

District 5 Oregon Area 58

Meeting Minutes

July 10th, 2022

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Jamie S (Alt DCM), Christine B (Secretary), Ron B (CPC), Rob L (CTF), Walt W (Corrections), Jessie C (Grapevine/La Vina), Brian R (PI), David R (GSR - As Men See It), Frank W (GSR - Attitude Adjustment), Amanda B (GSR - Firing Line), Carmack (GSR - Men's Book Study), Sarah B (Alt GSR - New Horizons), Charles K (GSR - Not A Glum Lot), Pete L (GSR - Redmond Early Risers), John K (GSR - Redmond Rebels), Shannon M (GSR - Rising In Recovery), Todd H (GSR - Steps To Sobriety), Jake M (GSR - Tuesday Night AA), Jean G (Guest/Treasurer Nominee), Will D (Guest/Treasurer Nominee), Marl L (Guest)

Welcome to new GSRs: David R (GSR - As Men See It) AND Jessie C (Grapevine/La Vina), Brian R (Public Information)

Tradition.7.Presentation:

https://docs.google.com/document/d/1j_f4QCInd4vkh5UkwRga5dz8K9N1pC7E5D475J1qSI/edit?usp=sharing

District Secretary – Christine B.

In addition to asking about any corrections or questions regarding the minutes from June... Please remember to put the district meeting on your calendars so you don't make plans that interfere with this once a month commitment. Also, this month six of twenty three groups turned in a report. I would encourage all of you to look at your monthly report as your opportunity to highlight and make the presence of your group as an active group known. It's not meant to be a chore. It's the time to expose and share how wonderful your group is and why.

A motion was made to accept the minutes of the June meeting as written, by Shannon M and was seconded by Ron B. **Motion Passed.**

Treasurer Report – Christine B. / Position Vacant Learn More

Reported June: Group contributions: \$415.25, Expenses \$td, Ending Balance \$6,658.66. Please let your groups know that at this rate of contributions we will not be able to accomplish all that which is in the group approved budget for this year.

A motion was made to accept the March Treasurer's report as delivered by Sarah S and was seconded by Amanda B. **Motion Passed.**

DCM Report – Carrie B.

District 5: Hello D5! Amber, our delegate, comes to District 5 to give our entire local fellowship her report back **IN PERSON** on THIS SATURDAY! **July 16th at 12:00 Noon at TEC in Brooks Hall.** With less than a week to go, this should be being announced at every meeting this week between now and Saturday! This is one, every AA member in district 5 is welcome and encouraged to attend!! I'm hoping all the committee chairs will be there to set up a table and make an announcement. This is our opportunity to show

the members of our district what we have been doing and how active their trusted servants have been! Each committee chair will be given 5 minutes to give a small presentation and invite groups to participate on your committee.

I was asked by a group outside of D5 to give a 5 minute presentation on the Tradition of the month at the beginning of their online business meetings each month for a year. I had to decline that request because my time and energy needs to be saved for the groups in D5 but I suggested they ask their local DCM to do this for them, and as far as I know he accepted the request. I would like to let all groups in Central Oregon know however, that I am available for things like this, and to please feel free to reach out to me for assistance with business meetings, a General Service presentation, or even a Tradition or Concept Workshop. I am here to serve you!

I was invited to visit a district on Tuesday the 14th and give a presentation on what a Group inventory is. It went well, and there were lots of great questions!

On Monday the 27th I met with our new D5 Grapevine Chair and Gave her all the Books, Equipment, and supplies. I am excited for her to get started!

Wednesday the 29th at 3:30pm is when you all decided would be a good time for an ad hoc committee to get together and figure out how we can hold district meetings hybrid. Only one person other than myself showed up and neither of us know much about technology. It was disappointing, but telling.

I was invited to visit a D5 Home Groups Business meeting on Friday the 1st of July. The meeting was well attended, and I was just there to stand by and answer any questions that came up. It was fun and I was happy to be able to serve a local group!

The PI Chair had to step down, so I filled in for her at the PI committee meeting on Saturday the 2nd at 10am at the Library downtown

This last Sunday I met with Whitney, a new member of the outreach committee who is very interested in learning about Traditions and Concepts. Her enthusiasm is inspiring!

Jamie Alt DCM had Covid so I covered for her at the Tradition 7 study on Sunday at 4 where Shannon from the RIR Group gave a great presentation on Tradition 7. LinMarie our Area58 GV/LV Chair Zoomed in as well and read a GREAT Tradition 7 GV article from this month's Grapevine. Anyone who hasn't read it yet, It's a fantastic read! I reached out to the author of the article and she has agreed to be one of the participants at the District 5 GV Pajama Party on the 6th of next month! Don't miss it!

Next Sunday at 4 pm, Past Pacific Regional Trustee Madeleine P will be presenting at our Concept Study on Concept 7 and the Power of the purse! Have you ever wondered why every group contributes differently? Some groups contribute to 2 entities, some

contribute to 3, and others contribute to 4. Learn how to help keep your group responsible with the principle of ***“The power of the Purse.”*** I encourage all GSRs and Treasures to attend. Madeleine has a lot of experience! Come pick her brain!

Friday, I attended the Event planning committee at the Library at 10am. I also met with the last PI Chair and got all the PI stuff. There was a LOT! Luckily, I was able to meet with the new PI Chair, Brian later that same day. Brian now has all the supply!

A GSR for a group in District 5 has requested a possible Tradition workshop for their home group members, and I am looking forward to being able to serve them in this way.

Area 58: District 4 DCM asked me to give a Tradition one Talk for the first 30 minutes of their District meeting on June 16th. It was a lot of fun and I'm looking forward to doing another one for them real soon.

I was not able to attend the Pacific Northwest Conference this year because I was on Vacation with my family. *(Yes, I actually took a break)* lol But I do plan to attend the Regional forum this year in September in Salt Lake City Utah. I have already booked my room and flight. If anyone would like to attend with me you are more than welcome. This will be my first forum. We can do it together! I have included a link if you are interested. <https://www.2022aapacificregforum.com/>

Thank you for trusting me to serve our District.

Yours in Fellowship & Service,

Carrie B. District 5 DCM

<http://district5aa.org/>

dcm05@aa-oregon.org

541-788-7276

https://docs.google.com/document/d/17NVZfZgrEJTPBNctsJJCheOCSUoZexVWAAyyoE4kJ3_M/edit?usp=sharing

Alternate DCM Report- Jamie S.

Hello District 5! My name is Jamie and I am an alcoholic. My homegroup is The Firing Line Group Of Alcoholics Anonymous and am serving as your Alternate District Committee Member.

I have been continuing attending various in person meetings to present necessary announcements and I still continue to encourage any committee members to do the same.

If you are a new GSR and have not yet been through D5 GSR Orientation, please reach out to me at 971 297 5419 or email me at dcm05-alt@aa-oregon.org and I will make the time to meet up with you.

As of last Sunday, the Traditions/Concepts meeting has moved online due to lack of attendance. The intent of this meeting is to help GSRS and Committee Chairs to better understand the 2nd and 3rd Legacy. Hopefully this will allow more GSRS and Committee Chairs to attend.

In the past it has been a custom for District 5 to put on 6 workshops per year. We have a workshop committee that all GSRS are welcome to be part of. The next planning committee meeting will be held in person July 8th at 10am at The Downtown Library. Here is a recap on 2022 workshops.

- March 19th- 12 step calls and Sponsorship
- April 2nd- Grapevine/Archives
- April 16th- What Are The 3 Legacies

Upcoming-

- August 6th- Grapevine Pajama Party part 1
- September- 3rd Grapevine Pajama Party part 2
- Homegroup- October 1st

I look forward to seeing all of you Saturday for our Delegates report back at 12pm on July 16th at Brooks Hall. Everyone is welcome. Please continue to announce this to your group. I really encourage committee chairs to attend this. This is the perfect opportunity to set up a table and give a mini presentation at this event. We as a District want to let others know where their money is being spent and what we are doing in our services for them.

The district is continuing looking for authors of Grapevine and/or LaVina articles to share their work with us at a Central Oregon Pajama Party Story night!

On August 6th at 6pm we will have an online storytelling night where already published articles are read by the authors. This will be for inspiration for the Storytelling night **PART TWO that will be held IN PERSON in Redmond** on September 3rd, where attendees from the first part of this workshop who have not yet been published will have an opportunity to read articles they have just written that will be sent in to be published. Everyone is invited to attend both and/or either and participate by writing and/or just listen to the stories others have come up with! This will be FUN! PLEASE announce at your Home Group and other meetings you attend that we are **looking for published authors** for part one.

Thank you for allowing me to serve, Jamie S

dcm05-alt@aa-oregon.org, 971 297 5419

Unfinished Business

- District 5 Treasurer needed ASAP. - We have two nominees, Jean G and Will D. **Will D. was voted into the position of District 5 Treasurer.** A huge Thank You! to both Jean and Will for making themselves available to fill this position.
- Update on ad hoc Committee to address hybrid options for the District meetings. -Thank you to Carrie B and Charles K for showing up to the first meeting of the ad hoc Committee. Christine B meeting this coming Friday with Mark/IT for Area to learn about options. Let Christine know if you would like to join and you will be invited.

Committee Reports

Assembly Host Committee: Christine B.

The 4th of July derailed the plan to meet on the first Monday of the month, here in July. Our next Assembly Host Committee meeting will come up in the next couple of weeks. Flyers are being prepared and we will be starting the push to invite the District to participate in the many service opportunities. This is also an opportunity to show the rest of Area 58 that AA is alive and well in District 5. I look forward to this event for building unity in our District and our Area.

Access Committee: Vacant - Learn More

The District Access Chair position remains open. We are still looking for a reliable, responsible member to fill this position. This position requires an understanding of technology. Should know your way around Zoom, computers, and be able to help people to access meetings online.

As DCM I have been trying to do all I can in this position in the interim until we get someone to take it over.

I attended two committee meetings this month to help support creating a local temporary daytime online accessible meeting since the Group that was holding online meetings during the day went back in person and no longer has an online presence. Members from Steps to Sobriety, New Horizons, Thursday Night Men's Book Study, Not a Glum Lot, and also a DCM from District 9 were in attendance. A format was decided, a script was created, and service positions were filled. There was great participation and input from all 10 members in attendance. The new meeting starts tomorrow. This meeting is not part of a Group and it was decided that it's just a trial and will go away when there is no longer an expressed need.

https://docs.google.com/document/d/1ZVegaieKoLUoz_s_VT0BtYGzWMOmIBcuQi1HHaDgrk/edit?usp=sharing

We had an ad hoc committee meeting Wednesday the 29th to brainstorm and start researching hybrid options for the D5 business meetings. Only one person other than myself attended this. Thank you Charles for taking the time to put into working toward eventually going hybrid. Christine has also been working with Mark, IT from Area and researching options. This will be slow moving until we get someone willing and qualified in the access Chair position. Until then, please continue to announce this position at your Home Group.

Anyone who is interested in this position should be assured they won't have to do it alone. It is a Chair position, and you can appoint your own committee.

https://docs.google.com/document/d/11FK81Avmj6aD2HR43WARXrXR6MO_0L_we6ztGXiAweM/edit?usp=sharing

Yours is Service,
Carrie B.
District 5 DCM
dcm@district5aa.org
541-788-7276

Archives: Joe H.

No report.

Cooperation With the Professional Community (CPC): Ron B.

I am Ron B your alcoholic district 5 CPC chair. This is been a tough month of illness in our family so not much to report. On the third Wednesday of each month we are having a CPC planning and workbook study. This will be held on July 20 from 6 to 7 pm. Looking forward to a healthy month of getting the word out to professionals in district 5. - Today attended the Sunday Morning Serenity meeting, made an announcement, Q&A, and passed out packets. - Thank you for letting me be of service.

Thank you for letting me be of service,
Ron

Cooperation With Treatment Facilities (CTF): Rob L.

Your Cooperation with Treatment Facilities (CTF) Committee is growing! Here's our team:

Member	Facility	Home Group / Indie
Ann P.	Best Care Madras (Spanish)	Attitude Adjustment
Kendra	Best Care Redmond	Independent
Laurie P.	Best Care Redmond	Attitude Adjustment
Brian W.	Pfifer	Men's Book Study
Emily Ann	Best Care Redmond	Independent
Steven N.	Cascade Crest Transitions	
Pete B.	Best Care Madras (English)	Independent
Heidi T.	Best Care Redmond	Tumalo Friday Night
Tom D.	In queue	We Are Not a Glum Lot
Rob L.	CTF Chair	Independent

Pete, Heidi, and Tom are our newest members. Welcome!

- Vicki S. from New Horizons has completed her service position as CTF rep at Cascadia Crest Transitions. Cascade Crest was the first facility to bring an AA panel in during the pandemic, and Vicki blazed that trail for us. Thanks, Vicki!
- We've added a new panel at Best Care Madras. Thanks for Pete B, a new committee member, for taking that on!

- We are continuing our outreach to other treatment facilities. Pray for us!

In service and gratitude,
Rob L.
District 5 CTF Chair
510-912-0129

Corrections: Walt W.

Still awaiting approval for in person meetings at the main jail to resume. Until then the Virtual Program continues with AA volunteers conducting meetings from the Work Release Facility to the main jail via tablets.

Thanks for Letting me be of Service
Walt

Grapevine / La Vina: Jesse C.

New. Hi, my name is Jessie and I am the new District 5 Grapevine/La Viña Chair. I am currently figuring out home group membership, and I will have that solidified next month. I moved here last year from Portland where I was a member of the Sunrise Session group in Lake Oswego since 2006. I am looking forward to getting involved in District 5!

I will not be present next weekend, July 16th, at the conference report, but I have given the Grapevine board to Outreach Chair Todd and he has agreed to set up the Grapevine table. He will also make announcements about the two Grapevine events coming up.

We are looking forward to two upcoming Grapevine events. Part one of the Grapevine/La Viña Storytelling event is happening on Saturday, August 6th at 6pm in a virtual setting through Zoom. Four published Grapevine authors will be sharing their articles, and they will be staying after the meeting to chat and answer questions about their experience writing and submitting articles for The Grapevine/ La Viña. Hopefully this event will inspire potential authors/members to write their own articles. With that in mind, four weeks later, on Saturday, Sept. 3rd at 6pm, part two of the Grapevine/La Viña Storytelling Event will be at Christine's house in Redmond. Members are encouraged to come and enjoy Christine's lovely deck, with or without their own potential Grapevine/La Viña articles to share with the group! We will listen to members share articles they are submitting to the Grapevine/La Viña. GSRs, please start announcing these events at your home groups.

If your home group has a GV rep, please give them my contact information so that they can be on my committee. I am looking forward to meeting all the Grapevine reps in the District. My email is Grapevine@District5aa.org.

My plan is to regularly come and participate in the Traditions and Concepts meetings on the first and third Sundays of the month.

Literature: Vacant - Learn More

Outreach: Todd L.

We continue to make announcements about upcoming D5 events and meetings. We are also offering the option for D5 AA members to receive these announcements directly via email. Looking forward to our next D5 event Saturday 7/16 at Brooks Hall in TEC. This will be a fun party-like general assembly check back from our area delegate. There will be catered lunch and a raffle.

Thank you,
Todd L.
Outreach chair.

Public Information (PI): Brian R.

New. Verbal report. - Happy to be serving again. Was last a GSR in District 5. Ran into Carrie. Have emailed Christine. Ran into Ron and will talk to Artha.

Website: John S.

My name is John Stark and I am an alkie and stoked to be your District 5 webmaster! Sorry to miss tonight's meeting as I am out in Oakridge mountain biking with family and friends. Living this life you all have freely given me.

Here is my update for July 2022:

Website traffic for the past 30 days:

- We have had ~1,700 unique visitors to the website. Unique visitors are only counted once even though they may return to the site multiple times in the past 30 days.

- Our top five visited pages are:

1. Calendar page
2. Contact page
3. About District 5 page
4. District 5 Committee Job Descriptions page
5. About GSR page

- Our busiest website traffic days are Monday's and Tuesday's.

My activities this month:

- Calendar updates

- Added Outreach@District5aa.org email

- Added and/or removed flyers from Home page and Calendar/Announcements page

A couple additional items:

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines

- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed

That's all from me! Have a great July everyone and remember to keep smiling.

Regards,

John Stark

D5 Webmaster Dude

GSR Reports

Tuesday Night AA (Jake M - GSR)

My name is Jake and I am an Alcoholic.

My home group is Tuesday Night AA. Our group meets Tuesday nights at 7pm at Bend Church of the Nazarene on 27 th . We are an open, one hour discussion meeting most weeks. On the first Tuesday of every month we have a speaker meeting- with two different speakers. We average about 30 people at meetings. We are adjusting our contribution pie chart.

Nothing has changed since last month, so I have nothing to report.

In grateful service,
Jake M
GSR
Tuesday Night AA

The Firing Line (Amanda B - GSR)

The Firing Line Group of Alcoholics Anonymous is excited to share that we are off of zoom and beginning this week our meetings will be in person. The Firing Line will now meet Tuesday nights at 7:30 p.m. at Turning Points which is located at 389 SW Scalehouse Ct Ste 130 in Bend. The Firing Line is currently a small, but strong group of three homegroup members. We are optimistic that our shift to in-person will increase attendance and homegroup members. We have plenty of service positions available if you or anyone you are working with are in need of service. We are a Big Book Study except for the last Tuesday of the Month which is a speaker meeting. July speaker meeting will be on Tuesday, July 26 and there will be a short presentation on Tradition 7 as well. Everyone is invited to attend.

In love and service,
Amanda

Rising In Recovery (Shannon M - GSR)

Shannon alcoholic.

Rising in Recovery is an online 7:00am meeting. We meet Mon-Fri using an AA approved piece of literature each day except Tue and that is a speaker meeting. Our day-to-day meeting is doing great, averaging 70 people a day from all over the world. Our business meetings have been very difficult. I reached out to Carrie (our DCM) to come to the business meeting last week on the 1 st and it was great having her there. She had great insight as to different ways I can better serve my group as their GSR. We will see what happens. - We are having lots of growing pains and changes. It's a lot! There are regularly 70 people with lots of personalities.

Thank you for your time,
Shannon M

New Horizons (Sarah B - AGSR)

Hello, my name is Sarah and I am an alcoholic. I am the AGSR for the New Horizon's Group, filling in for Mario while he is in Italy.

We meet Monday through Thursday at Noon at the Trinity Episcopal Church. Monday is our 11th step study, the first Monday of the month is a Tradition study, Tuesday is a Big Book study, Wednesday is a speaker/discussion meeting and Thursday is our Newcomer meeting. This coming week we are excited to have Patrick F from the Sunrise Group speaking on Wednesday. Please join us! In the past month we have had a few newcomers join our group and attending meetings. This is what brings the most joy and I know we all feel thrilled to be helpful! Thank you all for allowing me to be of service!

Steps To Sobriety (Todd H - GSR)

Hello District 5

The Steps of Sobriety group has filled two more service positions in the last month and if your a member of Steps please show up to our business meeting on the 3rd Sunday of the month at 1:15 pm and see gratitude in action. And I would like to remind everyone that on July 24th at 1:30pm we will be doing part two of our group inventory. Can't wait to see more or the great input continue on. Thanks for my sobriety.

Todd H

Gsr

Steps to Sobriety

Men's Book Study (Carmack M - GSR)

My name is Carmack and I'm an Alcoholic, My home group is the thursday nite big book study,we meet thursday nites at the first Presbyterian church 230 NE 9th st. Still doing hybrid meetings.

In service Carmack M GSR mens book study

Liaison Reports

Intergroup: No Report.

Alanon: Vacant

YPAA: Vacant

New Business

- September Assembly ride/room share options. There are opportunities. Speak to Carrie B if you would like to learn more about them and take advantage of the cost savings.

Motion to extend meeting 10 minutes by Jamie S. Second by Jake M. **Motion passed.**

- District 5 Rotation Motion. Jamie S. Second by Charles K. - To change District 5 Guidelines to read "Term of office is two years and begins on January 1st." This would apply to GSR's and District Officers. Elections still to happen in September. This will bring us into alignment with AA Conference Approved Literature suggested practice to coincide with the terms of Area Conference delegate and other Area officers. This also provides the opportunity for training for newly elected positions. There is no budgetary impact. **Motion passed.**

Closing Announcements / Questions

- Open Service Positions: *Interim positions to 2022 rotation OR full until the 2024 rotation:* Access, Literature,

Motion to adjourn: Carmack
Motion Seconded: Jessie C
Motion passed at 5:41.

Meeting was closed with the Declaration of Unity at 5:42pm.

Tools for GSRs

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)