District 5 Oregon Area 58 Business Meeting Agenda Sunday August 9, 2020

4:00 Open w/ Serenity Prayer

Please turn off cell phones!

Welcome New GSR's

Christine: K.I.S.S. in Bend OR

Peter F: East Side Early Morning Risers Lauren S: Sunday Serenity, Bend OR

Concept 8 Discussion: "The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities."

Trusted Servant Reports

District Secretary: minutes of July meeting open for discussion/revision. Motion to accept: Tim. C., Seconded: Christine. Motion passed.

Treasurer: Walt W., report for July open for questions/discussion. Motion to accept: Reed K., Motion seconded: Peter, Motion passed.

DCM: Bonnie C.

Hello District Five!

Please thank your groups for the continued support to the District. We cannot do this alone and the power of the fellowship continues to amaze me.

I have been attending many different AA events online in numerous states and regions. AA is still alive and well and flourishing despite the changes and restrictions that are upon us. This leads me to wonder what you would like to see the District offering during these times we find ourselves in. Kyle and I have three workshops lined up in the coming months and will have flyers emailed to you all to distribute. No matter what restrictions we find among daily living these days we can still educate ourselves in all the Alcoholics Anonymous has to offer. We hope the coming workshops are events you and your homegroup will look forward to.

Next month we will also be hosting our 2020 September Area Assembly Orientation before the District business meeting to help prepare everyone for the upcoming Zoom September 18 -20 Assembly. This will be a time we review the agenda and answer any question you may have to prepare you to represent your home group in the most informed and confident manner. Please inform your homegroup members that all are invited to attend and witness our upside-down triangle in motion.

Here are some links to help currently:

Our Oregon Area 58 has also provided some great resources for Covid information and reopening

meetings: https://www.aa-oregon.org/covid-19-resources/

Central Oregon Intergroup is doing a fantastic job of keeping all online meetings up to date, here is the

link: http://coigaa.org/online-meetings/

AA Grapevine/LaVina are making it easier to spread the word through discounted pricing:

https://www.aagrapevine.org/we-are-here-to-help

Our very own Central Oregon Area 2021 Assembly Host Committee continues to work hard in preparation for the upcoming May Assembly, but they still need help! Please spread the attached flyer around with the current open position that need to be filled. They are looking for a Archives Chair, Greeter Chair, Recap chair and Volunteer Chair. This is a great way to be of service!

Alternante DCM: Kyle R.

Hello District 5!

My name is Kyle R and I am an Alcoholic. It is my humble pleasure to serve as the Alternate DCM for District 5. I hope you are all healthy and safe, and able to stay connected to our wonderful fellowship during this unusual time. Thank you as always for your groups' support of the district. I know that groups are continuing to carry the message and we will continue to support you as best we can.

I'm sorry I could not be at our business meeting this month, my sister is getting married in a couple of weeks and I was needed for some preparations. I'm sure you are all getting along just fine without me though! I'm happy to report that we have begun planning another round of workshops for the district! The exact dates are to be determined but we will be hosting a Primary Purpose workshop with Lisa C., our area corrections chair in October. And then in November we will be hosting a Grapevine workshop with our own Past Delegate Vera F., currently serving as our area Grapevine chair. I'm sure both of these workshops will be amazing! We should have flyer's emailed out this coming soon with the exact dates and times. I have also begun trying to arrange speakers for some in person workshops next year! Those conversations are still on going but I'm hopeful I'll have good news in September.

It sounds like we are in for another online assembly in September. If you have any questions about how our assemblies are being held on zoom, how to access them, or what to expect, you can join us for our Pre-assembly Orientation on September 13th! The orientation will be at 2:30 and to make things easy we will be simply opening the usual District zoom meeting early, so there will be no extra links. These orientations are always a wonderful opportunity to learn more about our service structure and the assemblies, and I hope any of you who have not attended a September Assembly will join us! The September Assemblies are also the time for our Area Elections so we will go over our Third Legacy voting procedure in case you've been mystified by that in the past. Likewise, if you would like to join the area in a service position, I will try and have information about all the open positions for those who are interested.

Yours in loving service,

Kyle R Alt DCM

Assembly Host Committee Chair: Interim: Christine B.

OLD BUSINESS:

NEW BUSINESS:

Workshops: Primary Purpose, Concepts, Grapevine

Committee Reports: (time allowing)

Access: - Open
Archives- Valorie R.

Cooperation with the Professional Community (CPC) - Carrie B.

My name is Carrie and I'm an alcoholic. I am currently serving as your CPC Chair.

CPC stands for "Cooperation with the Professional Community" Members of C.P.C. committees inform professionals and future professionals about A.A.— what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating.

All of my packets have been sent out. (Still need to submit my receipts) Members of the CPC Committee are now working on sending information packets via Email. Mike from Lapine is working with Treatment and sober living, Beth M on Clergy, Charles C on Medical professionals, and Becky C with Judicial and legal professionals. We still need someone in education, and someone to work with contacting law enforcement, so I will be working on that until someone steps up.

One thing we do at the committee meetings is study the CPC Workbook. At the first quarter committee meeting we read in the workbook that one thing CPC committees do is "Hold workshops for members who want to learn about C.P.C. Twelfth Step service and how to share information about Alcoholics Anonymous with professionals they may come in contact with in their daily lives." CPC Workbook Page 13

So at this last committee meeting we decided to get into action and take advantage of the Zoom platform and being able to have a no-cost workshop with out of town speakers from all over the US.

The Oregon area 58 District 5 workshop will be, get something to write with and please bring this back to your group, SUNDAY AUGUST 30TH AT 10AM This workshop will hopefully allow members of your group to learn how they can best carry the message to their doctors, ministers, therapists, etc,

Thank you for allowing me to be of service to District 5 Carrie B. (CPC Chair)

Cooperation with Treatment Facilities (CTF) – Tim C.

CTF COMMITTEE MONTHLY REPORT -- 8/9/20

COVID-19 UPDATE:

- There will be a CTF Sharing Session Wednesday, 8/19, from 5:30 7pm. The aim of this session is to collectively identify how CTF can best serve D5, and to prepare this Committee for rotation at the end of September.
- Three (3) facilities have resumed panels via online platforms. Additional facilities are tentatively scheduled to resume panels in the coming weeks.
- All in-person panels/ sponsored meetings remain suspended.
- Facilities CTF have been offered/ provided additional AA literature, COIGAA Hotline Information, as well as the COIGAA online AA meeting schedule.

The Primary Purpose of District 5's Cooperation with Treatment Facilities (CTF) Committee is to carry the AA message to alcoholics who still suffer. Experience with alcohol is *the* one thing all AA members have in common; sharing our members experience in the AA Program of Recovery with those yet to reach, or find their way back to Alcoholics Anonymous focuses this Committee's efforts. Your Cooperation with Treatment Facilities Committee is simply a conduit to help connect you, your Group, and/ or your Committee to alcoholics, particularly those receiving treatment for alcoholism, though not established in AA.

As a basic "tool" for pursuing its Primary Purpose, CTF facilitates Speaker Panels, where 2-4 sober AA members share their experience with our Program of Recovery. Panels typically close with a question & answer period focused on the AA panelists' experience with Sponsorship, working the Steps, meetings and home groups, challenges in sobriety, etc. AA literature and meeting schedules are also available at all CTF panels. *Please note that personal experience receiving medical and/ or therapeutic treatment for alcoholism is not the focus of CTF Speaker Panels, nor is it a*

qualification to join a CTF panel. AA experience and literature suggests that "solid sobriety [i.e., experience practicing AA's 12 Steps], a knowledge of the Traditions and absolute dependability are qualifications needed to serve."

At present, all in person panels have been suspended due to COVID-19. CTF is currently working to increase the number and frequency of online panels. There will be a CTF Sharing Session on Wednesday, August 19, from 5:30 - 7pm. The aim of this session is to collectively identify how CTF can best serve D5, and to prepare this Committee for rotation at the end of September. More information regarding facilitating and/ or joining online panels will be passed along as it becomes available. The CTF Committee would like to thank individual AAs and AA Groups for carrying AA's message of Hope -- that freedom from alcohol is possible -- to those receiving treatment for alcoholism. Members of your CTF Committee are available to visit your Home Group's online business meetings to discuss CTF service. We love to share and learn how we can better cooperate -- not affiliate -- with institutions and facilities while trying to carry the AA message to those receiving treatment for alcoholism.

Please let me know what I can do to help connect you, your group, and/ or service committee with those yet to reach, or find their way back to Alcoholics Anonymous.

For fun and for free, with love in active service,

Tim C. <<u>d5aa.ctf@gmail.com</u>> 541-610-4431

Corrections - Matt F.
Grapevine- Mike C.
Public Information (PI) -Ryan
Website- Ben R.

GSR Reports: (time allowing)

Men's Book Study

Our group meets every Thursday night 7:00 pm for one hour, currently on Zoom. Attendance has been moderate but improving. We have put something together on venmoe for 7th tradition. There has been some concern about getting word to new comers, and now that the info is available on

<u>coigaa.org</u> we hope that will make a difference. Otherwise the group is tackling each problem as they arise. Thank you, yours in Service Reed Kay

Tuesday Night AA, Bend OR

Hi my name is Kyle and I am an alcoholic and I serve Tuesday Night AA as their GSR. We are still meeting at our typical time at 7:00 every Tuesday. We have still been maintaining our usual format, with speakers the first Tuesday of the month and a discuss meeting the following weeks. We have been welcoming back some members from across the country and it is fun to continue to get to know them as we share together. We have also begun taking 7th Tradition contributions via Venmo. As the news of the pandemic continues to develop, we have been leaving it up to the church where we hold our meetings to guide or timeline for returning to in person meetings, but we are certainly going to continue carrying the message through Zoom in the meantime.

Yours in loving service, Kyle R. Tuesday Night AA GSR

The Firing Line, Bend OR.

My name is Jamie I am an alcoholic. My homegroup is The Firing Line. I am currently serving as general service representative. We meet once a week every Monday night at 7:30pm. We are a big book study except for the last

Monday of the month which is a speaker meeting. The speaker meeting for August will be August 31st Valerie N will be speaking on Tradition 8 and Jimmy D will be the main speaker. We are still meeting through zoom. Meeting attendance is 20-30 attendees per meeting. At this time we will still be meeting on zoom until further notice. I have also not been receiving any emails regarding district meetings. My email is jamie.southworth95@icloud.com in love and gratitude Jamie S

Attitude Adjustment, Bend OR

Attitude Adjustment meets Monday through Friday 7am via zoom. We have anywhere from 30 to 50 alcoholics attending the meetings. Members continue to make contributions through pay pal for our 7th tradition. At our last business meeting we discussed how to distribute these contributions again. The discussion centered around how much money to give to the church, which we rent our unoccupied space from, however we do have storage there. We are going to talk to the church to see how much they would like to charge us, since it doesn't seem like we are going to be moving back into that space any time soon. They were very cooperative when the pandemic started and asked for much less rent than we continued to pay, which we did out of good faith. I brought to the attention of the group the monetary needs of GSO, and encouraged them to really take a good look at our primary purpose and what our 7th tradition is meant to support. We are going to be presenting a motion to the group at our next business meeting, about changing the distribution of our funds, possibly less towards rent and more towards GSO. Also, I want to make a motion to purchase Big Books for corrections and some Spanish Big Books as well. I was excited to hear that these were needed at the last few district meetings and excited to bring it back to my group. I just have to get into action and write the motion, with help of course! I can do it! I also mentioned the beginners meeting happening on the last Saturday of the month, and encouraged everyone to check it out. The other thing I have been pushing and talking about is the May 2021 Assembly. I sent the flyer out to my homegroup and have been encouraging people to get ready for service, which has been a topic at our business meeting lately. Let's be of service! We have several positions not filled in our homegroup, so i have just been encouraging everyone to participate and step up, don't know if it's helping but it is fun to try and rally the troops. I get a kick out of it. Don't get me wrong, people have actually stepped up a lot throughout the pandemic in Attitude Adjustment. Our business meetings have been very well attended, and zoom meetings have been handled pretty flawlessly and our ad hoc committee for reopening meetings was a huge help. We have really pulled together. I am really grateful to report on the changes we are making as a group, to better ourselves and each other, while supporting the community during these changing times. Looking forward to taking some more information back to my group from all of you guys, thanks for your service. Kelly B

Home Away From Home Group- August Report

Due to COVID-19, the Deer Ridge Correctional Facility has suspended any volunteers from entering the institution until further notice. The Home Away From Home Group currently meets via virtual platform every other Wednesday from 12:30-1:30pm. Meeting attendance ranges from 15-25 members each week.

We currently have 6 service positions; Wednesday secretary, Wednesday alternate secretary, treasurer, birthdays and literature, recording secretary, and inside GSR. 5 or the 6 positions have been filled.

It excites me to report that our inside members are filled with such immense gratitude and enthusiasm for carrying the message of AA to members inside of the walls. English and Spanish speaking members are eagerly active in service in Alcoholics Anonymous. We now have a GSR for our Spanish speaking meeting as well as a secretary and an alternate secretary. Our new GSRs have shared their desire and dedication for participating as trusted servants to their homegroups and want to "learn everything they can about the process", as to be effective and responsible in carrying the AA message. Their excitement and earnestness has been so encouraging for me and has shed new light and appreciation on what it is to be responsible in passing this beautiful program along to other alcoholics. Alcoholics can be reached!

Our inside GSR has reported that inside members look forward to having outside speakers and welcome them at any time they are available. He has also shared that the group will be looking into how they can practice the 7th tradition and pay for the coins that they just received. Our Spanish speaking meeting inside GSR has expressed deep appreciation for the approx. 300\$ worth of Spanish A.A literature that was just delivered. He also shared how grateful they are to hear the experience, strength and hope from outside Spanish speaking members. With that, we are currently looking for any members of Alcoholics Anonymous who are fluent in Spanish, to come and share their story of recovery with our inside family. If any groups are interested in sponsoring a La Viña or Grapevine subscription to our inside AA members, you can contact me or Tim C.

Family of Alcoholics Anonymous, I am SO excited to be witnessed to how A.A has been growing in love, earnestness, and accessibility within our Prison walls! This journey continues to blow my mind. Thank you for allowing me to be of service in Alcoholics Anonymous.

If there are any questions regarding volunteer or badge processing, please speak to Tim C, Daryl L, Pilar T, or Roberto F; call or text: 541-819-0448; or email: home.away.from.home.group@gmail.com.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA

Sunday Serenity, Bend OR

Hello, my name is Lauren S. I am an Alcoholic. My home group is Sunday Serenity

Since this meeting is on Zoom, we do not have a lot of participation. We usually have between 10 and 20 people on Zoom. We would like you to pass the word around and join us. It is speaker and participation meeting. We meet at 10 AM on Zoom.

ID is 897 2556 9078

Password Serenity

We elected new officers: Howard D Chairperson, Lauren S. GSR, Doug Alt. GSR and Rene, Treasurer.

Also, we have a new format and our 7th Tradition contribution can be made to GSO@aa.org and our local intergroup office at coigaa.org.

For the people who is interested the Southern Oregon Speaker meeting will be on, August 22. Jeff K. from Studio City, CA. For more information go to medfordareaaa.org,

In Fellowship and Service Lauren S. GSR.

<u>Redmond Living Sober</u> - The group has decided to suspend activity for the foreseeable future. It is to be hoped that, when live meetings can safely be taken up again, the meeting will be revived.

<u>KISS (Keep It Simple Saturday)</u> - I have just been voted in as the new GSR of KISS. Our group meets on Saturday morning, 8am - 9. We have been successfully combining in-person and Zoom attendance. The in-person part of the group is meeting at Pioneer Park in Bend, until TEC opens again. At this time our combined format is managed by just a couple of people and others who are able to contribute are being actively sought. On the occasions when technology is not available for a joint meeting the two sections of the group will each have separate meetings. At this time contributions are low though we are encouraging attendees to contribute directly to Central Oregon Intergroup, District 5, and AA World Services. -Christine B.

Closing Announcements: Take back to your homegroup!

Service Positions open for the 2021 Oregon Area May Assembly hosted by District 5!

Open Service positions for District 5 are available!

Upcoming Online 2020 September Oregon Area 58 Service Assembly happening September 18 – 20th, ALL are welcome.

5:30 Close w/ the Responsibility Statement