District 5 Oregon Area 58 Meeting Minutes April 16th, 2023

Meeting was opened with the Serenity Prayer at 4pm.

Attending: Carrie B (DCM), Christine B (Secretary), Nancy B (Access), Joe H (Archives), Brian W (CTF), Jessie C (Grapevine/La Vina), David G (Outreach), Brian R (PI), Dawna A (24 & Alive - GSR), Willy M (La Pine Thur. Men's Grp - GSR), Mario H (New Horizons - GSR), Beth (New Horizons - AGSR), Elizabeth V (Nooner Grp - GSR), Charles K (We Are Not A Glum Lot - GSR), Helen W (We Are Not A Glum Lot - AGSR), Joy H (Page 21 - GSR), Ryan M (Primary Purpose - AGSR), Jared R (Redmond Early Risers - GSR), Lynn H (Rising In Recovery - GSR), Chandra S (Sisters In Sobriety - GSR), Katie (Sisters In Sobriety - AGSR), Todd H (Steps To Sobriety - GSR), Tim C (Sunrise Grp - GSR), Jake M (Tuesday Night AA - GSR), Howard D (Tumalo Grp - AGSR), Brandon C (Weathering The Storm - GSR), Anders W (WFS Grp - GSR), Nick M (Young At Heart - GSR), Christina (Al-Anon Liaison), Erin B (New Horizons - Host Committee/Hosp),

Welcome to new GSRs/Visitors: Elizabeth V (Nooner Group - GSR), Chandra S (Sisters In Sobriety - GSR), Jared J (Redmond Early Risers - GSR), Howard D (Tumalo Grp - AGSR), David G (Outreach), Erin B (New Horizons - Host Committee/Hospitality),

Tradition 4 Presentation:

Short presentation on Concept 4.

Tradition 4 Binder Print out:

https://docs.google.com/document/d/10vdE2xdz0qb5ESov2qzJjlDfkmqvfibkBEQxs83-Qel/edit?usp=sharing

Grapevine Print out:

https://drive.google.com/file/d/0B7XzNYWNVZLrT3ZmOFVmTnVqWUZNSIIXZU41QIIWV3NnQXBz/view?usp=sharing&resourcekey=0- A3sRTO4x2C5L3GdD8kLBQ

Concept IV:

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

District Secretary – Christine B.

Good afternoon. My name is Christine. I am an alcoholic and your District Secretary.

A note first, it is not necessary to wait until the last moment to get your reports in. You can get them in earlier.

I can only apologize again for my tardiness in getting both last month's Meeting Minutes and this month's meeting Agenda out late. I have been overextended and living with

the consequences. I will always do my best to get information to you in a timely fashion. Anyone who did not have the opportunity to talk to their group about the motion on the Agenda today might want to make that clear to this group.

I would also like to strongly suggest that each of you consider whether you might make yourselves available for the District Officer and Committee Chair positions coming available at the next election OR in the more distant future. There is, right now, a fantastic opportunity for training and exposure available for anyone who thinks they might want to make themselves available to be of service at any time in the future. Training and experience don't mean that you have to do it now. None of this is rocket science but for anyone who takes advantage of the training available at this time the positions will be just that much easier.

Thank you for the opportunity to be of service,

A motion was made to accept the March Meeting Minutes by Brian W and was seconded by Joe H. **Motion Passed.**

Treasurer Report - Will D.

Greetings District 5

My name is Will, and I am your District 5 treasurer. Please accept my apologies for not being in attendance today.

We started March with \$9,869.94 Group Contributions in February were \$898.67. Expenses in March were \$1,011.48.

Leaving us with a balance on March 31 of \$9,757.13

We are currently behind in group contributions by \$1,221.48 YTD.

To achieve the requisite contributions to meet the 2023 budget and finish the year with our prudent reserves for 2024, we need group contributions to be: \$1,670/per month for the remainder of the year.

I would like to encourage all our committee chairs to use their budgets carrying the message in Central Oregon. If any committee chairs need help gaining access to funds please do not hesitate to reach out, I am happy to help. Email: treasurer@district5aa.org

Thank you for allowing me to be of service.

In unity-Will D.

District 5 Treasurer

A motion was made to table the March Treasurer's report for approval next month, as Will was not in attendance, by Brian W and was seconded by Nick M. **Motion Passed.**

DCM Report - Carrie B.

District 5: Good Afternoon District 5! April Showers brings GROUP INVENTORIES! It was recommended by an advisory action in the late 1980s at the GSC that groups take inventory every April as a way of remembering to do this. Since April is the 4th month of the year and the 4th step and 4th Tradition speak of inventory. If this is something your group hasn't done in a while or would like to, I have enclosed some group inventory samples and worksheets in the link provided: https://docs.google.com/document/d/1h2P_Tg5gfSW0oKP01PEEN3XuC4mmBSelqnrU YeYRrGs/edit?usp=sharing Group inventory forms are also available on the District 5 website under GSR resources, as well as toward the back of your GSR binder that you received when you went through orientation. Hopefully everyone has their binder with them today so that you are able to keep your notes in it to take back to your group.

We all need to be starting to think about rotation. I realize it's only April, and although we don't rotate from our current positions until January 1st, District elections will be coming up before we know it in September. Have you considered making yourself available for DCM? Alt DCM? Secretary, or Treasurer? These are very important positions that will need to be filled for the district to function. Your home group will most likely have GSR elections right after that. This means also, have you started considering who would be a good replacement when you rotate out of your GSR or committee position? (Hopefully you will be rotating into a district officer position or committee chair at that time) Does your alternate GSR come with you to the district meetings and area assemblies? Do you feel like they are ready to rotate in when your term is up in January? As a reminder I would like to read something out of the "GSR Pamphlet" from page 4 under the section titled "When and How". The two-year terms of an area's G.S.R.s coincide with those of its D.C.M.s and Conference delegate. So a group usually elects its G.S.R. before the assembly meeting at which the delegate is elected. September is a good month, since that gives the new G.S.R. time to study the responsibilities of the job before taking office — most often on January 1, along with the new D.C.M.s and the new delegate. GSR – General Service Representative

District 5 teamed up with District 9 last month and held a district wide sharing session on March 19th from 1pm-3pm in the District Zoom Room. There were 50 in attendance including Amber, our delegate, so that she could listen to our thoughts, feelings and opinions on important issues being discussed at this year's conference, such as changes in the 12&12 and the new Big Book. Thank you to all the GSRs who presented on the topics. You all did a WONDERFUL job with your presentations!

Oregon Area 58: As most of you know, Our District will be hosting the May assembly right here in Central Oregon! We will need lots of physical support in hosting this event here locally. Volunteers are needed! GSRs, ask Christine what your Home Group can do. District Committee Chairs, I hope you will ALL have a table or booth set up at this Assembly. If your Committee has District Guidelines, please bring lots of copies to share with the other 30+ active districts around Oregon Area 58. If you don't know how to start planning for this PLEASE reach out to me and I will help you! Let's show the rest of Oregon area 58 how active our service committees are here in District 5! Part of the purpose of an assembly is for the exchange of information between districts. Committee Chairs, this is your opportunity to pass along what was so freely passed onto us. I will be staying after this meeting tonight to make myself available to the committee chairs so we can discuss ideas for your role at the assembly.

Last but not least, is the Pacific Northwest Conference, June 23-25 which is being held at the Holiday Inn Portland Airport, is a MUST NOT MISS!! This is a good conference to bring your newcomers to. This is not an assembly, and there will be no voting or decision making. It is an AA Conference. The oldest AA Conference in the world. After Bill and Lois visited the Pacific

Northwest in their travels Bill set the Ball rolling and this conference was created. I hope everyone is able to attend. I will be on Vacation with my family and I'm sorry to have to miss this one. If I had an Alternate DCM I would be asking you guys to approve allowing my Alt to attend in my absence. Because I don't have an alt I am open to asking the body to approve allocating funds to allow a Committee Chair or a GSR to attend using some of the funds that would be sending me. If you are a GSR or a committee chair who plans to rotate into a district 5 officer position at rotation, and you would like to attend the PNC please see me after the meeting.

GSO/AAWS: As we all know the General Service Conference in New York is coming up next month. I hope all GSRs have gotten your group's conscience on the agenda items into Amber our delegate so that she is able to carry your group's voice to the conference with her. The next step is that I would like to start working on a date to invite Amber to come give her General Service report back to district 5 after the Conference. This will be a fun and informative day with lots of information, food and fellowship! I would love some feedback on dates and times. I am thinking we will have to settle for whatever she has open at this point if we don't get on this soon, as I'm sure her weekends will be filling up soon. As soon as we settle on a date, we will need to get together to start planning this event.

Yours in Fellowship & Service, District 5 DCM http://district5aa.org/ Carrie B. 541-788-7276 Please announce at your Home Group

Alternate DCM Report - Vacant

Unfinished Business

-Archives motion to increase "Storage & Keys" budget line item to no more than \$1,700 per year, in order to move it to a safer and larger, 7.5 x 10, conditioned space. Discussion and question called by Charles K. second by Todd H. Vote. Motion passed. Jake M gave minority opinion. No one wished to change their vote. **Motion Passed**

Committee Reports

Assembly Host Committee: Christine B.

Greetings! My name is Christine, I am an alcoholic and your May 2023 Assembly Host Committee Chair. It is our turn! Next month we will be hosting Area 58 here at home and celebrating Recovery, Unity and Service in a time of change. I am excited and grateful for the support from individuals and groups already committed to showing Area 58 that AA is alive and well in District 5, as well as the members of the Host Committee. Some of us have waited over three years for this event to happen.

One change that I will address, because there have been many questions, is that we will not be providing coffee at this assembly. We may not, as a group, bring in our own coffee to serve and there is a fee per gallon for the venue to provide it. It is not uncommon for an assembly to go

through 90 gallons of coffee over a weekend. As a result of another change, that being no fundraising, we simply do not have the funds to make coffee available. **There will be a coffee cart where coffee will be available for purchase.** We are the first. We will not be the last.

There are volunteer positions yet to fill, both by individuals and groups. Please announce at the groups and meetings you attend that we are still looking for help to put on this event that the groups voted to have happen so long ago. Lisa is sadly unable to continue as our Volunteer Chair. Happily Stephanie stepped into the position and hit the ground running. Her contact information is in the chat and a flier has been sent out. We are looking in particular for groups or individuals to lead Marathon Meetings, be Greeters, and as Hospitality hosts.

I need to know which Committee Chairs are planning to attend and how much space you think you will need. At this time I have spoken only with Archives, Grapevine/LaVina, and YPAA. Please get a hold of me if you have not already.

Our dinner speaker on Saturday night is past Delegate Craig W from Connecticut who will also be joining in on other scheduled events. We have planned a Saturday lunch speaker panel on Sponsorship. For both of these, meals will be available from on site food trucks that can be enjoyed in the main assembly room.

Every Monday evening I am available, on Zoom 6:45 - 7:45, specifically for questions and information to do with the assembly. Meeting ID: 703 923 2445, Passcode: 723042. Anyone is welcome to pop in. Our next full Host Committee meeting will be on Monday, May 1st at 6:45 in the same Zoom room. I can also be reached at 541.815.1806 or christine.db42@gmail.com.

Thank you for the opportunity to be of service.

Access Committee: Nancy B.

Good Afternoon!

My name is Nancy and I am an alcoholic and your District 5 Access Chair.

I have hopefully fixed the audio problem from last month with the clever sleuthing of Chris from Attitude Adjustments.

I am excited to share with you that David F., the Oregon Area 58 Access Chair has reached out to me and other Access chairs around the Area. We will be meeting on a monthly basis to discuss opportunities to be of service within the context of the Access Chair, including discussing what other districts are working on. David shared that the following are items on his radar: "Deaf access, outreach to the homeless population, and outreach to elderly and homebound alcoholics."

I would love to hear from any of you if your groups are currently working on outreach solutions in any of these areas or related thoughts or concerns. I will also begin attending other Access Chair committee meetings that are currently occurring in other areas. Moving forward, I will include updates on what I learn in these new venues.

(Looking for support w/ hybrid meetings).

in service and gratitude. Nancy B

Chair - Access Committee
District 5 A.A. - Area 58
www.District5aa.org

Archives: Joe H.

Greeting D5,

- -I started as the Archivist on 3/12/22. Just over a year ago. At the first meeting I identified 6 items that I hoped to accomplish. I have completed 5 of the 6 items. #6, I still haven't completed. It was to speak with past Archivist Valorie. Maybe someday.
- -I hope to utilize time today during Old Business to discuss the Motion presented last month to increase the Archive budget.
- -Committee member Karen Z. and I attended the Service Committee Zoom Meeting last weekend. We plan on registering for the Service Assembly being held next month at the Deschutes County Fair Ground. We plan to have our archives display placed close to the Area 58 Archives room.
- -Archives received a wonderful poster of the 2010 San Antonio Assembly. I am hoping to have it framed and include it in the traveling Archives display.

Feel free to contact Joe H with any questions comments or concerns directly by cell phone at 541-948-4475.

Or email me at:

Archives@district5aa.org

Cooperation with the Professional Community (CPC): Ron B. No Report.

Treatment Facilities (CTF): Brian W

Greetings District 5,

Here our committee updates since the previous district meeting:

- Apparently, the Treatment committee is doing good things and it's being noticed! A GSR from District 12, covering Albany, Corvallis, Lebanon, Sweet Home, etc. I plan to reach out.
- Two committee members have dropped out. One rotated out of position and a replacement
 has not been named yet, but I'm engaging a member of the group that member
 represented. Another could not cover the commitment reliably any further.
- Two other meeting representatives have reached out to me from other meetings, one of whom is working with a personal connection at Bethlehem Inn to try to bring them a panel.
 I have not reached back out to these folks just yet, but I intend to this week.
- Our pizza social has been rescheduled to May 26. I would like to invite any district chairs and committee members, in particular from CPC, PI, and Literature, to come meet up with

our committee as well as with people who work in treatment. We're also looking for volunteers who might want to come and speak on the relationship between AA and Treatment, please reach out to me if you are interested in helping out.

- We are still in the process of drafting procedures for Bridging the Gap. The big area to sort
 out is whom to have a newcomer exiting treatment reach out to first, whether it be a
 community member in AA, a committee member, or just contact Central Office, and then
 where to go from there. We hope to have this written and hammered out over the next
 couple meetings.
- At our previous committee meeting, we had approved a budget request to start picking up big books to distribute to clients in treatment. This would not be feasible to distribute books to online meetings, but in-person meetings we feel it would be prudent to fund distribution of Big Books to interested clients. We'd like to start off with 1-2 cases of big books.

With that, the Treatment committee would like to, following budget review, request increasing the annual budget to cover the cost of two cases of big books.

Thanks for letting me be of service

Brian D. W 818-317-1248 ctf@district5aa.org Chair - Cooperation with Treatment Facilities Committee District 5 AA - Area 58 www.District5AA.org

Corrections: Walt W.

No Report.

Grapevine / La Vina: Jessie C.

Hi, my name is Jessie and I am the District 5 Grapevine and La Viña Chair. My homegroup is the New Horizons Group.

My main priority continues to be gathering the information of all the Grapevine/La Viña reps across the district. GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is Grapevine@District5aa.org. Please make sure that your Grapevine and La Viña rep is a home group member of the group they are representing.

One way some groups are using the Grapevine and La Viña is to put a past issue in their newcomer packets. You can purchase back issues directly from the Grapevine and La Viña website or you can contact me.

During the past month, I sold 15 back issues of the Grapevine and I ordered 60 more to have on hand. I met with the District 5 GSR to discuss the Grapevine Reps I have and make plans to promote the position across the District.

I will be attending the Area 58 May Service Assembly on Friday, May 19th, and Saturday, May 20th. I will be asking the Grapevine and La Viña reps to join me to see how to set up the display. I will be including copies of the Grapevine and La Viña Group Rep service position requirements and duties. Please visit our display, especially if your group doesn't have a Grapevine and La Viña Rep yet!

Literature: Trisha M.

Hi everyone,

This last month I set up literature at two speaker events. One was the St. Patrick's Day speaker meeting and the other was the Intergroup potluck.

At each one I was given time to announce some of the literature which generated interest. The new Newcomer packets are a hit and I'm waiting for back-ordered literature to make up more. This month I will set up a display at the Intergroup potluck speaker meeting in Prineville and also in May at the Area Assembly Hosted by us.

If you have an event that you'd like me to attend with literature, please reach out.

I'm looking forward to reaching out to other groups in the District to see how I can be of service.

Thank you for allowing me to be of service to District 5

Trisha M/Literature chair/District 5

Outreach: David G.

Hi my name is David G, alcoholic my home group is New Horizons. I have been blessed with the opportunity to be the outreach chair for district 5. Three days ago I said yes, I'm excited for the opportunity to be of service.

In loving service, David G

Public Information (PI): Brian R.

Hi D5, PI is going well. We have flyers in the Cascade East Transit Hawthorne bus station. We have new flyers and PI cards. I have received some leads from a few individuals to look into getting our literature in . We always need more PI committee members, GSR's please announce to your group if people are looking for service work please contact me.

Yours in Service, Brian R

Website: John S. No Report.

GSR Reports

24 & Alive (Dawna A - GSR)

District 5.

24 and Alive is located at the Redmond Alano Club. Every day at 5:30 pm plus Sunday at 10:00am is a meditation meeting practicing the 11th step. Saturday at 5:30 is 12x12 book study and Sunday at 5:30 is a Big book study.

We hold our business meeting the first Thursday of every month at 6:45pm. April 6th business meeting was moderately attended. Meeting attendance is down on Tuesday, Wednesday, Thursday, Saturday andSunday. Monday and Friday are a packed full house. 7th tradition is down this month reflective of attendance. 24 and alive voted to send 2 quarters of contributions to Area, District, World next quarter to save on cashier checks fees. Reported back to the group about the Area Assembly and business conducted.

*** question for the groups***

What is your GSR Assembly budget? Thank you.

Discussed my experience at the Assembly positive and negative... and how we can be of service for our area Assembly to improve the experience. Specifically to have a "hosted planned marathon meeting available", and to have less registration attendance and more greeters to direct and inform.

Also reviewed the motion for IT purchase. With discussion and questions.

Thank you for allowing me to be of service

Dawna A

GSR

24 and alive.

We Are Not A Glum Lot (Charles K - GSR)

My name is Charles, and I am an alcoholic. My home group is We Are Not a Glum Lot. We meet MWF, 12 noon, 554 Newport, Bend, Oregon

Since we have had all our service positions filled since January, we then created 3 new positions of Greeters at our 3 weekly meetings, only one month sobriety requirement. Within a couple of weeks, THOSE positions were taken. So, once again, we are announcing at meetings that all service positions are currently taken.

I have read up on the "spirit of rotation" in AA, but I don't see that it is a particular Tradition or Concept, but rather a tradition of practice. We shall see, as our group seems ready for some rotation out of service.

At our last business meeting, first Monday of April, we had a lively discussion of the Archives of District 5. Many were oblivious; one person had helped establish the current location of the

archives (true). Another person suggested that we should "digitize" the entire archives and save the rent. I patiently tried to explain that ancient artifacts did not lend themselves to digitization. Perhaps 3D printing someday?

After quite some Archives discussion, however, we voted unanimously, as our group conscience, to increase funding for a new Archives location to the amount requested by the Motion voted on today.

In service, Charles K, GSR We Are Not a Glum Lot ctk787@gmail.com

Young At Heart (Nick M - GSR)

My name is Nick and I'm an alcoholic. My home group is Young At Heart, and we meet at turning points recovery on Monday nights at 7:00 PM.

I am happy to say, since the script has been changed to be more specific to our primary purpose, the meeting's message has had the depth and weight an alcoholic is looking for. One of our members is now a treatment and facilities committee member. We have a couple new home group members. At our last business meeting we decided to have a couple business meetings each month so we don't go so late into the night. We also are discussing changing the format and bringing some literature into the meeting. Will keep you updated on the progress. I also brought up the \$9000 Area wants for storage and cables for the hybrid equipment. They feel cornered into saying yes because we now own the equipment and need to take care of it. Knowing now that the cost has already doubled after using it at one assembly, don't think we should have purchased it. I also apologized to them for my misunderstanding on the ASL interpretation motion, but used it as an example when the next person rotates in, it's really important to bring motions back to the group when not urgent or administrative.

Thank you! In Service, Nick M. GSR Young At Heart Group

Attitude Adjustment (Chris M - GSR)

Attitude Adjustment meets @ 7AM Monday-Friday at TEC. All meetings are also HYBRID. We continue to see about equal attendance on zoom as in person. We also have some regular attendees from California, Pennsylvania, and Utah.

Tuesday is an As Bill Sees It meeting, Thursday is a Big Book Study with the last Thursday of each month being a Traditions meeting. M/W/F are open topic with the exception of the last Wednesday being a Grapevine meeting.

Seeing that there are so many TV's lying around, our group is hoping to start conversations with the Church and the other groups that meet in this room about having 1 TV mounted in the corner for all groups to use. I believe Barry J has

gotten the OK from the Church but would like to know how the other groups feel about this. GSR's, if you want to bring this up at your next business meeting we would appreciate any and all feedback

In service, Chris M. GSR Att Adj 541-913-7493

Rising in Recovery (Lynn H - GSR)

My name is Lynn H. and I'm an Alcoholic. My home group is Rising In Recovery Group. We are an online only group and meet at 7:00-8:00 a.m. Mon.-Fri. Our last Business meeting was April 7, covering March events.

Area 58: We are building our airplane as we learn to fly it.....After announcing the availability for groups to join Virtual District 33 at the Oregon Area 58 Assembly March 31st, Kristen L. our registrar shared he next step in the process of launching the Virtual District 33 is to pull together an informational meeting/sharing session. GSRs or group contacts, DCMs, or anyone interested in finding out more about the Virtual District can join and ask questions. Krista has invited the two contacts she has been working with from already established Virtual Districts in their Areas (N.Y and Washington state). Also AA online intergroup will be invited to share.

Dist. Level: May 19-21 D-5 is hosting the Service Assembly: Recovery, Unity and Service in a Time of Change. I attended the 1 st of Monday zoom meetings @ 6:45 hosted by Christine to answer any questions. She also gave me another contact # for volunteers (incase we had not heard back from Lisa). Original flyers did not give registration info, but we got two new links for registration and volunteering to share with our groups.

Group Level: We have local RIRG members interested in being of service at the assembly and will get these new links in this week's announcements. I plan to attend the Town Hall for Online groups May 13 th . Sharing will be on three topics: Online Sponsorship; Online AA: Problems and Solutions; How do service committees conduct their 12th Step work online? https://www.giacommittee.org/home

In gratitude and service, Lynn H. GSR Rising In Recovery Group

Page 21 (Joy H - GSR)

Greetings District 5,

My name is Joy and I am an alcoholic.My home group is the Page 21 Gr.in Prineville .Our group continues to meet every Monday at 11:30 for fellowship followed by a Big Book study from 12 to 1. The last Monday of the month is our speaker meeting.On the 24th. Emily Ann from the 24 and Alive Gr. will be sharing her experience,strength & hope with us.Our DCM Carrie B. will be present to share with us a short presentation on Tradition 4.Please join us for this eventful day and stay for a hot lunch and yummy dessert.

There is a large sandwich board with AA placards on both sides that our group places alongside the road in front of the Prineville Christian Church so that our meeting place is easily noticed. Our newest member Jace found us by following the AA signs that led him to the cozy basement where our AA meeting is held.

I attended my first Area Assembly last month on the virtual platform. I understand now the importance of attending these Assemblies in person. Even though I participated in all the online events, I missed out not only on the social but participating in having in depth conversations on knowledge, opinions, feelings and intelligence from our AA members. I want to thank District 5 and all who participated in the Sharing Discussion that was held on Sunday March 19th. This session was extremely helpful in preparing me for the Area Assembly.

In Loving Service, GSR Joy

Thursday Nite Men's Book Study (Carmack M GSR)

My name is Carmack and I'm an alcoholic. My home group is Thursday nite men's book study. Our group meets at First Presbyterian Church on 9th st. Across from Bend High School. We are a Hybrid meeting . Attendance is steadily growing in person,on-line presence is waning. We are volunteering as a group at the assembly for greeters.

in service, Carmack GSR thursday nite men's book study (415) 516-7988

Redmond Early Risers (Jared J - GSR)

My name is Jared and I'm an alcoholic. My home is Redmond Early Risers. Our Group meets Monday thru Friday 7-8am off Black Butte Ave. at the Lutheran Church.

Last Business Meeting April 4th-

Went over District 5 motion:

Voted:

Yes, for additional storage for archives.

At meeting level, voted to make Grapevine rep position last 6 months instead of a year.

Voted to make Jared J. (Me) the new GSR

RER is a wonderful way to start the day, full of Hope, Faith, and Love!! Filled with fellowship and friendship right from the beginning. A meeting that lays out a better way of living!!

GSR Jared J. Redmond Early Risers 5412130292 / jayrodness77@gmail

Steps to Sobriety (Todd H - GSR)

Hello District 5

We now have a new secretary for our Wednesday night meeting at 530 come on out and support John in his new service role.

Steps to Sobriety is hosting the Intergroup Potluck and Speaker meeting on Saturday April 22nd at 6pm hope to see you there.

Our birthdays for the month of April are

James 14

John 30

Greg S 42

We celebrate our group's birthdays on the last Friday of the month at 5 30pm. Thanks for my sobriety.

Todd H Gsr Steps to Sobriety

New Horizons (Mario H - GSR)

My name is Mario and I am an Alcoholic. My group is New Horizons. Our group meets Monday - Thursday at noon at TEC (Trinity Episcopal Church) 469 NW Wall St, Bend, Oregon.

Starting April 1st, we changed the day of our meetings. Monday Beginners meeting, Tuesday Speaker Meeting, Wednesday Big Book study, Thursday 11 step study and first Thursday of the month is a tradition presentation. It has been a great month! We had seen an increase of attendance in all of our meetings. On April 4th we had our business meeting 18 members attended and we have 2 new members. Our Fellowship events have been a huge success! We had Over 25 people for Karaoke/Dance night on March 18th.

For more information regarding our meetings, updates, and upcoming events, visit our website: NewHorizonsGroupAA.com.

Yours in Service,

Mario H New Horizons Group GSR 541 948 2220 billsfriendmario@gmail.com

Sunrise Group (Tim C - GSR)

My name is Tim and I am an alcoholic. My Group is The Sunrise Group. Our Group meets Monday through Friday, 7am at The First Presbyterian Church.

In Service, Tim C GSR Sunrise

Liaison Reports

Intergroup: No Report

Al-Anon: Christina L.

In the spirit of cooperation and not affiliation, District 5 Al-Anon has the following updates:

- I have some paper Al-Anon meeting schedules, you're welcome to take them for your groups, etc. Please let me know if you'd like more, we're trying to gauge interest and usefulness in printing them out.
- I've been encouraging all our Group Reps and District Trusted Servants to spread the word about the Intergroup Speaker Potluck being in Prineville on April 22; hopefully there will be a great turnout for our Crook County recovery community. There will be an Al-Anon speaker that evening in addition to our Public Outreach person who will have an Al-Anon literature table, which was graciously offered by the Speaker Potluck Chair.

Thank you for inviting me to your monthly business meeting!

Christina Al-Anon Liaison

YPAA:

My name is Nick and I'm an Alcoholic. I am the hopefully temporary GSR Liaison for the newly formed young people's committee. COYPAA which stands for Central Oregon Young Peoples in Alcoholics Anonymous was formed to create unbreakable unity for young people and anyone with room to grow, who desire recovery from Alcoholism and the solution as suggested in the 12 steps of Alcoholics Anonymous. COYPAA functions within the principles of A.A., fosters unity among ALL people seeking to solve our common problem, and is willing to help others recover from Alcoholism. Our plan for now is to host fun events and (if I have anything to say about it) some workshops throughout Central Oregon. Our first business meeting is on Sunday April 23rd at 10:00 am. Location is Turning Points Recovery. It will be a brunch pot luck. Hope to see you all there!!

Ask-it-Basket

1. Hi D-5, After rent, supplies, prudent reserve monies are met our group has \$78. How should this money be divided? Thank you, GSR - Joy

This is a GREAT question!! Every Group creates their own pie chart based on the service committee workload, and what makes most sense for their local AA Community.

Right now, for our a Group in Central Oregon, based on current financial reports from each entity, I would recommend a three way split of:

- COIG 40%
- <u>District 5 30%</u>
- GSB 30%

Once Area 58 has spent down and Intergroup has caught up, my suggestion will most likely change to a four way split of:

- COIG 30%
- <u>District 5 25%</u>
- Area 58 15%
- GSB 30%

<u>However, under normal pre-pandemic circumstances many local groups do a 25% four way split and I don't disagree with that either. The Four entities share a pretty even workload in Central Oregon District 5/Area 58</u>

CO Intergroup Service Committees

- Newsletter
- Schedules
- Hotline
- Potluck
- Website
- Entertainment (Self Supporting)
- Central Office

District 5 Service Committees

- Corrections
- Archives
- Access
- Treatment
- Outreach
- Literature

- Grapevine/LaVina
- Website
- Public Information (PI)
- Cooperation with the Professional Community (CPC)

Thank you to you and your group for reaching out and collecting the information. Again Please feel free to give me a call. 541-788-7276

https://drive.google.com/file/d/11Yogcepq1gpmx_z2Zti GAC0GBpKBp-ws/view?usp=sharing

2. Trouble filling service positions

New Business

- What is happening with the online district in Area 58? If an online group that isn't connected to a district joins, then does the DCM connect them to the General Service Office? Do online groups without a geographic area even need a GSR? Thank you.
- Hi D-5, After rent, supplies, prudent reserve monies are met our group has \$78. How should this money be divided? Thank you, GSR Joy
- How do I get a service sponsor?

Closing Announcements / Questions

- Open Service Positions: Alt DCM.
- Hello, my name is Erin B. and my home group is New Horizons. I am your hospitality chair for the upcoming May service assembly. I know we all thought this day would never get here but it is fast approaching and I need your help. This assembly will be held at the Redmond Expo center May 19th thru 21st

We have a "wish list" of items we would love to have contributed.

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We would also love to have groups host the Hospitality room for a block of time over the weekend. For example, my home group is taking May 19

th 4-7. And we will have 3-5 members there for that time slot providing snacks and directing any encouraging fellowship. If your group would like to contribute monetarily instead, I am more than happy to do the shopping and prep.

I humbly ask that you take these requests to your group and see where and how your Home Group would like to contribute. We really hope as many people as possible from our District will attend and make this assembly something wonderful. We have some amazing speakers lined up and this will be a great space for fellowship and learning about Service.

Thank you for your consideration!

Yours in service, Host Committee Hospitality Chair Erin B. erin@patiencellc.com 541-306-7978

Motion to adjourn: Brian W Motion Seconded: Brandon C

Motion passed.

Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at 5:30pm.

Tools for GSRs

D5 Ask-it-basket:

 $\frac{https://docs.google.com/forms/d/e/1FAlpQLSeLmZpf2ID4qdx14XVkYpxq2-NvnLPQdUm6aT7gEB}{1vrcLw2g/viewform?vc=0\&c=0\&w=1\&flr=0}$

GSR report ideas for District report (1) (2).pdf
Sample GSR Report to your Group (1) (1).pdf
Service Resume Ideas: Service Resume for DISTRICTS (5).pdf
GSR Pamphlet: P-19 - GSO General Service Representantive