

# District 5 Oregon Area 58

## Meeting Minutes

November 10, 2019

**Meeting was opened with the Serenity Prayer at 4pm.**

**Attending:** Bonnie C., Kyle R., Christine B., Walt W, Renee H, Tim C, Pilar T, Kail R, Carrie B, Larry K., Jerry R., Greg S., Christine B., Valorie R, Heidi B, Bill W, Willie, Larry R., Mike S, Louise L, Jamie S, Ron E, Jill B., Darci T., Mike C., Mac F., Patrick C. and Kelly B.

**Welcome to new GSR:**

**Tradition 11 Presentation:** “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

**District Secretary – Renee H.**

A motion was made to accept the minutes of the October meeting minutes as written by Larry R. and was seconded by Louise L. Motion passed.

**Treasurer Report – Walt W.**

Reported Group contributions: \$299.68 Expenses:522.80 ending Balance 5764.92 Christine B. made a motion to accept Treasurer Report as reported. Louise. seconded. Motion Passed.

**DCM Report – Bonnie C.**

Please thank your groups for their contributions to the District so that we can continue to do the 12 Step work of carrying the message.

I was grateful for all the attendees and service that went into the 12th Step Workshop hosted by the Central Oregon Intergroup last month. What a wonderful display of unity within our fellowship in Central Oregon. Please let your homegroup know that COIG is always looking for volunteers for the AA hotline.

I do hope everyone is able to attend the upcoming Area Assembly this month. There will be roundtables highlighting all of the Area’s service committees and it is a great time to seek out information and take it back to your homegroup. Challenge yourself to get your homegroup educated on at least one committee or different ways your homegroup can show support. The District has scholarships available to help GSR attend this service assembly. I am unfortunately unable to attend this month however your ALT DCM Kyle R will be attending and is available to support you throughout the weekend if needed. Enjoy! These assemblies are where your homegroups voice can be heard and also where we as members of this fellowship get to grow.

District 5 is in need of a Webchair! If you are available and would like to be considered for this position please submit your service resume to [dcm@district5aa.org](mailto:dcm@district5aa.org).

Here are some cool things happening right now in Alcoholics Anonymous:

-Online registration for 2020 PRAASA is up and working: <https://prassa.org/>

-Alcoholics Anonymous is now available in American Sign Language in DVD format!

-Registrational is now open for the 2020 Alcoholics Anonymous International Convention in Detroit, MI:  
<https://www.xpressreg.net/register/ICAA0720/landing.asp>

-FREE shipping for the Grapevine right now!

-Download the Meeting Guide app to your phone now! Find a meeting anywhere you find yourself.

Thank you for all you do, it is wonderful to have such an active district so committed to carrying the message of Alcoholics Anonymous. Yours in loving service, Bon. C.

### **Alternate DCM Report- Kyle R.**

Thank you all for your group's contributions, and for all your continued support of our wonderful fellowship with your time and experience. Heading into November has me reflecting on all the gratitude I have for this program and the people in it. I started this past month at the 12th Step Workshop hosted by our amazing intergroup and I was blown away by both the experience of our speakers and the enthusiasm of all the participants. We truly are blessed to have such an active district so committed to carrying the message of Alcoholics Anonymous.

The rest of this month has proved how important it is for me to be in the center of this program. A busy and stressful month often leaves me feeling distant from my spiritual program, but thankfully my commitments and an ever-growing network of friends in this program have kept our principles at the front of my mind. I am so grateful for how much this program has given me and the opportunities it continues to give me to be of service.

Looking ahead, I am excited to attend the upcoming November Assembly. It remains one of my favorite opportunities to learn about all the different ways our program can carry the message, and it is always wonderful to meet all the trusted servants who make that possible. I hope to see many of you there representing District 5, and if you have any questions before, during or after I am always happy to answer them to the best of my ability.

Yours in loving service, Kyle R.

**Assembly Host Committee Chair: Helen W.**

No Report Submitted

### **Old Business**

The Area budget has been made available please look at this, so you can vote on it.

The district 5 budget will be available if you have any questions let the DCM know. So we can vote on this in December.

Please talk to your home group about workshops they would be interested in. This is a list of workshops that home group have expressed an interested in: A workshop where each district 5 committee chair provides information on what they do, Sponsorship, Our Primary Purpose, The Home Group, The Grapevine, Archives, 12 Traditions, The 12 Concepts, The 11<sup>th</sup> Step, and Service Sponsorship.

### **New Business**

None

### **Committee Reports**

**Archives- Valorie R.**

No report Submitted

**Access- Alyssa T.**

No Report Submitted

**Cooperation with the Professional Community (CPC) – Carrie B.**

My name is Carrie and I'm alcoholic. I am currently serving as CPC Chair.

CPC stands for “Cooperation with the Professional Community” Members of C.P.C. committees inform professionals and future professionals about A.A.— what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating. I have collected the workbook kit, pamphlets, envelopes and zip drive from Brenna, who just rotated out from CPC Chair. I have spent my first month in this position just sorting through what we have, what I need to order, where we have reached out to this couple of years, and where I need to go from here. It looks like it is going to be a smooth transition from our last Committee Chair, as Brenna did a lot of great work, covered a lot of ground and was fairly organized. This next month I plan to update all old cover letters, and I ordered new business cards with my contact info on them instead of Brenna’s. I will also be looking to put a committee together as soon as I pick up the supply and pamphlets still needed to carry this message to our local professionals, Clergy, Medical Field, Judicial and legal community,, Education, Treatment Professionals, Counselors, and Officers of the law. I need to make sure that Emails sent through the district website are routed to my email as I sent a test email and I never received it. This is the email address I have used on the cards and forms I’ve ordered. I would hate for someone to try to reach out to our CPC Committee and not receive there request. I would also like to ask if there is a way, I am able to alter, add too, and update the District 5 CPC Webpage. Other than that, if anyone is interested in being on the Committee, please Let me know. Thank you for allowing me to be of service to District 5  
Carry B.

#### **Cooperation with Treatment Facilities (CTF) – Tim C.**

**The next CTF Committee meeting has been rescheduled for Monday, 1/6/202, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library.**

The Primary Purpose of District 5’s Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach or find their way back to Alcoholics Anonymous focuses this Committee’s efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic “tool” for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists’ experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a qualification to join a CTF panel.* AA experience and literature suggests that “solid sobriety [i.e., experience practicing AA’s 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve.”

At present, CTF facilitates panels at treatment facilities in Bend, Redmond, and La Pine on recurring bases of once every 2- to 10-weeks. CTF also facilitates (3) weekly Speaker Panels. Two (2) are held Tuesdays evenings at separate detox and residential treatment facilities in Redmond. The third is held Saturday afternoons at St Charles Hospital in Bend. The hospital panel is open to all and appears on the C.O.I.G.A.A. schedule as “CTF Saturday Speakers.” Current patients, their families, and/ or hospital staff are not always present. We have found, however, an increasing number of newcomers to AA, many former patients at the hospital, as well as visitors to Central Oregon are attending the CTF Saturday Speakers. The CTF Committee is cooperating with the host facility, as well as sponsoring groups to try to ensure the AA message of Recovery is available in Central Oregon’s largest hospital, while maintaining AA Tradition.

Last month CTF held 15 panels. One (1) new facilitator joined the CTF Committee, none rotated out. Members of the CTF Committee joined the 12 Step Call Workshop coordinated by the Central Oregon

Intergroup of Alcoholics Anonymous (COIGAA), and the Attitude Adjustment group. Thanks to all who participated in making this a fun and informative workshop!

At present, CTF seeks AA members and/ or Home Groups (Hospital panel/ meeting only) for the following ~11-18 commitments that are currently or soon to be open:

- St Charles, Bend (every Saturday, 1:30-2:45): ~2 facilitators/ groups
  - Monthly, every other month, or periodic commitment
    - OPEN (1): 2nd Sat, even months
    - OPEN (1): 5th Sat (Nov '19; Feb, May, Aug, & Oct '20)

BestCare Residential, Redmond (every Tues, 7-8pm): ~3-6 facilitators

- Monthly, every other month, or periodic commitment
  - POTENTIALLY OPEN (1): 2nd Tues, odd months
  - POTENTIALLY OPEN (1): 2nd Tues, even months
  - POTENTIALLY OPEN (1): 3rd Tues, odd months
  - POTENTIALLY OPEN (1): 3rd Tues, odd months
  - OPEN (1): 4th Tues, odd months
  - OPEN (1): 5th Tues (Oct, Dec '19; Mar, June, Sept & Dec '20)

- Brooks Detox, Redmond (every Tues, 7-8pm): ~3-6 facilitators

- Monthly, every other month, or periodic commitment
  - POTENTIALLY OPEN (1): 2nd Tues, odd months
  - POTENTIALLY OPEN (1): 2nd Tues, odd months
  - POTENTIALLY OPEN (1): 3rd Tues, odd months
  - POTENTIALLY OPEN (1): 3rd Tues, odd months
  - OPEN (1): 2nd Tues, even months
  - OPEN (1): 5th Tues (Oct, Dec '19; Mar, June, Sept & Dec '20)

- Pfeifer IOP, Bend (2nd Wed AM, every 3rd month beginning 9/11/2019): 1 facilitator

- Periodic commitment
  - OPEN (1): Dec 2019; March, June, Sept, & Dec 2020

- Pfeifer In-Patient, La Pine (1st Mon, every other month): 1 facilitator

- Nov 2019; Jan, March, May, July

- Serenity Lane, Bend (Wed evening & Fri Morning every 10-weeks): 1-2 facilitators

- Every 10-weeks beginning 1/8 & 1/10/2020

CTF Commitments are typically 2-years. AA experience and literature suggest that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

Members of the CTF Committee will continue visiting Home Group business meetings over the coming quarter. Please let us know if you'd like us to attend your business meeting to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism. **The next CTF Committee meeting has been rescheduled for Monday, 1/6/202, from 5:30-6:45pm in the Hutchinson Room, Downtown Bend Library.** Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service,

Tim C. <[d5aa.ctf@gmail.com](mailto:d5aa.ctf@gmail.com)> 541-610-4431

**Correctional Facilities – Matt**

No Report submitted

**Grapevine – Mike C.**

Happy Gratitude Month. Not much to report. I brought the Grapevine display to the Delegates' Report-sold 12 books. I also brought it to the gathering of all the Oregon YPAA Committees in Medford-sold 1 book. I forwarded \$134.50 to District Treasurer today. I've been quite busy with work the past couple of months. I hope to pick back up after my big charity tax reporting deadline, next Friday, November 15.

Love and Kindness,  
Mike C.

**Public Information (PI) – Ryan**

No Report Submitted

**Website – Vacant****Intergroup Report-Carrie B.**

My name is Carrie, I'm an alcoholic. My home group is New Horizons. I am currently serving as vice-chair for Central Oregon Intergroup. This is a liaison position between our local intergroup and General Service

1. Intergroup Elections are this month! Open positions are as follows...Chair, Vice Chair, Treasurer, Recording Secretary, Hotline Chair, Newsletter Chair, Website Chair, Pot Luck Chair, Schedule Chair, and 2 Advisory board members

2. Thanksgiving Alcohthon will be held upstairs in Brooks Hall all day Thanksgiving Day, Hosting Groups are as follows:

- 8am Eastside Earlyrisers
- 9am Attitude Adjustments
- 10 Safe Harbor
- 11 WFS
- 12 New Horizon
- 1pm Primary Purpose
- 2pm Sisters in Sobriety

If your Group is signed up to host, please make sure all of your group members know what time that is, so that everyone can celebrate together with their AA Home Group. Also please make sure everyone knows this is a potluck and to bring something to share if they are able to. If your Group is not signed up to host, but you would like to, contact Alan S. Potluck chair to sign up. 541-647-9174

Thank you for allowing me to be of service!

Carrie B. Vice Chair COIG

## **GSR Report**

**Rule 62-Patrick**

Attendance is good usually 25-20, many young people, and people from treatment. Have secretary position to be filled. Have good 7<sup>th</sup> tradition.

**Sister in Sobriety-Jill B.**

Attendance good, opt to have some social gathering, potluck 4:30 ends after meeting.

**The Home Away From Home Group-Pilar**

The Home Away From Home Group (HAFHG) of Alcoholics Anonymous meets every Thursday, from 7-8:30pm, and Sunday, from 2-3:30pm, in Deer Ridge Correctional Institute (DRCI) -- a men's minimum/medium security prison near Madras OR. Meeting attendance ranges between ~8-40 inmates of varying lengths of sobriety. Thursday meetings are AA literature based. The third Sunday is an outside-speaker/ open discussion meeting. The fourth Sunday is an inside-speaker/ open discussion meeting. Other Sundays are open discussion meetings. The first Sunday of the month we hold our business meeting and also celebrate milestones in sobriety.

We have 5 current inside service positions; Thursday Secretary, Sunday Secretary, Literature and Coin Person, Recording Secretary, and Treasurer. 4 of the 5 service positions are currently filled. A new Coin Person will be voted in at our next business meeting. A new treasurer was rotated in this month. It was voted by the group to use some of the funds in the HAFHG account to purchase coins. It was discussed that the HAFHG donate a percentage to intergroup, district and GSO, as to be a part of Alcoholics Anonymous as a whole. This has never been allowed, but the group is interested in looking into it.

A new inside contact/volunteer coordinator has been hired by the Oregon State Department of Corrections. We have seen a more speedily process in expediting the clearing and badging of volunteers- a process that used to take up to 6months, we see now, taking just a few weeks.

We currently had an outside speaker and former HAFH group member, from Jacksonville FL. come to share his experience, strength and hope with the group. We shared a moving experience of hearing the depth and weight of AA's message and solution, one could hear a pin drop. For that particular outside speaker meeting, the regular schedule of the HAFH group was changed so that the business meeting will occur on the second Sunday of November, rather than the first. Meetings will resume as usual for the remainder of the month.

Closer to home, additional outside-AAs are now navigating the OR DOC Volunteer Certification process. If completed, they could help facilitate the 104 meetings we hold every year -- a responsibility currently shared primarily by 2-3 volunteers. It's our hope to have at least six outside-AAs with firm, scheduled commitments within the next few months. To support the HAFHG with your physical presence, please speak

to Tim C, Daryl L, Pilar T, or Roberto F; call or text: 541-819-0448; or email: [home.away.from.home.group@gmail.com](mailto:home.away.from.home.group@gmail.com).

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

### **We are not a Glum Lot-Larry R.**

Meetings are still Mon, Wed, Fri at noon. 1 hr. meetings (Wed meeting is closed) Location is still Church of Christ, 554 NW Newport Ave, Bend. Attendance averages 50-60 per meeting 7th Tradition averages \$45-60 per meeting. The group currently has no issues and no activities planned

In service,  
Larry

### **Huntington Hut-Mike S.**

The Huntington Hut Group is comprised of 10 different meetings that meet at a common location; 52379 Huntington Rd in La Pine. Each meeting has its own secretary and is free to decide it's own format. Each meeting is supposed to have a monthly business meeting to help get information up and down the service structure but there are only 3 that are actually doing it. We meet on the second Tuesday of each month for our Group Conscious Committee meeting and all secretaries and group servants are required to attend. It's hard to get our business done in the hour we have for it. Suggestions to make it a hour and a half meeting have been met with, "we can hardly get them here for an hour." My goal is to increase awareness in my group on how important being of service is for the individual as well as the Fellowship.

Respectfully yours,

Mike S. Alternate General Service Representative

### **Men's Straight Talk-Greg S.**

Our meeting continues to have consistent support of 8-10 people each meeting. We have started to study meeting once a month starting with Tradition 1. We have business meetings scheduled for each month. Serving with gratitude, love and tolerance,  
Greg S.

### **Redmond Living Sober-Christine B.**

The Redmond Living Sober group meets on Monday nights at the Grace Gate Community Church, at 7pm. It is on the corner of Hwy 97 and Veterans Way behind Verizon and Cindy's Chinese Restaurant. Our home group has become smaller as some of our more youthful members have spread their wings. Our core remains strong. We have a wide range of brand-new to more experienced sobriety. We would love to have you drop in. I will be going to the assembly.  
(Thank you, Christine)

### **Firing Line-Jamie S.**

Our monthly speaker meeting is November 25th, the last Monday of the month. Our speakers are Michael from WFS and Tony from New Horizons. Meeting is at 7:30 pm. Also, the online schedule was updated for The Firing Line. Was showing that the meeting is closed however, it is an open meeting. Sisters 4 Serenity is an open women's meeting that meets in Redmond on Tuesday and Thursday from 9:30-10:30. Tuesday is a Big Book study and Thursday is a Twelve and Twelve study. We are average 23 members on Tuesday and 8 on Thursday. We are having some hick ups that we are trying to work through with the 12 Traditions and it is bringing more attendees to our business meeting and more involvement! We are doing a group inventory in January that we are really excited about since our group has not done one before! As of this week we voted in to continue a timer. We are passing around service position signups for our spirit of rotation for January thru June (exception of Treasurer and GSR). After about a year of research we recently opened a bank account for our 7th tradition and hopeful that making contributions will be a little smoother. Members that attend are new in sobriety to over 40 years that are bringing their experience, strength and hope!

### **Sisters 4 Serenity-Darcy T.**

Sisters 4 Serenity is an open women's meeting that meets in Redmond on Tuesday and Thursday from 9:30-10:30. Tuesday is a Big Book study and Thursday is a Twelve and Twelve study. We are average 23 members on Tuesday and 8 on Thursday. We are having some hick ups that we are trying to work through with the 12 Traditions and it is bringing more attendees to our business meeting and more involvement! We are doing a group inventory in January that we are really excited about since our group has not done one before! As of this week we voted in to continue a timer. We are passing around service position signups for our spirit of rotation for January thru June (exception of Treasurer and GSR). After about a year of research we recently opened a bank account for our 7th tradition and hopeful that making contributions will be a little smoother. Members that attend are new in sobriety to over 40 years that are bringing their experience, strength and hope!  
Darcy T

### **Sunday Morning Serenity-Renee H.**

We have decided we will be doing a group inventory in January. Our group continues with strong attendance. Our business meeting has grown and has good attendance, and this is exciting. We continue to offer an interpreter for the deaf. Please text the number on the printed AA schedule to double check if an interpreter will be available.  
Yours in unity and service Renee H.

### **Make my Day-Ron E.**

My name is Ron, I am an Alcoholic. My sobriety date is 11/8/17. I attend meetings at my home group Make my Day in Redmond OR at 7:00 am They have open meetings 7 days a week, 365 days a year. There is no Holiday from our disease, so we don't take a holiday from the fellowship and recovery. Sept 2018 I was voted to be GSR for my group. I went to La Grande and I'll be going to the November assembly. I have been in service since day one as greeter, coffee maker, clean up after the meeting, secretary, help setting up and clean up for the speaker meetings, chairperson, and I give rides to and from meetings. I have a sponsor and I have been a sponsor. Don't have any one now.

**Tumalo Monday book study and Friday speaker meeting-Louise L.**

Attendance at both meetings has been steady.

Great speakers on Friday and the Monday study continues I the big book.

We are now having cake every Friday!!!

I will be attending the November Service Assembly. If you are female and need lodging, please let me know. Monday night potluck all are welcome!

I'm happy tonw be of service on our District's Accessibility Committee.

Louise L

**Closing Announcements**

Motion to Adjourn: Larry R. Motion Seconded: Ron E. Motion passed.

Meeting was closed with Responsibility Statement at 5:30pm