

District 5 Oregon Area 58 Meeting Minutes November 12th, 2023

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Christine B (Secretary), Will D (Treasurer), Joe H (Archives), Ron B (CPC), Walt W (Corrections), Trisha M (Literature), Davey G (Outreach), Jena C (PI), Brian W (Treatment), John S (Website), Dawna A (GSR - 24 & Alive), Katie (AGSR - 24 & Alive), Dale B (GSR - As Men See It), Chris M (GSR - Attitude Adjustment), Tony H (GSR - Fleeting Thoughts), Willy M (GSR - La Pine Thursday Men's Group), Beth M (GSR - New Horizons), Brian C (GSR - The Park Meeting), Jared J (GSR - Redmond Early Risers), John K (GSR - Redmond Rebels), Hannah G (GSR - Sisters 4 Serenity), Chandra S (GSR - Sisters in Sobriety), Anne Z (GSR - Sober Sisters), Leon (GSR - The Spot), Todd H (GSR - Steps to Sobriety), Carmack M (GSR - Thursday Men's Book Study), Eric S (GSR - Tumalo Group), Anders W (GSR - WFS), Nick M (GSR - Young At Heart), Genevieve M (GSR - Step Sisters), Teri P (AGSR - Step Sisters), Wyatt R (Incoming GSR - Young At Heart), Joey D (Incoming GSR - Steps To Sobriety), Karen Z (Archives Asst), Helen W (GSR - WANAGL), Jen S (DCM - D9 - Guest)

Welcome to new GSRs/Visitors: Genevieve M (GSR - Step Sisters), Teri P (AGSR - Step Sisters), Wyatt R (Incoming GSR - Young At Heart), Joey D (Incoming GSR - Steps To Sobriety), Dale B (GSR - As Men See It), Brian C (GSR - The Park Meeting)

Tradition 11 Presentation: (by Ron, CPC)

Hello. I am an alcoholic and my name is Ron. My home group is New Horizons. I am currently serving as the District 5 Cooperation with the Professional Community Chair, in close cooperation with Jena, our District 5 Public Information Chair.

Tradition Eleven Long Form

Tradition 11 deals with personal anonymity at the level of press, radio and films and today: social media. In this sense, though it still refers to personal anonymity, it differs from 12th Tradition anonymity.

I believe Tradition 11 tackles the question, "How do we get the solution, outlined in the Big Book, to the still suffering alcoholic who is out there, ***in the public***, without destroying AA?"

We've had many BRILLIANT ideas...

As Bill Sees It (#198) says "AAs of worldly prominence sometimes say, "If I tell the public I am in Alcoholics Anonymous, then, that will bring in many others." Thus they express their belief that our anonymity tradition is wrong...at least for them.

They forget that during their drinking days, prestige and the achievement of worldly ambition, were their principal aims...They forget that the keeping of one's anonymity often means a sacrifice of one's desire for power, prestige, and money. They do not see that...we would be sowing the seeds of our own destruction as a society."

The Twelve Traditions Illustrated says, "We must ever be aware that self appointed messiahs,

speaking for AA through Public media can do us great damage!"

Ya know, we don't even need a big celebrity, or a famous politician, or any other type sensational advertising to hurt our reputation with the public...

T-shirt story/bumper sticker story.

So how do we get the message out to the public if we have to maintain all of this...anonymity?

Remember, Tradition Eleven deals with personal anonymity at the level of press, radio, and films.

In As Bill Sees It #43, Bill states, "It is only at the **top public level** that anonymity is expected."

According to The Twelve Traditions Illustrated, "many of us have chosen to tell our friends, neighbors, employers, coworkers, doctors, or spiritual advisers that we are in AA...and when we do so, we are **NOT** breaking anonymity in the meaning of this Tradition... Alcoholics will not be attracted to AA *if they don't know that it exists*, or if they have distorted, unfavorable impressions of its members or its program.

Giving the general public an accurate picture of AA is the chief job of our Public Information communities. In addition, they often carry the message to certain groups from police officers to personnel directors, whose work includes contact with active alcoholics." This type work is done through the Cooperation with Professional Community or CPC committees.

But what about attraction rather than promotion? Long story. No time.

If this intrigues you, if you'd like to learn more, or you would like to actively participate in AA's Tradition 11 and Step 12, I cordially invite you to be a part of District 5's PI/CPC Committee.

Flyer and PI/CPC Service Position Description

Finally, From Language of the Heart, page 111, **Tradition Eleven October 1948.**

"To the million alcoholics who have not yet heard our AA story, we should ever say, "Greetings and welcome. Be assured that we shall never weaken the lifelines which we float out to you. In public relations, we shall, God willing, keep the faith."

Thank you for letting me be of service.

Your brother in A.A.,

Ron B

Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

12&12 Quotes: "Our Public Relations Policy" T-XI

- *"a great responsibility fell upon us to develop the best possible **public relations policy**"*
- *"being in the public eye is hazardous, especially for us. By temperament, nearly every one of us had been an **irrepressible promoter**, and the prospect of a society composed almost entirely of promoters was frightening. Considering this explosive factor we knew we had to **exercise self-restraint.**"*
- *"With perfectly **good intent.**"*
- *"The Foundation (now the GSO) wrote letters to practically every news outlet in north America"*

- "Editors and rewrite men have repeatedly deleted names and pictures of members from AA"
- "They have even sacrificed good stories to this end."
- "Only a few AA members are left who **deliberately** break anonymity at the public level."
- "Each member **becomes an active guardian of our fellowship**"

*"When Time magazine wanted to put Bill on its cover — that is, put the **back** of his head on the front of the magazine — Bill*

declined, and declined the cover story as well. He reasoned:

"For all I know, a piece of this sort could have brought A.A. a thousand members — possibly a lot more. Therefore, when I turned that article down, I denied recovery to an awful lot of alcoholics — some of these may already be dead. And practically all the rest of them, we may suppose, are still sick and suffering. Therefore, in a sense, my action has pronounced the death sentence on some drunks and condemned others to a much longer period of illness.

But I went well over on the conservative side, because the requirements of the piece would have tended to create a clear and colorful public image of me as a person. This would have created for the future, I am sure, a temptation in our power-driving people to get like pieces — presently with full names and pictures. For this reason, I estimated that it would be better for some to die and others to suffer, rather than to set such a perilous precedent. Therefore, I declined the publicity, and I must confess it wasn't easy."

-Pass It On - Chapter nineteen, page 314.

I estimated that it would be better for some to DIE AND OTHERS TO SUFFER, rather than to set such a PERILOUS PRECEDENT!

WOW! So much for when I believe my case is different! I now can't say, "well if this could save even one alcoholic then it's worth ignoring this Tradition" Nope! This is a good reminder for me that my case is NOT unique enough to abandon one of the 12 Traditions.

It's true, the 12 Traditions have never made anything easier in AA or helped anything get done quicker. They are not for convenience. They are to protect the future of Alcoholics Anonymous from what we do today.

*"Experience suggests that it is in keeping with the Eleventh Tradition to not disclose A.A. membership on social networking sites as well as on any other website, blog, electronic bulletin board, etc., unless **composed solely of A.A. members and password protected**"*
https://www.aa.org/sites/default/files/literature/assets/mg-18_internet.pdf

Facebook Fellowshiping:

<https://drive.google.com/file/d/14uaZOuBvJJTaeV18LHD3ssCKwPZyeoHp/view?usp=sharing>

Part II:

<https://drive.google.com/file/d/1irSNsg8F3buWFtvGWGn9mnHfycjH-6pc/view?usp=sharing>

T11 Talk:

https://drive.google.com/file/d/14w19MsqWliodPrGyawykO5y6ChhZ6hib/view?usp=drive_link

Concept XI:

While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

District Secretary – Christine B.

No Report.

-Make sure to mark your attendance on Roster.

A motion was made to accept the October Meeting Minutes by Carmack M and was seconded by Todd H. **Motion Passed.**

Treasurer Report – Will D.

Good afternoon District 5, my name is Will, and I am an alcoholic. My sobriety date is November 21,

2018, and my home group is New Horizons.

Today we will be reviewing the October 2023 Financials. I emailed these documents to the Secretary, and they will be posted to the District 5 website accessible at:

District5aa.org>About District 5>District 5 Meeting Minutes & Treasurer Reports

<http://district5aa.org/district-5-meeting-minutes-treasurer-reports>

We are reviewing October 2023 which runs from October 1, 2023, to October 31, 2023.

We will start with the first line on the upper left-hand side of the Treasury Summary, but first let us go over some definitions of the titles used in this table.

- “Beginning” is the cash available on the 1st of the month.
- “High Threshold” is funding to cover 6 months of the current approved budget. The goal is to keep cash on hand below the high threshold.
- “Low Threshold” is funding to cover 3 months of the current approved budget. The goal is to keep cash on hand above the low threshold.

• “% of High Threshold” this percentage shows the relationship of our current cash on hand relative

to our high threshold. Ideally this number should be greater than 50% and less than 100%.

Looking at October, our beginning cash position was \$10,712.17.

Contributions from groups in September were \$1,457.10 and we had no other contributions or

sales.

Expenses in September were \$931.31.

DCM had expenses of \$159.50 – Leaving a remaining budget of: \$2,990.22

Treasurer had expenses of \$149.90 – Leaving a remaining budget of: \$54.10

Access had expenses of \$0 – Leaving a remaining budget of: \$118.01

Archives had expenses of \$115 - Leaving a remaining budget of: \$1,549.00

Literature Chair had expenses of \$66.99 – Leaving a remaining budget of: -\$149.82

Cooperation with Correctional Facilities had expenses of \$0 - Leaving a remaining budget of: \$519.16.

Cooperation with Professional Community had expenses of \$243.93 - Leaving a remaining budget of \$207.23.

Treatment Facilities had expenses of \$0 – Leaving a remaining budget of \$308.87.

Grapevine/La Vina had expenses of \$0 - Leaving a remaining budget of \$242.00

Public Information had expenses of \$0 – Leaving a remaining budget of \$1,389.98.

Website had expenses of \$0 – Leaving a remaining budget of \$660

Workshops had expenses of \$195.99 – Leaving a remaining budget of \$1,854.87.

This leaves us with an ending Total Cash Position of \$11,237.96.

High threshold is \$9,937.50 leaving us with a total cash position of 113% of high threshold.

Because the district is exceeding the high threshold that was adopted at the October 2023 meeting.

I would like to make two reminders:

Committee chairs need to start spending.

Groups can adjust their distribution pie charts reducing their contributions to the district until the threshold is below 100%

If any committee chairs need help accessing their allocated funds please contact me, my information is below.

Are there any questions regarding the November 2023 treasurer report?

If you have any questions, please email, or call me.

Thank you for allowing me to be of service,

Will D.

Treasurer, District 5 committee

treasurer@district5aa.org

A motion was made to accept the October Treasurer's report by Ron B and was seconded by Carmack M. **Motion Passed.**

Make use of:

- Birthday Envelopes
- Contribution Envelopes:

DCM Report – Carrie B.

District 5: First and foremost I would like to thank the following new Committee Chairs for making themselves available for the 2024/2025 year panel. Christine B. from the Redmond Early Risers group will be the next IT Chair. Ron B. from the New Horizons Group will be the next PI Chair, Trisha M. from the Steps to Sobriety group who has been an interim will be filling a full 2 year term in the roll as the Literature Chair, Erin B from the New Horizons Group will be the incoming Treatment Chair, and Todd H. from the Steps to sobriety group will be the incoming corrections chair. Make sure to thank all those who stepped up for making themselves available to serve on the incoming Panel 73.

We still have not filled 2 very important rolls for the next rotation. As a reminder, the district will not be able to function without a Treasurer and a Secretary. These are both very important positions and I would like to encourage you all to consider making yourself available and send your service resumes ASAP. Email Service resume to the DCM or use the digital form attached: <https://forms.gle/fZz2kddWLJwGnAtB7>

The 2023 12 Traditions Potluck was a success! It was very well attended. All 12 Speakers did an amazing job presenting on our 12 Traditions. If anyone from your group happened to have missed this event and would like to listen to the recording of the presentations, they are posted on District5aa.org or click on the following link: <https://drive.google.com/file/d/15stgmb1YwzAiMLKEWos9yiSAgYjWxTWv/view> I also want to thank Joe (Archives Chair) for doing the Costco Run for the Workshop that day!

Oregon Area 58: Our next quarterly assembly is NEXT WEEKEND **November 17-19th**. This will take place at the Holiday Inn Portland Columbia Waterfront 909 N. Hayden Island Drive, in Portland. Book rooms starting at \$119 per night here: <https://book.passkey.com/e/50676213> Or, if you prefer to call, mention Oregon Area 58 for the special rate. Register here: <https://area58.wufoo.com/forms/november-2023-quarterly-assembly/> If you would like to share a room or a ride with someone, PLEASE INCLUDE IT IN YOUR GSR REPORT. Committee Chairs, this is the one assembly of the year you are encouraged to attend as well. You each have a budget for this and are funded. This is where the new incoming Committee Chairs will learn about their new positions!

GSB/AAWS: AAWS has a HUGE literature sale going on now with some incredible prices! Pass this link onto your literature rep for discounted books and free shipping. <https://www.aa.org/sites/default/files/literature/Fall%20AAWS%20Flash%20Sale%202023.pdf>

***Yours in Fellowship & Service,
District 5 DCM dcm05@aa-oregon.org
Carrie B. 541-788-7276***

- Old error in the Twelve Traditions pamphlet was just noticed and has been corrected. Groups make a difference.

Alternate DCM Report - Vacant

Unfinished Business

-District Secretary and Treasurer positions need to be filled for the 2024/2025 rotation.

- Brian W is available to be Secretary. Was **voted in**.
- Walt W is available to be Treasurer. Was **voted in**.

-Budget

- Motion to accept by Carmack M, seconded by Brian W. Motion passed. Minority opinion. Motion to revote by Anders W, seconded by Brian C - Motion passed. **Committee Chairs need to give input on and validate numbers. Bring back.**

Committee Reports

Access Committee:

Vacant.

Archives: Joe H.

Greeting D5,

Archives Committee will be picking up some 3 rd edition big books and some Grapevines from 1965 this week from Drew P. We are excited to add this to our repository.

Last week we purchased an 8'x10' rug for the repository. It is very nice and should add a nice touch of class to the repository and make it feel homey for anyone doing research.

Next week we will acquire a battery powered floor lamp and table lamp.

The Archives committee attended the Traditions assembly and made a brief presentation and displayed some of the repository's materials.

While at the Traditions I utilized the opportunity to network with our Literature Rep to

acquire some much needed newcomer packets for my home group in Tumalo. My service at the district level has also allowed me to utilize an approved D5 speaker list that Carrie our DCM provided. So far, I have had the pleasure of having Carmac, Christine, and Walt, as speakers at my home group The Friday Night Tumalo Speaker Meeting. And our friend Mario will be speaking on Friday December 8 th at 7pm. Hope you have time to join us with Mario.
In Service,
Joe

Feel free to contact Joe H with any questions comments or concerns directly by cell phone at 541-948-4475.
Or email me at:
Archives@district5aa.org

Cooperation with the Professional Community (CPC): Ron B.
No report

Treatment Facilities (CTF): Brian W

Greetings District 5,

I would like to welcome Erin B. as the new Treatment Chair starting next year. Erin and I had a chance to meet up to go over the district procedures. I have complete faith that she will carry the committee well through the next two years.

One of our committee members who had been bringing a panel into CCT for several months past the date he was to rotate out of his position was informed this week that they no longer want a panel. I'm working on reconnecting with CCT to discuss how that transition would move forward.

With the help of Carrie B., we now have an established panel at Bethlehem Inn running on the third Tuesday of the month. I spoke on this panel last month. One of the things that Carrie had was an older treatment committee binder with an old format of the reading we would read off to the panel speakers as well as to any treatment workers - counselors, directors, etc. - that had not been included in our current guidelines. I am working to include these in our guidelines so we can follow our responsibility of educating those that work in treatment on how Alcoholics Anonymous works. Here is the panel prep link that we read to panel speakers

[☰ Treatment Center Panel Format 1 hr](#)

At our last treatment committee meeting, we were also supposed to discuss the Bridging the Gap guidelines, but members of the committee did not feel prepared yet to take action on that. Bridging the gap is something we feel is important and we want to get it right before we make it part of our guidelines. Before our next business meeting on December 11 at 6pm. I want to encourage any active District 5 GSRs to read the proposed guidelines and share your opinions. You can attend our next business meeting or share with me over email at ctf@district5aa.org. Link to the draft of guidelines [☰ District 5 Bridging The Gap Guidelines - Draft](#)

If your group does not yet have a Treatment committee member, now is a good time to consider sending one to join the Treatment committee. There are still several treatment facilities that do not have a panel, and we need help not only opening the door but supplying a panel to these facilities. If you are interested, please contact me. Thank you.

Brian D. Weber
818-317-1248
ctf@district5aa.org
Chair - Treatment Committee
District 5 AA - Area 58
www.District5AA.org

Corrections: Walt W.

No report

Grapevine / La Vina: Jessie C.

Vacant. - Carrie B is temporarily covering the position. Packets available \$2/ea.

Literature: Trisha M.

Hi everyone,

On Oct 14th, I got to participate with 11 others in presenting on one of our Traditions during our D-5 Tradition Workshop. I also set up literature there so during the workshops giveaway, winners were able to come over and pick out one of our conference approved books. AA Comes of Age is always in the top favorites. We also started a new Tradition in that we will give away a free Big Book at all of our Workshops to the newest AA in the room.

I also set up literature at the Intergroup Potluck speaker meeting in Prineville on Oct 28th where I also gave a short T-10 presentation. Having literature there gives people easy access to buy literature for themselves and their groups.

Other T-10 presentations I did were for the Page 21 group in Prineville and my own home group, Steps to Sobriety.

The pamphlet I presented on during October was, The Jack Alexander article.

Early in Oct I met with Joy, GSR for Page 21. She had a question about our new D-5 pamphlet so I thought I would bring the answer here in case any others were curious.

The question was "What are the guidelines around printing up our own literature? I was able to answer her from the literature itself.

The F-29 service material called "Conference approved Literature" had the answer.

In the portion headed "Not all "AA literature" is conference approved.

"Central offices and intergroups do write and distribute pamphlets or booklets that are not conference approved. If such pieces meet the needs of the local membership, they may be legitimately classified as "AA literature". There is no conflict between AA World Services, Inc (AAWS-publishers of Conference approved literature), and central offices or intergroups-rather they compliment each other, The conference does not disapprove of such material.

If there are any other questions about this, please feel free to ask myself or Carrie.

As past Archivist for D-25 I liked to collect vintage pamphlets put out by other central offices or intergroups. Fun to look at.

Our newcomer packets now include the D-5 pamphlet. The price for 12 packets is now 5:00 because of the recent price increase of literature but still a great deal.

I recently met up with Joe from Tumalo to sell a large quantity of our newcomer packets. if you have literature needs please feel free to contact me and we will make it happen.

Thanks for letting me be of service,
Trisha-D-5 literature chair

Outreach: David G.

No report

Public Information (PI): Jena C.

Hello I'm Jena, I'm a recovered alcoholic serving as your PI chair. The PI committee has been doing a lot of work! I am pleased to say we now have a committee member from each town in Central Oregon. We are still hoping to get a committee member from each home group in District 5.

We are still putting big books in the public libraries. We would also like to start putting grapevines in little neighborhood libraries. It would be cost effective and we could use old used grapevines for that. So if you or your home group have any old grapevines you would like to contribute to the PI committee, please get a hold of me or send them with your group's PI/CPC rep to the next committee meeting.

We are also placing flyers all around town as well as P.I. cards. I hate to say it but it has been brought to our attention that another 12 step program is on it when it comes to advertising, so in cooperation not affiliation I have reached out to the PI chair of that fellowship to brainstorm ideas of reaching the public. Also I have reached out to the source for digital as well as paper advertising. They have responded and stated that there is a wellness spot in the source they would like us to fill. Another idea we have is the back of shopping carts.

Our next focus will be putting school packets together and getting them to the schools around town including COCC. If anyone has any connection with someone in the education field and you would like to help get some newcomer invite packets in the hands of the professionals you know, our committee could use your help. This is another project we have been working on with Ron the CPC chair as it has been very difficult to separate PI from CPC. There is much overlap and the combined meetings have helped much with this issue. Another reason the CPC committee will be making a motion for our committees to be combined moving forward.

I have some great news! Last week I received a phone call from the substance abuse navigator that works at Mosaic. The CPC chair and I met her during the health fair we attended. She placed a large order of PI pamphlets, brochure holders, pi cards, and paper schedules. She wants to supply all Mosaic medical centers around Central Oregon with our information. So the health fair was a success!

However, now I need to ask for your approval for excess funds for the material to get out to Mosaic because as of now we have used up our budget for the year. I am asking for the District to approve an excess of \$77 on the 2023 PI budget for the year. I would like to get that taken care of as a piece of recommended urgent business and request

that it be put at the top of new business with the chairs approval.

Our next committee meeting is November 15th at 6pm upstairs in the Hutchinson room at the downtown Bend Library. All are welcome and we can always use more help.

Thank you for allowing me to be of service,

Jena C.

D5 PI Chair

d5aa.pic@gmail.com

541-306-0055

Website: John S.

Hi Folks:

My name is John Stark, and I am your alcoholic D5 Web Chair. Thank you to Chris!!!

Here is my update for November 2023:

Website traffic for the past 30 days:

Website traffic is up quite a bit. Good news.

Our top five visited pages for the past 30 days are (same as October):

1. Contacts
2. Forms and Downloads
3. Calendar
4. GSR Page
5. About District 5 AA Page

Our busiest website traffic days for the past 30 days are Saturday, Sunday, and Monday.

My activities this past month:

- Calendar updates.
- Added and/or removed flyers from Home page and Calendar/Announcements page.

Reminder:

[Please contact me first](#) if a link is broken, a file is missing, or anything else that has to do with the [District5aa.org](#) website. The same for any D5 committee email issues. Thank you.

A couple additional items (recurring):

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.

- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great November everyone and remember to keep smiling.

Regards,
John S
D5 Web Chair

- **Committee Chairs - DO NOT DELETE EMAIL!!!!**

GSR Reports

New Horizons (Beth M - GSR)

My name is Beth and I am an alcoholic. Our group meets four days a week, Monday through Thursday at noon at TEC. Our new Thursday format, the Maintenance Steps, is going well and we invite everyone to come check it out! For information about our group you may visit our website at newhorizonsgroupaa.com.

I am happy to report, we completed our bi-annual group inventory on October 10 th . Our group conscience states the GSR conducts a group inventory within the 2 year term. This allows our group to consistently evaluate how well we are aligned with A.A. principles. Our group set aside 2 hours after our noon meeting, selected an inventory of 12 questions related to the principles outlined in our 12 Traditions, and requested neutral A.A. members outside of our group to facilitate and record minutes for the inventory. District 5 officers are a good place to begin looking for this service to any A.A. group. We thank Christine, District 5 Secretary, for facilitating this inventory and Jen, District 9 DCM, acting as recording secretary for doing an incredible job supporting a vital process on behalf of our group! It was well attended by our home group members and offered us constructive information for our group to use. As a group, we will review the minutes reflecting member responses to each of the 12 questions November 14 th to evaluate helpful resolutions for any area we can improve and then present these resolutions as agenda items for subsequent business meetings and group conscience. This is such a useful and critical tool for the well-being of our group unity and ensuring we carry the A.A. message as a group.

At the September Area Assembly it was reported that Area 58 has now spent down the surplus they have carried for some time. As a result, our group has now decided to resume our quarterly contributions to Area. Our group conscience utilized the "power of the purse" (Concept 7) to support responsible use of group contributions at Area.

Our group Elections for many service positions is coming up in our December business meeting.

We are looking forward to providing the opportunity for members to rotate into a new service experience within our group. The spirit of rotation is vital to the health of our group and it's members.

In gratitude and service,
Beth M., NHG GSR

Fleeting Thoughts (Tony H - GSR)

My name is Tony alcoholic and GSR for fleeting thoughts group. We meet at turning points recovery center every day at 5:30 pm.

The group conscious decided to move the Sunday night first step meeting to Wednesday because a lot of new comers were coming on that night. Also we decided to make Sunday night a Grapevine meeting.

Thank you for letting me be of service

Thursday Men's Book Study (Carmack M - GSR)

my name is carmack I'm an alcoholic. My home group is thurs. nite mens book study. Oue group meets at 1st presbyterian church at 230 NE 9th St. Across from Bend H.S.

We continue to have strong attendance, a few new guys. A core group of men who carry the message of solution based recovery. We are having elections at our business meeting which is typically on the last thursday of the month, with the thanksgiving holiday coming early this year.

yours in service

Carmack

GSR

thurs. nite men's book study

24 & Alive (Dawna A - GSR)

Good Afternoon District 5.

24 and Alive is daily 5:30 pm meeting at the Redmond Alano Club

Located at 4th and Antler in Redmond. Oregon.

Our business meet has moved to the second Tuesday of the month at 6:45pm.

Attendance is stedy and so is the 7th tradition. Quarterly contributions where sent in this month.

Sincerely

Dawna A GSR

Young At Heart (Nick M - GSR)

I'm an Alcoholic and my name is Nick I'm GSR for the Young At Heart Group of Alcoholics Anonymous. We meet on Mondays at 7pm at the Turning Points Recovery Center. Since we last met, we had our elections for rotation in January. We filled most of our service positions. Due to the fact that we have gone through a few Chairs in the past few months, the group discussed and decided to have step requirements for some of the service positions.

In Love and Service

Nick M.

GSR

Young At Heart group

Attitude Adjustment (Chris M - GSR)

Attitude Adjustment meets @ 7AM Monday-Friday at TEC. All meetings are also HYBRID.

We've had a few newcomers recently and attendance in general is steady, 20-30 (Zoom & In-Person combined). Still have some open service positions. Tuesday is switching from an As Bill Sees It meeting to a Living Sober meeting, Thursday is a Big Book Study with the last Thursday of each month being a Traditions meeting. M/W/F are open topic except for the last Wednesday, which is a Grapevine meeting.

Attitude Adjustment will be holding a Group Inventory, following our next business meeting, where we will evaluate how well our group is fulfilling our Primary Purpose.

In service,

Chris M.

GSR

Att Adj

541-913-7493

Steps To Sobriety (Todd H - GSR)

Hello District 5,

Steps to Sobriety has now started the AWOL meeting on Tuesday night at 5 30 pm come join us on walk thru the 12 steps for the next 24 plus weeks.

The 530 pm Wednesday night meeting is now a Dr Bob and the Good Oldtimers study meeting. And we need your support for the 7 30 am Saturday morning men's meeting and teh Saturday night 7pm New comers meeting. If you're in the neighborhood please come and support!

Thanks for my sobriety,

Todd H

Gsr

Steps to Sobriety

Redmond Early Risers (Jared J - GSR)

Hi, my name is Jared and I am an alcoholic. Redmond early risers meet Monday through Friday from 7 AM to 8 AM at the Lutheran Church off Black Butte and Redmond Oregon.

There has been excellent turnout at this early morning meeting. Long term and short term sobriety make for some great personal shares.

We are currently in the process of getting new secretary positions for the next six months and working on keeping the group conscious our number one focus at the business meetings.

I am very excited for the opportunity to represent RER in person at the area 58 assembly and take the time to meet folks from other districts.

Please join us for a cup of Java and great fellowship!

Jared J

GSR

RER

Sunrise (Tim C - GSR)

My name is Tim and I am an alcoholic. My Group is The Sunrise Group. Our Group meets Monday through Friday, 7am at The First Presbyterian Church on 9th street. All is well at with the Sunrise group.

In Service,

Tim C
GSR
Sunrise

Tim C
Goducks1968@gmail.com
541-420-7185

Liaison Reports

Intergroup:

No Report.

AI-Anon: Christina L.

No Report.

YPAA:

No Report.

New Business

- **Motion** - Combine the District 5 service positions Public Information (PI) Chair and Cooperation with the Professional Community (CPC) Chair, as well as their committees and budgets, creating the District 5 service position of District 5 PI/CPC Chair. -Motion made by Ron B, second by Jena C. Vote on today - Administrative. **Motion Passed.**
- **Motion** - Dissolve the current District 5 Access Committee. -Motion made by Beth M, second by Brian W. Motion to take to groups by Anders W, second by Todd H. Groups voted committee in. **Motion to Groups.**
- **Motion** - Dissolve the District 5 Outreach Committee. Motion made by Davy G, second by Will D. Vote on today - Administrative. **Motion Passed.**
- **Motion** - Revise District 5 Guidelines to encourage GSR participation in committee work. Table for next meeting.

Ask-it-Basket

Closing Announcements / Questions

- Open Service Positions:

Motion to extend 30 minutes: Nick M.

Motion Seconded: Walt W.

Motion Passed.

Motion to adjourn: Brian W.

Motion Seconded: Chandra S.

Motion Passed.

Meeting was closed with the Responsibility Statement at 6:00pm.

Tools for GSRs

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)