

# District 5 Oregon Area 58

## Meeting Minutes

### August 13th, 2023

**Meeting was opened with the Serenity Prayer at 4pm.**

**Attending:** Carrie B (DCM), Christine B (Secretary), Joe H (Archives), Walt W (Corrections), Jessie C (Grapevine/La Vina), Trisha M (Literature), Davey G (Outreach), Brian W (Treatment), Chris M (Attitude Adjustment - GSR), Tony (Fleeting Thoughts - GSR), Matt B (Fleeting Thoughts - AGSR), Beth M (New Horizons - GSR), Elizabeth V Nooner Group - GSR), Joyt H (Page 21 - GSR), Joey H (Primary Purpose - GSR), Jared J (Redmond Early Risers - GSR), Chandra S (Sisters in Sobriety - GSR), Leon (The Spot - GSR), Tim C (Sunrise Group - GSR), Carmack M (Thursday Men's Book Study - GSR), Eric S (Tumalo Group - GSR), Helen W (We Are Not A Glum Lot - GSR), Chris P (Weathering The Storm - GSR), Anders W (WFS - GSR), Nick M (Young At Heart - GSR), Hilary D (Attitude Adjustment - IGR), Brian C (The Park Meeting - GSR), Karen Z (Archives), Mark L (Guest), Jen (D9/DCM)

**Welcome to new GSRs:** Brian C (The Park Meeting - GSR), Joey H (Primary Purpose - GSR), Leon (The Spot - GSR), Eric S (Tumalo Group - GSR),

#### **Tradition 8 Presentation:**

**The Eighth Tradition:** Alcoholics Anonymous should remain forever non-professional. ***We define professionalism as the occupation of counseling alcoholics for fees or hire.*** But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. **"12th Step" work is never to be paid for.**

*-Tradition 8 Long form*

"This does not mean, of course, that the idea of turning professional has never entered any A.A.'s mind. In the lean years, Bill W. did think of becoming a lay therapist to earn money through his experience in helping alcoholics. But, with a strong nudge from the group conscience... ***It became clear to the early members that no A.A. should ever ask or accept payment for "carrying this message to somebody else, person to person and face to face.*** -*The TWELVE TRADITIONS Illustrated*

"Tradition 8 says that *"Alcoholics Anonymous should remain for a non-professional, but our service centers May employ special workers."*

Alcoholics Anonymous will never have a professional therapeutic class. We have gained some understanding of the ancient words ***"Freely you have received freely give."*** For our purpose, we have discovered that at the point of professionalism money and spirituality do ***not*** mix. We do not describe professionalism in other fields, but we accept the sober fact that it does not work for us. Every time we have tried to professionalize our 12th step, the result has been exactly the same; our single purpose has been defeated.

You remember how I was told by A.A.'s group conscience that I could not work for Charlie towns as a professional therapist, and that was right. Early in the game we discovered that under no conditions should an AA be paid for taking or carrying this message to someone else, person

to person and face to face. That was out. If professionalism ever invaded us at that level, we were doomed.

-A.A. Comes Of Age pg 114-115

*“None of us makes a sole vocation of this work, nor do we think its effectiveness would be increased if we did.” (Vocation: career or occupation)*

- Big book page 19

### **Concept VIII:**

The trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

### **District Secretary – Christine B.**

Greetings District 5. Christine B. I am an alcoholic as well as your District Secretary. We have both the June and July Minutes to review this month for questions, comments or corrections. I appreciate your patience with me. I'm back on track.

I attended the Home Group workshop. The turnout was good and a comment from one of my own Home Group members was that they attended because it was so well and frequently announced by our GSR. The announcements you make matter! You never never know who's listening.

District elections will be happening next month. I would like to encourage you to consider in what way you would next like to be of service as we move into this rotation. Being of service in AA is a huge, important, and extremely rewarding part of my sobriety. I am excited for the next District Committee. You can be confident there will be a great deal of support for you in your next position and that the experience we have gained through this rotation is a resource for you. We have done our best to work toward a smooth transition. If you have questions about the positions about to be available, what the effort or time commitment looks like, please ask.

Reminder that your reports should be sent to both the Secretary and the DCM.

A motion was made to accept the June Meeting Minutes by Brian W and was seconded by Trisha M. **Motion Passed.**

A motion was made to accept the July Meeting Minutes by Joe H and was seconded by Nick M. **Motion Passed.**

## **Treasurer Report – Will D.**

Good afternoon District 5, my name is Will, and I am an alcoholic. My sobriety date is November 21, 2018, and my home group is New Horizons.

Today we will be reviewing the July 2023 Financials. I emailed this to the Secretary, and they will be posted to the District 5 website. We are reviewing July 2023 which runs July 1, 2023, to July 31, 2023.

We will start with the first line on the upper left-hand side of the Treasury Summary, but first let's go over some definitions of the titles used in this table.

- “Beginning” is the cash position we finished the previous month with.
- “Threshold” is the cash set aside equal to 1/2 (6 Months) of the 2023 budget approved in November 2022.
- “Working Cash” is money in the “Total Cash Position” minus “Threshold.”
- “Total Cash Position” is all available cash including the Threshold.

Looking at July, our beginning cash position was \$11,886.78. Less “Threshold” gave us a net working cash position of \$1,949.28.

Contributions from groups in July were \$1,593.37 and we had \$51.00 in Grapevine Sales. Expenses in July were \$2,466.73.

DCM had expenses of \$89.55 – Leaving a remaining budget of: \$3,278.29

Treasurer had expenses of \$0 – Leaving a remaining budget of: \$254.00

Access had expenses of \$0 – Leaving a remaining budget of: \$118.01

Archives had expenses of \$102 - Leaving a remaining budget of: \$1,894.00

Literature Chair had expenses of \$97.04 – Leaving a remaining budget of: \$-6.83

Cooperation with Correctional Facilities had expenses of \$1,190.35 - Leaving a remaining budget of: \$578.65.

Cooperation with Professional Community had expenses of \$80.04 - Leaving a remaining budget of \$569.47.

Cooperation with Treatment Facilities had expenses of \$277.80 – Leaving a remaining budget of \$659.92.

Grapevine/La Vina had expenses of \$0 - Leaving a remaining budget of \$242.00

Public Information had expenses of \$609.50 – Leaving a remaining budget of \$2,164.76.

Website had expenses of \$0 – Leaving a remaining budget of \$660

Workshops had expenses of \$20.45 -- remaining budget of \$2,572.96

This leaves us with an ending Total Cash Position of \$11,064.42. After Threshold is set aside, we have \$1,126.92 Working Cash available for August.

We continue to come up short on monthly group contributions compared to the 2023 budget leaving us behind YTD by \$2,453.88

If any committee chairs need help accessing their allocated funds please contact me, my information is provided below.

With respect to this being the 7th month of the year I would like to offer my time to come speak for the first few minutes of your home group business meeting to discuss 7th tradition and what district does with your contributions.

Are there any questions regarding the July 2023 treasurer report?

If you have any questions, please email or call me.

Thank you for letting me be of service,

Will D.  
Treasurer, District 5 committee  
treasurer@district5aa.org

A motion was made to accept the July Treasurer's report by Carmack M and was seconded by Chandra S. **Motion Passed.**

### **DCM Report – Carrie B.**

Good Afternoon District 5: The Home Group workshop last weekend went well! Very well attended and lots of great feedback. I would like to thank all our committee chairs who participated, and set up tables and made announcements for their committees. GREAT presentations! We had intergroup committee chairs there as well with a table! It was great to have the COIG service committees! Alice from the Newsletter even brought a printout for us to take back to our groups and encourage people to write an article for the newsletter about your home group. I brought some of those printouts with me today and they can be found on the back counter. Please don't forget to pick one up before you leave.

The next event we have coming up will be the GSR Taco-bar! This will be a great opportunity for not only GSRs, but also for those thinking about standing for the GSR or alt GSR position in their home group this fall. Rotation is coming up fast! GSRs Please announce this at your groups and at the other meetings you attend for the next month. This event will be held at Brooks Hall Saturday September 9th from 2-5pm. GSRs, Alt GSRs, please plan to be there. We need your help!

We all need to be starting to think about rotation. 2024 Officer elections is NEXT MONTH! And although we don't rotate from our current positions until January 1st, We need to all be thinking about what we are going to be making ourselves available to serve as, because the time has come. At the next district meeting, we will not be hearing reports. Instead, we will be electing our next panel of District officers. (Glen, past DCM will facilitate). This only happens once every 24 months. Have you considered what you would like to do when you rotate from GSR or Committee Chair? Hopefully most of you will be making yourselves available for an officer position. These are very important positions that will need to be filled for the district to function. We will need a DCM, ADCM, Secretary, and Treasurer. If you are elected into one of these positions, you will then have the following 2 and a half months to start preparing and shadowing. Does your alternate GSR come with you to the district meetings and area assemblies? Do you feel like they are ready to rotate in as GSR when your term is up in January? As a reminder I would like to read something out of the "GSR Pamphlet" from page 4 under the section titled "When and How".

The two-year terms of an area's G.S.R.s coincide with those of its D.C.M.s and Conference delegate. So a group usually elects its G.S.R. before the assembly meeting at which the delegate is elected. September is a good month, since that gives the new G.S.R. time to study the responsibilities of the job before taking office — most often on January 1, along with the new D.C.M.s and the new

delegate. GSR – General Service Representative

District 5 has a Facebook group. Don't try to look us up on Facebook because you won't be able to find it. It's an unsearchable private group. It is set up this way not to exclude anyone, but for anonymity purposes. If you are a committee chair, GSR, or AGSR, and would like to be part of the District 5 Facebook group, please friend request one of the District 5 officers to be added to the group. Committee chairs, please feel free to utilize this group to make announcements and post fliers.

Oregon Area 58: The Oregon area assembly is NEXT MONTH! If you havent blocked out the time in your schedule yet, now would be a good time to do so. This is the election assembly. We will be electing our Delegate, Alt Delegate, Chair and Alt Chair for the 2024-2025 panel. This will be September 15th- 17th in Salem, OR. Hosted By: District 4 at the Scottish Rite Center in Salem. If you are unable to attend this Assembly in person, there is a hybrid option as well. If you are unable to attend all together, you may send your alternate GSR in your place so long as they are voted in by your group and a registered Alt GSR. I have included a registration link. Please pre register. I would like to encourage you to invite your Alt to come along with you so they are able to see what it's all about, and possibly become more prepared for when they become GSR themselves.

GSB/AAWS: Nothing To Report  
Yours in Fellowship & Service,  
District 5 DCM  
dcm05@aa-oregon.org  
Carrie B.  
541-788-7276

**Alternate DCM Report - Vacant**

## **Unfinished Business**

-n/a

## **Committee Reports**

**Access Committee: Vacant**

**Archives: Joe H.**

Greeting D5,

Archives new repository is located at the NW Storage facility on 3 rd St. We have a beautiful 7.5x10 space with concrete floors and steel walls. The climate controls are set to never go below 50 degrees or above 80 degrees.

The Archives table at the Service assembly in March was a great success. Meeting with Theron B. from the Portland Area Archives was enlightening. We discussed how they maintain their records. They also offered to help find a display case for our repository. I emailed Theron and let him know if one becomes available, we are interested.

Archives committee met Friday and discussed some housekeeping/decorations for the repository. We will follow with some pictures next month.

We have requested a sit down with Rob C. to discuss when and how the Fleeting Thoughts meeting started. Will also follow up with a report on the origins of Fleeting Thoughts next month.

Feel free to contact Joe H with any questions comments or concerns directly by cell phone at 541-948-4475.

Or email me at:

Archives@district5aa.org

**Cooperation with the Professional Community (CPC): Ron B.**

It's been a great month for a District 5 CPC and PI! We've (Carrie and I) developed a new trifold handout for public information. This idea came from the Salem district PI/CPC chair! Thanks! We were able to obtain a booth at the Bend Drake Park mental health fair for today. Hopefully, a lot of outreach to professionals, and maybe a few of us still in our cups.

I've been able to approach the Vet Center who was very interested in having our new trifolds available to veterans in need. They have a prominent place in the office to display them. We also met Jade from Mosaic Health, who is a substance-abuse navigator. She's very interested in learning about AA for her clients. We will be emailing and texting each other. I suggested AA Comes of Age as a way to understand where and how AA developed and who we are today. We also gave her the AA Group Pamphlet to understand our structure and traditions. She was very very receptive! Hopefully she will take advantage of a presentation for her employees. She and Jena will be in contact to get public information pamphlets and other information to Mosaic's clients.

I was able to connect with Dr. Ford of Deschutes Acupuncture who treats alcoholism, and addiction. She seemed very receptive to meeting and perusing our CPC Healthcare Professionals packet. Also connected with a group called ALSO, who provide housing for disabled and elderly. She stated they have several people who have problems with alcohol and was excited about available AA resources.

I have also asked two healthcare insurance companies to give our Healthcare Professionals packets to their providers. Fingers crossed. I want to thank not only Jena for her help, but also Irving, Susan, and Erin, who have showed up to do service at our booth.

- Ron

## **Treatment Facilities (TF): Brian W**

Greetings District 5,

Our committee is starting to pick up steam again, but we still have a lot of work to do.

I attended our district's Unity Day event on August 5th and announced that we need more committee members. Several different people came to me, asked questions, shared their willingness to join the committee, and took copies of the flyers describing the service commitment.

I have also produced a draft of proposed Bridging the Gap guidelines to add to our district guidelines. Bridging the Gap is a framework for connecting people coming out of treatment to their first AA meeting by pairing them up with members of the AA community in their area. I proposed this at our last committee meeting on August 6th and we will reconvene on at our next business meeting on Monday, September 11, at 6pm. All are welcome to join and be a part of the discussion.

Link to the draft of guidelines [☰ District 5 Bridging The Gap Guidelines - Draft](#)

If your group does not yet have a Treatment committee member, now is a good time to consider sending one to join the Treatment committee. There are still several treatment facilities that do not have a panel, and we need help not only opening the door but supplying a panel to these facilities. If you are interested, please contact me. Thank you.

Brian D. Weber  
818-317-1248  
ctf@district5aa.org  
Chair - Treatment Committee  
District 5 AA - Area 58  
www.District5AA.org

## **Corrections: Walt W.**

Virtual meetings continue awaiting approval for in person meetings. No movement towards finishing the final approval of applications by the Sheriff's Department. Despite this inmate are offered the opportunity to attend weekly meetings and AA volunteers faithfully attend.

Literature was sent out from AA and Grapevine Stores to Jefferson, Deschutes, and Crook County jails. The Crook County literature was sent to one of the volunteers in Prineville to be carried into their bi monthly meetings. Most of the material was prison/jail oriented including Grapevine back issues of prison issues printed in July of every year. They are available from 2017.

In coordination with Daryl L. in Prineville a workshop is scheduled in Prineville September 11 to encourage more volunteers for the Crook County jail.

Yours in service  
Walt W

**Grapevine / La Vina: Jessie C.**

Hi, my name is Jessie and I am the District 5 Grapevine and La Viña Chair. My homegroup is the New Horizons Group.

GSRs, if your home group has a GV/LV rep, please give them my contact information so they can be on my committee. My email is [Grapevine@District5aa.org](mailto:Grapevine@District5aa.org). Please make sure that your Grapevine and La Viña rep is a home group member of the group they are representing.

If any group would like to add issues of the Grapevine or La Viña to Newcomer Packets, back issues are an excellent resource. You can buy a box of 30 for \$56 on the Grapevine website, [aagrapevine.org](http://aagrapevine.org).

I attended the Day Of Unity Home Group Workshop on August 5th with my display and materials. I sold three books for a total of \$38. While there, I connected with a member whose home group bought both Grapevine and La Viña subscriptions to go to correctional facilities. I am connecting with Walt to help get the subscriptions to the facilities.

**Literature: Trisha M.**

This last month I attended and set up literature at the intergroup speaker meeting in La Pine which generated some interest. I also set up at the Home Group Workshop where we have a giveaway of books, sold some of the lesser known books and where the committee chairs displayed the new tri-fold D-5 pamphlet. I'm excited to get this one out there.

As the literature chair I was asked to do the tradition of the month presentation for Page 21 group in Prineville. And lastly I've been doing short announcements at my regular meetings, highlighting a different pamphlet each time to generate interest in the literature rack.

Thanks for letting me be of service.

Trisha

D-5 Lit chair

**Outreach: Davey G.**

Hello my name is Davy and I'm an alcoholic. My home group is New Horizons. I am grateful to have the opportunity to be your district 5 outreach chair.

The guidelines for The district 5 outreach committee state that "the focus [of carrying the district 5 message] is mainly on getting announcements to meetings that are not part of an A.A. Group, do not have a GSR, large fellowship events, workshops, camp outs, potlucks and speaker meetings." It has been the experience of myself and others on the committee that carrying this message to these meetings that do not have GSRs and are not connected to AA as a whole do not really want to hear it. I would like to take this opportunity to bring up discussion surrounding its effectiveness in this environment and if there is even a need for this committee considering these circumstances. It could be that active GSRs in groups may have a better effectiveness of carrying the message and informing those who want to hear it.

In Service

Davy G

New Horizons

Outreach committee chair

**Public Information (PI): Jena C.**



Hello I'm Jena, I'm a recovered alcoholic serving as your PI chair. I apologize for not being present but I am happy to share that the reason why is because the CPC chair and I have a Public Information booth set up at the mental health fair at Drake park going on as we speak.

I have also inquired about the Spring Health fair for 2024 at the fairgrounds and the Deschutes county fair for next year. 2024.

Our committee has been working hard this last month. We had a total of 15 who attended our last committee meeting. We have all been busy posting PI cards at businesses, putting up flyers around town and bus stops, and placing big books in our little libraries around town which has been a success!

We also have a new PI brochure that we will be placing in medical facilities, health departments, homeless shelters, etc... There is a lot more to do we need your help! Our next PI/CPC committee meeting will be August 23 at 6pm at Bend downtown Library in the Brooks room. Dinner will be provided. I hope to see some of you there.

Thank you for allowing me to be of service,  
Jena C.  
D5 Public Information Chair  
d5aa.pic@gmail.com  
541-306-0055

**Website: John S.**

Hi Folks:

My name is John Stark, and I am your alcoholic D5 Web Chair.

Here is my update for August 2023:

**Website traffic for the past 30 days:**

Website traffic is holding steady.

**Our top five visited pages for the past 30 days are:**

1. Calendar
2. Contacts
3. Forms and Downloads
4. GSR Page
5. Public Information

Our busiest website traffic days for the past 30 days are Wednesday, and Thursday.

### **My activities this past month:**

- Calendar updates.
- Added and/or removed flyers from Home page and Calendar/Announcements page.

### **Reminder:**

[Please contact me first](#) if a link is broken, a file is missing, or anything else that has to do with the District5aa.org website. The same for any D5 committee email issues. Thank you.

### **A couple additional items (recurring):**

- I am happy to add any events, etc. to the website that you wish as long as they meet the District 5 Guidelines.
- Please review your specific page (GSR, Committee, etc.) and let me know if you want anything added or removed.

That's all from me! Have a great March everyone and remember to keep smiling.

Regards,  
John Stark  
D5 Web Chair

## **GSR Reports**

### **Rising In Recovery (Lynn H - GSR)**

My name is Lynn and I'm an Alcoholic. My home group is Rising In Recovery Group, a virtual online group meeting daily at 7:00 a.m. on zoom.

RIRG Business meeting July 7: Our home group discussion: How our 7<sup>th</sup> tradition gets disbursed, online and banking challenges. Treasurer addressed these. Vacant positions are: Recording Secretary and Lit rep. I will continue to send advantages/ barriers to joining Dist. 33 in an attachment each week. I submitted a motion for consideration: To join online district 33. Also suggested we might have a special election meeting in Sept. if needed so all questions can be addressed prior to any vote.

New Virtual District #33: I am attending organizational meetings Saturdays @ 2:00 p.m. Anyone is welcome to attend and questions are encouraged: Meeting I.D. 861 3853 3242 passcode: district33

I also attended the July meetings for the two other virtual districts and heard of the many ways their online groups support their in person group membership.

Thank you for all the effort and service to put on the Unity Day, Aug, 5 th . I made a point of meeting the Lit. and PCP chair people. To connect the dots to district 5 service we need a rep. for these two committees from our group. I will bring this to my group and I will be working on this.

Yours in service, love and gratitude,  
Lynn H. GSR, Rising In Recovery Group,

### **New Horizons (Beth M - GSR)**

My name is Beth and I am an alcoholic. I am the new interim GSR for my home group New Horizons. I want to thank our former GSR, Mario, for his service to our group and I appreciate the opportunity to serve my group in this capacity.

Our group meets four days a week, Monday through Thursday at noon at TEC. Our group is growing in members and we have plenty of service opportunities for both newcomers and long term members. For information about our group you may visit our website at [newhorizonsgroupaa.com](http://newhorizonsgroupaa.com).

In an effort to support District 5 Archives, our group recently provided Joe, our District Archivist, information about our group which included our group's Mission Statement, Bylaws and website address. Our group has been in existence for decades but our historical records have been minimal. Contributing group information for history's sake reminds me of our evolution as a group, but also the strength of all the groups that remain in Central Oregon actively contributing to A.A. as a whole.

In our August business meeting, our group discussed the District's current 6 month Threshold which Will, District Treasurer, offered for consideration last month. After discussion, our group agreed that reducing the Threshold to 3 months could serve the interest of District and a resulting motion has now been presented for consideration at District.

We are also preparing for our bi-annual group inventory and plan to do this in October. We continue to find great value in this process because it shows us how well we are aligned with the Traditions and where we can improve, so we may stay unified and carry the message of A.A. to the alcoholic who still suffers.

I look forward to serving my group at the September Area Assembly and I am grateful I can contribute my group's voice here at District.

In Service, Beth M., NHG GSR

### **Tuesday Night AA (Jake M - GSR)**

My name is Jake and I am an Alcoholic.

My home group is Tuesday Night AA. Our group meets Tuesday nights at 7pm at Bend Church of the Nazarene. The church is located on 27 th just south of Neff. We are an open, one hour discussion meeting most weeks. On the first Tuesday of every month we have a speaker meeting. Come join us to hear some of the amazing stories of a wide range of local members.

Summer has been good for attendance. We are seeing lots of folks including visitors

from out of town. We always appreciate seeing other members of the community. We are also a fairly small home group so if you know of any folks who are looking for service opportunities at the group level we always have openings for individuals to contribute.

This will be my last meeting as a GSR. We are moving to Denver at the end of the month. A homegroup member named Colin has agreed to take on the position and will hopefully be joining you all next month.

Thank you all for welcoming me and allowing me to be of service.

Jake M

GSR

Tuesday Night AA

### **Sisters 4 Serenity (Hannah G)**

Sisters 4 Serenity meets at the Community Presbyterian Church at 529 NW 19th Street in Redmond. During renovation work this summer, we have met a few times at the Alano Club.

This is a women's meeting, and we read and share from the Big Book on Tuesdays and from the Steps and Traditions on Thursdays from 9:30-10:30 pm. We are a small and welcoming group.

Recently, the Inclusion Survey was passed around, filled out and returned. I have just started as GSR and make announcements at each meeting; we have business meetings quarterly.

Hannah G.

GSR

### **Steps to Sobriety (Joey for Todd H - GSR)**

Hello District 5

I would like to invite everyone to come out and support the new format at the Thursday noon meeting. Which is now A.A. Big book study meeting with the last Thursday of the month a "tradition" of the month study.

I would like to remind everyone that the Friday night 5 30 pm is a speaker meeting and the last Friday of the month is our Steps to Sobriety birthday day meeting and we love to celebrate 365 days of continuous sobriety one day at a time.

Our group is also working on a adhoc committee to update our guidelines and meeting agenda/script so thanks to all members whom are working on this committee.

And finally I would like to thank all of my Steps members who participated in the District 5 Home group workshop last week. It was a real productive event.

Thanks for my sobriety!

Todd H

Gsr

Steps to Sobriety

**Sunrise (Tim C - GSR)**

My name is Tim and I am an alcoholic. My Group is The Sunrise Group. Our Group meets Monday through Friday, 7am at The First Presbyterian Church on 9th street. All is well at with the Sunrise group.

In Service,

Tim C  
GSR  
Sunrise

**Thursday Nite Men's Book Study (Carmack M - GSR)**

I'm an alcoholic and my name is Carmack. My home group is Thursday Nite Men's Book Study. We are getting large numbers of members, drunks attending. We have a core group of 25 and plenty of new guys filtering in. We are planning a campout at Big Bend River Campground in September. Thanks for letting me be of service.

Carmack

**WFS (Anders W - GSR)**

Assembly Update: GSR has made reservations for the Area Assembly in September, planning to make it over for both Saturday and Sunday. The area inventory survey was reviewed at our last business meeting to ensure awareness and stress the importance of having each member prioritize our topics - this survey was then emailed to home group members. Finally, we had some discussion on the Safety and Inclusion survey, discussing the merits of this effort and the means/methods - this survey was also emailed to all members.

Church POC: Beth from New Horizons called me asking about designating a POC from WFS with the church. We discussed at our business meeting and agreed it should be assigned to the GSR - so I've responded to her request and updated our GSR responsibilities document accordingly.

Literature: We have expressed our interest to our Literature person, suggesting they reach out to the District committee chair to make contact and drive alignment and offer support. We understand that person (Trisha?) would perhaps like to attend a few minutes of our home group business meeting to give us an update on what they are working and how we can help - we would welcome this discussion.

Finances - Finally, there was a generic question around the finances at the district level so I'll be bringing them back a copy of the treasurer's report from July once shared at our District Meeting. If there is anything noteworthy our treasurer would like me to bring back to my group, I'm happy to do so or if our district chair would find value in attending a few minutes of a business meeting it would also be welcome.

WFS holds it's business meetings the first Sunday of the month at TEC at 5:15 pm.

## **Page 21 (Joy H - GSR)**

Greetings District 5

My name is Joy and I am an alcoholic. My home group is the Page 21 Gr. in Prineville. We meet every Monday at 11:30 for social time followed by a Big Book study from 12 to 1. Come join us for a glass of iced tea or iced coffee and a snack in the lovely basement of the Prineville Christian Church located at 1685 Lynn Blvd. There is a sandwich board along side the road as well as many AA placards that will guide you to the basement location.

On the last Monday of the month is our speaker meeting. On the 28th of this month Mike S. from LaPine will be joining us to share his experience, strength and hope. Please check our speaker flyer on the district website. Our D-5 literature rep. Trisha from the Steps To Sobriety Gr. will also be joining us to give a short presentation on Tradition 8 and answering any questions you might have on this tradition.

My group invites you to come join us on this eventful day and please stay for more camaraderie over a satisfying lunch and yummy dessert. All are welcome.

In Loving Service, GSR Joy

## **Redmond Early Risers (Jared J - GSR)**

My name is Jared and I'm an alcoholic. My home group is Redmond early risers. Our group meets Monday through Friday 7 AM to 8 AM.

It has been a wonderful month filled with lots of birthday's. Our new secretary's have taken over and you can feel the great new energy! Visitors from afar, new and returning have made a presence, so cool!

We are still looking for service positions to be filled. Need a Alt GSR and an Alt IGR.

If you are curious and have not checked out RER, please do so!! It would be an Honor to have you 😊

Jared J.  
GSR- Redmond Early Risers  
D5

## **Weathering the Storm (Chris P - GSR)**

This monthly report is on behalf of Weathering the Storm, which meets Monday–Friday, 7-8am, at Miller's Landing park (Bend). We host an outdoor meeting experience, year-around, and regardless of the weather conditions. If you visit our group, bring a camp chair and dress for the weather.

There are no chewy issues to report, as the meetings during the past month have been carried out smoothly. That is typical for our group, as we keep our meetings on-task, by the book, and drama-free.

Accordingly, this report is brief and rather uninteresting.

- At the recent Business Meeting, the Group supported the GSR position by allocating the estimated funds needed to cover GSR travel and food expenses for the September and November, 2023 Assemblies.
- We are contemplating the election of an Alternate GSR, although that will become more relevant starting January 1st, 2024 (when my role moves from interim to Full-Monty status). Having an Alternate GSR and an Interim GSR seems excessive for such a small group until the next full term begins.
- We have a new, 2-year Treasurer, and he is getting his sea legs on the service role. Our “up-chain distribution plan” is currently “in the workshop” and is subject to information we learn from District 5 meetings. The specific percentages will be updated at our next business meeting in approximately three (3) weeks. Funds will be portioned across GSO, District 5, and Intergroup. The group is not sending money to Area 58 (due to reported over-funding).
- It has been awkward at times when Committee members, or other people who do not normally attend our meetings, show up and (in combination) make a stack of announcements without learning what our information distribution practices are and/or without coordinating with the GSR, IGR, or meeting Secretary in advance. This is especially true when the event or opportunity is far off (i.e. weeks or more) in the future. Our group gets “announcement burnout” quickly and it can disturb the flow and timing of our meetings. We try to avoid that.
  - As GSR, I have established a clipboard system that includes event flyers, committee flyers, and other timely information. This “mobile bulletin board” is circulated during the meeting and folks take photos of things that spark their interest. If there is something happening today or in the very immediate future, I mention it to the group as a reminder and refer to the flyers they have already seen circulated.

Yours in Service,  
Chris P.

Interim GSR // Weathering the Storm  
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### **Young At Heart (Nick M - GSR)**

I’m an alcoholic and my name is Nick. Since we last met we have a few new home group members. We have also filled PI/CPC committee member position, and treatment and facility committee member position. We also got some feedback from a treatment therapist that we seemed clicky and not as inviting as we could be. I mentioned it to the group and suggested we do our home group fellowship after the meeting at a restaurant or something so we could focus on the people coming in and the group jumped all over it. Thought it would be good to bring this to the district meeting as a healthy reminder to everyone how important the greeter position is, along with how important it is for all home group members to greet visitors to our meetings.

In Service  
Nick  
GSR  
Young At Heart group

## Home Away From Home (Tim C)

The Home Away From Home Group (HAFHG) of Alcoholics Anonymous is a registered AA Group in District 5, Area 58. We meet every Thursday, from 7-8:30pm, and Sunday, from 2-3:30pm, in Deer Ridge Correctional Institute (DRCI) -- a men's medium security prison near Madras OR. Current meeting attendance ranges between ~20-50 inmates of varying lengths of sobriety. Thursday meetings are AA literature based. The third Sunday is an outside-speaker/ open discussion meeting. The fourth Sunday is an inside-speaker/ open discussion meeting. Other Sundays are open discussion meetings. The first Sunday of the month we hold our business meeting and also celebrate milestones in sobriety.

Since the July 2023 District 5 meeting, the HAFHG has Spiritually considered – through reading, discussing, and sharing experiences grounded in our Big Book and 12&12 – Steps 1, 2, 3, and part of 4 during our Thursday night meeting. In our Sunday meetings, the topic of Sponsorship was considered; a newer volunteer shared his Experience, Strength, and Hope for our outside-speaker meeting; the Daily Reflections provided the Spiritual threads around which meetings on the fourth and fifth Sundays were woven; and, we celebrated milestones of Sobriety and held our business meeting last week.

At our business meeting, we further discussed the manner in which our inside-members will be able to directly contribute financially toward purchasing AA literature and other supplies the Group decides it needs, as well making contributions to others facets of the AA Service Structure and Central Oregon Intergroup of Alcoholics Anonymous (COIGAA). We hope to have our new, cooperative system in place this month. Also of note, our inside-GSR stepped down as his availability and thus capability to fulfill the responsibilities of this position will soon change. We hope to elect a new inside-GSR at our September business meeting. Also on the docket for September, we aim to discuss whether the District 5 meeting or COIGAA meeting will be the preferred venue for our Group to connect with and be informed of happenings in other nearby AA Groups. Our concern is that the criteria for Participation at District 5 meetings potentially hampers the sharing of Group experience, based on a rule. To help inform our Group, our outside-members will alternate between attending the District 5 and COIGAA meetings as proxies in the coming months. The limited number of outside-members, as well as the overlapping times of District & Intergroup meetings with our Homegroup meeting, does not currently allow us to attend both District & Intergroup meetings on a monthly basis. We do, however, plan to submit monthly reports to District 5, as well as have our outside-GSR attend Area Assemblies. Whatever our Group Conscious may become regarding this matter, consideration of Tradition Two and Three, as well as the Spiritual bedrock the 2nd Tradition affords the entire interweaving of our 12 Concepts will no doubt be considered at our upcoming Business meetings, as well as during our Thursday night literature study.

Yours, collectively, in love and service: the inside- and outside-members of the HAFHG of AA





## Liaison Reports

### **Intergroup:**

INTERGROUP NEEDS A TREASURER!!!

### **AI-Anon: Christina L.**

Nothing to report this month however the current AI Anon schedule will be sent out with the Minutes.

### **YPAA: No Report**

## New Business

- GSR Taco Bar - D5 General Service Workshop - Saturday September 9, 2:00-5:00. Group sign ups for contributions.
  - Coffee Crew - Fleeting Thoughts
  - Cutlery & Paper Tote - WFS
  - Cold Drinks - New Horizons
  - Tortillas &/or Taco Shells - Young At Heart
  - Cheese, Guacamole & Sour Cream - Redmond Early Risers
  - Chips & Salsa - Steps To Sobriety
  - Veggies (Lettuce, Tomato, Limes, Cilantro) - OPEN
  - Rice - Page 21
  - Beans - Rule 62
  - Taco Filling (Chicken, Beef, or Pork) - Serenity Spot
  - Taco Filling (Chicken, Beef, or Pork) - Thur Night Men's Study Group
  - Ice - OPEN
- Thank you to the groups for participating! Please bring your contribution by 1:50 to make sure food and drinks are ready to go by 2:00pm.
  
- Motion to extend meeting 10 minutes by Chris M, 2nd Nick M. Passed.

- Motion by Beth M, New Horizons Group: Reduce the District Threshold from six months to a three month Threshold based on the current budget.
- Discussion and questions. COVID precautions are no longer necessary. It is a “range” that is used by the Area as suggested by the 7th Tradition ad hoc Committee.
- Point of order, 2nd.
- Friendly amendment brought by Brian W, three month to six month range.
- Motion to reduce the District Threshold from six months to a three to six-month range based on the current budget. Beth accepts the amendment.
- Motion to vote. Brian W. Passed.
- Minority opinion: Not informed enough. Not time sensitive. Be thoughtful. Take to groups.
- Motion to revoke. Table motion to next meeting by Jared J. Passed.

## Ask-it-Basket

- n/a

## Closing Announcements / Questions

- Open Service Positions: n/a
- n/a

Motion to adjourn: Brian W,  
 Motion Seconded: Nick M.  
**Motion passed.**

**Meeting was closed with Why Do We Need A Conference?, from page 40 of the service manual at 5:43 pm.**

### **Tools for GSRs**

D5 Ask-it-basket:

<https://docs.google.com/forms/d/e/1FAIpQLSeLmZpf2ID4qdx14XVkyYpxq2-NvnLPQdUm6aT7gEB1vrcLw2g/viewform?vc=0&c=0&w=1&flr=0>

[GSR report ideas for District report \(1\) \(2\).pdf](#)

[Sample GSR Report to your Group \(1\) \(1\).pdf](#)

[Service Resume Ideas: Service Resume for DISTRICTS \(5\).pdf](#)

GSR Pamphlet: [P-19 - GSO General Service Representative](#)