

District 5 Oregon Area 58

Meeting Minutes

January 12, 2020

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Bonnie C, Kyle R, Walt W, Pilar T, Carrie B, Larry K, Jerry R, Greg S, Heidi E, Mike S, Terry V, Jamie S, Ben R, Jill B, Kelly B, Renee H, Brian R, Reed K, Geri H, Matt F, Christi T. & Lauren M

Welcome to new Group Service Representatives:

Geri H. Alt. GSR for New Horizons

Concept 1 “Final responsibility and ultimate authority for AA. World services should always reside in the collective conscience of our whole Fellowship.”

District Secretary – Renee H.

Please submit your reports to districtsecretary@district5.org by Wednesday following the 2nd Sunday of the month District 5 meeting. This helps with accuracy and time constraints.

A motion was made to accept the minutes of the December meeting minutes as written by Larry K. and was seconded by Mike S. Motion passed.

Treasurer Report – Walt W.

Reported Group contributions:1440.55 \$ Expenses:1395.71 \$ ending Balance \$ 5161.42. Mike S. made a motion to accept Treasurer Report as reported. Greg S. seconded. Motion Passed.

See Treasurer full report on pages following minutes.

DCM Report – Bonnie C.

Hello District 5!

Thank you all for your dedication for service by being present at the District business Meeting today. Please also extend our thanks to your group contributions which are making service happen here in District 5!! I have been visiting many meetings this past month and also helped facilitate a group inventory by taking minutes. This experience was very profound for me. I was very encouraged by how this particular group was looking to grow in recovery, unity, and service. I also talked with a new Alternate GSR was reminded how valuable the General Service Representative position is to your homegroup and the fellowship as a whole. This brought me to the GSR pamphlet and I would like to share some of it with you all now for I also feel it is a valuable piece of our literature.

-Page 1: As a GSR *"You transmit ideas and opinions, as well as facts; through you, the group conscience becomes a part of "the collective conscience of our whole Fellowship."* Wow, that's some cool unity in action right there!

-Page 3: *"As GSR, You share with your fellow members the joy of widening A.A. horizons."*

-Page 4: *"The GSR is your groups link to A.A. as a whole. The GSR'S of the U.S. and Canada are the very foundation of our general service structure. Through your GSR you can make your groups voice heard at district meetings, at area assemblies, and eventually at the General Service Conference. Through your GSR you group is strengthened by the shared experience of all other aa groups."*

-Page 5 : *"Most future Conference delegates will come from the ranks of today's GSRs."*

-Page 6: *Bill states " the strength of our whole A.A. service structure starts with the group and the general service representative (G.S.R.) the group elects. We cannot emphasize too strongly the G.S.R.'s importance*

We have some really valuable literature available to us. Your District has plenty to share with you and every single piece published by the General Service Office is available online. I challenge you to pick up a pamphlet you are not familiar with and share it with someone.

Well, there you have it G.S.R's, you are super important and I hope this experience you are walking through will share with others and strengthen your own sobriety. Many, Many thanks to all you are doing and your commitment to this fellowship. I am so very grateful to share in your experience - an experience we should not miss because remember, this shit is fun!

Alternate DCM Report- Kyle R.

Hello-District 5,

My name is Kyle R. and I am an Alcoholic. Thank you all for your groups' contributions, and for all your continued support of our wonderful fellowship with your time and experience. The holidays are always a great time for gratitude, but it can also be stressful. I was happy this month to spend both Christmas Eve and New Year's Eve with my homegroup. Taking the opportunity to re-center myself surrounded by people who I know and support me, has reminded me of how important the homegroup is to my sobriety and the continued strength of our program. I love continuing to work a program of recovery surrounded by dedicated members of our fellowship, sharing my struggles and success, and coming together to help carry this message to new alcoholics.

Our first tradition stresses the importance of unity and our common welfare, and for me, this certainly starts with my homegroup. I cannot practice unity and compassion at the level of AA as a whole, if I don't first spend the time to share and talk about the principles of our program with the people who know me best. If your homegroup wants to strengthen itself in our new year, then it might be a great time to consider a group inventory. There are lots of wonderful formats available at the front of the room and Bonnie and I are both happy to facilitate these crucial forms of group reflection. Feel free to talk to me after the meeting if you have any questions.

I was also lucky enough to participate in the OSCYPAA Host Committees elections back in December. There was a great turnout and many excited and enthusiastic volunteers for the various service positions available. The Third Legacy Voting procedure is always another great reminder of how integral unity is to the functioning of our fellowship, and how, even if it is a slow and deliberate process, we are willing to put in the time and work to make sure that our groups reach unified decisions rather than divisive ones. I missed their second meeting today, but I am excited to see that committee develop and I look forward to attending the OSCYPAA Conference in the fall.

Yours in Love and Service, Kyle R. Alt DCM District 5

Assembly Host Committee Chair: Helen W.

a report Bonnie gave that Riverside Hotel had not been secured yet, though District has not been given a no, so it is still a possibility.

Old Business

The DCM reported the GSRs needed to vote on "whether or not" to approve the 2020 District 5 Budget that was sent back to Groups last month.

There was some discussion about some clarification for a group on a couple of the line items.

Mike S. called for the Question (Vote). Discussion ended.

Larry K. made a [Motion: To approve the District 5 2020 Budget](#). It was seconded by Greg S. Passed unanimously.

New Business

Bonnie C., DCM, gave the results of the list of the workshops that handed out to the GRS at the December District meeting, in which GSRs were instructed to choose the workshops that they thought their group members would be interested in attending. Starting with 1 as their first choice and so on. The results were as follows: **Service and Sponsorship, Traditions, Primary Purpose, Home Group, Archives and History of the Big Book**. She noted that it was asked by GSRs for district 5 committees to give a presentation on “what their committee does.” There is the possibility to add this to a workshop, she suggested the Primary Purpose workshop. Mike C., Grapevine rep. said that he would like to put on a Grapevine workshop, as we have Vera Grapevine Chair from Oregon Area 58 AA here in Bend Oregon. Bonnie suggest that district could add a 6th workshop it was up to the GSRs.

Kyle R. Made a motion to add a Grapevine workshop and increase the workshop budget by \$200.00 There was discussion on why this was necessary when we had already taken the 2020 budget back to the groups and approved it in old business. Kyle R. rescinded his motion. Kyle R. made a new [Motion: To add a Grapevine Workshop to come out of the 2020 existing budget](#). It PASSED with 18 in favor and 1 opposed. Minority opinion was given by Carrie B. The GSRs were asked if they would like to change their vote and no one did.

Larry K. ask if District 5 had money above the prudent reserve and operating expenses and if so when would we be distributing this money? The DCM said she would be looking at this and would report back to GSRs when all the expenses were allotted and confirmed.

Committee Reports

Archives Committee- Valorie R.-

I am currently recovering from another major surgery and apologize for being unable to attend today. For the same reasons, there is not much to report since the December 2019 meeting. I look forward to rejoining you, hopefully next month, when I also hope to begin work on a proposal to move the repository to a better location sometime later this year. Look for new information to be provided soon for GSRs to take back to their groups, to help assist them in deciding whether or not to make this change this year.

Thank you for allowing me to be of service to our District

Access- Alyssa T.

Cooperation with the Professional Community (CPC) – Carrie B.

My name is Carrie and I'm alcoholic. I am currently serving as CPC Chair. CPC stands for “Cooperation with the Professional Community” Members of C.P.C. committees inform professionals and future professionals about A.A.— what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating. This past month I have worked to update all old cover letters, and I've received new business cards with my contact info on them instead of Brenna's. I have ordered and received all the pamphlets and literature needed to start this work, so now I'm ready to put a committee together. The 1st committee meeting will be held on Wednesday February 5th at 10am at the Downtown Bend Library, upstairs in the Hutchinson Room. Please take a flyer with you back to your group in-case your group would like to elect a CPC representative to be on the committee. CPC emails are now coming to me from District website. Thank you, Bonnie for your help with that. Now I just need to somehow get Brenna's name replaced with my own on the Committee chair list. I would also like to ask if there is a way, I am able to alter, add to, and update the D5 CPC section of the Webpage. Thank you for allowing me to be of service to District 5

Carrie B. (CPC Chair)

Cooperation with Treatment Facilities (CTF) – Tim C.

The next CTF Committee meeting is Monday, 1/27/2020, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library. Please announce at your groups! Email reminders will start 2-weeks prior to the meeting! The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

At present, CTF facilitates panels at treatment facilities in Bend, Redmond, La Pine, and Prineville on recurring bases of once every 2- to 10-weeks. CTF also facilitates (3) weekly Speaker Panels. Two (2) are held Tuesdays evenings at separate detox and residential treatment facilities in Redmond. The third is held Saturday afternoons at St Charles Hospital in Bend. A few of the facilities we cooperate with are considering changing the frequency and/ or timing of the panels CTF currently brings into their facilities. Final details regarding potential changes have not been disclosed thus far. The hospital panel is facilitated by various D5 Homegroups on a rotating basis. It is open to all and appears on the C.O.I.G.A.A. schedule as "CTF Saturday Speakers." This panel is. Current patients, their families, and/ or hospital staff are not always present. We have found, however, an increasing number of newcomers to AA, many former patients at the hospital, as well as visitors to Central Oregon are attending the CTF Saturday Speakers.

Last month CTF held 12 panels. Two (2) panels, scheduled for Christmas and New Year's Eve, were canceled by a host facility. One (1) new facilitator joined the CTF Committee, none rotated out, and one (1) group, Tuesday Night AA, made a new commitment to help facilitate the CTF Saturday Speakers panel. Your CTF Committee is happy to report that all weekly AA panels at St Charles Bend are covered by District 5 Groups! Thank you to the How & the Why of It, and Sisters for Serenity groups from Redmond; and, the Attitude Adjustment, Eastside Early Risers, Sunday Morning Serenity, Thursday Night Men's Book Study, and Tuesday Night AA groups from Bend! D5 CTF will continue to support these AA groups, as well as cooperate with the host facility, to ensure the AA message of Recovery is available in Central Oregon's largest hospital, while maintaining AA Tradition. Does your group feel left out? There is at least 1x slot, the 5th Saturday (when it occurs), that a group is covering on an interim basis. At present, CTF seeks individual AA members and/ or Groups for the following ~9 commitments that are currently or soon to be open:

- St Charles Hospital, Bend (every Sat, 1:30-2:45pm): ~1 group
 - Periodic commitment
 - OPEN: 5th Sat (Feb, May, Aug, Oct)
- Best Care Residential, Redmond (every Tues, 7-8pm): ~3 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 3rd Tues, odd months
 - OPEN (1): 4th Tues, odd months
 - OPEN (1): 5th Tues (Mar, June, Sept & Dec '20)
- Brooks Detox, Redmond (every Tues, 7-8pm): ~2 facilitators
 - Monthly, every other month, or periodic commitment
 - OPEN (1): 3rd Tues, even months
 - OPEN (1): 5th Tues (Mar, June, Sept & Dec '20)
- Pfeifer IOP, Bend (2nd Wed AM, every 3rd month): 1 facilitator
 - Periodic commitment

- OPEN (1): March, June, Sept, & Dec 2020
- Pfiefer In-Patient, La Pine (1st Mon, every other month): 1 facilitator
 - Every other month
 - OPEN (1): March, May, July, Sept, Nov 2020
- Serenity Lane, Bend (Wed evening & Fri Morning every 10-weeks): 1-2 facilitators
 - Every 10-weeks
 - OPEN (1): beginning 3/88 & 3/20/2020

CTF Commitments are typically 2-years. AA experience and literature suggest that “solid sobriety [i.e., experience practicing AA’s 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve.”

The Cooperation with Treatment Facilities Committee would like to thank individual AAs and AA Groups for carrying AA’s message of Hope -- that freedom from alcohol is possible -- to those receiving treatment for alcoholism. Members of your CTF Committee are available to visit Home Group business meetings. Please let us know if you’d like us to attend your business meeting to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism. CTF also plans to coordinate a workshop focused on AA Tradition & Carrying the AA Message in Hospitals & Institutions early in 2020. And, finally, **the next CTF Committee meeting has been scheduled for Monday, 1/27/2020, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library.**

Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service, Tim C. <d5aa.ctf@gmail.com> 541-610-4431

Correctional Facilities – Matt

Have all position filled missed 2 meetings into the jail due to the Holidays. Everything seems to going well. Just purchase 40 softcover books, 10 of those were sent up to the Madras jail. Have reached out to the Prineville jail. They said they would reach out to us when they had something up and running. Attitude Adjustment and Tuesday Night AA Groups contributed grapevines big books, & 12x12.

Grapevine – Mike C.

Public Information (PI) – Ryan

Hello everyone,

The PI committee is busy this month delivering our new schedules and pamphlets to area locations. We can always use more help with this task so if anyone wants to get involved please let me know.

I’m away for this months meeting. I’ll be enjoying some time in the sun.

Thank you all for your service.

Ryan B.

Website – Vacant

Intergroup Report

No report

GSR Reports

Sunday Morning Serenity-Renee H.

We had elections for Service position in the month of December and were able to fill most of them. We added a coordinator position last year. So, if someone cannot make it that week, they find someone to fill in and text our coordinator. Also, this person communicates with the people we rent from about any issues. We have such a large meeting, we feel grateful to rent this large space, as we are not able to leave, our secretary box, coffee & cups (we wash our cups) at our facility. Now having a coordinator for our meeting positions has been helpful to our group. We elected a new coordinator at our last meeting. Also, we are always looking for ways to let the community know we have an interpreter for the deaf. We continue to get a nice turn out for our business meetings. It is fun to have people involved in service. It has also been a great way to get to know people in our group. We are excited for our upcoming group inventory.

Yours in service, Renee H.

Eastside Early Risers-Valorie R.

Eastside Early Risers meets at 7am Monday-Friday, upstairs in the Heritage Hall of First Presbyterian Church. We have formats that are based in AA Literature. Attendance continues to grow, 7th Tradition is excellent, and participation at business meetings improves. As of our last business meeting all open positions have been filled, finally including Alternate GSR.

We have some exciting news to share with you this month. Over the last year many of our home group members have relocated to Redmond. After much planning and consideration, they will begin a new group there - one that will follow the same format as Eastside Early Risers. This new and currently unnamed group will meet Mon-Fri at 7am at Zion Lutheran Church @ 1113 SW Black Butte Blvd, in Redmond, beginning tomorrow 1/13/2020. Mondays are Big Book Study, Tuesdays are Step Study, Wednesdays are As Bill Sees It, Thursdays are Daily Reflections, and Fridays are 12 & 12 Study. To help get them started, while taking their 7th Tradition into consideration, Eastside Early Risers is lending this new group some literature. As a group, we wish this new group only the best.

Tuesday Night AA-Kyle R.

Hello-District 5,

I am happy to be representing Tuesday Night AA as their GSR. We meet every Tuesday at 7Pm at the First Nazarene Church on 27th Street. If you are looking for a meeting on the east side of Bend. We hope you will come by and join us. We continue to be self-supporting and have been making regular contributions, to district, intergroup, area, and New York.

We had to well attended meetings on both New Years and Christmas Eve this year, it was great to see so many members of our fellowship showing up for the newcomer on these tricky holidays.

We have also recently added at CTF position in our homegroup and recently got on the schedule for the CTF Hospital meeting. I am excited to see Tues Night participating in the meeting, particularly given our groups original history in the hospital.

We also continue to host a speaker meeting the first Tuesday of the month. It is always a wonderful display of experience strength and hope. Plus, we have cake. Please consider coming by to join us.

Yours in Loving Service,

Kyle R. Tues. Night AA GSR

Huntington Hut Group-Mike S.

The Huntington Hut Group (the Hut) of Alcoholics Anonymous meets at 52379 Huntington Rd in La Pine. Our meeting location hosts 10 meetings a week. We have a new men's meeting on Sunday – the Smith and Wilson meeting. The group holds its business meeting on the second Tuesday of each month and all secretaries and group officers are required to attend. We call this the Group Conscious Committee (GCC) meeting. It is well attended. We contribute to Central Oregon Intergroup, District 5, Oregon Area 58, and GSO. The Hut supports its GSR to Assemblies and expects the GSR to attend the Assemblies. At the last GCC meeting we debated

the use of paper cups vs. ceramic mugs. This was discussed and voted on, failed then tabled to send back to the meeting to get more input. My service sponsor calls this chairs prerogative. We also decided to update our bylaws with more accurate job descriptions with length of sobriety requirement length of service commitment. Most of the committee positions are due for rotation this January. Our Activity chair organized a taco bar, desert potluck white elephant gift exchange that was great fun and fellowship. This activity had a good turn out and was much appreciated. We have good AA program and good AA fellowship. Come visit us and join us as we trudge the Road of Happy Destiny. I want to thank Carrie B. of New Horizons for freely sharing group job descriptions, home group member welcome packet and their newcomer packet. I will bring this to the Hut to see if we can better help the alcoholic who still suffers. In love and service, Mike S.

Sisters in Sobriety-Jill B.

The meeting numbers continue to grow with a lot of newcomers attending. The group has a social event, usually a meal or potluck every month. In addition, plans are underway for the May Women's Retreat. Jill B. GSR

We Are Not a Glum Lot -Larry R.

Location: Church of Christ, 554 NW Newport Ave, Bend Days: Mon, Wed, Fri. Times: Noon-1pm Attendance: 45-60 Trad: \$45-65. No new activities, projects, etc. All service positions filled. In service; Larry

New Horizon -Carrie B.

My Name is Carrie and I'm an Alcoholic. My home group is New Horizons, we meet 6 days a week. Monday through Friday at noon, and Saturdays at 10:30 at TEC

We had our rotations this last month, and I was elected to serve as the GSR for the next 2 years. It will be an honor and a pleasure to serve with District 5s newly elected panel. I plan to attend all the district meetings as well as area assemblies. I also plan to attend our Pacific Regional assembly in March. I have a room reserved in Tucson for PRAASA. If anyone would like to split the room and the cost with me, please let me know. PRAASA is PRICY this year at \$200 per room per night, and my plane ticket was \$350, so any cost sharing the better for my group, and yours.

Geri H. was elected to serve as our alternate GSR for these next two years, and I look forward to working closely with her. She seems committed to learning all she can about our Traditions, and general service. She plans to attend district meetings with me, as well as area assemblies preparing to be well qualified to rotate in as our groups next GSR in two years from now.

And our last District service position that was filled at this month's business meeting was our CTF representative. New Horizons now officially has a spot on this CTF committee and our representative for the next 1 year will be Pam R. She will be attending the next CTF committee meeting and plans to take a commitment for our group. New Horizons is looking forward to being part of the D5 treatment committee. Our business meetings take place on the first Tuesday of every month directly following our "As Bill sees it" meeting, at 1:10. Our business meetings are scheduled until 2:30 for a total of 1 hour and 20 minutes. We usually have over 20 enthusiastic home group members in attendance every month wanting to know how they can be of maximum service to the group and to AA as a whole. Lots of great questions, and discussion, and everyone is usually equipped with their AA group handbook. I look forward to representing my group during this next two years in the general service structure.

In Gratitude, Carrie Blake

The Home Away From Home Group-Pilar

The Home Away From Home Group (HAFHG) of Alcoholics Anonymous meets every Thursday, from 7-8:30pm, and Sunday, from 2-3:30pm, in Deer Ridge Correctional Institute (DRCI) – a men's minimum/medium security prison near Madras OR. Meeting attendance ranges between~8-40 inmates of varying lengths of sobriety. Thursday meetings are AA literature based. The third Sunday is an outside

speaker/open discussion meeting. The fourth Sunday is an inside-speaker/ open discussion meeting. Other Sundays are open discussion meetings. The first Sunday of the month we hold our business meeting, we also celebrate milestones in sobriety. We have 5 current inside service positions; Thursday Secretary, Sunday Secretary, Literature and Coin Person, Recording Secretary, and Treasurer. 5 of the 5 service positions are currently filled. We will be electing a new Sunday Secretary in February. A motion was approved to hold the March business meeting on the second Sunday. This will allow our GSR to communicate the general service conference information to the homegroup. The HAFHG is also still considering an inside GSR position. This was brought up at our last business meeting, but was tabled because of time. A proposal to change the Thursday night meeting format to a step study speaker series is also being considered. There has been no discussion on this business. The HAFHG continues to express a deep sense of responsibility and enthusiasm around carrying the AA message of hope to other alcoholics and meeting them where they are at. In this spirit, there was much that was discussed in our last business meeting about starting an inside Spanish Speaking Meeting. DOC guidelines indicate that an expressed need must be demonstrated by inside members, "in order for" this meeting to be considered by the institution. The responsibilities and actions that need to be taken by the inside members to make this happen were discussed. No motions were made and the discussion was tabled because of time. Additionally, two Spanish speaking districts have contributed funds to help start the meeting.

It is always a joy to share the message of hope that former inside members are experiencing in their lives today, thanks to the program of Alcoholics Anonymous. There is usually a strong suggestion of, "You can start this journey/these steps now, as an inside member. Don't wait until you get out.", expressed, from former HAFHG members to current inside members.

Closer to home, an additional outside-AA is now navigating the OR DOC Volunteer Certification process. If completed, they could help facilitate the 104 meetings we hold every year -- a responsibility currently shared primarily by 2-3 volunteers. It's our hope to have at least six outside-AAs with firm, scheduled commitments within the next few months. To support the HAFHG with your physical presence, please speak to Tim C, Daryl L, Pilar T, or Roberto F. call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

Men's Straight Talk-Greg S.

At our last business meeting we accomplished service rotations for the secretary and treasurer positions. The Alternate GSR has resigned and that position remains open. I informed the group of setting up a proper bank account and the required steps. That should be nearly in place by our next business meeting. Attendance remains steady at 8-12 people per meeting with strong 7th tradition support.
YILAS, Greg S.

Announcements:

Looking for members to serve on the District 5 CPC Committee

To inquire about serving in this way, please show up for the Committee meeting on Wednesday February 5th at 10am at the Downtown Bend Library, upstairs in the Hutchinson Room.

New Meeting - Redmond Early Risers Mon-Fri at 7am at Zion Lutheran Church @ 1113 SW Black Butte Blvd, in Redmond, beginning tomorrow 1/13/2020. Mondays are Big Book Study, Tuesdays are Step Study, Wednesdays are As Bill Sees It, Thursdays are Daily Reflections, and Fridays are 12 & 12 Study.

Central Oregon Speaker meeting that is held the first and 3rd Friday of the Month like your support by attending this meeting. Check it out.

Closing Announcements

Motion to Adjourn: Greg S. motioned, Seconded Ben R. Motion passed.