District 5 Oregon Area 58 Meeting Minutes March 13th, 2022

Meeting was opened with the Serenity Prayer at 4:02pm.

Attending: Carrie B (DCM), Jamie S (ADCM), Christine B (Secretary), Kimber J (Treasurer), Joe H (Archives), Ron B (CPC), Rob L (CTF), Walt W (Corrections), Artha P (PI), Frank W (Attitude Adjustment, GSR), Amanda B (Firing Line, GSR), Mario H (New Horizons, GSR), Sarah B (New Horizons, AGSR), Charles K (Not A Glum Lot, GSR), John T (Redmond Early Risers, AGSR), Mark L (Steps To Sobriety, AGSR), Brenna L (WFS, GSR), Brandon (Weathering The Storm, GSR), Pilar C (Area 58 Women's Corrections Coordinator), Tim C (Interim Area 58 Corrections Facilities Committee Eastern Regional Coordinator), Jen S (D9 Alt DCM), Jackie B (Wash DC, Cosmo Grp A/13-D3)

Welcome to new GSRs: Brandon (Weathering the Storm, GSR)

Tradition 3 Presentation:

The only requirement for A.A. membership is a **desire** to stop drinking. (short form)

Our membership ought to include **all** who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three *alcoholics* gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have **no other affiliation**. (long form)

https://docs.google.com/document/d/1DVFjj8UBL8tRioT1_s_f_i-sTTaxteeKDjRaGZPW 7SU/edit?usp=sharing

District Secretary - Christine B.

A reminder that GSR's are trusted servants linking their group to AA as a whole. As trusted servants it is our responsibility to make sure communication is happening in both directions. It is important to get reports in, sharing information, and to take information back to our groups. If you are unable to attend a meeting someone needs to be found who can attend in your place, the AGSR or another home group member. Share the relevant highlights in the minutes with your group. From the fifteen known GSR's I received three GSR reports for this month. You can still send a report in to be included in the minutes. I encourage you to do so if you have not.

A motion was made to accept the minutes of the February meeting as written, by Artha P and was seconded by Kimber J. **Motion Passed.**

Treasurer Report - Kimber J.

Reported February: Group contributions: \$851.28, Expenses \$642.72, Ending Balance \$5,949.54. A motion was made to accept the February Treasurer's report as delivered by Ron B and was seconded by Artha P. **Motion Passed.**

DCM Report - Carrie B.

District 5: Hello D5! Exciting news! Please help me to welcome Joe from the Tumalo Group as the new Archives Chair! Joe and I met up at Sheris this last month and went over the service position description as well as all the requirements and he is willing to show up every month here to the district meeting to be part of the D5 Committee! I had the pleasure of facilitating a group inventory this weekend, and wanted to remind all GSRs that's what I'm here for. If your group is coming up on inventory time, let me know and I am available to assist you with that.

District Officers have been meeting to go over D5 Guidelines with a fine tooth comb. There was a lot to go over. We are finally finished and should have the final draft for you to review hopefully sometime this month.

Traditions and Concepts are Still taking place on the 1st, 3rd, and 5th Sundays of the Month at TEC at 4pm. If this time, day, or location doesn't work for the GSRs and Committee Chairs, let me know, and we can change something. I have received some feedback that it would work better to do this online. If that is the case, please let me know. I would like to make it accessible to all of you. It is my responsibility to help you to learn more about the other 2 Legacies. I will try to be flexible if something needs to change.

Area 58:

It was so great to see you all at the Area Assembly and at PRAASA! Great participation! A special shoutout to Shannon, GSR from the Rising in Recovery Group who has been in attendance every single Wednesday evening at the Service manual study! It has been very inspiring seeing a new GSR get involved at the level Shannon has. She has jumped in with Two feet! Shannon, your group is lucky to have you, and so is your district!

GSO/AAWS:

I have emailed you the Conference agenda items as well as the background. Amber, our delegate needs your feedback by April 10th. If you don't know how to do this or where to start, I am available to facilitate a sharing session for your groul. Again, give me a call and I will put your group on the books. If you have any questions regarding how to get your group's conscience on these items, or what to do with your group's conscience, this is what your DCM is here for. PLEASE use Jamie and myself!

Agenda items: 72ndGSC_FINAL_ListofAgenda_Items_(English)_2_3_22.pdf

Thank you for trusting me to serve your District. In Gratitude, and Service, Carrie B. D5 DCM 541-788-7276

Alternate DCM Report- Jamie S.

Hello District 5! My name is Jamie and I am an alcoholic. My homegroup is The Firing Line Group Of Alcoholics Anonymous. It is my humble pleasure to be serving as your Alternate District Committee Member for District 5.

Upcoming 2022 Workshops: This Saturday 6-7:30PM District 5 will be hosting a workshop on The 12th Step. For 12 Step Calls and Sponsorship. This will be held in our D5 zoom room. Join Zoom Meeting

https://us02web.zoom.us/j/86903101724?pwd=YUdJV1VGSDBFeTJyOEJGT1VaalV4UT09

Meeting ID: 869 0310 1724

Passcode: 164

In person workshop: Saturday April 2nd 2-4PM Grapevine/Archives Presentation held at Brooks Room in the Downtown Library (we currently need volunteers. The following is a signup sheet for service volunteers. If we would like more in person events, we need volunteers. Please print out the following signup sheet, and pass it around on a clipboard when you are making your announcement about the workshop.

https://docs.google.com/spreadsheets/d/1ZoomyolnUBEgyplOkYfclJ1wlhJP4HP0wLX42uEHPWg/edit?usp=sharing

The third workshop of 2022 will be on line Saturday April 16th, Titled "What Are The 3 Legacies?" from 10-11:30AM.

I would like to continue to encourage GSRS and committee chairs to attend the Traditions/Concepts meeting held at the Trinity Episcopal Church Downtown Bend @ 4pm on the 1st, 3rd and 5th Sunday of each month. It is an opportunity for GSRs to learn more about our Traditions and for Committee Chairs to make necessary announcements.

I would like to thank all GSRs and Committee Chairs that attended and participated in the February Area Assembly and PRAASA. Your voice makes such a difference!

In love and service, Jamie S

Committee Reports

Assembly Host Committee: Christine B.

The May 2022 Assembly is set to be a hybrid event. It will now be possible to research a venue in a more concrete way for the May 2023 Assembly scheduled to be held in District 5. That work is to begin right away. Thank you for the opportunity to be of service.

Access Committee: Vacant - Learn More

Archives: Joe H.

(Introduction to new position). From the Tumalo Group He will be serving as D5 Archives Chair from now through the end of 2024.

Cooperation With the Professional Community (CPC): Ron B.

I'm currently gathering supplies for a Healthcare Professionals packet making party. Date to be determined. Gathering materials has been a little more time-consuming than I thought. I'm hoping to have 200 packets available to distribute to District 5 GSRs. Still awaiting delivery of CPC business cards, PI cards, and large envelopes. Joan, at COIGAA, has ordered 500 of the Problems Other Than Alcohol Excerpts. Hopefully I should receive those within two weeks. By the way, I'm having a blast!

I attended the National PI and CPC Working Group workshop on March 12. It really opened my eyes to some opportunities for reaching out to the alcoholic who still suffers and the professional

community via our website. I'll be reaching out to John, our website chair, to discuss a more "outward facing" start page as well as a link for professionals who are willing to help.

Thank you for letting me be of service, Your Brother in A.A., Ron B.

Cooperation With Treatment Facilities (CTF): Rob L.

The Cooperation with Treatment Facilities (CTF) committee is still going strong with six committed and active members. Demand for AA panels is picking up and we have an URGENT need for Home Groups to step up to serve on the front lines. <u>GSRs please announce this at your home group:</u>

The demand for AA panels is picking up and the Cooperation with Treatment Facilities (CTF) committee has an URGENT need for Home Groups to step up to serve on the front lines. Our most immediate and urgent need is to provide AA panels to Best Care every Thursday night from 7pm - 8pm. We have one home group (thanks, Attitude Adjustment!) who will be hosting the third Thursday panel of every month. We have service opportunities for three home groups to facilitate a monthly panel at Best Care! (The panel will be held on Zoom for the next 4-8 weeks and then transition to a live panel)

This means your home group would have a service position called the "CTF Liaison" who would be responsible to facilitate the monthly meeting, get panelists, and attend the monthly CTF Committee meeting. We are the coolest cats in AA, so come and join us. Contact Rob L., the CTF Chair, for more details at ctf@district5aa.org.

In other CTF news:

- Our two existing Zoom panels are going well. New Horizons is hosting a panel at Cascade Crest Transitions and Men's Book Study is hosting a panel at Pfifer.
- We are starting up a Spanish-speaking Zoom panel based out of Madras. A big thanks to Ann P. for making this happen! Muy amable!
- We need your Home Groups to create a CTF Liaison service position and be ready to respond to the call for service! The CTF Chair is ready and willing to visit your business meeting to help facilitate this. Contact ctf@district5aa.org for info.

In love and service!, Rob L., District 5 CTF Chair

Corrections: Walt W.

Jail has asked volunteers to arrive 15 minutes earlier. Will check if any change to live meetings as a result of lifting mask mandate

Yours in service Walt W

Grapevine / La Vina: Vacant - Learn More

Literature: Vacant - Learn More

Public Information (PI): Artha P.

My name is Artha P., and I am an alcoholic. My homegroup is WANAGL, and we meet every Monday, Wednesday, and Friday at Noon at Church of Christ at 554 Newport Ave, Bend. My sobriety date is September 11, 2000. I do not do this alone; therefore, I have a sponsor and a bunch of Sponsees that I treasure.

I am the PI (Public Information) Committee Chair for District 5. Before I get started, I want to thank everyone who continues to help this member succeed-You know who you are. Teamwork makes the dream work. Most importantly, I want to thank my committee members: for all your hard service work. Its obvious that you are the backbone of this committee, and I am truly GRATEFUL. So, thank you, to Candace, Jeanette, Jennifer, Dena, Teddie, Hillary, Betsy, Fred, and Mark.

Our Public Information (PI) Committee executed our third committee meeting on March 5, 2022, from 9:00am to 12pm at the Downtown Bend Library in the Brooks Room. Four members including myself attended the meeting which I am truly grateful for. PI consists of 9 committee members, and, AGAIN, I want to shout out a **BIG** "Thank You" to my members for wanting to help reach out to someone like us in the public -that one person- that might not know that there is a solution and a way out of his or her misery. COVID has wreaked havoc on our country and getting AA Information out to the public is paramount. See some of the Highlights as follows:

- 1. I am so grateful-Members continue updating his or her "Contact List" by making calls to those on the list to see if we can continue to put our AA Literature in their designated areas for the public to take.
- 2. Members have gone out and delivered Big Books to 8 Libraries in the surrounding counties, and Big Books and Grapevines and La Vinas to 90 registered "Little Free Libraries," with the help of Christine and Vera. I am sad to note that quite a few on the Contact List are denying our access and literature due to Covid. They are not allowing any items from the public to be displayed. Bummer for the alcoholic in those areas who still suffer. I will leave it in God's hands.
- 3. Went over Proposed Budget which is pending at the D5 level. Another motion was passed to have the proposed budget be taken back to the groups for a vote and the GSR's will bring the groups vote to the D5 business meeting on 3/13/22.
 - a. The members of the PI Committee are seriously looking into supplying more literature to the "Little Free Libraries." Member, Mark L, found that his literature, in his area of Little free Libraries, was already taken out by the public. With that said, we may be requesting for another lump sum of \$1750 before year end. Stay Tuned.
- 4. The committee is working on editing a flyer to be put out into the public. This was a flyer that New Horizons created during the Covid era advertising their zoom meetings. PI will advertise the COIGAA.ORG/meetings website. It has tabs at the bottom of the flyer for the public to tear off.
- 5. Excited to get with the GSR, Mario, from New Horizons, who is making the PI Blue Cards in Spanish.
- 6. Our next Committee meeting is 4/2/22.

Next, I had the opportunity to attend the Area 58 PI/CPC Monthly Business Meeting on 2/17/22.

Also, I attended the Oregon Area 58 General Service Virtual Assembly on February 25th-27th, 2022. They did a round table for PI on the 26th, and I volunteered to be the Timer so multi-tasking of timing and taking in all the pertinent information will take some practice. (lol)

Lastly and most importantly, thank you for this opportunity to be of service to D5.

I can be reached at 315.723.8867 or d5aa.pic@gmail.com.

Artha

PI Committee Chair

Website: John S.

- Out of the country. No report at this time.

GSR Reports

We are Not a Glum Lot Group - Charles K (GSR)

My name is Charles, and I'm an alcoholic. My home group is WANAGL.Between our official Quarterly business meetings, we have a practice of "Mini Business Meetings." We have held at least two, since January: The first Mini Meeting concerned some members' fears of the Omicron virus spreading at our in-person meetings. We considered spreading apart individual chairs at 6 feet distances, plus the regular mask wearing. However, the room we rent already has enough space for reasonable distancing, so the Motion was defeated. Our second Mini Meeting concerned the proposed 2022 Budget, which will be voted on today——long before our scheduled Quarterly business meeting. Our Secretary gave a presentation of the current Budget proposal versus the recent past allocations. After a spirited discussion, there was a unanimous vote——as to how Yours Truly, here, should vote in today's District 5 meeting. I would like to express how great it feels, to be voting my Group's expressed Conscience, rather than my own Right of Decision. Hopefully, in the future, I will more often be voting the group's conscience, because....."We are Not a Glum Lot."

In Service, Charles K, GSR, We are Not a Glum Lot group, ctk787@gmail.com

Redmond Early Risers - Kimber J (GSR)

Hi,

This is Kimber J and I am the GSR report for the Redmond Early Risers.

We are a Monday through Friday book study group that meets at 7am-8am to read and discuss AA approved literature. We have been really growing as a group and are enjoying the focus on recovery from alcohol.

We have been meeting as a group to discuss the General Service Conference agenda items on Tuesdays for 20–30 minutes, directly after the regular meeting, to ask questions and seek answers. The members feel strongly about keeping the first 164 pages as written but foot notes would be ok.

As for the mask mandate being lifted, we as guests of the church will abide by any rules they

put into place.

Thank you for letting me be of service,

Kimber J, 541-788-4771, KimberJ32319@gmail.com

The Firing Line - Amanda (GSR)

The Firing Line Group of Alcoholics Anonymous meets every Monday night at 7:30pm on the Zoom platform. We want to get back to in-person meetings, and are continuing our discussion and outreach as far as locations go. At our business meeting last week we discussed the need for an IGR from our group, and will begin announcing this regularly. We are a Big Book Study except for the last Monday of the Month which is a speaker meeting. Attendance has been steady 10-15 people, more at our monthly speaker meeting. March speaker meeting will be on 3/28. There will be a short presentation on Tradition 3 as well. Everyone is invited to attend. In love and service, Amanda

New Horizons - Mario H (GSR)

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon on Zoom, Meeting ID 914 633 670, Password 164164.

It has been a great month! We are still meeting on zoom 4 day a week Monday-Thursday, but March 31st will be our last online meeting because we are going back to in person meetings on April 4th Monday-Thursday at our old location TEC "Trinity Episcopal Church". I have been getting together with Sarah, my AGSR, every Saturday to talk about the past week and to plan the next week. This has been a great experience and has allowed us to grow in our positions. On April 1st we are having a special meeting where members of New Horizons will have a presentation about different topics from the General Service Conference Agenda Items that our group is interested in. The notes we take from that meeting will be sent to our Area 58 Delegate before April 10th. We are still having friendship events, and the next one is a hike, "Riley Ranch Walk" on March 19th.

For more information regarding our meetings, updates, and upcoming events, visit our website: NewHorizonsGroupAA.com.

WFS - Brenna L (GSR)

WFS has nothing new to report. Thank you.

Liaison Reports

Intergroup: No report

Alanon: Vacant

YPAA: Vacant

Unfinished Business

- n/a

New Business

- <u>- Vote on Budget.</u> Motion to accept the budget made by Kimber J and seconded by Charles K. **Motion passed.**
- <u>- Motion to Increase Corrections 2022 Budget by \$3,400.00.</u> Motion made by Walt W, seconded by Artha P. Not urgent or administrative. Take back to groups by Christine B, seconded by Frank W.
- <u>- 72nd General Service Conference Committees Agenda Items list Sharing Session.</u>
 https://drive.google.com/file/d/1GrltN1ohEv641ZtkPrGoly9WulrtQd-h/view?usp=sharing
 Take back to groups for input to get back to the delegate by April 10th.
 - How do we want to get the word out about District events?

What would you as the GSR's, and your groups, like to do to ensure we are reaching the local fellowship?

- 1. Are GSR's attending meetings other than their home group meetings and making announcements for the District?
- 2. Should we create our own e-blast list separate from the Intergroup?
- 3. Should we create an outreach position? Perhaps putting it under the Access Chair? What other ideas do we have?

Make announcements.

- We need help with the next in person workshop on April 2nd. Please announce.
- Every rotation District 5 takes inventory. (once every 2 years) How would we as a district like to do our group inventory
 - Motion to schedule time for the inventory by Christine B, seconded by Ron B. Motion tabled to next meeting.

Closing Announcements / Questions

- Open Service Positions: Interim positions to 2022 rotation OR full until the 2024 rotation: Access, Grapevine/La Vina, Literature
- Newsletter submissions to Alice by 20th of prior month.

Motion to adjourn: Artha P

Motion Seconded: Christine B **Motion passed.**

Meeting was closed with the Declaration of Unity at 5:01pm.

Tools for GSRs

GSR report ideas for District report (1) (2).pdf
Sample GSR Report to your Group (1) (1).pdf
Service Resume Ideas: Service Resume for DISTRICTS (5).pdf
GSR Pamphlet: P-19 - GSO General Service Representantive