with the district end dates - so our GSR/Alt GSR positions will correlate more closely with the transition at the end of this year.

Phone Lists - At our last business meeting, WFS was made aware that the GSR community is taking back the question on "Gender Neutral" phone lists - we await further discussion at the District level to help inform our group conscience.

Intergroup - Intergroup finances were discussed and we felt that the intergroup keeps an adequate reserve to support their needs given the regular fluctuation in contributions but we asked for a review of the intergroup budget from our IGR at the next business meeting. (May or may not be true).

Archives - We have lots of feedback on the archives decision when our chair is present - in fact, one of our members was formerly an archaeologist and had significant experience in maintaining fragile and sensitive material. That member isn't available to sit on a committee full-time, but is available as a resource.

Grapevine - Finally, we are experiencing issues with Grapevine. It seems that we are paying for two copies and consistently receiving one. We would like to understand if we are the only group experiencing this. Further, we would like help from our Grapevine committee chair to understand the proper course of action. Should we be asking for a refund? This has happened for multiple months. (Connect with Jessie).

New Horizons (Mario H - GSR)

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon at TEC (Trinity Episcopal Church) 469 NW Wall St, Bend, Oregon.

Monday 11 step study and first Monday of the month is a tradition presentation, Tuesday Big Book study, Wednesday Speaker meeting, and Thursday Beginners meeting. It has been a great month! We had seen an increase of attendance in some of our meetings. On December 16th our Fellowship chair organized our Christmas fellowship with a white elephant gift exchange, we had a great time, we laugh and dance, like teenagers. Is amazing how people who are so different can be the same. On December 6th we had our business meeting, we have two new members! December was our elections business meeting and we filled almost all the positions. For more information regarding our meetings, updates, and upcoming events, visit our website: NewHorizonsGroupAA.com.

Yours in Service,

Mario H
New Horizons Group GSR
[541 948 2220](tel:5419482220)
billsfriendmario@gmail.com

Primary Purpose (Alan S - GSR)

My name is Alan S and I am the GSR for the Primary Purpose group. This is my January 2023 GSR Report.

Our group is healthy and growing. We have had consistent meeting attendance of 20-40 attending at each of our 5 meetings. We developed a group social gathering every Friday after our meeting. Usually we meet at a local restaurant for food and fellowship and it has been a nice opportunity to develop closer personal relations. Primary Purpose will be hosting a bowling function at Lava Lanes Saturday 1/14 from 6-8. All are welcome at this social event but bowling will be limited to a number of rented lanes on first come basis. A flyer will be posted tomorrow to Intergroup and District 5 websites.

In our group's recent January business meeting a newer AA member in our group explained that a member active in District service suggested that only home group members should be contributing to the 7th tradition when the basket is passed in meetings. She had done much research in our literature including the Home Group Pamphlet. It led to 30 minutes of discussion about how the words 'outside contributions' is interpreted. Perhaps it's a 4th tradition topic. But no one else present had ever heard that interpretation of AA's 7th Tradition. It was suggested that our GSR mention this in the report. This was a great opportunity for group members to engage in cooperative discussion where many chimed in on experience and perspective. We utilized pamphlets and the 12x12 as resources for guidance.

We are looking forward to responses from other groups regarding this topic.

Thanks

Alan S.

GSR - Primary Purpose Group

Sunrise (Tim C - GSR)

The Sunrise group meets at the First Presbyterian Church Monday through Friday at 7am. Each day is guided by AA approved literature. Our attendance has stayed steady. We are seeing some days with 20 or more. We continue to contribute to GSO, Area 58, D5 and COIG. We are presently working on our bylaws and it has been a growing experience for us.

Thank you for letting me be of service,

Tim C

Liaison Reports

Intergroup: No Report

AI-Anon: Christina L.

In the spirit of cooperation and not affiliation, District 5 AI-Anon has the following updates:

- We are very excited to share that we've had someone step up to be the District Alateen Coordinator. This position requires a certification process, so it'll take a couple of months to get up and running. Stay tuned for more details.
- We also had someone step up to be District Secretary, leaving us with only one open position at the District Level; that's a lot of growth in the last few months
- Thanksgiving and Christmas Alcathons had AI-Anon speakers, and the January 28th Speaker Potluck will have an AI-Anon speaker, too. At the Christmas Alcathon, the Sunday evening AI-Anon group (my home group) was offered the 6pm meeting spot by Intergroup. We had quite a few AA members attend and say it was their first AI-Anon meeting, and share that they enjoyed it.
- The Annual AI-Anon Spaghetti Feed is happening on February 11th at the Unitarian Universalist Church on Skyliners in Bend. If you are an AI-Anon and AA member you're welcome to volunteer for service at the event. If you'd like to pre-purchase a spot, reach out to me or the Spaghetti Feed Lead, Alice S. Flyer attached.
- Also attached is the most recent D5 AI-Anon meeting schedule

Thank you for inviting me to your monthly business meeting!

With Thankfulness and In Recovery,

Christina L.

AI-Anon Liaison

YPAA: Vacant

New Business

- Should the meeting on April 9th (Easter) be rescheduled? (10 minutes) Discussion carried over time. Motion made to move the April D5 Business Meeting by Mario H, second by Will D. Discussion. (Motion made to extend this meeting 10 minutes by Dawna A, second by Charles K, **Motion passed**). Outside Issue. We are alcoholics every day. Schedule shouldn't be rearranged for any reason. It's a business meeting on a federal holiday. Other commitments. Discussion about when it might be moved to. Following weekend. Vote. **Motion failed** 8/12. Minority opinion discussion. To be continued in February starting with Will D.

Closing Announcements / Questions

(Move to the next meeting).

- Open Service Positions: Literature, Outreach,
- What is happening with the online district in Area 58? If an online group that isn't connected to a district joins, then does the DCM connect them to the General Service Office? Do online groups without a geographic area even need a GSR? Thank you.
- Hi D-5, After rent, supplies, prudent reserve monies are met our group has \$78. How should this money be divided? Thank you, GSR Joy
<https://docs.google.com/document/d/1NIPHv2NcMq3M44X0Tpo28V2nboUy-Wpkt9dMogD2AD4/edit?usp=sharing>
- How do I get a service sponsor?

Motion to adjourn: Nick M

Motion Seconded: Brandon C

Motion passed.

Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at 5:43 pm.

Tools for GSRs

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7qEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)